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On September 9, 2010, while embedded with an Army unit and talking with locals in a small village in eastern Afghanistan, journalist Carmen Gentile was struck in the face by a rocket-propelled grenade. Inexplicably, the grenade did not explode and Gentile survived, albeit with the right side of his face shattered and blinded in one eye. He returned to the United States only to find his fiancé had been cheating on him.

To make matters worse, his engagement was on the ropes and his fiancée was absent from his bedside.

Blindsided by the Taliban chronicles the author’s numerous missteps and shortcomings while coming to terms with injury and a lost love. Inventive and unprecedented surgeries would ultimately save Gentile’s face and eyesight, but the depression and trauma that followed his physical and emotional injuries proved a much harder recovery. Ultimately, Gentile would find that returning to the front lines and continuing the work he loved was the only way to become whole again.

Gentile recounts the physical and mental recovery, which included a month of staring only at the ground on doctors’ orders, a battle with opiate-induced constipation and a history of drug addiction, night terrors born of post-traumatic stress, the Jedi-like powers of General David Petraeus, and finding normalcy under falling mortars in an Afghan valley. The result is an unapologetic, self-deprecating, occasionally cringeworthy, and always candid account of loss and redemption.

Blindsided by the Taliban also features the author’s photos from the field that depict the realities of life in Afghanistan for soldiers and civilians alike.

CARMEN GENTILE is a journalist who has written for some of the world’s leading publications, including the New York Times, Time, Newsweek, USA Today, and many others. He has covered both the wars in Afghanistan and Iraq, embedding with soldiers on the front line. His work has also taken him to Nigeria, where he reported on the continuing unrest in the oil-rich Niger Delta. He resides in Pittsburgh, Pennsylvania.
BERING SEA STRONG
How I Found Solid Ground on Open Ocean

Full of unusual characters, mischief, camaraderie, and testosterone-fueled man-gossip.

Ber ing Sea Strong is a tale of adventure and self-discovery. The story portrays a young woman on a solo journey, pushed to the edge of the earth and further from the weight of family—marked by divorce, death, disability, and depression—and a life she desires on land.

Locked at sea for ninety days as the lone female trying to tuck in tight alongside twenty-five rough-and-tumble commercial fishermen in Alaska, Laura Hartema offers a rare glimpse into the intertwining worlds of a fisheries observer and the crew she works beside. She graphically illustrates the challenges of daily life and relationships in a way few have seen before. Her story provides an unprecedented portrait of the bizarre and entertaining human dynamics aboard an at-sea catcher-processor vessel, where men battle dangerous working conditions, loneliness, and boredom while rivaling for the attention of the only woman.

Between trough and crest, Laura ponders the trauma and tragedies of her Midwest childhood as her capabilities and resilience are regularly tested. In the end, the tumultuous Bering Sea is where she finds the strength to overcome the wounds of her past, embrace life’s uncertainty, and steam ahead into the unchartered waters of her future. Bering Sea Strong demonstrates one woman’s determination to overcome obstacles in pursuit of a satisfying career and a better life.

Laura Hartema was born and raised in Chicagoland and earned a bachelor of science in biology from College of the Ozarks in Branson, Missouri. The challenging work and adventures depicted in Bering Sea Strong led to Hartema’s present career as an ecologist focusing on stream and wetland restoration. Her passion for her work and love for nature spills into her community, where she leads volunteers in stream enhancement efforts. She encourages others to seek inspiration, beauty, and humor in her blog, LoveThisDay (www.LauraHartema.com). Hartema resides in the Seattle area and spends much of her time outdoors embracing Puget Sound and the Cascades and Olympic Mountains.
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How the Irish Won the American Revolution
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An unprecedented narrative of the relationship that swung the Civil War.

When Picket charged at Gettysburg, it was the Fighting Irish 69th who held fast while the surrounding regiments broke and ran. And it was Abraham Lincoln who, after the battle, picked up a corner of one of the Irish colors, kissed it, and said, “God bless the Irish flag.”

*Lincoln and the Irish* untangles one of the most fascinating subtexts of the Civil War: Abraham Lincoln’s relationship with the men and women coming to America to escape the Irish famine.

Renowned Irish-American journalist Niall O’Dowd gives unprecedented insight into a relationship that began with mutual disdain. Lincoln saw the Irish as instinctive supporters of the Democratic opposition, while the Irish saw the English landlord class in Lincoln’s Republicans. But that dynamic would evolve, and the Lincoln whose first political actions included intimidating Irish voters at the polls would eventually hire Irish nannies and donate to the Irish famine fund. The Irish would repay Lincoln’s faith—their numbers and courage would help swing the Civil War in his favor, and among them would be some of his best generals and staunchest advocates.

Niall O’Dowd is the founder of *IrishCentral*, *Irish America Magazine*, and the *Irish Voice* newspaper. He is also responsible for publishing the IrishCentral.com community newspaper and the *Irish Emigrant* newspaper in Boston. Niall was awarded an honorary doctorate by University College Dublin for his work on the Irish peace process, which was a subject of a book, *Daring Diplomacy*, and a PBS Special, *An Irish Voice*. He has written for the *New York Times*, the *Guardian*, *Huffington Post*, and the *Irish Times*. He lives in New York City.
Max Wallace

IN THE NAME OF HUMANITY
The Secret Deal to End the Holocaust

The untold history of clandestine negotiations with Himmler to save tens of thousands of Jewish lives.

On November 25, 1944, prisoners at Auschwitz heard a deafening explosion. Emerging from their barracks, they witnessed the crematoria and gas chambers—part of the largest killing machine in human history—come crashing down. Most assumed they had fallen victim to inmate sabotage and thousands silently cheered. However, the Final Solution’s most efficient murder apparatus had not been felled by Jews, but rather by the ruthless architect of mass genocide, Reichsführer-SS Heinrich Himmler. It was an edict that has puzzled historians for more than six decades.

Holocaust historian and New York Times bestselling author Max Wallace draws on an explosive cache of recently declassified documents and an account from the only living eyewitness to unravel the mystery. He uncovers an astounding story involving an unlikely trio—a former fascist president of Switzerland, a courageous Orthodox Jewish woman, and Himmler’s Finnish osteopath—succeeding in negotiations with Himmler to end the Holocaust, aided by clandestine Swedish and American intelligence efforts. He documents their efforts to deceive Himmler, who, as Germany’s defeat loomed, sought to enter an alliance with the West against the Soviet Union. By exploiting that fantasy and persuading Himmler to betray Hitler’s orders, the group helped to prevent the murder of tens of thousands of Jews during the last months of the Second World War, and thwarted Hitler’s plan to take “every last Jew” down with the Reich.

Deeply researched and dramatically recounted, In the Name of Humanity is a remarkable tale of bravery and audacious tactics that will help rewrite the history of the Holocaust.

Max Wallace is a writer and journalist who coauthored the New York Times bestseller Love & Death about the final days of Kurt Cobain. Wallace worked for Steven Spielberg’s Shoah Foundation documenting the video testimonies of Holocaust survivors. As a journalist, Wallace has contributed to the Sunday New York Times as a guest columnist as well as the BBC. He has appeared on NBC’s Today, as well as on Dateline NBC, Anderson Cooper 360°, CBS This Morning, and Good Morning America. He lives in Toronto, Ontario.
Tim Pat Coogan
THE TWELVE APOSTLES
Michael Collins, the Squad, and Ireland’s Fight for Freedom

The story of the assassination squad that changed the course of Irish history.

After their release from English jails, the surviving rebels of the 1916 Easter Rising concentrated on fighting political battles under the banner of Sinn Féin. In the general election of December 1918, Sinn Féin won an overwhelming majority of parliamentary seats across Ireland and, in early 1919, created the Dáil, declaring it to be the parliament of the independent Irish Republic.

When Westminster declared the Dáil illegal, a vicious guerrilla war broke out between the Irish Republican Army and crown security forces. To counter Britain’s efficient network of spies and informants, IRA intelligence chief Michael Collins created an elite “Squad” whose role was to assassinate British agents and undercover police. The mayhem created by the “Twelve Apostles,” culminating in the events of “Bloody Sunday” in November 1920, would eventually bring the British to the negotiating table—and hasten Irish independence.

As well as describing the deadly activities of the Squad during the War of Independence, bestselling author historian Tim Pat Coogan also explores the psychological impact of that violence on men who were (mostly) Mass-attending Irishmen, and examines the darker role by certain of the “Apostles” in the Irish Civil War.

Tim Pat Coogan is Ireland’s best-known historical writer. His 1990 biography of Michael Collins rekindled interest in Collins and his era. He is also the author of The IRA, The Troubles, and The Famine Plot.

“The unofficial voice of modern Irish history.” — Economist

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Ed West

MY KINGDOM FOR A HORSE
The War of the Roses

Discover the real history behind one of England’s most famed—and most dramatized—conflicts.

From William Shakespeare’s series of history dramas to Sir Walter Scott and George R. R. Martin’s A Song of Ice and Fire—not to mention the smash-hit TV show Game of Thrones—the British civil war of 1455 to 1485 has inspired writers more than any other.

Ed West’s My Kingdom for a Horse illuminates the bloody war fought for thirty long years between the descendants of King Edward III in a battle for the throne. Named after the emblems used by the two leading families, the Houses of York and Lancaster, the title of the conflict gives it a romantic feel that probably wasn’t as apparent to those on the battlefield having swords shoved into their eyes. And, for all the lovely heraldry and glamorous costumes of the era, the war saw the complete breakdown of the medieval code of chivalry in which prisoners were spared—which makes it even better drama. In 1460–61 alone, twelve noblemen were killed in the field and six were beheaded off it, removing a third of the English peerage.

Written in the spirit of a black comedy, My Kingdom for a Horse is an ideal introduction for anyone interested in one of history’s craziest wars. Featuring some of history’s most infamous figures, including the insane King Henry VI, whose madness triggered the breakdown, and the wicked Richard III, who murdered his young nephews to take the throne, this fifth entry in West’s A Very, Very Short History of England series is a must for fans of British history.

Ed West is a full-time author. He blogs for the Spectator and has written for the Daily Telegraph, Times, Evening Standard, Daily Express, and Guardian. Ed is a former deputy editor of the Catholic Herald and a popular Twitter personality. He currently lives in London.
The legendary Douglas DC-3 airliner was a technological breakthrough that changed the course of both civilian and military aviation. In the 1930s, passenger air travel was expensive, uncomfortable, and frequently unreliable. That began to change with the appearance of the handsome, thoroughly modern DC-3, the twenty-one-passenger twin-engine propeller-driven creation of Donald Douglas and his young California company.

The first production models were sold to airlines for $90,000. The price climbed to $115,000 just before the United States entered the Second World War in December 1941. The new plane quickly became a favorite of passengers the world over, and it became the first truly profitable plane for the industry.

The threat posed by the coming war made the US Army realize that a military version could handle the vital troop and cargo transport capability soon to be needed. The C-47 Skytrain was born and evolved into specialized versions with many nicknames: Gooney Bird, Dakota, and Puff the Magic Dragon. In WWII, General Dwight Eisenhower was so impressed he referenced it in his famous comment: “The four pieces of equipment the most vital to Allied success in Africa and Europe were the bulldozer, the jeep, the two-and-a-half-ton truck, and the Douglas C-47.”

Skytrain celebrates the long and distinguished career of this great plane.

Philip Kaplan was a book designer with Harper & Row and an art director with Playboy, Atlanta, and Architectural Digest magazines. He has written, coauthored, and designed thirty-eight books, including Tank, Grey Wolves, and With Wings As Eagles. Kaplan lives in Gloucestershire, England.
Philip Kaplan

HIGH F LIERS
Airmen of Achievement in Wartime

Profiles of the greatest pilots of World War II.

There were two kinds of pilots involved in the action during the Second World War: those who took the lead, and the others who went along for the ride. The elite group of fighter and bomber pilots led the way in combat missions, racking up kills and destroying the enemy’s ability to fight.

Experience was a big factor; the fliers who had been around the longest (and survived) had learned all the tricks and made the most of that knowledge. They created expressions to help them stay alive in the unique arena of air combat and ways to win and succeed in situations when many of their colleagues did not. Reminders such as “Beware of the Hun in the Sun” and “Check Six” were meaningful warnings in air fighting and still are. “Situational awareness” about the flying and fighting environment was ingrained in the great air fighters.

One of the greatest of the high-achieving fighter pilots of WWII was Adolph “Sailor” Malan, the legendary ace who set the standard for Allied pilots. He developed what he called Ten of My Rules for Air Fighting, which included points like “Always turn and face the attack,” “Never fly straight and level for more than thirty seconds in the combat area,” and “Go in quickly—punch hard—Get out!”

High Fliers recounts the wartime careers of the pilots who used determination, intelligence, guts, and skill to find victory in the air.

Philip Kaplan was a book designer with Harper & Row and an art director with Playboy, Atlanta, and Architectural Digest magazines. He has written, coauthored, and designed thirty-eight books, including Tank, Grey Wolves, and With Wings As Eagles. Kaplan lives in Gloucestershire, England.
Vickie Reh

THE WINE TABLE
Recipes and Pairings from Winemakers' Kitchens

This book will combine a love of food and wine with history, culture, and plenty of personal touch.

We all dream of tasting our way through Burgundy, walking through vineyards in Champagne, or dining late into the night on a balcony in Chianti. Who better to guide you than someone whose passion and years in the food and wine industry have led to travels and friendship with winemakers all over the world? Vickie Reh takes us right into the kitchen with winemakers—what do they eat during harvest? Which foods pair best with their wines, and why? How does this vary from region to region?

The Wine Table will discuss basics and essentials in food and wine including meeting your local farmer, stocking your pantry, and how to buy and store wine. We will then travel with the author through various regions of France and Italy, visiting winemakers in their homes to share their stories, cook with them, and enjoy their recipes. Specialties include:

- Squab and Penne Pie from Agricole Lo Sparviere, Franciacorta, Italy
- Pork Rillettes from Domaine La Grange Tiphaine, Montlouis, France
- Guinea Fowl en Papillote from Champagne Roses de Jeanne, Aube, France
- Pesto Trapanese from Arianna Occhipinti, Sicily, Italy

VICKIE REH is a chef and certified sommelier who has spent her life researching food and wine traditions. When not traveling, Vickie has spent years on both sides of the kitchen door alternating between roles as chef, wine director, wine consultant, and tour guide. Currently combining her two loves, cooking and wine, Vickie is chef and wine director at Via Umbria in Georgetown.

“An insightful collection of recipes, tips, and memories that follow one simple rule: wine is better with food, and food is better with wine. A delicious read!”
—Eric Ripert, chef and co-owner, Le Bernardin

“Wow! What a beautifully written book—the tone, the passion, and the authenticity of pairing wine and food shines through. Vickie brings history and geography alive while putting us in the shoes of the winemaker and their harvest table.”—Carla Hall, cohost of The Chew, restaurateur, and author
Emoticon cakes!

They have invaded the internet, our text messages, and our emails, and now they are storming the kitchen! Emoticon cakes (or “emoji cakes”) are one of the latest trends in baking, pervading their way into the food world with their cute and charming expressions.

Bakemoji is a pioneer in this trend, providing readers with instructions on how to make emoji cakes, as well as emoji cupcakes, biscuits, macarons, and pizza, featuring classic emoticons like the kissy face, the thumbs up, the snowman, the ghost, and even the infamous poop emoji. Accompany each recipe are beautiful full-color photographs displaying the finished products.

A little sugar, chocolate, icing, or cheese and tomato sauce become a smile, a wink, or a corner kiss right inside your oven—cakes, biscuits, macarons, pizzas, or tortillas created specifically to fit your mood!

Share your joys and your emotions thanks to these beautiful, funny cakes and baked goods.

Marion Beilin is an author and baker from France. She has published multiple books, including Bakemoji, among other cookbooks.

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MARCH
Hiroshi Sawada
THE BARISTA BOOK
A Coffee Lover’s Companion with Brewing Tips and Over 50 Recipes

Learn to make various coffee drinks with instructions from a world-renowned expert.

There’s nothing like a good cup of coffee in the morning, right? Most people simply buy their espresso, latte, or macchiato from their local coffee shop and be done with it. To others, however, their morning cup of coffee is more than just a swipe of a credit card and a quick energy boost—it’s an art form.

With this book, world-renowned latte artist and barista Hiroshi Sawada offers step-by-step instructions on how to make more than fifty delicious coffee drinks. Including recipes for some of the popular drinks in this world—lattes, americanos, cappuccinos, espressos, mochas—and world-class tips from Sawada himself, this coffee compendium is the premier guide for aspiring baristas and amateur home brewers alike. These invaluable skills can be applied either at home or in a professional setting—helping even the most seasoned barista hone their craft.

In addition to the recipes, learn the intricacies of the pour, about the different varieties of beans and how to store them, and all the crucial elements necessary to make the perfect cup.

HIROSHI SAWADA is a world-renowned barista and latte-art master from Japan. His work has been featured on McDonald’s latte posters and Nikon commercials, and it’s some of the most coveted latte art in the world. Already a legend in Japan, he recently opened his first US coffee shop called Sawada Coffee in Chicago’s West Loop. In 2008, he was dubbed world champion of the Millrock Latte Art Competition and is the highest scoring contestant to date.

$12.99 paperback original (Can. $19.99)
US & CA • CQ 30
5 ¾” x 8 ¼” • 128 pages
Cooking
MARCH
Discover the colorful world of shoots, sprouts, and microgreens, and the easy ways to quickly grow and eat them in your home!

Learn how to grow (and consume) sprouts, shoots, and microgreens at home without using expensive or complicated equipment—all you need is tap water and a glass jar, and you’re ready to go! This is an easy, fast, and smart way to fit healthy greens into your diet. Following Lina Wallentinson’s instructions, in just a few days, you’ll see dry seeds transform into burgeoning green sprouts.

In *Sprouts, Shoots, and Microgreens*, Wallentinson proves there is much more to shoots, sprouts, and microgreens than the classics cress and mung beans and that they are truly easy to grow, no matter where you try to do so. All plants in this book can be grown in jars, colanders, sieves, or bags at any height, using many different kinds of light sources, and even under pressure.

In addition to showing how to grow shoots and sprouts, Wallentinson teaches how to make delicious meals with your harvest. Using step-by-step pictures and descriptive recipes, she demonstrates that shoots and sprouts are much more than just decorations on a plate. Recipes include sushi rolls with quinoa and wasabi mayonnaise, baked pumpkin with lentil sprouts and almond pesto or coffee, and coconut balls with toasted buckwheat!

**Lina Wallentinson** is a food writer and journalist. She started hanging around the shelf with dried lentils and beans in the fresh produce aisle of the supermarket, discovered there was more to life than fresh vegetables, and decided to tell the world. Today, she works as an editor for the magazine *Buffet* (Buffé). This is her first book. She currently lives in Sweden.

**Lennart Weibull** is a photographer of food, still life, and interior. He has various commercial clients such as IKEA and Williams Sonoma, and his work has appeared in magazines including *Martha Stewart Living*, *Bon Appétit*, *Food & Wine*, and *O, Magazine*. He splits his time between New York City and Stockholm, Sweden.
Simone Balman

CUPCAKES WITH A KICK
More Than 50 Sweet Temptations with a Boozy Twist

Cupcakes for adults only!

From cupcakes with liquor-infused icing to wine or beer in the cake itself to seductive soft centers oozing with delightful cocktail ingredients, Cupcakes with a Kick is sure to provide many delicious and decadent treats for fans of alcohol-infused foods.

Step-by-step instructions explain clearly how the cupcakes are made. Gorgeous full-page photographs of every cupcake will inspire even the most reluctant cook to try them and helpful hints and tips throughout will help ensure success. Conversion tables and basic facts about alcohol and how it reacts in batter and icing complete the information you need to replicate the scrumptious cupcakes.

While this book is not about cupcake decorating, the author includes fabulous ideas for making the cakes reflect something of their special nature. There are also lots of suggested alternatives and recommendations for substitutions. Whether your favorite drink is a stout, a margarita, or a pink champagne, this book has something for you!

Simone Balman was the owner of an online mosaic supplies store and she has also produced a number of craft pattern ebooks before deciding to focus on baking. She has been an amateur baker for a number of years and produces cakes and baked goods on request for friends and work colleagues on a regular basis. Her baked goods and candy have become so popular that she registered the Cape Cake & Candy Company. She is a member of the South African Cake Decorators’ Guild.

Tipsy Treats
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Cooking
MARCH
Jennifer Jacobs, MD, MPH

DO YOU REALLY NEED THAT PILL?
How to Avoid Side Effects, Interactions, and Other Dangers of Overmedication

Is your medication making you sick?

A silent epidemic in the United States is imperiling our health and threatens to bankrupt our healthcare system: overmedication. Today, one-third of all adults take two or more prescription drugs, and half of all seniors take more than five daily. This book—the first of its kind—tackles the epidemic overuse of prescription drugs.

The first half of the book describes the dangers of taking too many drugs, including drug-drug interactions, medication errors, unintentional overdoses, unnecessary medications, made-up illnesses (“restless leg syndrome”), and side effects that actually mimic a new illness.

The second half discusses the benefits and harms caused by many of the most popular drugs used to treat diseases, such as high blood pressure, diabetes, high cholesterol, acid reflux, depression, and pain. It tells which drugs are really needed and whether or not they cause side effects.

Finally, readers will learn: how to discuss their concerns about too many medications with their healthcare providers, simple ways to make positive lifestyle changes, and when to consider alternative healing approaches.

Combining stories of those who have suffered ill effects from taking too many drugs with data from cutting-edge medical findings, Do You Really Need That Pill? helps readers realize they can choose different solutions to their health problems.

JENNIFER JACOBS, MD, MPH, is a family practice physician specializing in holistic medicine. She is also a clinical assistant professor in epidemiology at the University of Washington School of Public Health and Community Medicine. She has served on the advisory board of the NIH Office of Alternative Medicine, cofounded the special interest group of the American Public Health Association on Complementary and Alternative Health Practices, and is a current advisory board member of the monthly magazine Natural Health. Dr. Jacobs resides in Tucson, Arizona.
Christine Lusita, CPT

THE RIGHT FIT FORMULA
Your Personality + Fave Foods + Lifestyle = the Only Weight Loss Plan for You

You haven’t failed at your diet; the WRONG diet has failed you!

For decades, people have chosen diets based on who they want to be, some celebrity they admire, or because it worked for their friends. Wrong approach. 99.9 percent of us aren’t supermodels or movie stars. You don’t share lifestyles, genes, or personalities. Why expect to share their results?

We have all done the “Diet-Fail-Repeat” cycle and have learned the hard way that not every diet works for every dieter. The good news: there IS a right plan for you and you alone! And once aligned with your Right Fit Formula, you can have your cake—and lose weight, too!

Having battled for years with endless repeat dieting, Christine created a weight-loss transformation system based entirely on the uniqueness of each person. Through fun pop-quizzes, interactive work sheets, and tons of easy tips, The Right Fit Formula helps you delve deep into what works for your own personality, lifestyle, and motivation. Even the recipes, food plans, and workouts are individualized for a program that is truly custom-made for the reader alone.

Christine’s Right Fit Formula can make any diet plan successful.

CHRISTINE LUSITA, CPT, is a celebrity fitness and diet expert, weight loss coach, and strength maker. She’s a nationally certified nutritional counselor, personal trainer with NASM, mindfulness educator through UCLA, behavior change specialist, and a regular TV lifestyle contributor to national morning news. Her recent appearances include the Today show, EXTRA TV, Steve Harvey, Inside Edition, ABC News, and CBS. Christine resides in Los Angeles, California.

“Christine Lusita is a dynamic, knowledgeable, and resourceful fitness trainer whose practical approach to health and fitness makes me feel comfortable referring my patients to her.” —Robert Huizenga, MD, doctor for The Biggest Loser and author of Where Did All the Fat Go?

“[Christine] exudes insight and compassion. I have no doubt this book will be an extraordinary guide to both inner and outer work for anyone working with food issues of any kind.” —Diana Winston, director of mindfulness education at UCLA Mindful Awareness Research Center and author of Fully Present: The Science, Art, and Practice of Mindfulness
In 1988, the British government launched the Measles, Mumps and Rubella (MMR) vaccine, even though central figures knew that the vaccine could cause brain damage, autism, and other problems.

The Setup traces the extended efforts made by drug companies, with help from the British government, to cover up their responsibility for putting a vaccine known to be damaging on the market. It details the way public relations companies, social media, legal teams, judges, and reporters all utilized covert media tactics and public statements to deceive, ultimately leading to the British General Medical Council (GMC) initiating the famous trial against Andrew Wakefield, Professor Walker-Smith, and Dr. Simon Murch. The vaccine was on the market for over four years, but the parents of the nearly 1,600 affected were not only excluded from that trial but are still awaiting their day in court. Instead, they have all had to shoulder an immense financial burden and many have become the subject of court actions over spurious charges. The trial also destroyed Wakefield’s reputation—despite the fact that within months, a high court judge declared Walker-Smith innocent on the grounds that the GMC panel, acting as jury, had misunderstood the evidence.

Any parent whose child has become sick after a vaccine will appreciate the dedication of investigator Martin J. Walker, and his exposure of a cover-up the British government and pharmaceutical companies hoped to hide forever.

Martin J. Walker is a British activist, investigator, and writer. Since 1990, he has focused on lobby groups and the influence of multinational corporations on medicine, medical research, and public health. He is a coeditor of the Skyhorse book Corporate Ties That Bind.

“The Setup is essential reading for anyone who wants to understand the autism epidemic. Exhaustively researched, this indispensable book recounts the back story to the Wakefield affair. Providing deep background on the key characters in the UKMMR vaccine drama, it also draws on the fiction of Ibsen, Sinclair, and others to make sense of what Walker aptly describes as our ‘descent into corporatism.’ This masterful look behind the scenes helps us to fathom the unfathomable: that corporations have the power to end the autism epidemic but elect not to.” —Mary Holland, NYU School of Law
Dr. Linda K. Watts

YOUR LIFE PATH

Life Mapping Tools to Help You Follow Your Heart and Live Your Dream, Now!

Discover the art of life mapping and re-model your future!

Your Life Path provides a self-discovery–based personal growth and development toolkit. It applies the concept of life mapping, which is a simple, fun, and comprehensive method for reflecting on your past and “re-modeling” your future. This is the perfect book for anyone facing significant life transitions or who simply desires to gain greater awareness about his or her own life story.

Your Life Path combines rich, well-illustrated discussion from the author’s extensive research and case studies with practical, hands-on creative tools that engage and guide the life mappers through a gradual, self-paced repertoire of journaling, active imagination, and creative representation tools in order to help them realize their value-driven goals and arrive at a better understanding of some of their most persistent inner conflicts.

Dr. Watts’s program helps life mappers strengthen adaptive strategies in order to enrich their life’s journey and assist them in achieving their dreams.

Dr. Linda K. Watts is associate professor of anthropology at the University of Colorado—Colorado Springs where she is also a professor of cultural and linguistic anthropology. She has published two academic books, several peer-reviewed academic journal articles and invited book reviews, and several freelance magazine memoir pieces.

Carrel Books
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6” x 9” • 304 pages
Self-Help
MARCH
In a time when people were searching for themselves by consuming hours of time and energy in therapy sessions and reading through complicated self-help books, unhappiness persisted and fulfillment still seemed elusive. The Book That Wrote Me offers a constructive and simple alternative to soul-searching and self-development with an unwritten book, ready to welcome every reader as its unique author.

Based on a psychotherapy method used by author and psychotherapist Carmen Ontanu, The Book That Wrote Me invites readers to choose eight key moments of their lives and freely and creatively express them in a set of eight chapters. Each chapter is waiting to be written, rewritten, drawn, created, ordered, and reordered to help readers deconstruct their memories in a creative, beautiful, and colorful way. The Book That Wrote Me will allow you to do anything, as long as you allow yourself to be written.

Gabriela Floriceanu, George Floriceanu, Carmen Ontanu, and Claudia Stroe’s book is a beautiful story of connecting the dots. The Book That Wrote Me emerged through their collective searches, trials, challenges, experiences, and achievements throughout many years of working together. All authors reside in Bucharest, Romania.
The popularity of family history has increased over the past five years due to TV shows like Genealogy Roadshow, Finding Your Roots, and Who Do You Think You Are? The ability to access records online has opened up the onetime hobby for genealogy enthusiasts to the mainstream. Companies like Ancestry.com, Familysearch.org, Findmypast.com, and MyHeritage.com have spent millions of dollars making records available around the world. DNA technology continues to evolve and provides the instant gratification that we have become used to as a society. But then the question remains, what does that really mean? Knowing your ancestry is more than just ethnic percentages; it’s about creating and building a story about your family history. The Family Tree Toolkit is designed to help you navigate the sometimes overwhelming and treacherous waters of finding your ancestors.

This is not a comprehensive guide to all things genealogy. It is a road map to help you on this journey of discovery, whether you are looking for your African, Asian, European, or Jewish ancestry. The Family Tree Toolkit guides you on how and where to begin, what records are available both online and in repositories, what to do once you find the information, and how to share your story and of course DNA discoveries.

Kenyatta D. Berry began her genealogical journey whilst in law school studying at the State Library of Michigan in Lansing. A frequent lecturer, writer, and television personality, Berry focuses on African American genealogy, slave ancestral research, and DNA. She has been featured in numerous publications, most notably, Black Enterprise and Wall Street Journal. Berry is also the host of Genealogy Roadshow, which is generating quite the buzz surrounding her expertise in the field of genealogy by colleagues and supporters. She consistently surprises and inspires people across the nation with information about their lives that they may not otherwise have access to. As the demand grows for people to learn more about their lineage and DNA, Berry remains deeply engrossed in her pursuit of knowledge and uses it to continually educate and inform. She lives in Santa Clara, California.
THE MAN WHO HAS IT ALL
A Patronizing Parody of Self-Help Books for Women

While women have long been bombarded with advice about how to be the perfect mom, keep a perfect job, and have glowing skin—all at the same time—men have been left floundering. Can you be a dad and still feel sexy? Can curvy men truly be happy? Can men be funny?

Finally, The Man Who Has It All, drawn from the popular Twitter account, is the progressive guide that “empowers” men and shows them how they, too, can have it all! With gendered tips for career men and busy working dads on how to juggle fatherhood and still have a career, while maintaining the perfect bod, The Man Who Has It All isn’t afraid to address the big questions:

- How can you express your opinion in the workplace without coming off as bossy?
- What does your face shape say about your parenting skills?
- How do you prevent women from constantly interrupting you?
- How do you stop feeling guilty for everything?
- How can you prioritize “me time”?
- Should you smile more?

Uproarious, scathing, unsettling, and revealing, The Man Who Has It All seizes the established sexist narratives and double standards women have heard too often in self-help books and magazines, and throws them back to the men with a fiercely ironic feminist twist.

@ManWhoHasItAll has a crazy-busy life juggling low-fat yogurt, glowing skin, a career, and healthy snacks. He spends his precious “me time” updating his Twitter and Facebook accounts, giving other busy dads sanity-saving tips. He lives in the United Kingdom.

“Hilariously calls out sexist double standards.” —MTV

“Turns on its head all the often ridiculous advice that’s lobbed at working women.” —New York Post
Forrest Bryant Johnson

TROOPER

The Cat Who Came in from the Wild

The unforgettable story of a bobcat kitten who changed the life of everyone he met.

Whenever middle-aged desert tour guide Forrest Bryant Johnson went out on his daily walks into the Mojave, all was usually peaceful and serene. But one beautiful summer day in 1987, Forrest heard a meow of distress. Following the cries, he came upon a small bobcat kitten, injured, orphaned, and desperately in need of help. So Forrest took his new feline friend home for a night. But when the little “trooper” clearly needed some more time to recoup, that night turned into two nights, a week, and eventually nineteen years. And so Trooper became a part of the Johnson family.

And in those nineteen years, Trooper lived his nine lives to the fullest. He explored desert flora and fauna around him, befriending kit foxes, jackrabbits, desert tortoises, and other creatures and getting into mischief along the way. Trooper became a “big brother” to stray tabby Little Brother, teaching, guiding, and protecting Brother on the pair’s adventures and misadventures. He became a beloved patient at his local vet, and cherished housemate of Forrest’s wife, Chi. And Trooper even managed to melt the icy heart of a tough guy neighbor. But most of all, throughout his nineteen years, Trooper became Forrest’s best friend, as the two shared each other’s worries and frustrations, musings and rants, joys and laughter.

Harrowing and heartfelt, Trooper: The Cat Who Came in from the Wild is for any reader who ever had their heart stolen by their pet.

Forrest Bryant Johnson served nine years with the US Army, rising to the rank of captain. Johnson is an experienced explorer and a professional at conducting scenic desert tours. He reports with authority and full knowledge on all the animals that must survive in the harsh environment of the Mojave Desert. He is the author of Hour of Redemption, Phantom Warrior, and The Last Camel Charge. He resides in Las Vegas, Nevada, with his wife and pets.
Ernest Hemingway lived in Cuba on and off for more than two decades, longer than anywhere else. He bought a home—Finca Vigía—with his third wife, Martha Gellhorn, and wrote his masterpiece *The Old Man and the Sea* there. In Cuba, Papa Hemingway found a sense of serenity and enrichment he couldn’t anywhere else. Now, through more than one hundred gorgeous color photographs and accompanying text, author Robert Wheeler takes us through the boulevards of Havana, to its bars and gardens, and across the beaches that Hemingway fell in love with.

Wheeler has followed Hemingway’s path across continents—from La Closerie des Lilas Café in Paris to Sloppy Joe’s Bar in Key West to El Floridita in Havana—seeking to capture through photography and the written word the essence of one of the greatest writers in the English language. Now, in *Hemingway’s Havana*, Wheeler reveals the beauty of Cuba, an island nation whose deep relationship with the sea came to fascinate and inspire the writer. Wheeler portrays the intimate connection Hemingway had with the land, the sea, the people, the culture, and the politics of Cuba.

**Robert Wheeler** is a teacher, writer, photographer, husband, and father. He has been a Hemingway enthusiast ever since reading his first Hemingway novel in 1986. For the past ten years, he has been a professor at Southern New Hampshire University where he teaches courses in writing and on Hemingway. He lives in New Castle, New Hampshire, with his wife, Meme, and his daughters, Emma and Helen.

**América Fuentes** is a native of the village of Cojimar, Cuba, where Ernest Hemingway docked his boat, *Pilar*, and the granddaughter of the boat’s captain and Hemingway’s dear friend, Gregorio Fuentes.

“Roberto’s words and images of my homeland are eloquently and beautifully balanced and exist in harmony like the ocean and the sky. His images and words are fused with the same magic, elusiveness and beauty of the island of Cuba and its people.” —Raul Villarreal, author of *Hemingway’s Cuban Son*

“Robert Wheeler’s words and photographs have given an honest and clear picture of the Hemingway that my grandfather loved.” —América Fuentes, from the foreword
Danica Davidson and Rena Saiya

MANGA ART FOR INTERMEDIATES
A Step-by-Step Guide to Creating Your Own Manga Drawings

Bring your own manga characters to life!

With millions of fans around the world, manga is a beloved art form. Now you, too, can learn how to draw your favorite characters from Japanese comics and anime! *Manga Art for Intermediates* shows you how to draw detailed clothing, facial expressions, and other features, like hair and accessories. With gradual steps and helpful tips, this book will have you creating your own colorful characters in no time at all!

Learn to draw:

- Gothic Lolita
- Shonen Hero
- Bride
- Groom
- Nekojin (“cat people”)
- Yokai
- Victorian Man
- Female Warrior

The authors have done all the work for you. Just follow their simple, straightforward instructions, study the step-by-step drawings, and you’ll soon have your own collection of fantastic manga characters!

**Danica Davidson** is a writer for MTV and author of the Minecraft novels *Escape from the Overworld* and *Attack on the Overworld*. A long-time manga fan, her work on manga has been published by MTV, CNN, the *Onion, Otaku USA, Publishers Weekly, Booklist, Anime News Network*, and about twenty other places. She has both written the English adaptation and worked on the editing process for manga published in Sturgis, Michigan.

**Rena Saiya** is an illustrator specialized in manga. She lives in Japan.
Josh VanBrakle

**ATTRACTING WILDLIFE TO YOUR BACKYARD**
101 Ways to Make Your Property Home for Creatures Great and Small

Help preserve the environment, right in your own backyard.

Many people think of wildlife as something distant, creatures living in natural forests and remote public preserves. But most wildlife in the United States isn’t found in the distant wild. It lives on our private lands, in our very backyards. Because of this, America’s ten million woodland owners are in fact at the forefront in protecting US wildlife for generations to come.

But while most landowners want to help preserve the beauty of the natural environment, most are unsure where to begin. In *Attracting Wildlife to Your Backyard*, author and landowner Josh VanBrakle provides readers with 101 easy-to-follow activities and practical approaches to help do just that. Some projects include:

- Installing a bat box
- Making a food plot
- Identifying trees that attract wildlife
- Forming a brush pile
- Assessing a stream’s health
- Building a pond
- Learning bird calls
- Planning a backyard scavenger hunt

Complete with stunning wildlife photographs and an appendix of practical resources, *Attracting Wildlife to Your Backyard* is an essential read for anyone who cares about the environment.

**JOSH VANBRAKLE** is the research forester for the New York City Watershed Agricultural Council and has worked with private woodland owners for more than five years. He holds an MS in Forest Resources Management from the State University of New York and is the author of *Backyard Woodland: How to Maintain and Sustain Your Trees, Water, and Wildlife*. He lives in the Catskills with his wife.
Liz McQuerry

NATURAL SOAP AT HOME
How to Make Felted Soap, Wine Soap, Fruit Soap, Goat’s Milk Soap, and Much More

Sustainable soap crafting as close as your kitchen.

From the creator of the natural skin care line Moon Magic, Liz McQuerry offers a step-by-step guide, enhanced with excellent photos, for natural cold-process soap crafting. Utilizing mostly kitchen ingredients to create a variety of innovative soap blends—including felted soap, beer soap, and seasonal soaps—McQuerry will put you in touch with your inner alchemist. From body bars to hair care bars, with wonderful tidbits and advice on herbs and essential oil blends, you and your family (and even your dog!) will enjoy a clean like never before.

Natural Soap at Home provides delightful instructions for:

- Skin care bars
- Hair care bars
- Animal wash bars
- Creative and beautiful bars
- An easy make-your-own soap cutter, modifiable to your preferences, to slice up all your bars in two simple slices
- A wide array of beautifully blended essential oil formulations to scent your soap
- A comprehensive table on vegetable oils along with what to use, when, and why
- And much more!

Glove up and safety-goggle down for a fun, efficient, and easy-to-follow ride through the world of soap crafting.

Liz McQuerry is a firm believer in nourishing from nature. She is always trying to find new, fun, and more innovatively beautiful ways to craft and has worked in the allopathic medicine system for years while studying holistic medicine and body therapies in Chinese, ayurvedic, and eclectic medicine. Through her company, Moon Magic (MoonMagic.co), she has been creating and sharing her knowledge for more than ten years. When she is not testing formulas, she spends her time playing with her three children, jogging in the woods, and painting on her porch surrounded by a cacophony of living greenery. She resides in Grass Valley, California.
Craft metal has endless decorative possibilities. This book is all about using colored craft metal—decorating it by means of embossing, cutting out designs, taking away color and filling in 3-D designs, and much more—to customize found objects for your home.

You will learn more about metal and supporting mediums, as well as how to use the tools and familiarize yourself with several techniques that can be applied in making more than fifty decorative and functional items provided in this book. These original projects were designed and created to showcase a variety of techniques and applications, including:

- Transferring and tracing designs
- Creating texture by means of inexpensive handheld tools or manual processes
- Using an embossing machine such as the cuttlebug™ for textures, patterns, and die-cuts
- Finishing techniques such as sanding, aging, and painting
- Upcycling and repurposing
- Tips and tricks to simplify processes

The projects range from beginner to advanced levels. Magnificent photographs will inspire you while step-by-step instructions will help you to get started right away.

**Suzan Cumpsty** regards every project she works on as her masterpiece. She loves sharing this belief and the creative knowledge she has gained over the past two decades by teaching and presenting hands-on workshops in a wide variety of crafts and art subjects. She resides in Melkbosstrand, South Africa.

**Lee Vorster** is a pewter and metal-embossing teacher. She grew up in a very creative environment and learned the art of pewter embossing from her mother. She resides in Melkbosstrand, South Africa.

**Monica Fischer** is the creative force behind Creaticca Studio, based in Melkbosstrand on the beautiful West Coast of South Africa. They supply craft metal, texture plates, embossing kits, and accessories.
David Woodroffe  
MAKING PAPER AIRPLANES  
Fold Your Own Aircraft and Watch Them Fly!

Choose from ninety-one different models and build and fly your very own paper airplane.

Now, any kid can turn a stack of paper into his or her own private air force! Making Paper Airplanes is your complete reference packed with colorful diagrams, graphics, and instructions, featuring ninety-one gravity-defying paper aircraft that really fly.

From origami fighter jets to tinfoil helicopters and paper Spitfires, you and your child will learn hundreds of different ways to build successful flying devices from paper. Each model includes customized graphics so your aircraft will look the part as it sails through the air. Tear out, fold, and fly models such as:

- Stealth Bomber
- Kestrel Fighter
- Dragon Desk Kite
- Firefly Space Shuttle
- Swallow Glider
- Flashdance Stunt Flyer
- Golden Flame Racing Plane
- Supersonic Transport
- And more!

All of these fantastic flying machines have been built and tested by the author to ensure that, with little more than a few folds and a couple of snips, your new creation can be airborne. Whether you are spending a summer’s day outdoors or a winter’s day indoors, Making Paper Airplanes will deliver hours of crafts, first flights, and fun.

DAVID WOODROFFE is an artist, technical illustrator, model maker, kite flyer, and paper airplane enthusiast. He has worked as an illustrator for magazine publishers as well as for books and websites. He lives in the United Kingdom.
THE PAST IS NEVER
A Novel

A compelling addition to contemporary southern Gothic fiction, deftly weaving together local legends, magical realism, and a missing child.

Siblings Bert, Willet, and Pansy know better than to go swimming at the old rock quarry. According to their father, it’s the devil’s place, a place that’s been cursed and forgotten. But Mississippi Delta summer days are scorching hot, and they can’t resist cooling off in the dark, bottomless water. Until the day six-year-old Pansy vanishes. Not drowned, not lost . . . simply gone. When their father disappears as well, Bert and Willet leave their childhoods behind to try and hold their broken family together.

After years with no sign, no hope of ever finding Pansy alive, Bert and Willet have tried to move on. But as surely as their mother died of a broken heart, they can’t let go. So when clues surface drawing them to the remote tip of Florida, they drop everything and drive south. Deep in the murky depths of the Florida Everglades they may find the answer to Pansy’s mysterious disappearance . . . but truth, like the past, is sometimes better left where it lies.

Perfect for fans of Flannery O’Connor and Dorothy Allison, The Past Is Never is an atmospheric, haunting story of myths, legends, and the good and evil we carry in our hearts.

Tiffany Quay Tyson teaches writing at Denver’s renowned Lighthouse Writers Workshop. Her writing has been compared to Southern fiction titans like Flannery O’Connor, and her first book, Three Rivers (Thomas Dunne, 2015), was a finalist for the Mississippi Institute for Arts and Letters Award for Fiction and also the Colorado Book Award for Literary Fiction. Though she grew up in Mississippi, she now resides in Denver, Colorado.

Praise for Tiffany Quay Tyson’s previous novel Three Rivers:

“Tiffany Quay Tyson’s funny, furious, and tender debut is a rush of a read, full of all the beauty and strangeness of the modern South.” —Eleanor Brown, New York Times bestselling author of The Weird Sisters

“Tyson’s good-old-fashioned Southern drama appears right in time for storm season.” —Booklist

$24.99 hardcover (Can. $38.99)
World (W) • CQ 28
6” x 9” • 304 pages
Fiction
MARCH
Alan Gold

THE PRETENDER’S LADY

A Novel

From the author of The Last Testament comes the riveting story of Bonnie Prince Charlie’s true love, her adventures in America, and her lasting legacy.

I n the page-turning genre blazed by Antonia Fraser and Phillippa Gregory, The Pretender’s Lady opens history’s pages on a peerless woman who helped change the course of history and whose legend lives on in Scotland today—Flora MacDonald.

She was the most famous Scotswoman of her time, having single-handedly saved Bonnie Prince Charlie. This is her fictionalized life story—her relations with the prince, her flight to America, Ben Franklin’s influence, and her return to Britain to lobby for peace in the American colonies.

But what’s hidden from history, and revealed now for the first time in Gold’s dazzling fiction, is the result of Flora and Charlie’s love: a beautiful and talented boy raised on an American farm. Only she knows his true heritage and his claim to the world’s greatest throne. And only the genius of Ben Franklin understands how to use this naïve boy to influence their young country.

ALAN GOLD is an influential columnist for the Spectator, the Australian, and other magazines. He appears regularly in the media as a commentator on human rights and international politics. Alan’s previous works include the internationally successful The Jericho Files, as well as the bestseller The Lost Testament. He currently lives in Sydney, Australia, with his family.

“Flora MacDonald is a heroine for all ages . . . lusty, brave, scandalous, and, until Gold’s novel, forgotten.” —Bryce Courtenay, author of The Power of One

“Alan Gold’s wonderfully researched and immensely readable book, The Pretender’s Lady, puts my ancestor, Flora, right back where she belongs—as one of the most important figures in Scottish history.” —Finlay MacDonald

“Accurate, lush, and highly compelling. A definite recommendation!” —historyandwomen.com

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Bob Weintraub

PAINTING THE CORNERS AGAIN
A Collection of Off-Center Baseball Fiction

“With these stories, Bob Weintraub has executed a triple play: savvy baseball writing, unforgettable characters, and a home run ending for each tale.” —W. P. Kinsella, author of Shoeless Joe, the basis of Field of Dreams

Painting the Corners Again is Bob Weintraub’s second marvelous collection of baseball stories. It goes directly to the core of what America’s pastime does for us when we watch it being played on the field. Weintraub shows us that baseball has its heroes and its villains, and that they can reach into a person’s life and remain a part of us for the rest of our days.

Told from varying perspectives, Painting the Corners Again offers the personal experiences of the baseball player, manager, general manager, coach, scout, owner, writer, broadcaster, and fan. Each story strives for its own sense of authenticity and is full of characters that we recognize and want to spend time with.

In this collection, the author digs beyond the statistics and numbers that sometimes dominate our view of a sport and gets to the true humanity of baseball.

Bob Weintraub’s stories have appeared in several publications, including Spitball, Fenway Fiction, 96 Inc., and NINE: A Journal of Baseball History and Culture. He is a graduate of Brandeis University and Boston University School of Law and lives in Newton, Massachusetts, with his wife, Sandra.

“Imaginative baseball stories for long rain delays and hot stove league nights.” —Darryl Brock, author of If I Never Get Back and Two in the Field

“Unique and wonderfully twisted.” —Ed Asner, actor

“Great storytelling for fans and nonfans alike. Bob Weintraub has big-league talent.” —Dan Shaughnessy, author of The Curse of the Bambino and columnist for the Boston Globe

“Like lots of good stories set in baseball, the entries in Painting the Corners Again are less about baseball than they are about people and the curveballs they throw each other. Of at least one of the stories, O. Henry would have been proud.” —Bill Littlefield, host of NPR and WBUR’s Only a Game
Mark Phillips

**LOVE AND HATE IN THE HEARTLAND**
*Dispatches from Forgotten America*

**Come to understand the half of America that globalism forgot.**

Meet the “deplorables.” Meet the majority that was silent until the election of President Donald Trump. Meet the Middle Americans whom globalism and the modern economy have left behind.

In a collection of vignettes telling of family history and barstool interviews and stubborn beliefs and resignation, Mark Phillips gathers a collage of the forgotten Americans—the Americans that urbanites didn’t know existed, pollsters couldn’t define, and politicians sought to target. The Alleghenians featured, the author among them, feel left adrift. They are not politically active; they are more concerned with eking out a living at failing factories than with the intricacies of the Affordable Care Act.

*Love and Hate in the Heartland* goes beyond talking heads and superficial media portrayals to tell stories of humanity, strength, resilience, generosity, and self-reliance. Faced with a bleak outlook, these noble ideals mingle with resignation and misguided bitterness. Written in evocative and graceful prose, it gives faces to the voices we heard in November 2016.

**MARK PHILLIPS** is the author of *My Father’s Cabin*, and his work has appeared in the *New York Times Magazine, Salon, Saturday Review,* and *Country Life*. He has also worked as a beekeeper and occasional maple syrup producer in upstate New York.

$16.99 paperback original (Can. $25.99)
World (W) • CQ 32
6” x 9” • 178 pages
Current Events & Politics
APRIL
One of the most infamous and devastating assassinations in American history, the murder of civil rights leader Martin Luther King Jr., was also one of the most quickly resolved by authorities: James Earl Ray was convicted of the crime less than a year after it occurred. Yet, did they catch the right person? Or was Ray framed by President Lyndon B. Johnson and FBI Director J. Edgar Hoover?

In *Who REALLY Killed Martin Luther King Jr.?*, Phillip F. Nelson explores the tactics used by the FBI to portray Ray as a southern racist and stalker of King. He shows that early books on King's death were written for the very purpose of “dis-informing” the American public, at the behest of the FBI and CIA, and are filled with proven lies and distortions.

As Nelson methodically exposes the original constructed false narrative as the massive deceit that it was, he presents a revised and corrected account in its place, based upon proven facts that exonerate James Earl Ray. Nelson's account is supplemented by several authors, including Harold Weisberg, Mark Lane, Dick Gregory, John Avery Emison, Philip Melanson, and William F. Pepper. Nelson also posits numerous instances of how government investigators—the FBI originally, then the Department of Justice in 1976, the House Select Committee on Assassinations investigators in 1978 and the DOJ again in 2000—deliberately avoided pursuing any and all leads which pointed toward Ray’s innocence.

**Phillip F. Nelson** is the author of Skyhorse's *LBJ: The Mastermind of the JFK Assassination* and *LBJ: From Mastermind to “The Colossus.”* He currently lives in South Carolina.
Pamela Everett

**LITTLE SHOES**
The Sensational Depression-Era Murders That Became My Family’s Secret

A lawyer’s journey through the historic, haunting, and deeply personal case of Alfred Dyer, the smiling monster of Inglewood.

In the summer of 1937, with the Depression deep and World War II looming, a California crime stunned an already grim nation. Three little girls were lured away from a neighborhood park to unthinkable deaths. After a frantic week-long manhunt for the killer, a suspect emerged, and his sensational trial captivated audiences from coast to coast. Justice was swift, and the condemned man was buried away with the horrifying story.

But decades later, Pamela Everett, a lawyer and former journalist, starts digging, following up a cryptic comment her father once made about losing two of his sisters. Her journey is uniquely personal as she uncovers her family’s secret history, but the investigation quickly takes unexpected turns into her professional wheelhouse.

Everett unearths a truly historic legal case that included the first-ever criminal profile in the United States, the genesis of modern sex offender laws, and the last man sentenced to hang in California. Digging deeper and drawing on her experience with wrongful convictions, Everett then raises detailed and haunting questions about whether the authorities got the right man. Having revived the case to its rightful place in history, she leaves us with enduring concerns about the death penalty then and now.

A journey chronicled through the mind of a lawyer and from the heart of a daughter, *Little Shoes* is both a captivating true crime story and a profoundly personal account of one family’s struggle to cope with tragedy through the generations.

**PAMELA EVERETT** is a former broadcast journalist who later earned her law degree at the University of San Diego, where she wrote for the *San Diego Law Review*. She is on the criminal justice faculty at the University of Nevada and is a volunteer attorney with the California Innocence Project. She lives in Reno, Nevada.

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True Crime
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APRIL
James M. Hawes and Mary Ann Koenig

COLD WAR NAVY SEAL
My Story of Che Guevara, War in the Congo, and the Communist Threat in Africa

For the first time, a Navy SEAL tells the story of the US’s clandestine operations in North Vietnam and the Congo during the Cold War.

Sometimes in 1965, James Hawes landed in the Congo with cash stuffed in his socks, morphine in his bag, and a basic understanding of his mission: recruit a mercenary navy and suppress the Soviet-and Chinese-backed rebels engaged in guerilla movements against a pro-Western government. He knew the United States must preserve deniability, so he would be abandoned in any life-threatening situation; he did not know that Che Guevara was attempting to export his revolution a few miles away.

Cold War Navy SEAL gives unprecedented insight into a clandestine chapter in US history through the experiences of Hawes, a distinguished Navy frogman and later a CIA contractor. His journey began as an officer in the newly formed SEAL Team 2, where Hawes commanded boats in the CIA’s series of covert, hit-and-run raids into North Vietnam.

The CIA then tapped Hawes to deploy to the Congo. Hawes recalls recruiting and managing some of the most dangerous mercenaries in Africa, battling rebels with a crew of anti-Castro Cuban exiles, and learning what the rest of the intelligence world was dying to know: the location of Che Guevara.

In vivid detail that rivals any action movie, Hawes describes how he forced Guevara from the country, accomplished a seemingly impossible mission, and returned to a successful civilian life. Complete with never-before-seen photographs and interviews with fellow operatives in the Congo, Cold War Navy SEAL is an unblinking look at a portion of Cold War history never been told.

James M. Hawes became one of the first SEAL officers permanently assigned to Vietnam as part of the CIA’s covert operations into North Vietnam. That led to his clandestine CIA mission to build and command a mercenary navy in the Congo in 1965–66. After several years working for the Agency, he attended Harvard, receiving his MBA in 1971. Hawes currently lives near San Antonio, Texas, and is a consultant for a variety of new venture companies.

Mary Ann Koenig is a writer and filmmaker. She’s directed, written, and produced the documentary, A Bond Unbroken, The “Why” of Minh, the story of Vietnam War-era Navy SEALs and a reunion with their combat interpreter forty-five years later. She has written for the Los Angeles Times and KOST Radio in Los Angeles, and currently works as a journalist and correspondent for TC Palm Newsweekly (a regional USA Today publication) covering veterans’ stories. She works extensively with the VA and has written for Vanguard Magazine.

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World (W) • CQ 32
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10 b/w photographs
History
APRIL
In a world where acts of terror have become all too commonplace, America has turned to the elite warriors of special operations to lead the fight and hunt down those whose very ideology is one of hate for everything our nation stands for. Among those units one stands apart from the rest, carrying out the most dangerous missions with precision and now legendary lethality: the US Navy SEALs.

From their birth in World War II as combat swimmers clearing the beaches of Normandy to their evolution into fighting men who could operate anywhere in the world by sea, air, or land, the intrepid story of the US Navy SEALs is one of courage, sacrifice, and world-renowned toughness that echoes of other great military units of history—the Spartans, the Roman legions, or the samurai.

Mann and Burton take the reader through the inception of the Naval Combat Demolition Teams (NCDU) and Underwater Demolition Teams (UDT) during World War II, their testing and development in Korea and into the Vietnam War, where the SEALs truly laid the groundwork for their legendary status, and on into the present day. The authors highlight the major steps and operations along the way, discuss the training and what it takes, and explore some of the most important moments in SEAL history.

DON MANN, a bestselling author and accomplished endurance athlete and mountaineer, played a crucial role in some of America’s most daring military missions for more than two decades. A former member of Navy SEAL Team Six, Mann’s other books include Inside SEAL Team Six, The Modern Day Gunslinger, The U.S. Navy SEAL Survival Handbook, and the Thomas Crocker thrillers. He lives in Virginia Beach, Virginia.

LANCE BURTON is a 1996 graduate of the US Naval Academy, former surface warfare officer, class leader of BUD/S Class 239, former Blackwater security specialist, and former FBI counterterrorism agent with more than twenty years of combined service including multiple Middle East deployments in support of anti-terrorism operations abroad. He is also a lifelong practitioner of martial arts, a professional level athlete, and author of the popular military sci-fi novel The Blood of a God. Burton lives in Denver, Colorado.
How can spirituality and pursuit of meaning increase employee job performance and workplace happiness?

What will motivate an organization’s employees to be fully engaged in the corporate purpose? How can a company be more supportive of each individual’s pursuit of workplace meaning? Service Leadership answers these questions and more.

“Service leadership” is the recognition and cultivation of the varied interests and beliefs of employees on their quest for purpose at work. An organization will not get the most out of its staff unless it respects each individual’s framework for the pursuit of meaning, which is often done in the context of spirituality and religion. Service leadership takes many forms and is not the same for everyone. People can and want to learn how to become service leaders.

Service Leadership shows how these ideas can be implemented through a detailed framework. Extensive research confirms that organizations that do not address the existing core belief systems of employees will be disadvantaged in the marketplace. Interviews with top executives at organizations like Whole Foods, Facebook, Gloria Jean’s Coffee, and Costco shed light on how both companies and employees can utilize service leadership to find and keep meaning in the workplace, improving both job happiness and performance.

Richard J. Goossen is chairman of the board of the Entrepreneurial Leaders Organization, director of the Entrepreneurial Leaders Institute, Wycliffe Hall, University of Oxford, and strategic counsel to Covenant Family Wealth Advisors. He is the author of several books, including Entrepreneurial Leadership: Finding Your Calling, Making a Difference.

Theodore Roosevelt Malloch is chairman and CEO of Roosevelt Global Fiduciary Governance LLC, a leading strategy thought leadership company. He has served in the US State Department and was president of the World Economic Development Congress sponsored by CNN, where Lady Margaret Thatcher dubbed him a “global sherpa.”

On Malloch’s Common Sense Business:

“Has the potential to transform how all companies are run … Nothing could be more valuable!” —Mark Drewell, CEO, Globally Responsible Leadership Initiative
In less than five years, ridesharing has grown from nonexistence into a billion dollar industry. Uber now has two million drivers in the United States, Lyft has seven hundred thousand, and both show no signs of slowing down. Despite the large number of drivers, Uber and Lyft provide little in the way of help for new drivers, who complain that there is a lack of guidance when starting out.

Harry Campbell, founder and director of The Rideshare Guy blog and podcast and a driver himself, can help. The Rideshare Guide offers a comprehensive and engaging handbook for current and prospective rideshare drivers. Learn how to:

- Decide between Uber and Lyft
- Maximize passengers and profits
- Maintain a five-star rating
- Keep safe and interact appropriately with passengers
- Navigate legal matters and tax codes

Campbell explains these and much more, also including funny, shocking, and bizarre tales from the road. Whether you are thinking about becoming a driver or a veteran wondering about UberPOOL and tax help, The Rideshare Guide by the Rideshare Guy has the answers.

Harry Campbell is the founder, editor, and director of TheRideShareGuy.com, which has become the industry’s leading resource for drivers. Its blog, podcast, and YouTube tutorials reach hundreds of thousands of users per month, and continue to provide a voice for drivers. Campbell has been featured in the New York Times, Forbes, CNET, WIRED, the Los Angeles Times, the Huffington Post, and many other media outlets for his work. He lives in Los Angeles, California.
Jill Osborn

ACCESSING THE MEDIA
How to Get Good Press

A media and political insider describes the inner workings of the news world and shows step by step how to get the coverage you want.

Accessing the Media takes the reader behind the scenes to understand how best to work with press to get publicity. Perfect for politicians, business leaders, lobbyists, and media junkies, this reference provides an insider’s look at how the modern newsroom works, detailing the different roles of reporters, editors, and producers. Readers will learn how to forge relationships with media personnel in television, radio, print, and the web to craft the press coverage they want.

Award-winning journalist Jill Osborn exposes the three strategic steps that must be used to gain favorable coverage with the media at just the right time. She gives you the inside scoop on how to think like a national or local journalist so you can control the headlines. And she even provides sample press releases to help shape your message. When reading Accessing the Media, you will have a personal media consultant without the cost of hiring one.

Whether you are running for office, looking to improve visibility for your business, or simply want a deeper understanding of what you see and read in the news, Accessing the Media is the perfect guide to getting your story out to the world.

Jill Osborn is an award-winning columnist and political correspondent. She worked in a congressional office on Capitol Hill and for a top DC lobbying firm and went on to be a contributor at FOX News. Jill lives with her husband and children in North Carolina.

“Jill is a triple threat with her firsthand experience in the news industry, federal government, and public relations world. You will be fascinated to learn the behind-the-scenes details of these closely watched entities.” —Gretchen Carlson, former FOX News anchor

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Social Science
APRIL
Jillian M. Parsons with Allison Baerken

SAY NO TO PLACENTA PICS
And Other Hilarious, Unsolicited Advice for Pregnant Women

Two best friends make it through a pregnancy, with all its gut-busting hilarity and gross bits.

Maternity isn't all sunshine and rainbows and natural glows. It's also elastic waistbands, hot flashes, and throbbing breasts! When Jillian Parsons’s best friend forever, Allison Baerken, finds herself knocked up, both women are thrown into a nine-month rollercoaster ride of emotions—even though only one of them is pregnant.

Say No to Placenta Pics is the ultimate BFF’s uncensored, tell-all guide to the down and dirty of pregnancy in all its hilarious glory and gross bits, for all badass moms-to-be (and their nonpregnant friends watching from the sidelines) who desperately need a joke for the next nine months. Together, Allison and Jillian ride the learning curves from first trimester to after birth, rejecting standard pregnancy fluff in self-help books and exploring the issues about mother-to-be-hood no one else seems to have the guts to:

• The anti-sex appeal of maternity negligées
• Surviving the high school experience of online mommy groups
• Resisting the urge to overshare on Facebook (rule: don’t post pictures of placentas)
• Executing the right angles on a maternity photo shoot
• Listening to yet another birth story from a stranger

Witty, tongue-in-cheek, and fearlessly relatable, Say No to Placenta Pics is the realest girl talk between two women who mock and celebrate the wonders of pregnancy, every step of the way.

Jillian M. Parsons began cultivating her bizarre sense of humor in her teens with handwritten satirical erotica during school lunch hour. As a comedy writer, she was featured in Women in Comedy’s Independent Women series. She lives in Nova Scotia, Canada.

Allison Baerken has a degree in journalism from Carleton University. She is a part-time English teacher and stay-at-home mom of two daughters. She lives in Medemblik, the Netherlands.
Susan Senator  
Foreword by John Elder Robison  

AUTISM ADULTHOOD  
Insights and Creative Strategies for a Fulfilling Life, Second Edition

Revised edition of a vital and exploratory book about living with autism in adulthood on the more severe end of the spectrum.

One of the biggest fears of parents with children with autism is their looming adulthood and all that it entails. In this Second Edition of her lauded book *Autism Adulthood*, Susan Senator further tackles the challenges of adult life on the autism spectrum on the more severe end of the spectrum—those who cannot communicate for themselves, honestly discussing the complex decisions that await all parents and caregivers. To help parents find the guidance they need to provide fruitful lives for their autistic loved ones, and the support they themselves need, Senator shares her own family’s personal story about her son Nat and his struggles and triumphs as an adult with severe autism.

*Autism Adulthood* features interviews with parents, caregivers, researchers, and professionals. Each vignette reveals firsthand a family’s circumstances, thought processes, and unique solutions that go into meeting their unique needs and goals. Senator shares the wisdom that comes from these experiences and adds her own observations and conclusions based on her long-term familiarity and understanding of autism. Told in Senator’s trademark warm, approachable style, *Autism Adulthood, Second Edition*, paints a vivid and thought-provoking picture of many people grappling with grown-up, real-life autism. Senator’s is the only book of its kind, as real families share their stories and their creative solutions.

**SUSAN SENATOR** is a writer, activist, and the mother of three boys. Her books include *Making Peace with Autism* and *The Autism Mom’s Survival Guide*. Her adult son, Nat, was diagnosed with autism at the age of three, and she has been advocating for people with autism ever since. She lives in Brookline, Massachusetts.

“Senator hits the nail on the head once again . . . This is a must-read for any parent with a child on the autism spectrum as well as caregivers, siblings, and extended family.” — *Library Journal* (starred review)

“As an emotional resource, Senator’s book is excellent.” — *Kirkus*, for the first edition

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Family  
APRIL  

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Over a decade ago, an autism diagnosis had confined Lori Ashley Taylor’s daughter Hannah to an inaccessible world. Lori became a tireless researcher, worker, and advocate, and her dedication showed results. There can be progression and shifting on the spectrum, and Hannah has done just that—she has emerged.

Part narrative and part practical guide, Dragonfly provides anecdotal and practical guidance for parents of children with autism spectrum disorder. The author discusses intervention strategies, therapies such as applied behavioral analysis (ABA), and different medical tests. She explains autism terminology like hyperresponsiveness and stimming. A classroom teacher herself, she recommends educational accommodations and supports. Busy parents can find practical tips on everything from making friends to sensory perception disorder in helpful sidebars in the text. Taylor’s personal experience is supplemented by wisdom from a series of round table discussions featuring other parents of children with autism.

In the summer of 2013, eight-year-old Hannah wrote “Life of a Dragonfly,” a poem with repeated parallel stanzas that used the stages of a dragonfly’s life as a mirror for her own physical and cognitive development. Among its wisdom was: “Hope rises, and I begin to reveal my concealed wings. I begin to understand language and what I am meant to do.”

Taylor has helped her daughter find her wings; in Dragonfly, she gives other parents the tools to do the same.

Lori Ashley Taylor, a special needs mom and autism advocate, is founder and publisher of Emerging from Autism, cofounder and director of Hendricks County Autism Support Group, a professional speaker, and a member of Avon School Corporation’s Autism Team. Taylor’s twenty-four-year career as a classroom teacher includes licensing in special needs, a specialization she brings to the classroom, to leadership and advocacy roles in the community, and to her writing. Taylor and her two children live in a suburb of Indianapolis, Indiana.
We have a worldwide trash epidemic. The average American disposes of 4.4 pounds of garbage per day, and our landfills hold 254 million tons of waste.

What if there were a simple—and fun—way for you to make a difference? What if you could take charge of your own waste, reduce your carbon footprint, and make an individual impact on an already fragile environment?

A zero waste lifestyle is the answer—and Shia Su is living it. Every single piece of unrecyclable garbage Shia has produced in one year fits into a mason jar—and if it seems overwhelming, it isn't! In Zero Waste, Shia demystifies and simplifies the zero waste lifestyle for the beginner, sharing practical advice, quick solutions, and tips and tricks that will make trash-free living fun and meaningful. Learn how to:

• Follow the five Rs: Refuse, reduce, reuse, recycle, and rot
• Build your own zero waste kit
• Prepare real food—the lazy way
• Make your own DIY household cleaners and toiletries
• Be zero waste even in the bathroom!

Be part of the solution! Implement these small changes at your own pace, and restructure your life to one of sustainable living for your community, your health, and the earth that sustains you.

Shia Su, as a first grader, was already of the opinion that pastries were packed in too many bags. Along with her husband, she began her zero waste journey in 2014. She documents her lifestyle on the blog Wasteland Rebel, providing readers with advice on trash reduction and living a sustainable life. She lives in Vancouver, Canada.
Lisa Davis, MPH
Recipes by Erin MacDonald, RDN

CLEAN EATING, DIRTY SEX
Sensual Superfoods and Aphrodisiac Practices for Ultimate Sexual Health and Connection

Learn the art and science of food, sex, and connection!

It’s a new era. Women are no longer content to “lie back and think of England.” The popularity of Fifty Shades of Grey and Marie Claire articles on the Big O indicate people are eager to transform fantasies into reality in the bedroom.

Unfortunately, for millions, that’s not happening. Why? Problems like erectile dysfunction, fatigue, stress, boredom, depression, disconnection, or a partner’s low libido turn sex into an ordeal, not a pleasure. As a result, these couples wind up frustrated and unfulfilled. Millions of them have sex only once or twice a month, while millions more don’t engage in sex at all!

In her new book, broadcaster and former sex educator Lisa Davis—with the help of dozens of the world’s biggest names in health and sexuality—explains the art and science of why we’re the most sexually aware society in history, yet somehow the most sexually dissatisfied.

First, she offers foods to enhance sexual health for men and women, what key nutrients are important, and then includes fifty recipes that incorporate sex-enhancing foods along with preparation instructions to preserve key nutrients for sexual health.

Second, Lisa offers a practical approach to activities to make sex fun and connecting again—sex that makes both partners smile and builds strong couples. With these dual strategies, Lisa tells sex-starved couples how they can reignite their love life with: clean eating and dirty sex.

Lisa Davis has nearly two decades of broadcast experience and is a former sex educator. With a master’s degree in public health, she is creator, host, and producer of the syndicated It’s Your Health radio heard on NPR as well as host/producer of Talk Healthy Today and Talk Fitness Today by AIM Media (of Clean Eating, Vegetarian Times, and Better Nutrition magazines). She is host/producer of Naturally Savvy Radio heard online on RadioMD, iHeartRadio Talk, TuneIn, Stitcher, iTunes, UberRadio, and TalkStreamLive. She lives in the greater Boston area with her husband, daughter, and three crazy dogs.

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Sexuality

APRIL
Annabelle Lee

MY CALIFORNIA COUNTRY KITCHEN
A New Generation in Baking Starch-Free with Real Foods, Grain-Free Flours, and Your Blender

While healthier choices are growing, the consumption of real, whole foods in our everyday diet is the frontier.

America is sick, confused, and addicted to fake foods, but there’s nothing fake in author Annabelle Lee’s kitchen. She goes beyond paleo and gluten-free, and shows you how to live a quick, easy, and delicious real food lifestyle with recipes that combine fat-burning and nutritious ingredients to create both sweet and savory dishes, while maintaining traditional tastes and textures. Recipes include:

- Broccoli Gnocchi with Cheesy Pumpkin Sauce
- Bacon & Eggplant Carbonara
- Veggie Wraps
- Old-Fashioned Pie Crust & Pastry Dough
- German Chocolate Cake

Lee discovered how to make incredible breads, wraps, comfort foods, and desserts unlike any others with ingredients such as nuts, coconut, sweet potato, zucchini, and various other fruits and vegetables as well as alternative, whole food flours. Not only is this book full of healthy and readily available ingredients, but kitchen time is simplified by her everyday use of a blender and/or food processor.

Annabelle Lee worked as a fashion model for more than fifteen years with the Elite and Ford agencies. While raising her four boys, she spent a lot of time in the kitchen of the little farmhouse she and her family built on five acres in the Southern California countryside. When time rewarded her with a few wrinkles, extra pounds, and a diagnosis of autoimmune arthritis and lupus, she became committed to learning about health, disease, and aging, and discovered how simply eating real food could change her life.
Jenny Warsén

BAKING WITH CANDY

Sweeten any recipe with a bit of candy!

Who can resist homemade baking? Add little candy in the batter or dough, the result is actually twice as good! Can anyone resist such delicacies as chocolate balls with nutella, mousse cheesecake, candy panna cotta, a marshmallow tart, or candy ice cream with a tutti-frutti taste? Of course not.

Do you fancy treating family and friends to something extra delicious for dessert, something that both the adults and the children will love? Then Baking with Candy is the perfect book for you!

Filled with beautiful full-color photographs throughout and more than forty quick and easy-to-make recipes, this sugary book will cater to anyone’s sweet tooth.

JENNY WARSEN writes one of Scandinavia’s most popular food and baking blogs, www.jennysmatblogg.nu. She started it in 2009 and now has about three hundred thousand unique visitors a week. She resides in Stockholm, Sweden.

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Cooking
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HEATHER LAWLESS (aka The Lawless Vegan) is a vegan foodie, blogger, and freelance writer who is building an enthusiastic following on major social platforms (@thelawlessvegan). She’s written for the National Post, Paste magazine, Spoonful, The Kitchn, and Parents Canada. She resides in Scarborough, Ontario, Canada.

JEN MULQUEEN is a certified culinary nutrition expert, home cook, and food enthusiast who believes in the power of food to nourish and create a better world. Her background is in documentary filmmaking, and she now works with Roots of Empathy to help create more emotionally literate and empathic children. She resides in Toronto, Ontario, Canada.
Annette Joseph

COCKTAIL ITALIANO
The Definitive Guide to Aperitivo: Drinks, Nibbles, and Culture of the Italian Riviera

A guidebook, travelogue, and Italian cocktail adventure all rolled into one tasty mouthful.

“aperitivo” or “Apero” is an integral part of Italian lifestyle—it is the daily ritual of meeting late afternoon or early evening for a cocktail and a few nibbles. As a renowned expert on food styling and entertaining, and currently restoring a castle in Tuscany, Annette Joseph is an experienced, authentic guide to la dolce vita of Italy.

With chapters on twelve major cities along the Italian Riviera, each will feature unique cocktail recipes as well as regional appetizers, often served as a beachside ritual. You’ll also find sidebars offering detailed info about local distilleries, celebrity barmen, famous hotels, and much more.

Recipes include:

• Balsamic martini
• Campari with blood orange juice
• Frangelico frizzante
• Tuna with lemon aioli and pickled lemon slices
• Fava bean puree crostini with pecorino and olive oil

Summery, beachy, and filled with beautiful photographs, Cocktail Italiano will excite travel aficionados, cocktail lovers, photographers, and will offer the perfect inspiration to enjoy a bit of Italy at home (or, toss it in your bag and head to Milano!).

ANNETTE JOSEPH is a nationally known expert on entertaining, cooking, and food and photo styling and an interior design stylist for numerous lifestyle magazines. She studied at the Culinary Institute of America in both upstate New York and Napa Valley. Her recipes and party ideas have been featured in Better Homes and Gardens, Country Homes, DesignSponge, MSN, the Huffington Post, Southern Living, and Woman’s World. Annette splits her time between Atlanta, Georgia, and Tuscany, Italy, where she and her husband are restoring a medieval fortress.

Praise for Picture Perfect Parties:

“Simple, quick, always easy, and done with enthusiasm and effortless style . . . Annette makes at-home entertaining accessible with delicious recipes and tips for truly memorable occasions.” —Gwyneth Paltrow
Sue Watson
WE’LL ALWAYS HAVE PARIS
A Novel

A charming second chance love story for fans of The Best Exotic Marigold Hotel.

Does first love deserve a second chance?

During her first week at art college, Rosie Jackson, almost seventeen, locks eyes with the charismatic Peter from across the room of their nude figure drawing class, and the course of her life is changed forever.

Now, on the cusp of sixty-five and recently widowed, Rosie is slowly coming to terms with a new future. And after a chance encounter with Peter forty-seven years later, she is brought back to that summer of 1968, when she fell in love for the first time and dared to dream boldly of a life in Paris. As Rosie and Peter pick up where they had left off, they both begin to wonder what if . . .

Told with warmth, wit, and humor, We’ll Always Have Paris is a moving and uplifting novel about two people giving love a second chance in later life—the choices they make, the lives they lead, and the love they share.

Sue Watson was a journalist for women’s magazines and national newspapers and a TV producer with the BBC. She has published five novels, her most well-known being Love, Lies and Lemon Cake. Originally from Manchester, Sue now lives in the Midlands and writes full time. Her website is: www.suewatsonbooks.com.

“Fizzes with warmth, humor, and tenderness from the first page to the last . . . I adored it.” —Cathy Bramley, author of Appleby Farm

“A gorgeous novel about life, choices, and love.” —Sun
Under the name of Spice, she was the biggest thing in X-rated films. Under the name of Liz Carter, she’s now kicked her deadbeat boyfriend, her career, and Los Angeles to the curb.

After surviving cancer, Liz is back in her native New York City, launching a new life as a graphic designer and single mother to a young son. Relationship-wise, she’s staying solo and loving it. Plus, she has everything she needs in the group known as FATE, whose members offer each other empathy and support when it comes to overcoming an “exploitable” past.

But then someone new joins—a former male stripper with a sexy Irish brogue who has Liz reconsidering her future, and feeling attractive for the first time since her diagnosis. Sean O’Malley now runs an after-school program for kids. He likes what he’s found in FATE—and what he sees in its sharp and stimulating leader. But Sean has a bigger secret than he’s letting on. There’s a part of his past he’s not ready to share with anyone. And the harder he falls for Liz, the more he fears that coming clean could break the heart of the woman he loves.

Jenna Jameson is a New York Times bestselling author, entrepreneur, and devoted mother of two. She has been on Oprah, featured in Forbes, and appeared in over a hundred movies, televisions shows, and music videos. Her biography How to Make Love Like a Porn Star was an instant New York Times bestseller selling over a quarter of a million copies and published in more than a dozen countries.

Jamie K. Schmidt is a USA Today bestselling author and writes erotic contemporary love stories and paranormal romances.

“Spice offers a quick, fluffy read that features interesting sex scenes and it kept me reading to the end to find out what happens next.” —Huffington Post

“Addictive, sexy, romantic, tantalizing—clear out space on your keeper shelf.” —Lisa Renee Jones, New York Times bestselling author
Chuck Malkus with Jerry Langton

FULL CIRCLE
The Remarkable True Story of Two All-American Wrestling Teammates Pitted against Each Other in the War on Drugs and Then Reunited as Coaches

A four-decade journey from high school teammates to drug war opponents to coaching partners.

While growing up near Miami during the 1970s, Kevin Pedersen and Alex DeCubas, a couple of local boys who met at a Little League game, became best friends and star high school wrestling teammates. They were even featured in *Sports Illustrated*.

Alex, who was so big and powerful that he wasn’t allowed to play football with the other kids, was on his way to bigger things, possibly the Olympics, when a series of tragedies derailed his dreams. Instead, he used his natural strength and ferocity to start robbing drug dealers and selling what he took. Before long, he caught the eyes of the Colombians and became the biggest home-grown cocaine dealer in the United States.

Kevin, half Alex’s size, became a wrestling champion through self-discipline, hard work, and drive. After graduating from West Point, he saw his family life deteriorate because of drugs. After divorcing his coke-addicted wife, he went to work for the DEA, and on his first day, Kevin found out that his old friend Alex was their primary target. Years later, after the pair faced conflict, personal turmoil, and (for Alex) a long prison sentence, the pair reunite and team up to do what they perhaps always should have—coach high school wrestling. *Full Circle* is the remarkable true story of two best friends, their relationship torn apart by the “War on Drugs” as they were put on opposite sides of the conflict.

**Chuck Malkus** is an author and content creator based in Fort Lauderdale, Florida. His books include *The Ultimate Ponzi: The Scott Rothstein Story*, and his writing career began at the *Miami News*, where he covered Kevin Pedersen and Alex DeCubas. His work has appeared in the *Miami Herald, Atlanta Constitution and Journal, Sun Sentinel*, and *South Dade News Leader*.

**Jerry Langton** is Canada’s leading true crime author. Of his fourteen books, six have become national bestsellers, and several have been translated for overseas readers. His work has appeared in many publications in both Canada and the United States, including the *New York Daily News, Star-Ledger, Journal-News, Maclean’s, American Banker, Globe and Mail, Toronto Star*, and *National Post*, and many others. He splits his residences between Toronto and Chestnut Hill, Massachusetts.
Ira Block
Foreword by Bob Costas
Foreword by Sigredo Barros
CUBA LOVES BASEBALL
A Photographic Journey

A book of colorful photos that brings baseball in Cuba to life!

According to the New York Times, Cuba is at a historic turning point. As Cuba catches up with political and economic changes, baseball will inevitably catch up and change as well.

In Cuba Loves Baseball, photographer Ira Block, who has spent the past three years photographing the culture of Cuba through baseball, has assembled more than one hundred images of baseball players of all ages. In doing so, Block helps to preserve baseball’s enduring presence in Cuba.

The colorful photos cover everything from grassroots baseball to the pro teams, from portraits of old-timers to children playing baseball in the streets, and from exuberant fans at stadiums to vendors selling traditional food before the games.

Cuba Loves Baseball incorporates sport with culture in a country that has been “closed” for so many years. It makes the perfect gift for sports fans, people interested in Cuba and travel, men and women who played baseball as children in cities or rural areas, and parents who have children playing baseball now.

Ira Block is an internationally renowned documentary photographer, lecturer, and workshop leader who has produced more than thirty stories for the National Geographic magazine and its affiliates. His books include Backroads America and Saving America’s Treasures. His photographs have been exhibited in the United States, Japan, and Great Britain. Among his workshop destinations are Bhutan, Mongolia, Tibet, Laos, and Cuba. Block resides in New York City and attends baseball games whenever he has the chance.

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APRIL
New York, 1936. Red Ruffing, Lefty Gomez, Bill Dickey, Lou Gehrig, Tony Lazzeri, and rookie Joe DiMaggio—with these six future Hall of Fame players, the Yankees embarked on a four-year run that would go down in the history books as the greatest Yankees team, if not, the greatest baseball team of all time.

Over the next four years, the Yankees won four straight pennants, finishing an average of nearly fifteen games ahead of the second-place team. They won their four World Series by an overall margin of 16–3, sweeping the last two, putting the punctuation mark on baseball’s first true dynasty. Even the Ruthian Yankees of the twenties never won more than two consecutive world championships.

From 1936 to 1939, the world was changing rapidly. America was in the grip of the Great Depression. Franklin D. Roosevelt was reelected president in the greatest landslide in American history. And Hitler’s Germany was on the move in the fall of 1939, just as the Yankee dynasty reached its climax. Against the backdrop of a world in turmoil, America’s love for baseball thrived.

Starring the best team of all time, featuring little-known anecdotes of players and set against a history of the world, Yankees: Baseball’s Greatest Dynasty tells the legendary tale of a team that changed the sport forever.

STANLEY COHEN is a veteran award-winning newspaper and magazine journalist. For more than fifty years, he has worked as an editor, writer, and reporter for newspapers, magazines, and an international news service. He is the author of ten books, including the acclaimed The Game They Played. He lives in Tomkins Cove, New York.
Joshua Shifrin  
Foreword by Peter Bodo  

IT’S NOT MY FAULT  
150 Hilarious Excuses Every Tennis Player Must Know

The perfect gift book for tennis enthusiasts!

In *It’s Not My Fault*, author Joshua Shifrin helps tennis players make sense of their most monumental losses on the court.

The next time a player goes down in defeat, he or she can always explain the woeful loss with “My opponent was a pusher . . . I can’t play against pushers.” Or after a bad shot, tennis gurus might try to get out of dodge by uttering, “There was a leaf on the court and I couldn’t concentrate.”

Shifrin has crafted 150 funny—but all-too-real—excuses for both pros and amateurs alike. Examples include:

- My opponent’s grunting is distracting.
- My strings are too tight.
- I have tennis elbow.
- These tennis balls are too slow.
- Any many more!

Whether you want to motivate your friends or family who have just started playing or eradicate embarrassing mistakes in your own game, *It’s Not My Fault* is a must-read. Complete with laugh-out-loud cartoons, this book makes for the perfect gift.

**Joshua Shifrin** is a professor of psychology, licensed psychologist, writer, and avid sports fan. He has previously written five books, including *Dingers: The 101 Most Memorable Home Runs in Baseball History*, *From the Links: Golf’s Most Memorable Moments*, and *101 Incredible Moments in Tennis*.

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19 color illustrations  
Sports/Tennis  
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APRIL
Jason Ryder Adams

**SURVIVAL PREPPING**

A Beginner’s Guide to Hunkering Down, Bugging Out, and Getting Out of Dodge

An introduction to preparing your home, keeping your family safe, and getting ready to leave if the worst happens.

No one knows what it will be. It could be a natural disaster or an infectious pandemic. Financial system collapse or bioterrorism. Governmental shutdown or societal breakdown. The world is full of possible threats, and they seem to be coming at us from all sides these days.

No one knows when it will be. It might be today or tomorrow. Next week or next month. Next year—or maybe never. But do you want to take a chance on “maybe never”? Survival prepping is about preparing for the worst. It’s about making sure you and your family are safe, no matter what the world throws at you.

Prepping today is for everyone. *Survival Prepping* is written for ordinary folks who want to get started on preparing for the worst. If you are already an experienced prepper, these books might be a good refresher. But they are aimed at the average Jane and Joe who want to get started on survival prepping. If you are ready to take those first few steps on the prepper path, these books will help you ensure your family survives—and hopefully thrives—should a disaster strike.

**JASON RYDER ADAMS** is the author of three books on survival prepping. He emphasizes a practical, down-to-earth approach, especially for novice preppers. Through his books, he breaks down prepping into simple steps and makes it as easy as possible for the new prepper to get started.

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$14.99 paperback original (Can. $22.99)
World (W) • CQ 36
5 ½” x 8 ¾” • 232 pages
50 color photographs
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APRIL
THE JOYS OF TRAVEL
And Stories That Illuminate Them

“*The Joys of Travel is itself a joy.*” —Paul Theroux, *New York Times* bestselling author of *Deep South*

For the first time in paperback, veteran travel writer Thomas Swick reflects on what he has identified as “the seven joys of travel”: anticipation, movement, break from routine, novelty, discovery, emotional connection, and heightened appreciation of home. Coupled with the personal essays are seven true stories that illustrate these joys. Each details the author’s experience visiting destinations across the globe, including Munich, Bangkok, Sicily, Iowa, and Key West.

*The Joys of Travel* awakens readers to pleasures that, as travelers, they may be taking for granted, and shows non-travelers what they’ve been missing. It offers tips on how people can get the most out of their trips, including strategies for meeting locals, and examines how various modes of transportation affect a traveler’s experience. Throughout this enlightening memoir, Swick also supplies readers with the titles of travel classics that will not only prepare them for the places they visit, but make those places more meaningful once they arrive.

Before your next trip, be it a family vacation or a backpacking tour of Europe, read *The Joys of Travel*. It will inspire you to get the most out of your time away from home—and to get away more often.

**THOMAS SWICK** is the author of the travel memoir *Unquiet Days: At Home in Poland*, and a collection of travel stories, *A Way to See the World: From Texas to Transylvania with a Maverick Traveler*. For nearly two decades, Swick was the travel editor of the *South Florida Sun-Sentinel*. He has traveled to more than sixty countries, chronicling his experiences in work that has appeared in the *Oxford American*, *Smithsonian*, *National Geographic Traveler*, *New York Times Book Review*, and six editions of *The Best American Travel Writing*. He lives with his wife, Hania, in Fort Lauderdale, Florida.

“In a genre now saturated with destination marketers masquerading as travel writers, Mr. Swick stands out as a perceptive, old-school travel writer whose prose brings celebrated and obscure destinations to life.” —*The New York Times*

“A personal and deeply engaging writer . . . More than just good reading for the armchair adventurer, Swick’s book spurs one to get out of that armchair and see the world.” —*Washington Post*
Jeffrey A. Kottler, Stanley J. Zehm, and Ellen Kottler

ON BEING A TEACHER
The Human Dimension

An easy-to-use guide to help teachers be the best they can be.

On Being a Teacher links teaching to the unique human characteristics that each person possesses. Written with preservice, beginning, and veteran teachers in mind, this guide helps educators discover their own special traits that will make them superlative teachers. This book covers:

- Research-based teaching strategies
- Professional development activities
- An in-depth look at parent-teacher conferences
- Ideas for getting involved in the school and district to further professional growth
- Information on learning styles and multiple intelligences
- Guides for individual and group reflection
- And more!

This book is ideal for teacher education courses and induction programs and can be used for either individual growth or group study.

Jeffrey A. Kottler is one of the most prolific authors in the fields of counseling, psychotherapy, and education, having written more than ninety books about a wide range of subjects. He has been an educator for forty years; he is a professor of counseling at California State University, Fullerton.

Stanley J. Zehm was professor and former chair of instructional and curricular studies at the University of Nevada, Las Vegas, prior to his death in 1999.

Ellen Kottler has been a teacher for more than thirty years in public and private schools, alternative schools, adult education programs, and universities. She teaches secondary education and supervises intern teachers at California State University, Fullerton.
Keith Lowell Jensen
PUNCHING NAZIS
And Other Good Ideas

From comedian Keith Lowell Jensen comes a collection of interconnected essays about the past, present, and future of punching Nazis.

Keith Lowell Jensen thinks you should punch Nazis. In this collection of essays, stories, interviews, and rants, he tells us why.

Jensen grew up and into the Sacramento punk music scene in the late eighties and early nineties, where weirdos, LGBTQ folk, feminists, and allies strived to carve out safe community spaces. This scene also attracted a different kind of outsider—white supremacists and Nazi skinheads—making for a politically charged and complicated landscape. In *Punching Nazis*, he reflects on his experiences with these racist fringe groups that infiltrated the progressive scene that gave rise to bands like Green Day. From unwittingly driving around in a lowrider with a gang called “The Suicidals,” to a night doing stand-up with a clown with an unwanted Swastika tattoo, Jensen brings his brand of subtle, sincere comedy to reflect on the complicated relationship that punk music has with racist skinheads and what we should do about it.

In recent times, Americans are surprised to find groups like the Klan, and more recently the “Racial Realists” and the “Alt-Right,” are still prominent, and now as they grow increasingly emboldened, it’s intriguing and valuable to hear tales of those who, through the love of punk rock music, have a history of dealing with racist fringe groups.

**Keith Lowell Jensen** is a stand-up comedian known for his subtle, smart approach and his compelling storytelling that focuses on atheism, anarchy, and dystopian themes. He has appeared on the History Channel, Spike TV, and the Starz Network, as well as on Hulu with his comedy special *Atheist Christmas*. He lives in Sacramento, California.

“Keith Lowell Jensen is hilarious!” —Roseanne Barr

“Hilarious. A demented masterpiece.” —*Washington Post*
David Gardner

MURDER, LIES, AND COVER-UPS
Who Killed Marilyn Monroe, JFK, Michael Jackson, Elvis Presley, and Princess Diana?

Uncover the real truth behind mass media accounts of how they died and learn the reason for their murders.

These five deaths stopped the whole world in its tracks. We all famously recall where we were and what we were doing when JFK was assassinated, as well as the moments Elvis, Princess Diana, and Michael Jackson died. As for Marilyn Monroe, the candle flickered out long ago, but only now can the truth be told about how—and why—she died.

After combing through thousands of recently declassified FBI files and interviewing key witnesses, crime analysts, and forensic experts during years of research, investigative writer David Gardner has unearthed new information that will transform the way we look at these iconic tragedies that have long fascinated and intrigued the general public. Murder, Lies, and Cover-Ups reveals that Elvis Presley died not as a self-obsessed caricature but as a genuine hero who may have signed his death warrant going undercover for the FBI; how Marilyn Monroe’s secret affairs with JFK and his brother, Robert, left her in the crosshairs of a lethal conspiracy; why Princess Diana’s death was no accident; who ordered President John F. Kennedy’s assassination; and how on three occasions Michael Jackson “died” of painkiller drug overdoses in the months before his death.

In the wake of new evidence and testimonies, Murder, Lies, and Cover-Ups provides many of the answers that have been elusive for so long, while explaining what it was about these enduring legends that made their legacies burn so bright.

DAVID GARDNER is a former Daily Mail foreign correspondent and author of The Last of the Hitlers, an account of his investigation to track down the last living direct descendants of Adolf Hitler in the United States. He also wrote a biography of Tom Hanks. He was the first British print journalist into Baghdad during the first Gulf War and has covered four presidential elections during his twenty years in America. He lives in Laguna Beach, California, with his wife, Michelle, and their three children.
Ed West

IRON, FIRE, AND ICE
The Real History That Inspired Game of Thrones

Discover the bloody battles and backstabbing royals that inspired George R. R. Martin’s bestselling A Song of Ice and Fire series and the HBO smash-hit Game of Thrones.

A young pretender raises an army to take the throne. Learning of his father’s death, the adolescent, dashing and charismatic and descended from the old kings of the North, vows to avenge him. He is supported in this war by his mother, who has spirited away her two younger sons to safety. Against them is the queen, passionate, proud, and strong-willed and with more of the masculine virtues of the time than most men. She too is battling for the inheritance of her young son, not yet fully grown but already a sadist who takes delight in watching executions.

Sound familiar? It may read like the plot of Game of Thrones. Yet that was also the story of the bloodiest battle in British history, fought at the culmination of the War of the Roses. George R. R. Martin's bestselling novels are rife with allusions, inspirations, and flat-out copies of real-life people, events, and places of medieval and Tudor England and Europe. The Red Wedding? Based on actual events in Scottish history. The poisoning of Joffrey Baratheon? Eerily similar to the death of William the Conqueror’s grandson. The Dothraki? Also known as Huns, Magyars, Turks, and Mongols.

Join Ed West, author of Skyhorse’s A Very, Very Short History of England series, as he explores all of Martin’s influences, from religion to war to powerful women. Instead of despairing while waiting for Season 8 of Game of Thrones, discover the real history behind the phenomenon and see for yourself that truth is stranger than fiction.

Ed West is a full-time author. He blogs for the Spectator and has written for the Daily Telegraph, Times, Evening Standard, Daily Express, and Guardian. Ed is a former deputy editor of the Catholic Herald and a popular Twitter personality.
David Doyle
THE COMPLETE GUIDE TO GERMAN ARMORED VEHICLES
Panzers, Jagdpanzers, Assault Guns, Antiaircraft, Self-Propelled Artillery, Armored Wheeled and Semi-Track Vehicles, and More

The market’s most comprehensive guide to German combat vehicles.

The Complete Guide to German Armored Vehicles is an encyclopedia of all the armored vehicles used by the Nazis in World War II. At more than four hundred pages and with more than six hundred photos, many of which never before seen by the public, this volume becomes the market’s most comprehensive on the subject.

David Doyle, award-winning author of dozens of books on the subject, provides mechanical information, photos, and usage history for:

- Armored cars
- Half-tracks
- Tanks
- Assault guns
- Jagdpanzers
- Panzerjagers
- Self-propelled guns, howitzers, and mortars
- Flakwagens
- Flammpanzers
- Recovery vehicles
- Armored Engineer vehicles

An encyclopedic resource by an authority on the subject, The Complete Guide to German Armored Vehicles is a must-have for modelers, gamers, and WWII buffs alike.

David Doyle is a renowned expert on military vehicles and an award-winning author of more than a hundred books. In 2015, he received the prestigious Bart Vanderveen Award by the Military Vehicle Preservation Association for the individual who has contributed the most to the historic preservation of military vehicles worldwide. He resides in Memphis, Tennessee.

$39.99 hardcover (Can. $61.99)
World (W) • CQ 14
8” x 10” • 400 pages
600 b/w photographs
History
MAY
Tracey Enerson Wood, Beth Guidry Riffle, and Carol Van Drie

HOME FRONT COOKING
Recipes, Wit, and Wisdom from American Veterans and Their Loved Ones

An intersection of three inseparable features of military life: stories, family, and food.

Food brings families and friends together, providing not only nourishment, but also the glue that holds our families and society together. It is around the dinner table that we interact and important announcements are made—it was chow time in the foxholes when soldiers formed bonds so strong they would risk their own lives for one another. Remembering the smells and tastes of home support many in difficult times, those memories captured here in photographs and recipes.

Home Front Cooking brings you a collection of treasured family recipes and photographs from military service members past and present, and their loved ones.

The stories range from anecdotes passed down from great-great grandfathers who served in the American Civil War, to tales of terrified family members caught in a foreign country when John F. Kennedy was shot, to the stories of service members serving in Afghanistan and Iraq today. Many are heartwarming, some are humorous, most are bittersweet. All are written with a sense of pride and passion, and offer a glimpse of a lifestyle that is as unique as it is challenging.

All authors’ profits will be donated to a charitable organization in support of veterans.

Tracey Enerson Wood has authored magazine columns and other nonfiction for publications serving the military and military families, and written and directed plays of various lengths. She served as an active duty spouse for many years, working for military health and support services both professionally as a registered nurse and as a volunteer. She resides in St. Petersburg, Florida.

Beth Guidry Riffle served as a military wife for more than twenty-seven years and is the mother of an active duty service member. An accomplished cook, she specializes in Cajun cuisine but is best known for creating the world’s most fabulous cookie.

Carol Van Drie is a writer, artist, and wife of an Army officer. She and her husband now live in Okemos, Michigan, where she continues to write, needle-felt, visit with her grandchildren, and play with her two mischievous Cornish Rex cats.

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Cooking
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MAY
Cayla Gallagher

UNICORN FOOD
Rainbow Treats and Colorful Creations to Enjoy and Admire

Be whisked away to experience unforgettable flavor and color combinations that are out of this world!

To maintain their magical glow, unicorns must stick to a diet of sugar, sparkle, and everything rainbow! Take a peek into their mythical world with this cookbook—filled with colorful cakes, cookies, and fantasy. Learn how to turn everyday desserts into rainbow delights and add a whimsical touch to your table.

Unicorn Food features a variety of techniques to add color to your treats. Imagine cakes with unique, multicolored layers, the ultimate glittery doughnut, rainbow champagne, and cupcakes that have rainbows bursting out from the center! Prepare to be inspired and for your tummy to rumble. Vibrant photography and simple recipes combine to create a magical reading and baking experience!

Not only will readers create beautiful desserts, they’ll also acquire a fresh set of baking skills. The easy-to-follow instructions and tips ensure that both novice and expert bakers achieve perfect results every time—you’ll learn how to bake the perfect vanilla cake with buttercream, then transform it into a rainbow! These recipes use classic techniques and ingredients, creating a delicious base for readers to experiment with and to create beautiful, unicorn-approved results.

Cayla Gallagher is the host and creator of the YouTube channel pankobunny, an online cooking show where she creates weekly tutorials, teaching her subscribers how to turn everyday recipes into “edible cuteness”—colorful, eye-catching treats! With an audience of more than 300,000 followers across her social media platforms and more than 300 million views on Facebook, she strives to bring amusement and creativity to dinner tables all over the world. She was named one of Canada’s next up-and-coming YouTube stars in 2016, and also sells pankobunny-themed treats on her Etsy shop.
Targeted promotion to pop culture enthusiasts and the cooking community
• Co-op available
• Also available:

The Wizard’s Cookbook
$24.99 hardcover
978-1-5107-2924-7

Bring-watching your favorite season of *Dexter*, *Breaking Bad*, or *The Walking Dead*? Planning a Pokémon GO gaming party or a Harry Potter viewing party? Need sustenance to fuel your attempt to achieve the impossible and watch all six Star Wars movies in a row? Enter *The Geek’s Cookbook*, your guide to cooking all sorts of treats and goodies to nourish your inner (or outer) geek.

Send your taste buds to another world with more than thirty recipes from your favorite series, TV shows, and video games. Experience the supreme taste of the Matrix Burger or the Sauron Tarts, succumb to the Dagobah Marsh in Herb Crust or the Karadoc Crunch. Top it all off with some Minecraft Cookies or Meringue Pokéball, and you’ve got yourself a meal fit for Geek royalty.

Also featured inside are recipes inspired by *Game of Thrones*, *The Legend of Zelda*, *The Big Bang Theory*, *Batman*, *Final Fantasy*, and many more!

**LIGUORI LECOMTE** is a young, trendy chef from France, who is experienced in many different types of cooking. Saturated with knowledge of pop culture, comics, and video games, he infuses his “geek” side with this book’s recipes. Since the end of 2013, he has run cooking studios for the Zôdio Villeneuve d’Ascq store, where he shares his chef’s secrets in a funny, offbeat atmosphere.
Erica Palmcrantz Aziz

SUPERFOOD BOOST
Immunity-Building Smoothie Bowls, Green Drinks, Energy Bars, and More!

No refined sugar. No dairy products. No gluten. Just healthy, energizing superfoods!

Superfood Boost inspires and teaches you to start planning simple and quick dishes to improve your well-being. Developing better habits doesn’t have to be difficult or time-consuming. Just replace your snacks with nutrient-rich smoothies and energy bars, and you’ll see your health improve in no time at all! Simply put, food is medicine, and superfoods contain maximum nutrition in every serving, giving your body a healthy boost. With this book, you will learn which ingredients to choose to make the most out of your snacks and meals—and they can all be found in a supermarket near you! All of the recipes are based on raw food ingredients and help you get the most nutrition in the best possible way. Check out:

- Perfect Matcha Latte
- Blueberry Smoothie Bowl
- Strawberry-Coconut Smoothie Bowl
- Cranberry-Coconut Overnight Oats
- Chili-Cocoa Overnight Oats
- Coconut–Goji Berry Smoothie
- Green Smoothie with Almond Milk
- Two-Minute Carrot Soup
- Zoodles with Sundried Tomatoes and Pumpkin Seeds
- Chia Seed Chips with Turmeric Guacamole
- Blueberry-Prune Fruit Leather
- Pumpkin-Sesame Protein Bar
- Cherry Energy Bars
- Superfood Truffles
- Dark Chocolate Puffs
- Avocado Ice Cream

These simple and fast recipes will make you happy, healthy, and ready for anything. To top it all off, you’ll have a calmer stomach and balanced blood sugar levels, you’ll be full between meals, and your immune system will be stronger than ever!

ERICA PALMCRANTZ AZIZ is a raw-food educator and has been a high-raw vegan for almost four years. She is the author of Fabulous Raw Food and the coauthor of The New Art of Living Green, The Green Smoothie Miracle, Raw Food, and Raw Desserts. She lives with her husband Sam Aziz and their daughter Saga in Gothenburg, Sweden.
Kathleen Bershad

PUT A CORK IN IT
Your No-Nonsense Guide to Wine

The definitive book for any wine novice.

W hat’s the best corkscrew to use? Should I decant? Does the size of my glassware really matter? Wine concierge Kathleen Bershad has the answers to these questions and more to make learning about wine fun and fast. In Put a Cork in It, Bershad acknowledges the importance of taking a relaxed approach to the modern-day world of wine.

Readers will learn tricks of the trade and strategies for navigating the shelves of a retail store or ordering wine at a restaurant. Put a Cork in It delves into the nitty-gritty details of winemaking and takes a look at the world’s major wine regions. Written in short, breezy sections, readers will gain a quick understanding of an area’s major grapes, the style or styles of wine, and the appellations that offer the best quality wine—and the best value. Topics include:

• Understanding What You’re Tasting When You Taste Wine
• Conquering the Restaurant Wine List
• Navigating the Wine Shop
• Serving, Sipping, and Storing
• And more!

Put a Cork in It unravels the terms you see when reading a wine review, looking at a bottle, or listening to a wine geek talk vino. By the end of this helpful guide, readers will become empowered to know what’s in a bottle, be able to make an educated guess about its flavors, and help change the culture to make drinking wine what it should be—relaxing and fun.

Kathleen Bershad has fifteen years of experience in the food and wine industry and has honed the art of matching people with wine. She is the owner of Fine Wine Concierge, helping clients buy, sell, taste, organize, and learn about wine. She lives with her family outside New York City, and has some six hundred bottles in her wine cellar.
Sylvia Williams Dabney
SENSATIONAL CRUISING CUISINE
450 Galley-Tested Recipes for Boaters

Eat well at every meal and enjoy the voyage.

Cooking on a small boat—sail or power—requires special attention few new boaters understand. Sylvia Dabney is a longtime live-aboard sailor with more than sixty thousand offshore miles who understands the necessity of a well-stored pantry and loves collecting recipes from around the cruising world. In Sensational Cruising Cuisine, Sylvia shares everything anyone needs to know about creating stunning meals in a small boat galley.

Readers will find a comprehensive list of what gadgets, stores, and supplies to bring and how to store them in limited space onboard a fully functioning yacht galley—whether it’s a twenty-seven-foot sailboat or a sixty-foot motor cruiser. Sylvia also offers up time-tested recipes by longtime sailors, and the stories that came along with them. Recipes are organized in accessible chapters:

- Appetizers
- Soups & Stews
- Salads
- Seafood
- And much, much more!

Boaters with limited space and cramped galleys can enjoy every meal if they know the tricks acquired by Sylvia Williams Dabney and the boaters she has met over a lifetime of cruising.

SYLVIA WILLIAMS DABNEY has sailed sixty thousand offshore miles with her husband, Stanley, during their fifteen years of living aboard full time. She holds a 100 Ton USCG Master License and has been a charter captain in the Caribbean for more than eight years, entertaining and cooking for the thousands of guests who sail aboard their Valiant 40, Native Sun.
Crafts by the Sea

More Than 30 Creative Projects for Your Beach House

For people who enjoy spending time with their toes in the sand, a collection of easy crafts to bring a little bit of the coast home with you.

Do you love being by the coast, walking along the beach, fishing in the sea, or hiking through the cliffs? Collecting shells, trinkets, and other items along the beach is one of the greatest ways to remember the fun you had. This coastal-themed craft book includes a variety of projects for anyone who wants to turn their collections into beautiful keepsakes.

In Crafts by the Sea, Larissa Costello guides you through more than thirty crafts that are sure to delight any beach lover. Costello's easy-to-follow, step-by-step instructions, tips, and examples will help you produce beautiful creations that will make you feel like you are always by the sea.

Fun projects featured include:

- Candlelit Table Runner
- Beach in a Bottle
- Classic Chimes
- Relaxing Sea Star Strings
- Sandy Dishes
- Coastal Adventure Charms

Every craft in this book incorporates the natural resources that you can find by the sea. Ranging from classic seashell frames and wind chimes, to the popular modern comebacks of string art, and even giving rustic driftwood some extra flair, there are crafts for every style. Now that you have something to do with that shell collection, let’s get to the beach!

Larissa Costello is a mother of two and an elementary education teacher. In Costello’s home, crafts are used for just about everything, from organizing and decorating, to planning engaging lessons, to simply having fun as a family. Larissa has a natural love for the outdoors and her family is often hiking and searching for natural resources to use in their crafts. She resides in Brunswick, Maine.
From the Great Pyramid of Giza and Stonehenge to the Colosseum and the Taj Mahal, man has never shied away from an extreme building challenge, and the LEGO builders of the twenty-first century are no different. Whether they’re re-creating the works of ancient masters in brick form, building life-size superheroes, breaking world records with skyscraping towers, or firmly adjusting their thinking caps to program plastic robots, some LEGO fans are taking their passion for plastic to the extreme.

Sarah Herman, author of A Million Little Bricks: The Unofficial Illustrated History of the LEGO Phenomenon, has brought together some of the world’s most ambitious builders in a fact-filled showcase of truly mind-blowing models for this exciting illustrated book. Extreme Bricks chronicles the first attempts at large-scale models embarked on by the LEGO Group, as well as the early work of LEGOLAND artists and builders and contemporary LEGO Certified Professionals, who build big for a living. It charts the rise of AFOLs (adult fans of LEGO) and their increasingly spectacular models and gargantuan collections. Packed with more than 250 color photographs to shock and surprise, the book also explores the popular building competitions and includes a closer look at the shockingly smart LEGO Mindstorms robots that can do everything from solving a Rubik’s Cube to building their own LEGO models.

Sarah Herman is a British writer and editor. She has written for Total Film, Star Wars Insider, and the official magazines for Lost, Grey’s Anatomy, and CSI. She has edited a number of other publications, including The Ingenue, The Lab Magazine, and Get Fresh!, and is the author of three books about LEGO, The Classic Guide to Famous Assassinations, and the bestselling Does Anything Eat S**t? She resides in the fine city of Norwich, England.

“A full-colour and fascinating book which lifts the lid on extreme builds. This is a book to dumbfound, delight . . . and inspire.” —Clitheroe Advertiser

“This is a full, curated experience that won’t disappoint.” —Bricks of the Dead

“Sarah Herman highlights dozens of gorgeous, artistic LEGO projects from a wide range of builders.” —CNET
Suzanne Lander

AUDREY HEPBURN
A Photographic Celebration

A tribute to the actress who became one of the world’s biggest stars.

“I never understood what makes me so special,” mused Audrey Hepburn. The daughter of a Dutch baroness, Hepburn first won international acclaim with her role as a princess in the 1953 film Roman Holiday, and she maintained a rare grace and elegance throughout her life that millions have adored and tried to emulate. Audrey Hepburn: A Photographic Celebration showcases the film star, who also worked as a UNICEF goodwill ambassador. This book is packed with great quotes from the woman herself and those who admire her (including Hollywood directors and movie stars) as well as engaging trivia and beautiful images of Audrey in all phases of her career.

“I’ve been in pictures over thirty years, but I’ve never had a more exciting leading lady than Audrey,” enthused Gary Cooper, her Love in the Afternoon costar. Audrey Hepburn: A Photographic Celebration features everybody’s favorite leading lady with her leading men, including such luminaries as Gregory Peck, Fred Astaire, George Peppard, Albert Finney, William Holden, Humphrey Bogart, Henry Fonda, Rex Harrison, Peter O’Toole, Sean Connery, Richard Dreyfuss, and Cary Grant along with her real-life costar—her first husband, Mel Ferrer. This lovely book about this classic lady will delight both the casual and die-hard Audrey fan, as well as anyone with an eye for classic elegance.

Suzanne Lander is the author of several books, including other titles about Audrey Hepburn and French actress Brigitte Bardot. She currently resides in Paris, France.

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JoAnneh Nagler

NAKED MARRIAGE
How to Have a Lifetime of Love, Sex, Joy, and Happiness

A road map to having a vibrant, long-term love affair.

Marriage is an exercise in busy. Unlike the dating years, when we willingly flung every responsibility to the wind to be in our lover’s arms, marriage conspires to pull us earthbound, distracting us with weighty responsibilities, insistent duties, and insane time pressures. How can we maintain an amorous life through all of the crazy, pressure-filled marital stuff we live through each week?

Naked Marriage covers all of the topics that we need to have a healthy, intimate, and sexual life:

- A weekly “date” with an undisturbed hour or two for being intimate and sexual with each other
- Sex grounded in mutual fulfillment
- Affection guidelines that help keep us in our sensuality
- Easy-on-the-soul strategies for checking in with each other
- Clear strategies for our money, parenting, and lifestyle choices, so financial and family pressures don’t block our pathway to the bedroom

Author JoAnneh Nagler offers practical strategies to get the gifts of marriage—intimacy, sex, closeness—into your hearts, hands, souls, and bodies. Nagler, who shares the story of losing the love of her life and then getting him back years later, shows you the short, sweet, and simple steps to create passion in a busy life.

JOANNEH NAGLER has a degree in psychology, a master’s degree in metaphysical counseling, a practitioner’s counseling license, and a minister’s license. She is also the author of The Debt-Free Spending Plan and How to Be an Artist Without Losing Your Mind, Your Shirt, or Your Creative Compass. She lives in Burlingame, California.

“Naked Marriage invites couples to strip down and successfully tackle the most notoriously troubling parts of married life with quick, practical, and proven tools that promote easy connection and maintain oh-so-elusive physical intimacy.”
—Carolyn Evans, MSW, author of Forty Beads: The Simple Sexy Secret for Transforming Your Marriage and founder of Couplosity.com
**Sudi “Rick” Karatas**

**RAINBOW RELATIVES**

Real-World Stories and Advice on How to Talk to Kids about LGBT Families and Friends

**A colorful guide to speaking with kids about LGBT+ family members.**

Whether you have your own questions because one of your children has come out, or you aren’t sure how to explain to your kids why their uncle has a boyfriend or why their friend doesn’t have a daddy but has two mommies instead, this book can help. With an entertaining and educational approach to educating yourself and your peers about the issues and topics surrounding the LGBT community, *Rainbow Relatives* will provide answers to your kids’ questions and help you raise them to be open-minded and accepting adults.

With its real-world stories, interviews, and advice from parents and celebrities about their own experiences, this book will help you approach the conversations you need to have and predict what you can expect from them. Author Sudi Karatas tells a variety of stories, from that of a Mormon woman’s transition from fighting against gay rights to becoming a crusader for them to that of a son who admitted he found out his dad was gay when he discovered the internet porn on his dad’s computer. Also included are the voices of filmmaker Del Shores about what it was like raising two daughters as a gay dad; Bruce Vilanch, from *Hollywood Squares*, about what it’s like being godfather to forty kids; and country singer Chely Wright, who speaks about how far we’ve come but also the many struggles that LGBT+ people still face every day.

Through *Rainbow Relatives*, Karatas helps parents support, advocate for, and educate their children and relatives.

**SUDI “RICK” KARATAS** has written many screenplays, songs, and sketches. He cowrote the feature film *Walk a Mile in My Pradas* and the screenplay *Charlie’s Dream*, an inspirational family film. *Rainbow Relatives* is his first book. Karatas grew up in Syosset, New York, and now resides in Van Nuys, California.
Michaela Chung

THE YEAR OF THE INTROVERT
A Journal of Daily Inspiration for the Inwardly Inclined

Includes 365 quotes, insights, and journaling prompts for the blossoming introvert.

The Year of the Introvert is a seasonal daybook and journal that takes introverts on a true adventure in introspection and self-care, 365 days of the year. With each page of daily insight, Michaela Chung provides an interactive road map for introverts who wish to embrace who they are and live a fulfilling—and powerful!—life on their own quiet terms.

Within these pages, you’ll discover quotes, prompts, and inspirational essays to propel you toward greater self-awareness and self-love. Along the way, you’ll receive daily morsels of wisdom to strengthen your relationships, develop authentic confidence, survive the holidays, and truly blossom in your own introverted way.

• Begin with introspective questions to awaken your inner adventurer
• Get tips on how to love your introversion and yourself
• Learn how to cut through small talk and truly connect
• Meditate on how to be quietly magnetic in love and life
• List the reasons you are thankful to be an introvert
• And more!

The Year of the Introvert is the ideal introvert’s companion for navigating the challenges and joys of being an introvert in an extrovert’s world. Reflect on your quiet strengths, water your natural wellspring of creativity, and take ownership of your “innie” life!

Michaela Chung is professional speaker and private life coach on introversion. She has written more than two hundred articles on various topics on introversion. She is the author of The Irresistible Introvert and the founder of the blog Introvert Spring. Chung lives in Nanaimo, Canada.
THE MILLENNIAL’S GUIDE TO CHANGING THE WORLD
A New Generation’s Handbook to Being Yourself and Living with Purpose

A companion, guide, and blueprint to a purposeful millennial existence—and how we can make a difference.

What does it mean to be a millennial in this chaotic world? Beyond Snapchat and Tinder, the consumerist culture we’ve inherited, and quarter-life crises, can a millennial aspire to more?

Alison Lea Sher argues, yes, we can! Packing herself up in an RV, Sher embarks on a road trip in hopes of starting a conversation about what it means to grow up in America, post–Great Recession, interviewing 150 of her millennial peers as they begin their adult lives.

The Millennial’s Guide to the Universe is a one-of-a-kind ethnographic study on the spotlighted millennial generation, as told by millennials—the largest generation in US history that is now transitioning from adolescence to adulthood. As millennials embark on a young adult quest during a frightening time, how can they enlist the idealism, values, and resistance politics they are so well-known for to discover a sense of self and purpose? Learn how to:

• “Adult”—and not in the way society defines it
• Ride the technology revolution, instead of letting it ride you
• Be ethical, inclusive, and sex-positive in your relationships
• Resist the corporate oligarchy we live in
• Recognize privilege, embrace diversity, and fight for equality
• Save the earth, literally.

With intimate stories, ethnographic research, and practical tips, The Millennial’s Guide to the Universe will inspire every young person, showing them how to optimize their coming-of-age potential in a world that desperately needs it.

ALISON SHER is a journalist, biographer, creative writer, and millennial expert. She collaborates with companies across the United States, pioneering socially minded start-ups and nonprofits by aligning their initiatives with millennial perspectives. She lives in Charleston, South Carolina.

“I have never encountered another writer like Alison Sher. Her voice is immediate, sharp, and clear, and full of life; her vision is like no other.”
—Bret Lott, New York Times bestselling author
Those people looking effortlessly relaxed in the yoga studio? They are so not you. Your life barely allows for quiet, let alone meditation. You have a commute that takes longer every year, you cook dinner for a family that doesn’t appreciate it, and at the end of all that, you still have to take your dog out for a walk. You are tired, and adding one more thing to the pile is out of the question. Rather than expecting you to find more time to meditate, *Mindfulness for PMS, Hangovers, and Other Real-World Situations* brings meditation to you.

Mindfulness expert Courtney Sunday allows the concept of mindfulness to be flexible, playful, and even fun. With more than seventy-five everyday meditations, *Mindfulness for PMS, Hangovers, and Other Real-World Situations* offers targeted suggestions for inner freedom, even if you can’t stop scrolling your Instagram feed. Included are meditations for:

- When your energy is fading fast
- When you can’t find your keys
- Rush hour traffic
- When you just don’t know anymore
- Inner struggle
- And more!

*Mindfulness for PMS, Hangovers, and Other Real-World Situations* doesn’t judge you for being hungover or eating too much cake (in fact, there are mindfulness exercises for both of those situations). Purposeful presence is possible for all of us, even when your Uber is late or the wi-fi is down.

Really.

**Courtney Sunday** is a health writer, wellness coach, and yoga teacher who specializes in working with people who don’t believe they can do yoga at all. She writes articles for publications such as the *Globe and Mail, USA Today*, and *mindbodygreen*. Her preferred place to meditate is on the floor next to her two purring cats. Courtney resides in Philadelphia, Pennsylvania.
Can you change your life in just thirty days? More importantly, can you change your mind?

In Emma Silverman’s newest book, she teams up with her yoga teacher, Nicole Stumpf, to make meditation accessible, interesting, and fun. Exploring meditation traditions from around the world, Silverman and Stumpf invite readers to try thirty different meditations and then record their experiences after the practice. This book combines thousand-year-old meditation traditions with the newer phenomenon of prompted journaling.

Studies at Harvard University found that just eight weeks of meditation rebuilds the gray matter of your brain that supports learning and memory. The National Institute of Health has written that meditation increases activity in the parasympathetic nervous system, which is associated with a state of relaxation. A study at the University of Wisconsin in Madison found that “mindfulness meditation” improves both our mood and the strength of our immune system. There are dozens more scientific and peer-reviewed studies that agree: meditation can change your life for the better.

Beginning is often where the greatest challenge lies. This is the book to help you explore what all the meditation buzz is about!

Emma Silverman is the author of the instructional books The Joy of Yoga, Yoga Twists and Turns, and Office Zen. After teaching yoga and meditation in the United States for more than ten years, in 2015 she moved to Montreal, Quebec, where she now attempts to teach in English and French.

Nicole Stumpf is a Kripalu-trained yoga teacher, studio owner, and organic farmer. She is endlessly fascinated by exploring the physical, emotional, and spiritual healing potentials of plant-based medicine and applied yoga philosophy. Nicole is currently based in the Finger Lakes region of New York.

“Emma writes the way I aspire to live my life: thoughtfully, serenely, and without taking herself too seriously. This book is the embodiment of empathy, with a capital E.” —Shai Davidai, assistant professor of psychology, The New School for Social Research, on Office Zen
Allen Johnson

THE AWAKENING
A Novel of Intrigue, Seduction, and Redemption

A captivating novel that tells the story of the rise and fall, the passions, and the heartbreak of a Spanish family from the Spanish Civil War until the 1990s. The Awakening begins with the childhood of Diego Garcia, who spends his days barefoot among olive trees, harboring a forbidden passion for a beautiful local girl until his world is forever changed on the war-torn streets of 1936 Granada.

Decades later, Diego Garcia is now the gentle patriarch in a sun-scorched village perched among the rolling hills and olive groves of Andalusia, Spain. Diego survived the bloody Spanish Civil War only at great cost, and his enduring wish is that he could have saved others. His granddaughter, the lovely Lupita, is the town’s physician, whose competence is surpassed only by her compassion. Together they breathe new life into a mysterious American stranger, brutally beaten and robbed, and suffering from amnesia, whose past is so scarred by his own malice and deceit that he dare not awaken—save through the guiding grace of love.

Together, the three forge a new beginning and find redemption in trust, love, and acceptance of the past... a past they would do anything to leave behind.

ALLEN JOHNSON holds an MA from the University of Washington in communication and a PhD from Washington State University in psychology. He is an international keynote speaker and consultant. His platform style tends to be humorous and dramatic. He served for several years as a contract presenter for FranklinCovey. Johnson is also a jazz instrumentalist, singer, entertainer, and actor.

“"The Awakening is one of those rare books that tugs at your heart while intriguing the mind."—Torena O’Rorke, author of Gemini Girl Murders

“The Awakening weaves effortlessly through time, from the battle-scarred streets of Spain in 1936 to nearly sixty years later... The author brilliantly illustrates the restorative power of time.”—Katelyn Orum, Washington State Magazine

$16.99 paperback reprint (Can. $25.99)
World (W) • CQ 36
5 ½” x 8 ¼” • 304 pages
Fiction
MAY
Raymond Benson

IN THE HUSH OF THE NIGHT
A Novel

From the New York Times bestselling author comes a gritty, riveting tale of modern crime, featuring a female FBI agent embroiled in a Russian human trafficking case.

Chicago Special Agent Annie Marino examines the case of a dead young woman who possesses a tattoo Annie has come across before—that of bloody bear claws. Several deceased women with the tattoo have turned up over the past few years, all suspected of being involved in a vast slave and human trafficking operation.

Annie’s neighborhood friend, Jason Ward, is a young writer engaged to be married into an upper-class family from a posh Chicago suburb. Jason believes his future brother-in-law, a war veteran, is definitely a bully—but does he also have ties to the Russian mob?

Yana Kravec, a woman from St. Petersburg, Russia, has been fraudulently lured into a trafficking scheme and thrown into a horrid and seemingly hopeless situation. She is, however, determined to fight back and escape her captors.

Annie’s investigation eventually uncovers a sordid plot of procuring slaves overseas and marketing them in the United States. Her interests soon coincide with those of Jason and Yana, bringing the trio together to fight against a deadly network of criminals. As the separate lives of these characters collide, their paths ultimately converge in a night of terror and survival in a Michigan forest, where they become the prey of evil men who will stop at nothing to protect their secrets.

Raymond Benson is most well-known for being the third—and first American—author to be commissioned by the James Bond literary estate to write the 007 novels between 1996–2002. He has been called “a first-class thriller craftsman” by Lee Child and “one of the best thriller writers in the business” by David Morrell. He is the author of thirty-six books, including the New York Times bestselling The Black Stiletto series, now in development as a feature film, and most recently The Secrets on Chicory Lane. Benson lives in Chicago, Illinois.

“Bringing to light the often-hidden underbelly of human trafficking crimes, Benson spins a riveting, suspenseful narrative that is as much a cat-and-mouse procedural as it is an exploration of the victims’ humanity.” —John Douglas, former chief of FBI’s National Center for the Analysis of Violent Crime and coauthor of Mindhunter, the basis for the Netflix television series
The average business employee spends more than thirteen hours a week reading and responding to email. That’s 675 or more hours—more than twenty-eight days a year—spent on email. Wouldn’t it be nice to get some of that time back?

In *The New Email Revolution*, Bob Bly draws from decades of experience sending millions of emails to help you take that time back. With this book in hand, you will be able to quickly and easily:

- Find templates you can use to create emails for dozens of different situations.
- Know the right wording and optimal word length for email communication.
- Get recipients to read and respond to your email messages.
- Understand when it is legal and not legal to send email to a person you do not know.
- Incorporate photography, graphics, sound, and video into your email messages.
- Measure the deliverability, bounce rate, open rate, and response rate to every email you send.
- Write clearer, more engaging, more persuasive email copy for every occasion.

Get better results in less time with *The New Email Revolution*.

**ROBERT W. BLY** is an independent copywriter and marketing consultant with more than thirty-five years of experience in business-to-business and direct response marketing. He is the author of more than ninety books including *The Copywriter’s Handbook*, voted a “mini-classic of direct marketing” by the Direct Marketing Club of New York. McGraw-Hill calls Bob Bly “America’s top copywriter” and he was AWAI’s 2007 Copywriter of the Year. He lives in Montville, New Jersey.
(NOT QUITE) MASTERING THE ART OF FRENCH LIVING

The hilarious follow-up to I’ll Never Be French, about which the San Francisco Chronicle wrote, “Imagine Larry David . . . spending a summer in a French village—against his will, of course—and you get some sense of what Mark Greenside goes through.”

Every year upon arriving in Plobien, the small Breton town where he spends his summers, American writer Mark Greenside picks back up where he left off with his faux pas–filled Francophile life. Mellowed and humbled, but not daunted (OK, slightly daunted), he faces imminent concerns: What does he cook for a French person? Who has the right-of-way when entering or exiting a roundabout? Where does he pay for a parking ticket? And most dauntingly of all, when can he touch the tomatoes?

Despite the two decades that have passed since Greenside’s snap decision to buy a house in Brittany and begin a bi-continental life, the quirks of French living still manage to confound him. Continuing the journey begun in his 2009 memoir about beginning life in France, (Not Quite) Mastering the Art of French Living details Greenside’s daily adventures in his adopted French home, where the simplest tasks are never straightforward but always end in a great story. Through some hits and lots of misses, he learns the rules of engagement, how he gets what he needs—which is not necessarily what he thinks he wants—and how to be grateful and thankful when (especially when) he fails, which is more often than he can believe.

Introducing the English-speaking world to the region of Brittany in the tradition of Peter Mayle’s homage to Provence, Mark Greenside’s first book, I’ll Never Be French, continues to be among the bestselling books about the region today. Experienced Francophiles and armchair travelers alike will delight in this new chapter exploring the practical and philosophical questions of French life, vividly brought to life by Greenside’s humor and affection for his community.

Mark Greenside has been a civil rights activist, Vietnam War protestor, anti-draft counselor, union leader, and college professor. His stories have appeared in the Sun, the Literary Review, and Cimarron Review, as well as other journals and magazines. He is the author of a short story collection, I Saw a Man Hit His Wife, and a memoir about life in France, I’ll Never Be French. Greenside resides in Alameda, California, and Brittany, France.
Sarah Tuttle-Singer

JERUSALEM, DRAWN AND QUARTERED
A Year Spent Living in the Christian, Muslim, Armenian, and Jewish Quarters of Old Jerusalem

One of the world’s most widely read bloggers explores the beautiful—and conflict-ridden—four quarters of Jerusalem’s Old City.

On a night in 1999 when Sarah Tuttle-Singer was barely eighteen, she was stoned by Palestinian kids just outside one of the gates to the Old City of Jerusalem. In the years that followed, she was terrified to explore the ancient city she so loved. But, sick of living in fear, she has now chosen to live within the Old City’s walls, living in each of the four quarters: Christian, Muslim, Armenian, and Jewish.

Jerusalem’s Old City is the hottest piece of spiritual real estate in the world. For millennia empires have clashed and crumbled over this place. Today, the conflict between Israelis and Palestinians plays out daily in her streets, and the ancient stones run with blood. But it’s also an ordinary city, where people buy vegetables and soothe colicky babies, where pipes break, where the pious get high, and where young couples sneak away to kiss in the shadows.

Sarah has thrown herself into the maelstrom of living in each quarter—where time is measured in Sabbath sunsets and morning bells and calls to prayer, in stabbing attacks and checkpoints—keeping the holidays in each quarter, buying bread from the same bread seller, making friends with people who were once her enemies, and learning some of the secrets and sharing the stories that make Jerusalem so special, and so exquisitely ordinary.

Jerusalem, Drawn and Quartered is a book for anyone who’s wondered who really lives in Israel and how they coexist. It’s a book that skilfully weaves the personal and political, the heartwarming and the heart-stopping. It’s a book that only Sarah Tuttle-Singer can write. The Old City of Jerusalem may be set in stone, but it’s always changing—and these pages capture that.

Sarah Tuttle-Singer is a widely read writer for Time, Kveller, and Times of Israel and the new media editor at Times of Israel, the largest online newspaper covering the Jewish world. She is an LA expat currently growing roots in Israel, where she lives with her two children. She speaks internationally and recently received a prestigious ROI fellowship grant from the Schusterman Foundation. She lives in Jerusalem, Israel.
On October 28, 1986, just one day after winning one of the most thrilling World Series in history, the New York Mets were feted by more than two million fans with a parade through the city. In news accounts of the event, there was a small aside, as this one in the New York Times: “Notable in his absence was the pitcher Dwight Gooden, who Mets officials later said had overslept.”

No, the Mets’ twenty-one-year-old phenom had not slept too late. He had not slept at all, in fact.

For Gooden, his postgame champagne celebration kicked off a cocaine binge that took him to a club in Long Island and wound up with him, wired, watching his teammates roll through the streets as he sat with strangers in a public housing project.

Such were the 1980s in New York City, a gilded era buttressed by fast money from a real estate boom and the explosion of Wall Street wealth. The Mets and Giants, bolstered by lightning-rod personalities like Gooden and Lawrence Taylor, brought the city sporting glory, and Yankees owner George Steinbrenner ruled the back pages with his bombastic personality, while its celebrity wealthy added a tabloid-friendly touch of intrigue and national envy. Iconoclastic real estate developer Donald Trump gained national celebrity for his deal-making skill and the flaunting of his outsize ego. Even mayor Ed Koch had gained coast-to-coast fame and mention as a potential future president.

Through interviews and detailed research, Greed and Glory gives the narrative of New York during these times, tracing the arc of its sports heroes and celebrities of that era, from their memorable highs to their ultimate lows.

Sean Deveney has been a writer and editor at Sporting News since 1999, covering all aspects of sports. He has authored four books, including Fun City, The Original Curse, and Before Wrigley Became Wrigley. He lives in Springfield, Massachusetts.
Catra Corbett with Dan England
REBORN ON THE RUN
My Journey from Addiction to Ultramarathons

A redemption memoir of a meth addict–turned–record-holding ultrarunner.

Aside from her rock star looks, Catra Corbett is a standout in the running world on her accomplishments alone. Catra is the first American woman to run one hundred miles or more on more than one hundred occasions and the first to run two hundred miles at once, and she holds the fastest known time for the 424-mile long John Muir Trail—completing it in twelve days, four hours, and fifty-seven minutes.

And, unbelievably, she’s also a former meth addict.

After two years of addiction, Catra is busted while selling, and a night in jail is enough to set her straight. She gives up drugs and moves back home with her mother, abandoning her friends, her boyfriend, and the lifestyle that she came to depend on. Her only clean friend pushes her to train for a 10K with him, and surprisingly, she likes it—and decides to run her first marathon after that.

In Reborn on the Run, the reader keeps pace with Catra as she runs through difficult terrain and extreme weather, is stalked by animals in the wilderness, and nearly dies on a training run but continues on, smashing running records and becoming one of the world’s best ultrarunners. Along the way she attempts suicide, loses loved ones, falls in love, has her heartbroken, meets lifelong friends including her running partner and dachshund TruMan, and finally faces the past that led to her addiction.

Catra Corbett, a former meth addict, is the first American woman to run one hundred miles or more on more than one hundred occasions and holds the fastest known time for the John Muir Trail of 424 miles, completing it in twelve days, four hours, and fifty-seven minutes. Her story has been covered in SBNation, ESPN W, HBO’s Real Sport with Bryant Gumble, Runner’s World, Fit and Feminist, the San Francisco Chronicle, and other outlets. She lives with her trail-running dachshund, TruMan, in Fremont, California.

Dan England is a writer and features editor for the Greeley Tribune. He lives and works in Greeley, Colorado.
Steve Raymond

**SIXTY SEASONS**
Notes from a Fly-Fishing Life

**Words of wisdom from more than a half century of angling.**

Witty and heartfelt, *Sixty Seasons* looks back over more than half a century of fly-fishing and writing about fly-fishing. Steve Raymond returns with an informative and delightful collection of memories, stretching over his sixty seasons spent fishing.

Raymond takes the opportunity to write passionately about the full cast of his life, as well as how fly-fishing intersects with his life as a journalist, and vice versa. He offers sage advice about books, writers, rods, methods, and guides. He deftly ranges from joyful topics to bittersweet moments to a tongue-in-cheek quiz designed to test your fly-fishing sophistication. Other contemplations include:

- Essays on fishing for trout, steelhead, bonefish, and carp
- Surviving a career in journalism
- Fishing for Atlantic salmon vs. Pacific salmon
- The impending future of outdoor sports

It is with good humor, precision, and thoughtful insight that Raymond rears you in. *Sixty Seasons* is a must-have for anyone who loves fly-fishing or the natural world.

**STEVE RAYMOND** is the author of *Rivers of the Heart*, *Nervous Water*, *The Year of the Trout*, and many more. He was the winner of the Roderick Haig-Brown Award for significant contributions to angling literature, as well as the editor of *The Flyfisher* and *Fly Fishing in Salt Waters*. After a thirty-year career as editor and manager at the *Seattle Times*, he retired and now lives in Clinton, Washington.

“Complex wisdom simply presented.” — *Gray’s Sporting Journal*

“Few angler-authors can match the skill and insight of Steve Raymond. . . . Raymond leads his reader to a refined and refreshed understanding of what the natural world is really all about.” — *The New York Times*
Chris Cheng
Foreword by Katie Pavlich

SHOOT TO WIN
Training for the New Pistol, Rifle & Shotgun Shooter

Learn tactics and techniques of basic marksmanship from an amateur-turned-pro.

Chris Cheng won the title of “Top Shot,” a $100,000 cash prize, and a professional marksman contract with the show sponsor, Bass Pro Shops. How did a tech support guy who didn’t shoot a lot of guns beat out seventeen other competitors—including seasoned military veterans, law enforcement officers, and pro marksmen—in History Channel’s Top Shot season four? Learn how inside.

An excellent guide for beginning shooters, Cheng focuses on the basics and ammunition of pistols, rifles, and shotguns, marksmanship fundamentals, and buying a firearm. Other chapters include:

• Dry fire practice
• Firearm accessories
• Safely storing your firearm
• Cleaning and maintaining your guns
• And much more!

Additionally, Cheng covers his approach to staying calm under pressure, teamwork, sportsmanship, and leadership. These traits contributed to his coming out on top and staying above the fray.

With a foreword written by New York Times bestselling author and conservative commentator Katie Pavlich, Shoot to Win is sure to please shooters of all stripes.

Chris Cheng worked as a technical support specialist and manager at Google for five years before winning Top Shot season four and becoming a full-time professional shooter for Bass Pro Shops. He writes technical gun and gear reviews for TheFirearmBlog.com and competes in three-gun competitions across the country. He resides in San Francisco, California.

Katie Pavlich is a New York Times bestselling author and Gunsite grad. She is the editor of Townhall.com and a National Review Washington Fellow. She lives in Washington, DC.
Updated and revised second edition.

Shooter’s Bible, the most trusted source on firearms, is here to bring you a new guide with expert knowledge and advice on gun care. Double-page spreads filled with photos and illustrations provide manufacturer specifications on each featured model and guide you through disassembly and assembly for rifles, shotguns, handguns, and muzzleloaders. Step-by-step instructions for cleaning help you to care for your firearms safely. Never have a doubt about proper gun maintenance when you own the Shooter’s Bible Guide to Firearms Assembly, Disassembly, and Cleaning, a great companion to the original Shooter’s Bible.

Chapters focus on a wide variety of the most popular firearms in several categories, including:

- Centerfire and rimfire rifles: autoloader, bolt action, lever action, pump action, and single shot
- Shotguns: autoloader, over/under, pump action, single shot, lever action, and side by side
- Handguns: pistol, revolver, and derringer
- Muzzleloaders

Along with assembly, disassembly, and cleaning instructions, each featured firearm is accompanied by a brief description and list of important specs, including manufacturer, model, similar models, action, calibers/gauge, capacity, overall length, and weight. With these helpful gun maintenance tips, up-to-date specifications, detailed exploded view line drawings, and multiple photographs for each firearm, the Shooter’s Bible Guide to Firearms Assembly, Disassembly, and Cleaning is a great resource for all firearm owners.

Robert A. Sadowski has written about firearms and hunting for nearly fifteen years. He is the author of several gun books, including 50 Guns That Changed the World; editor of three others, including the popular Gun Trader’s Guide; and contributor to numerous gun-enthusiast magazines, including Combat Handguns, Gun Tests, Gun World, Shooting Illustrated, Gun Digest, and others. He resides in Hampstead, North Carolina.
Dave Whitlock and Emily Whitlock

ARTFUL PROFILES OF TROUT, CHAR, AND SALMON
AND THE CLASSIC FLIES THAT CATCH THEM
Tips, Tactics, and Advice on Taking Our Favorite Gamefish

Fly-fishing insights from a lifetime of angling.

It is with passion and clarity that Dave Whitlock describes trout, salmon, and char, and how to fly fish for them. *Artful Profiles of Trout, Char, and Salmon and the Classic Flies That Catch Them* is a collection of articles spanning Whitlock’s career, all of which are essential reading for any fly-fisher. Over the past fifty years, he has amassed an incredible amount of knowledge and written a large number of articles, many of which are featured within. Here, Whitlock deftly, accessibly, and thoroughly goes through a vast range of topics, including:

- Insights into the many sub-species of trout, char, and salmon
- Casting methods for every scenario
- Drawing out shy fish
- Types of flies for different waters and situations
- Accurately imitating food sources
- And much more!

Discover a wealth of information consolidated by an experienced and devoted angler. *Artful Profiles of Trout, Char, and Salmon and the Classic Flies That Catch Them* is absolutely packed with tried-and-true tips, tactics, and techniques presented concisely alongside colorful illustrations by Whitlock himself. This book is a must-have for anyone with an interest in angling, whether they are an absolute beginner or an experienced angler with years under their belts.

**Dave Whitlock** was born in Oklahoma, where he now lives, and is the author or illustrator of many fine angling books, including *Dave Whitlock’s Guide to Aquatic Trout Foods*, the *L.L. Bean Fly-Fishing Handbook*, and the *L.L. Bean Fly Fishing for Bass Handbook*. Dave lives with his wife, Emily, by the Ozark Mountains in Welling, Oklahoma.

**Emily Whitlock** learned to fish in the American South. Her love of nature has led her to gain degrees in botany and biology. An accomplished fly-fisher who edits all of Dave’s work, she is passionate about getting more women involved in the sport. Emily lives with Dave in Welling, Oklahoma.
Ohio's wildlife has always played an important role in the history of human beings inhabiting the state. Native Americans depended on birds, mammals, and fish for sustenance, and the state's first Europeans came in search of beaver- and buckskins. Although the state's wildlife is still an important resource for human consumption, wildlife is also increasingly important in today's culture for its intrinsic, aesthetic value. For many Ohioans, the age-old traditions of hunting and fishing have been replaced by a desire to simply observe wildlife and experience nature. But most Ohioans are largely unaware of the diversity of species inhabiting their state. This volume is intended to provide an introduction to the state's fish, amphibians, reptiles, birds, and mammals.

In the Ohio Wildlife Encyclopedia, nationally known naturalist Scott Shupe has collected information on all the wildlife that reside in the Buckeye State. Included are more than eight hundred color photographs, depicting the different species of mammals, reptiles, amphibians, birds, and fish, as well as more than six hundred range maps to show their territory. Along with basic information for the biology of each animal, Shupe includes the size, habitat, and abundance of each species located in the state.

Whether you're a lover of the outdoors or photography or are looking to learn more about your state, this comprehensive guide will teach you about the wonderful wildlife that covers the water, earth, and skies of Ohio.

Scott Shupe began his naturalist career in 1971 at the famed Ross Allen Reptile Institute in Silver Springs, Florida. He has also worked at Florida's St. Augustine Alligator Farm and at the Black Hills Reptile Gardens in Rapid City, South Dakota. Today he serves as the director of education for the Kentucky Reptile Zoo & Venom Laboratory and is the author of U.S. Guide to Venomous Snakes and Their Mimics and the editor for Venomous Snakes of the World.
Mike Bezemek

#MOBY DICK; OR, THE WHALE
A Literary Classic Told in Tweets for the 21st-Century Audience

Tweet by tweet, a classic unfolds. #canyousayinstantbestseller

Moby Dick is regularly hailed as one of the greatest works of American literature. But suppose Ishmael had instead shared his tale in tweets? #Moby Dick; Or, The Whale in Tweets hilariously re-imagines Herman Melville’s classic whaling novel in just two hundred tweets, each 140 characters or less.

Ishmael here! Went broke in NYC 🤦 Super bored with land (damp drizzly soul ⬇️) I’m going to sea! #callme #whalingvoyage

In this witty abridgment, mad captain Ahab’s quest for vengeance upon a white whale is retold with Internet acronyms. The plight of the Pequod and its motley crew is punctuated by the occasional emoji. And Ishmael ponders whaling and humanity with hashtags.

Including an appendix that presents the original passages upon which each tweet is derived, #Moby Dick offers modern readers an entertaining and accessible companion to a great American classic.

Mike Bezemek is a writer, photographer, editor, and teacher. He’s contributed work to a variety of publications, including Canoe & Kayak Magazine, Bull, Hobart, The Morning News, Falcon Guides, and elsewhere. He’s not the Mike Bezemek that lives in Texas. He’s the other one. He resides in Conway, South Carolina.
Mike Bezemek

#FRANKENSTEIN; OR, THE MODERN PROMETHEUS
A Literary Classic Told in Tweets for the 21st-Century Audience

Tweet by tweet, a classic unfolds. #canyousayinstantbestseller

Few classic works of literature have excited such enduring popular interest among the general public as Frankenstein. But suppose the characters—Victor Frankenstein, Captain Robert Walton, and, yes, even the “monster”—had shared their tale in tweets? #Frankenstein; Or, The Modern Prometheus in Tweets hilariously reimagines Mary Shelley’s classic gothic novel in about two hundred tweets, each 140 characters or less.

@FrankenDrVictor:

A rainy Nov night under dying candle I infused the spark. A gasp! A convulsion of limbs! A yellow eye opened ¤ WTF have I done?

In this witty abridgment, Victor Frankenstein's quest to create a sentient being is retold with the occasional emoji. The plight of his monstrous creation is presented with internet acronyms. And Captain Robert Walton ponders the blinding power of ambition with hashtags.

Including an appendix that presents the original passages upon which each tweet is derived, #Frankenstein offers modern readers an entertaining and accessible companion to a great American classic.

Mike Bezemek is a writer, photographer, editor, and teacher. He's contributed work to a variety of publications, including Canoe & Kayak Magazine, Bull, Hobart, The Morning News, Falcon Guides, and elsewhere. He's not the Mike Bezemek that lives in Texas. He's the other one.

World (W) • CQ 32
5” x 7” • 176 pages
Humor
JUNE
William H. Reid, MD, MPH

A DARK NIGHT IN AURORA
Inside James Holmes and the Colorado Theater Shootings

James Holmes killed or wounded seventy people in a movie theater in Aurora, Colorado. Only one man was allowed to record extensive interviews with the shooter. This is what he found.

On July 20, 2012 in Aurora, Colorado, a man in dark body armor and a gas mask entered a midnight premiere of The Dark Knight Rises with a tactical shotgun, a high-capacity assault rifle, and a side-arm. He threw a canister of tear gas into the crowd and began firing. Soon twelve were dead and fifty-eight were wounded; young children and pregnant women were among them. The man was found calmly waiting at his car. He was detained without resistance.

James Holmes, who would be known as “The Batman Killer,” is unique among mass shooters in his willingness to be taken into custody alive. In the court case that followed, only Dr. William H. Reid, a distinguished forensic psychiatrist, would be allowed to record interviews with the defendant. Reid would read Holmes’s diary, investigate his phone calls and text messages, interview his family and acquaintances, speak to his victims, and review tens of thousands of pages of evidence and court testimony in an attempt to understand how a happy, seemingly normal child could become a killer.

A Dark Knight in Aurora uses the twenty-three hours of unredacted interview transcripts never seen by the public and Reid’s research to bring the reader inside the mind of a mass murderer. The result is a chilling, gripping study of abnormal psychology and how a lovely boy named Jimmy became a mass murderer.

William H. Reid, MD, MPH, is among the most experienced forensic mental health professionals in North America. He has received both the Manfred Guttmacher Award for forensic writing and the Seymour Pollack Award for Distinguished Contributions to Education in Forensic Psychiatry, and is a past president of the American Academy of Psychiatry and the Law. Dr. Reid has written, coauthored, or edited sixteen professional volumes and more than two hundred professional articles and book chapters, many on antisocial behavior, terrorism, and forensic practice. Dr. Reid was the only person allowed to record interviews with mass murderer James Holmes and access to unredacted videos and transcripts. He resides in Horseshoe Bay, Texas.
Who Killed Tom Thomson?
The Truth about the Murder of One of the 20th Century’s Most Famous Artists

For fans of cold cases and true crime, the Great White North’s most famous uninvestigated death is finally laid to rest.

Tom Thomson was Canada’s Vincent van Gogh. He painted for a period of five years before meeting his untimely death in a remote wilderness lake in July 1917. He was buried in an unofficial grave close to the lake where his body was found. About eight hours after he was buried, the coroner arrived but never examined the body and ruled his death accidental due to drowning. A day and a half later, Thomson’s family hired an undertaker to exhume the body and move it to the family plot about 100 miles away. This undertaker refused all help, and only worked at night.

In 1956, John Little’s father and three other men, influenced by the story of an old park ranger who never believed Thomson’s body was moved by the undertaker, dug up what was supposed to be the original, empty grave. To their surprise, the grave still contained a body, and the skull revealed a head wound that had not been reported previously. The finding sent shockwaves across the nation and began a mystery that continues to this day.

In Who Killed Tom Thomson? John Little continues the sixty-year relationship his family has had with Tom Thomson and his fate by teaming up with two high-ranking Ontario provincial police homicide detectives. For the first time, they provide a forensic scientific opinion as to how Thomson met his death, and where his body is buried. Little draws upon his father’s research, plus recently released archival material, as well as his own thirty-year investigation. He and his colleagues finally have solved the mystery of who killed Tom Thomson.

John Little is the author of numerous books, including The Tao of Wing Chun (Skyhorse, 2015). He has written feature articles for many publications, including the Toronto Star (Canada’s largest daily newspaper) and has been interviewed by Canada AM, CNN, Entertainment Weekly, and more.
Edward G. Longacre

CUSTER
The Making of a Young General

An in-depth look at the earliest campaigns of one of the nation’s legendary generals, George Armstrong Custer.

The name George Armstrong Custer looms large in American history, specifically for his leadership in the American Indian Wars and unfortunate fall at the Battle of Little Bighorn. But before his time in the West, Custer began his career fighting for the Union in the Civil War. In Custer: The Making of a Young General, legendary Civil War historian Edward G. Longacre provides fascinating insight into this often-overlooked period in Custer’s life.

In 1863, under the patronage of General Alfred Pleasonton, commander of the Army of the Potomac’s horsemen, a young but promising twenty-three-year-old Custer rose to the unprecedented rank of first lieutenant of cavalry and was placed in charge of the untried 7th Michigan, nicknamed the Wolverines. Although over time Custer would bring out excellence in his charges, eventually leading the Wolverines to prominence, his first test came just days later at Hanover, then Huntersdown, and finally Gettysburg. In these campaigns and subsequent ones in early 1864, Custer’s reputation for surging ahead regardless of the odds (almost always with successful results that appeared to validate his calculated recklessness) was firmly established.

More than just a history book, Custer: The Making of a Young General is a study of Custer’s formative years, his character and personality; his attitudes toward leadership; his tactical preferences, especially for the mounted charge; his trademark brashness and fearlessness; his relations with his subordinates; and his attitudes toward the enemy with whom he clashed repeatedly in Pennsylvania and Maryland. Fascinating and insightful, it belongs on the shelf of every history buff.

EDWARD G. LONGACRE is the award-winning author of numerous books on the Civil War, including The Early Morning of War: Bull Run, 1861, Fitz Lee: A Military Biography of Major General Fitzhugh Lee, and Gentleman and Soldier: A Biography of Wade Hampton III. He lives in Newport News, Virginia.
Rupert Matthews

**HITLER**
Military Commander

A comprehensive examination of Hitler's military strategies.

As Führer of the Third Reich, Hitler was responsible for deciding the German war aims in 1939. As head of the Armed Forces from February 4, 1938, he was also responsible for the overall Wehrmacht strategy intended to achieve these aims.

*Hitler: Military Commander* examines with impeccable detail Hitler’s key military decisions during the Second World War, and assesses how far these decisions were militarily justified in the light of the intelligence available at the time.

Perhaps most importantly, it tackles the larger questions of how a non-German former corporal, albeit the holder of the Iron Cross First Class, managed to take personal control of an army with the Prussian traditions of the German army; to appoint, sack, and sentence to death its generals at will, leading it into a World War it was not prepared for; and to ultimately destroy it.

Featuring black-and-white photographs, maps, biographical context, tactical analysis, and more, this new edition of *Hitler: Military Commander* will give readers the comprehensive overview of Hitler’s military decisions and downfall.

Rupert Matthews has written more than 170 books, appearing on television and radio as a presenter and consultant. These have mostly been on history or military subjects, though in recent years he has been writing about ghosts, cryptozoology, UFOs, and other paranormal subjects. He resides in London, United Kingdom.
After meeting an Irishwoman in London and moving to Dublin, Bill Barich—a “blow-in,” or stranger, in Irish parlance—found himself looking for a traditional Irish pub to be his local. There are nearly 12,000 pubs in Ireland, so he appeared to have plenty of choices. He wanted a pub like the one in John Ford’s classic movie The Quiet Man, offering talk and drink with no distractions, but such pubs are now scarce, as publicans increasingly rely on flat-screen televisions, rock music, even Texas Hold ‘Em to attract a dwindling clientele. For Barich, this signaled that something deeper was at play—an erosion of the essence of Ireland, perhaps without the Irish even being aware.

*A Pint of Plain* is Barich’s witty, deeply observant portrait of an Ireland vanishing before our eyes. While 85 percent of the Irish still stop by a pub at least once a month, strict drunk-driving laws have helped to kill business in rural areas. Even traditional Irish music, whose rich roots “connect the past to the present and close a circle,” is much less prominent in pub life. Ironically, while Irish pubs in the countryside are closing at the alarming rate of one per day, plastic IPC-type pubs are being born in foreign countries at the exact same rate.

From the famed watering holes of Dublin to tiny village pubs, Barich introduces a colorful array of characters and, ever pursuing *craic*, the ineffable Irish word for a good time, engages in an unvarnished yet affectionate discussion about what it means to be Irish today.

**BILL BARICH** is the author of numerous books, among them *Big Dreams: Into the Heart of California* and *The Sporting Life*. He has written extensively for the *New Yorker*, as well as *Playboy* and *Sports Illustrated*. He has been a Guggenheim Fellow in fiction. Barich lives in Dublin, Ireland.

“Barich weaves a never-ending stream of oddly engaging historical and literary references into every dead end. . . . Barich’s passion for boozy subjects is broad and undeniable. He’s equally at ease covering the effects of the temperance movement and introducing regional slang terms for being drunk.”

—*The New York Times Book Review*
Thomas O'Keefe and Joe Oestreich

WAITING TO DERAIL
Ryan Adams and Whiskeytown, Alt-Country’s Brilliant Wreck

A touching portrait of the musician known as a master of Americana—with all the down-and-dirty details thrown in.

Long before the Grammy nominations, sold-out performances at Carnegie Hall, and Hollywood friends and lovers, Ryan Adams fronted a Raleigh, North Carolina, outfit called Whiskeytown. Lumped into the burgeoning alt-country movement, the band soon landed a major label deal. That’s when tour manager Thomas O’Keefe met the young musician.

For the next three years, Thomas was at Ryan’s side: on the tour bus, in the hotels, backstage at the venues. Whiskeytown built a reputation for being, as the Detroit Free Press put it, “half band, half soap opera,” and Thomas discovered that young Ryan was equal parts songwriting prodigy and drunken buffoon. Ninety percent of the time, Thomas could talk Ryan into doing the right thing. Five percent of the time, he could cover up whatever idiotic thing Ryan had done. But the final five percent? Whiskeytown was screwed.

Twenty-plus years later, accounts of Ryan’s legendary antics are still passed around in music circles. But only three people on the planet witnessed every Whiskeytown show from the first tour to the band’s eventual breakup: Ryan, fiddle player Caitlin Cary, and Thomas O’Keefe. And of the three of them, Thomas is the only one who was sober enough to remember it all. Packed with behind-the-scenes road stories, and, yes, tales of rock star debauchery, Waiting to Derail provides a firsthand glimpse into Ryan Adams at the most meaningful and mythical stage of his career.

Thomas O’Keefe was the tour manager for Whiskeytown and is currently the tour manager for Weezer. His twenty-plus year career in the music business includes twelve years with Grammy winners Train and shorter stints with acts as diverse as D Generation, Sia, Third Eye Blind, and Mandy Moore. O’Keefe lives in Nashville, Tennessee.

Joe Oestreich is the author of three books of creative nonfiction: Partisans, Lines of Scrimmage (cowritten with Scott Pleasant), and Hitless Wonder. His work has appeared in Esquire, Creative Nonfiction, River Teeth, Fourth Genre, The Normal School, and many other magazines and journals. Oestreich lives in Myrtle Beach, South Carolina.
Belinda Jones

**BODIE ON THE ROAD**

Travels with a Rescue Pup in the Dogged Pursuit of Happiness

For the fans of *Eat, Pray, Love* and *Marley & Me*, a heartwarming story of a Californian road trip taken by a woman and her dog.

Boodie, a part pit bull, chow chow, and German shepherd mix, is on death row in a Los Angeles dog shelter, having been abandoned by his owner. Belinda, a heartbroken woman, is in a heap on the floor of her vintage apartment, having been dumped by the man of her dreams. Two lost souls ready to find a new life—together.

Belinda falls in love with Boodie the moment he sits down beside her and plants his furry butt on her flip-flopped foot. Soon, the two embark on a two-thousand-mile West Coast road trip, taking in spectacular Big Sur, a pack run in the wilds of Oregon, afternoon tea at Doris Day’s dog-loving hotel in Carmel, a fragrant encounter with the creator of Kennel No.5 furfume, and a bar stop in a small town near San Francisco where a dog was elected mayor, two years running . . .

On the road to find happiness, and themselves, Belinda and Boodie travel the golden state on a soul-searching adventure along California State Route One, one of the most iconic highways in America. *Bodie on the Road* will make you feel the wind in your hair and a wag in your tail, too.

**Belinda Jones** is a British magazine journalist and author of eleven escapist novels, such as *The California Club* and *The Traveling Tea Shop*, which also double as travel guides. Her first road trip memoir, *On the Road to Mr Right*, made the *Sunday Times* Top 10 bestseller list. She lives in the United Kingdom.

“There’s something about Belinda Jones’s writing that takes you away to whatever beautiful setting she’s evoking and leaves you there right until you reach the last page.” — *Daily Express*
Maria Duffy

A LOVE LIKE THIS

Chance has nearly brought them together their whole lives, but something has always kept them apart.

William and Donna were born on the same day and in the same hospital, but they couldn’t be more different. Will grew up in an affluent suburb and struggles to balance what he wants with what will keep his overbearing mother happy. Donna had a difficult childhood—she was raised by her older sister. She often wonders what her life would be like without her troubled mother around.

Throughout their young lives, Will and Donna almost meet many times but it seems fate is keeping them apart. But then everything changes when tragedy strikes them both. As Will tries to come to terms with a life-shattering event, he decides to travel the world in the hope of finding happiness. Donna, feeling alone in the world, makes plans to leave Dublin to follow a dream she never thought she could achieve.

More than ten thousand miles away from their homes, fate finally allows them to meet, until a terrible disaster tears them apart once again. They’re left with the memory of the brief time they had together and the dreams of what might have been. Perhaps fate can give them one more chance.

MARIA DUFFY left her career in the bank to become a stay-at-home mum, but she never dreamed that she’d become an Irish Times bestseller. Her first novel was published in 2011 in Ireland and she now has six novels published there. All her books have been bestsellers in Ireland and some have been published in various languages. Maria lives in Dublin, Ireland, with her husband, Paddy, and her four children.
THE SECRETS WE LEFT BEHIND
A Novel

Susan Elliot Wright

A Herman Graf Book
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It was a summer of love, and a summer of secrets.

She has built a good life: a husband who adores her, a daughter she is fiercely proud of, a home with warmth and love at its heart. However, the truth is she has done things in her past that she can never admit.

One evening, a phone call comes out of the blue. It is a voice from long ago, a man from a past she has tried so hard to hide all these years. He knows who she really is and what she has done. Now, he is dying and he gives her an ultimatum: either she tells the truth, or he will.

And so, we are taken back to that long hot summer of 1976, to a house by the sea on the southern coast of England, where her story begins and where the truth will be revealed . . .

Told in dual narratives that jump back and forth in time, Elliot Wright has crafted an intriguing story with unnerving secrets that unfold through the very last page. Compelling, immersive, and thoroughly surprising, The Secrets We Left Behind is a stunning follow-up to the author’s acclaimed UK debut The Things We Never Said.

Susan Elliot Wright left school at sixteen and married unwisely at eighteen. After she left her unhappy marriage, she pursued her childhood dream of writing and went to Sheffield Hallam University at the age of thirty, where she received an MA in writing and is now an associate lecturer. She lives in London, England.

“Riveting and vivid . . . a book impossible to put down. Elliot Wright spins a powerful and haunting story where love and loss collide, where impulsive decisions change lives, and where redemption is hard earned.”—Ann Weisgarber, author of The Promise and The Personal History of Rachel DuPree

“Equal parts mystery and philosophical exploration, Wright’s second novel challenges readers with difficult questions about love and morality.”—Booklist
Taylor Zajonc
THE MAW
A Novel

For fans of Clive Cussler and Michael Crichton, a thrilling tale of an underground expedition to the deep . . . and the ultimate struggle for survival.

Milo Luttrell never expected to step inside the mouth of an ancient cave in rural Tanzania. After all, he’s a historian—not an archaeologist. Summoned under the guise of a mysterious life-changing opportunity, Milo suddenly finds himself in the midst of an expedition into the largest underground system in Africa, helmed by a brash billionaire-turned-exploration guru and his elite team of cavers. It’s a once-in-a-lifetime chance to finally solve the century-old disappearance of the famed explorer Lord Riley DeWar, an enigmatic figure who both made—and nearly ruined—Milo’s fledgling career.

Determined to make the most of his second chance, Milo joins the team and begins a harrowing descent into one of Earth’s last secrets: a dangerous, pitch-black realm of twisting passages and ancient fossils nearly two thousand feet underground. But when a storm hits the surface base camp, stranding the cavers and washing away supplies, all communication to the outside world is lost. As the remaining resources dwindle and members of the team begin to exhibit strange and terrifying abilities, Milo must brave the encroaching darkness to unearth the truth behind DeWar’s fascination with the deep—and why he never left.

Taylor Zajonc’s real-life adventures as a maritime historian and deep-sea shipwreck expert nearly exceed those of his fictional counterparts. Beyond his record-setting submersible dive to a three-mile-deep archaeological site located in the heart of the Bermuda Triangle, Taylor has contributed research and methodology for some of the most fascinating shipwreck finds of the past decade. His previous novels include The Wrecking Crew and Red Sun Rogue. Taylor lives in Portland, Oregon.
Alison Walsh

A LITERARY TEA PARTY
Blends and Treats for Alice, Bilbo, Dorothy, Jo, and Book Lovers Everywhere

A literary-inspired cookbook for voracious readers at teatime.

Tea and books: the perfect pairing. There’s nothing quite like sitting down to a good book on a lovely afternoon with a steaming cup of tea beside you, as you fall down the rabbit hole into the imaginative worlds of *Alice in Wonderland*, *The Hobbit*, and *Sherlock Holmes* . . .

Fire up your literary fancies and nibble your way through delicate sweets and savories with *A Literary Tea Party*, which brings food from classic books to life with a teatime twist. Featuring fifty-five perfectly portioned recipes for an afternoon getaway, including custom homemade tea blends and beverages, you will have everything you need to plan an elaborate tea party. Cook up and enjoy:

- Turkish Delight while sipping on the White Witch’s Hot Chocolate from *The Chronicles of Narnia*
- Drink Me Tea with the Queen of Hearts’ Painted Rose Cupcakes from *Alice in Wonderland*
- Eeyore’s “Hipy Bthuthday” Cake with Hundred Acre Hot Chocolate from *Winnie the Pooh*
- Hannah’s Sweet Potato Bacon Pastries and Jo’s Gingerbread from *Little Women*
- Tom Sawyer’s Whitewashed Jelly Doughnuts from *Tom Sawyer*
- And more!

Accompanied with beautiful photographs and book quotes, these recipes, inspired by the great works of literature, will complement any good book for teatime reading and eating.

**Alison Walsh** first began cooking as a way to stretch her post-college paycheck, and her love of cooking grew. In 2014, she combined her love of food and books into *Alison’s Wonderland Recipes* (WonderlandRecipes.com), a food blog dedicated to book-inspired recipes. She guest writes for *Real Life at Home* and her recipes have been featured on *MuggleNet*, the number one Harry Potter fan website. She lives in Des Plaines, Illinois.
For more than two decades, customers have lined up outside the doors of West Coast chef Isabel Cruz’s three popular restaurants. Cruz, who is known for her innovative and healthy twist on traditional Latin fare, balances her ingredients to cook the delicious food that she, her family, and her restaurant patrons love. This book is full of simple, easy-to-make recipes that incorporate the Latin flavors you’ll love producing in your own kitchen.

Recipes include:

- Three Piggies Tacos (carnitas, bacon, and chicharrón)
- Crispy Tofu with Cilantro Lime Sauce and Mango Salsa
- Salmon with Papaya-Mango-Mint Salsa
- Char-Grilled Rack of Lamb with Cinnamon and Cumin
- Green Chile Posole with Pork
- And many more!

By creatively interpreting and embracing Latin cuisine, Cruz creates flavorful and health-conscious meals. In The Latin Table, Cruz shares her signature recipes and award-winning cocktails from her restaurants, teaching home chefs how to easily prepare flavorful Latin meals at home.

Isabel Cruz is the chef/proprietor of three West Coast restaurants and the owner of Stargazer Farm near Portland, Oregon. A pioneer of Latin fusion cuisine and Latin food with a healthy twist, her debut cookbook was one of the New York Times’s Top Cookbooks of the Year and was included in Food & Wine’s Best of the Best, Volume 8. She resides in San Diego, California.

Jaime Fritsch specializes in food and lifestyle photography in western and Baja, California. His work has appeared in Eater, Modern Farmer, Zagat, and more. He resides in San Diego, California.
Abigail Gehring

DUTCH OVEN BREAD COOKBOOK
60 Easy Sweet and Savory Bread and Dessert Recipes for Your Dutch Oven

Discover the easy way to make perfect loaves of bread—in your Dutch oven!

Making homemade bread is not rocket science, but it does help to have good recipes and a few tips from an experienced baker—and a Dutch oven. Why is a Dutch oven the perfect vessel for your loaves? For one thing, you don’t have to knead the dough. For real! Just stir the ingredients together, let it sit overnight, and then bake it. The lid on your Dutch oven will trap in the steam, allowing your bread to grow larger and keeping it delightfully moist. Just like a smaller version of a professional stone hearth oven, your Dutch oven will reward you with that perfect soft, chewy interior and crispy crust.

Here Sandra offers sixty sweet and savory bread recipes you’ll find yourself making daily, ranging from incredibly simple to ever so slightly complicated:

- Apples and Cheddar No-Knead Bread
- Crusty White Bread
- Olive and Feta Boule
- Cinnamon-Raisin Bread
- Homemade Sourdough
- Multigrain Breakfast Bread
- Fresh Tomato, Mozzarella, and Basil Pizza Bread
- Nutella Sweet Bread
- And more!

As a bonus, Sandra offers several dessert recipes—crumbles, sticky buns, cobblers, and more—that your family will ask for again and again.

Whether you use your Dutch oven in your kitchen or over the campfire, you’ll find plenty of inspiration and advice in this beautifully photographed cookbook.

Abigail Gehring is the author or editor of more than a dozen books, including Back to Basics, Homesteading, and The Illustrated Encyclopedia of Country Living. She lives in Marlboro, Vermont.
Targeted promotion to the baking community
Co-op available
Also available:

The Little French Bakery Cookbook
$24.95 hardcover
978-1-62914-557-8

There is new hipster Brooklyn; then there is old-school, really hipster Brooklyn. Brooklyn-based bakery Margaret Palca Bakes falls into the latter category. Currently located on Columbia Street in Brooklyn, Margaret Palca Bakes has been sharing its owner’s dessert wonders (yes eggs; yes sugar; yes butter!) with the New York City community for the past twenty years. *A Cookie Bakes in Brooklyn* tells the story of Margaret’s journey into the world of baking in one of New York City’s most dynamic boroughs.

In her debut cookbook, Margaret shares practical tips, techniques, and more than eighty recipes collected more than her sixty years of baking, tasting, eating, and selling. *A Cookie Bakes in Brooklyn* tells the story of her entire professional culinary career (even before she knew what a career was). Some of these recipes are her take on old favorites; some have been created to please the current taste in sweets. Sample some sweet treats from Margaret’s recipe index:

- Sour Cream Coffee Cake
- Apple Crumb Squares
- Chocolate Babka
- Whoopie Pies
- Vegan Maple Pecan Cookies
- And more!

Margaret Palca is the owner of Brooklyn-based café and wholesale bakery business Margaret Palca Bakes. She was born and raised in New York City, and received a degree in art history from Barnard College before realizing the only occupation that made her truly happy was baking. Several apprenticeships later, she found the courage to open her own bakery in Brooklyn in 1985. Margaret and her husband continue to own and operate Margaret Palca Bakes, delivering fresh baked goods to Manhattan on a daily basis. Margaret resides in Brooklyn, New York.
Susanna Zacke and Sania Hedengren
Photography by Anna Skoog

CONCRETE CRAFTS
Simple Projects from Jewelry to Place Settings, Birdbaths to Umbrella Stands

Decorate your home with concrete poured, mixed, and molded by your own two hands!

Pouring concrete doesn't have to be left to the professionals. Versatile, inexpensive, and easily casted, concrete is the perfect medium for crafters, tinkerers, and home improvers. Now, lifelong crafters and interior designers Susanna Zacke and Sania Hedengren reveal more than thirty of their favorite, no-fuss casting projects.

Decorate your kitchen table or outdoor patio with:

- Rhubarb leaf fruit bowls
- Clustered candleholders
- Birdbaths
- Patterned pots
- Flower vases
- And much more!

Once you get started, you won’t want to stop making trinkets and ornate arrangements for friends, family, and each room in your house. Plus, crafting with concrete is a great way to get outside and enjoy a beautiful, sunny day. Featuring step-by-step photos, easy-to-follow directions, and Susanna and Sania’s expert tips, Concrete Crafts is the ultimate new guide to outdoor crafting. Pour out your creativity and discover the beautiful, practical items you can cast!

Susanna Zacke is a stylist and journalist specializing in handicraft and interior decoration. She is the coauthor of sixteen books on interior decoration, including The Whimsical Home, all of which aim to stimulate the decorator’s imagination. Her books have been translated into seven languages worldwide. Zacke resides in Stockholm, Sweden.

Sania Hedengren is a stylist and journalist specializing in handicraft and interior decoration. She is the coauthor of sixteen books on interior decoration, including The Whimsical Home, all of which aim to stimulate the decorator’s imagination. Her books have been translated into seven languages worldwide. Hedengren lives in Stockholm, Sweden.

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Michael R. Sull

THE ART OF CURSIVE PENMANSHIP
A Personal Handwriting Program for Adults

A thorough guide to making your cursive writing efficient, legible, and expressive.

Unlike traditional primary grade handwriting manuals that seek to introduce the basic techniques of written language to young students, The Art of Cursive Penmanship presents the subject of handwriting as a valuable and spontaneous skill for the adult. In this context, it remains an intimate ability of communication and expression; a personal asset for life.

Authored by internationally recognized master penman, Michael R. Sull, The Art of Cursive Penmanship focuses on practical self-study techniques designed to accommodate anyone’s personal or professional schedule. With determined and consistent use, the daily application of these methods will result in progressive improvements of letterforms, legibility, letter spacing, creating one’s signature, the appearance of an individual’s penmanship, and the physical action of handwriting through proper posture, correct use of hand and arm muscles, paper position, and a comfortable speed of writing. Recommendations are also offered on the most efficient writing instruments to use, so that handwriting becomes a pleasant activity to be enjoyed, rather than an action merely to be effected.

Michael R. Sull is a certified American master penman recognized internationally for his efforts to promote the techniques and history of American penmanship. In a career spanning thirty-five years, he has taught in forty-five states and twelve foreign countries, and is considered the most significant living American master penman of the past sixty years. A former lettering artist for Hallmark Cards, he served as former president Ronald Reagan’s personal calligrapher and was the founder and designer of the Spencerian Monument for American Handwriting in Geneva, Ohio. Mr. Sull is currently the corporate master penman for the Zaner-Bloser Company. He resides in Gardner, Kansas.

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Arts
JUNE
In *Great Hunting Rifles*, firearms expert Terry Wieland leads the reader on a journey through the history of some of the most exquisite rifles made in the twentieth century.

The rifles featured in the book, all personally owned by the author and described in loving detail, were chosen for their particular importance. Each rifle either represents a particular era of gun making, is historically important, or is simply a paragon of gun-making skill. In his treatment of these special rifles, Wieland provides a close look at some individual guns that are superb in a unique way, and that illustrate high points of the twentieth century. Each chapter is dedicated to one particular rifle and is accompanied by photographs of the author’s own examples, including:

- James Woodward Hammer Double .450 Express 3 ¼”
- Holland & Holland Hammer .500 Express 3 ¼”
- Haenel-Mannlicher Bolt Action
- .450 Ackley Custom Rifle
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- .505 Gibbs Custom Built on a Granite Mountain Mauser 98
- And many more!

*Great Hunting Rifles* is perfect for anyone who wants to know more about the history of those few, special rifles that have made their mark on time.

**Terry Wieland** is shooting editor of *Gray’s Sporting Journal* and a recognized authority on fine firearms. He is also a columnist for *Rifle, Handloader*, and *Safari Times*. He has traveled and hunted extensively around the world and written several books on fine guns and hunting. He lives in Fenton, Missouri, but spends several months each year in Africa.

**Jim Carmichael** is the former long-time editor of *Outdoor Life* and has written for *Field & Stream*. He is the author of *Jim Carmichael’s Book of the Rifle* and *Classic Carmichael: Stories from the Field*. He lives in Tennessee.

“You’re in the hands of a master craftsman.” —Michael McIntosh
In the ACA’s Beginner’s Guide to Fly Casting: A Comprehensive Manual for Novice Casters, John Field, tournament caster and FFI Master Casting Instructor, teaches and explains the fundamentals of fly casting, step by step. John shares the casting games of the American Casting Association and its 110 years of proven methods. This guide also includes learning tips from champion casters Steve Rajeff and Chris Korich.

To begin, Field carefully lays out the essentials for getting ready, like assembling an outfit, and caring for your tackle. Next, he shows the simplest but most efficient way to start casting and practicing for results. Once you can make the basic cast, the next chapters provide the steps to achieve casting accuracy and distance. Whether learning to fly fish in fresh or saltwater, Field’s expertise is sure to have you casting like a pro before you know it.

With expert instructions, accompanying diagrams and fun drills, the ACA’s Beginner’s Guide to Fly Casting will help the next generation of flyfishers participate in this wonderful sport.

JOHN L. FIELD is an IFFF certified master casting instructor. He is past president of the American Casting Association and past president of the New York City Chapter of Trout Unlimited. Field is the author of Fly-Casting Finesse: A Complete Guide to Improving All Aspects of Your Casting. His writing and photography has been published in Fly Fisherman, In-Fisherman, North American Fisherman, Canadian Sportfishing, and Chevy Outdoors magazines. John filmed and coproduced Hunt for Big Fish, which aired on ESPN and other cable networks. Field lives with his family in Weston, Connecticut.
Petersen’s Hunting Guide to Africa

A Comprehensive Guide to Hunting Popular African Game

Everything you need to know to successfully hunt in Africa.

Petersen’s Hunting Guide to Africa is packed with a wealth of valuable how-to information compiled by the foremost authorities in the sport. A vast range of topics are covered in these articles, including:

- Hunting the big five
- Scouting techniques
- Plains game hunting
- Improving shot placement
- Managing terrain

Gear up for adventure while improving your experience and chances for success with tips and tactics for hunting game in Africa, including Cape buffalo, warthogs, wildebeests, antelope, and much more, written by experts such as Mike Schoby and Craig Boddington. Petersen’s Hunting Guide to Africa is an essential resource for all hunters testing their skills in Africa, whether they’re just starting out or have decades of experience under their belts.

Petersen’s Hunting has been the most trusted brand solely devoted to the pursuit of big-game and adventure sport hunting since 1973. Petersen’s Hunting magazine has the largest audience of any adventure-oriented brand with more than 4.7 million readers. Their offices are located in Peoria, Illinois.

Mike Schoby is the editor of Petersen’s Hunting magazine and host of the TV show Petersen’s Hunting Adventures. He lives in Stevensville, Montana.

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U.S. Coast Guard

**NAVIGATION RULES AND REGULATIONS HANDBOOK**

International—Inland

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**Navigation Rules and Regulations Handbook** fulfills the legal requirement to have a copy of these guidelines on your vessel at all times. Newly updated to accommodate the most recent changes to marine law and standard operating procedure, this handbook provides the Coast Guard’s official rules for operating your boat in international and domestic waters. It will serve as a complete reference for:

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- Sending and receiving sound and light signals from other ships, such as distress signals

The Inland General Rules included in this handbook require that “the operator of each self-propelled vessel 12 meters or more in length shall carry, on board and maintain for ready reference, a copy of these Rules.” Operate your vessel safely and legally with the latest Navigation Rules and Regulations Handbook.

The **U.S. COAST GUARD** is a maritime, military, multi-mission service unique among the U.S. military branches for having a maritime law enforcement mission (with jurisdiction in both domestic and international waters) and a federal regulatory agency mission as part of its mission set. It protects the personal safety and security of the American people; the marine transportation system and infrastructure; the country’s natural and economic resources; and the territorial integrity of the nation—from both internal and external threats, natural and man-made. It protects these interests in US ports, inland waterways, along the coasts, and on international waters.

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Janet Garman

50 DIY PROJECTS FOR YOUR CHICKENS
Chicken Coops, Brooders, Runs, Swings, Dust Baths, and More!

Get ready to jump into the world of chickens, one DIY project at a time. Owning and raising chickens doesn’t have to be an expensive hobby. With imagination, simple tools, and salvaged or bargain materials, you can make everything your flock needs for their health and safety.

Buying a chicken coop can be a major expense. Follow the steps provided in the book to retrofit an existing structure into a chicken palace fit for the fanciest hens. Brooders, grow out pens, and chicken runs can easily be pulled together and give your feathered family a safe place to scratch and peck.

If your chickens want fun activities, create boredom busters with the directions for a chicken swing, dust bath, outdoor roosts, front porches, and resting perches. Are you planning to raise your own sustainable flock? Building a nesting box area fit for the best broody is included. You can even set up a maternity ward and brooder pen in the coop. Dropping boards to dust baths, feeding stations to first aid, read and learn the simplest ways to provide the infrastructure and fun that your chickens need to grow and thrive. After all the project building and chores are done, treat your flock to a delicious seasonal treat with one of the recipes included.

From beak to talon, you’re ready to tackle the needs of your flock with fifty DIY projects you can create on a limited budget. Let’s get started!

Janet Garman is a farmer and freelance writer in Maryland. A career in writing began after the nest emptied. All the years of studying farm management and raising many species of livestock along with a full house of children led her to begin sharing her experience in a farm-theme blog and website, timbercreekfarmer.com. Janet’s background includes a degree in large animal farm management and animal science from the University of Maryland and decades of farm and homesteading experience. Her other books are Chickens from Scratch: Raising Your Own Chickens from Hatch to Egg Laying and Beyond, Habitat Housing for Rabbits, and Margarita and the Beautiful Gifts. She lives in Crownsville, Maryland.
THE BED BUG BOOK
The Complete Guide to Prevention and Extermination

The definitive handbook on the detection, treatment, and prevention of bed bugs.

The Bed Bug Book is a must-have guide for every homeowner, renter, landlord, and traveler. Some cities have seen a 1,000 percent increase in bed bug infestations. Exterminators were unprepared for the resurgence of these tiny pests, and the public has been scrambling for information on how to get rid of them. The Bed Bug Book has the answers. A professional pest control manager and bed bug expert with more than twenty-five years in the industry details:

• The complete history of bed bugs
• The biology of bed bugs—their life cycles with photos of each stage of growth
• A guide to prevention—what to look for when you’re traveling and steps you can take to protect your home
• A guide to detection and treatments
• 104 essential things to know about bed bugs
• Extensive references to help you choose a pest control company, know your rights as a tenant or landlord, and suggestions for further reading

Based on years of firsthand experience, Ralph H. Maestre tells you how to spot bed bugs in your home, hotel, or on the go; how to identify bed bug bites; and, most importantly, the steps you must take to get rid of these pests. Includes green methods and environmentally friendly solutions. Remember, bed bugs can affect anyone, so don’t let the bed bugs bite! Spot them early, take action, and get on with your life.

RALPH H. MAESTRE (BCE), is a board certified entomologist in urban and industrial entomology. He received a BA in environmental science with a minor in biology. Maestre has been a New York State Certified Commercial Pesticide Applicator since 1987. He is the technical director of pest control technicians at Magic Pest Management in New York City.
Dr. Neil Baum and Dr. Scott Miller

HOW’S IT HANGING?
Expert Answers to the Questions Men Don’t Always Ask

Everything you need to know about men’s health in one handy package.

In their decades of clinical practice, Dr. Neil Baum and Dr. Scott Miller have treated sexual problems, prostate problems, urinary leakage, pelvic pain, urinary tract infections, and questions about infertility. They have seen countless male patients describe the problem simply as “something’s not right down there,” either because they are embarrassed about the issues or unaware of them. How’s It Hanging? provides an easy-to-read guide to men’s health. It is a sorely needed reference—during their lifetime 50 percent of men will have one of more of the conditions discussed in the book.

With an appropriate use of humor, analogies, illustrations, and case examples, the doctors share their knowledge of the penis, prostate, and testicles. They start with a discussion of male anatomy, covering the different organs, tubes, and hormones. They then move on to cover various problems—including erectile dysfunction, premature ejaculation, cancer, testosterone deficiency, STDs—and how they can be treated.

How’s It Hanging? will help men make informed decisions about their medical care. They will be better patients, able to communicate with their physicians about what’s going on “down there.”

Dr. Neil Baum is professor of clinical urology at Tulane Medical School. He has written several books on managing a medical practice, long-running columns for American Medical News and Urology Times, and more than 250 peer-reviewed articles on various urologic topics. He also holds a patent on a urethral catheter. Dr. Baum is speaker both nationally and internationally on medical topics. He lives in New Orleans, Louisiana.

Dr. Scott Miller is a urologist who has pioneered laparoscopic and robotic urologic surgery techniques and has been selected by Castle Connolly as one of America’s Top Doctors for the past eight years. With a special focus on men’s health, he regularly speaks on these issues and writes a monthly newsletter. Dr. Miller also regularly hosts a medical talk show, The Weekly Check-Up, on WSB radio. He lives in Atlanta, Georgia.
A woman, a motorcycle, and a journey to reinvent herself.

Cheryl Strayed’s *Wild* on a motorcycle, Linda Crill’s inspirational story captures the adventure and wonder of self-discovery on the open road.

After months of following one-size-fits-all advice, Linda Crill, a fifty-seven-year-old widow, is still miserable. Then she makes a rebellious spur-of-the-moment decision to trade in her corporate suits for motorcycle leathers and commit herself to a 2,500-mile road trip down America’s Pacific Northwest coast on a Harley. The problem—she doesn’t know how to ride and has only thirty days to learn.

Four short weeks later, Linda joins two men and a woman for a white-knuckled, exhilarating road trip along the west coast from Vancouver, Canada, to the wine country of Mendocino, California. Along the way she encounters washed-out mountain roads, small-town hospitality, humming redwoods, and acceptance from gentle souls who happen to have tattoos and piercings. By heading into the unknown—the blind curve—she faces her fears, tests old beliefs, and discovers not only a broader horizon of possibilities to use in building the next phase of her life, but also the fuel to make it happen.

Funny, irreverent, and extraordinarily honest, it’s the perfect read for people looking for ways to reinvent themselves, and anyone asking: “What now?”

**LINDA CRILL** is a sought-after executive, consultant, and speaker who has worked with Citigroup, Goldman Sachs, and Marriott International Inc., as well as many other Fortune 100 companies, universities, nonprofits, and government departments and agencies. Crill lectures and writes on how to manage change and reinvent yourself, your life, and your business. She is the mother of three grown women and lives in the Washington, DC, area, and travels regularly to Philadelphia, New York, Toronto, and San Diego.

“Much more than a motorcycle diary. It is about overcoming loss and reinventing oneself.” —Library Journal

“The prototype for how a woman of a certain age can break from tradition and turn boredom into bliss, security into sizzle and frustration into triumphant joy.” —Andrea Roane, news anchor, CBS WUSA9
Everyone wants to accomplish their goals and live the life of which they dream. But in today’s busy age, how do we make that happen?

This interactive book helps readers live an intentional life by determining their priorities and tapping into their creativity to create beautiful and functional vision boards and manageable action plans to achieve their goals.

Through guided work sheets, vision board templates and samples, and planning pages, author Carrie Lindsey inspires readers to get clear on what they really want and then make it happen. Getting your life in order has never been so much fun! What would happen if you set aside a little time to write down what makes you excited and what drags you down? What if you took it a step further and set specific goals for living your best life? What if that process could be creative, exciting, and lead to actual change?

- Use the guided work sheets to establish your priorities.
- Create vision boards that make your goals concrete and attainable.
- Discover strategies to manifest the life of your dreams.

Change is hard, but it’s worth it. And with this book, it’s also a heck of a lot of fun. Readers also have access to a private Facebook group full of members who are working towards living their dreams.

**Carrie Lindsey** runs a popular lifestyle website and a quickly growing planner shop. Her website, CarrieElle.com, averages about 200,000–300,000 pageviews per month. She has recently opened a storefront with her husband in their hometown of Wylie, Texas. When not running her business with her husband, Charles, she enjoys traveling with her kids and spending time with her horse and donkeys. She lives in Wylie, Texas.
Pete Leibman

WORK STRONGER
Habits for More Energy, Less Stress, and Higher Performance at Work

Don’t work harder or longer . . . work stronger.

The World Health Organization estimates that American businesses lose more than $300 billion a year due to stress experienced by employees, and recent research by Harvard Medical School found that more than 95 percent of leaders felt at least somewhat burnt-out. For individuals and organizations who want to thrive in today’s high-pressure, 24-7 business environment, working even longer is not the solution. To maximize your performance and well-being over the long-term, you need to work stronger.

Leveraging the latest research in behavior change, psychology, nutrition, exercise science, sleep, and stress management, Work Stronger is a practical, step-by-step blueprint for ambitious professionals and organizations who want to have more energy, less stress, and higher performance. The book also features insights from interviews with more than twenty-five prominent leaders and influencers who exemplify what it means to work stronger, including the president and CEO of Levi Strauss, Barack Obama’s secretary of commerce, and the former CEO of Twitter.

Work Stronger exposes the biggest myths on high performance and workplace wellness, while addressing deadly mistakes that decrease energy, increase stress, and reduce performance at work.

Pete Leibman has been featured on Fox News, CBS Radio, and CNNMoney.com. Most recently, he has worked for Heidrick & Struggles, a leadership advisory firm that serves the majority of the Fortune 500. In his free time, he teaches sports conditioning classes for Gold’s Gym, and he is certified through Precision Nutrition. He has also competed in the Obstacle Course Racing (OCR) World Championships. Leibman lives in Arlington, Virginia.
Leslie Stein

BECOMING WHOLE
Jung’s Equation for Realizing God

The first and only book to undertake the complex journey and unravel the significance of the equation in the context of our humanity.

In 1951, Carl Jung published what he considered the highest synthesis and exposition of the transformation of Self and the discovery of the divine in one of his latest and most difficult works, *Aion*. The equation’s complexity and uncharacteristic elements of mysticism have caused it to fall by the wayside in traditional Jungian and psychological analysis. No major work has tackled this fascinating concept until now.

Leslie Stein, a disciple of noted Jungian analyst Rix Weaver, here explores this groundbreaking equation to its fullest capacity. Tracing the roots of Jung’s research back to his influences in the world of the Kabbalah and Sufi mysticism, and grounding the more esoteric philosophy toward the modern sense of identity, Stein has produced both a rigorous work of scholarship on a major figure and a guide that challenges readers to reflect on our own truths.

Leslie Stein is a Jungian analyst and graduate of the C.G. Jung Institute of New York. Born and raised in New York, he also lived and traveled in India for several years. His work includes the 2001 novel *The Journey of Adam Kadmon*, published by Arcade. Stein now resides in Sydney, Australia.

“An in-depth examination . . . *Becoming Whole* is very well researched and clearly written”—*Psych Central*

“A major contribution to clarification of Jung’s most advanced thoughts and findings.”—American Academy of Psychoanalysis and Dynamic Psychiatry
Daniel Baxter

ONE LIFE AT A TIME
An American Doctor’s Memoir of AIDS in Botswana

A physician gives voice to the immeasurable suffering and powerful stories of AIDS patients in Botswana.

Daniel Baxter’s distinguished medical career has spanned the arc of the HIV/AIDS pandemic. From the first rumblings in the late 1970s to the terror of the 1980s and early 1990s to the persistence of the disease in the poor and homeless, he thought he had seen—and treated—it all. But a job offer in 2002 led him to the newest frontier in the AIDS crisis: Africa.

Join Baxter on his heart-wrenching, life-changing journey in Botswana, where 24 percent of the country’s small population was infected with HIV when he arrived. With an often-wry outlook, Baxter recounts the stories of people like Ralph, a declining AIDS and cancer patient who nevertheless always wore a smile, or Precious, a woman found sick, abandoned, and hopeless.

Part travelogue, part narrative of the “other,” and part witness to immeasurable suffering, One Life at a Time tells the stories of the brave, the hopeless, and the remarkable Batswana, the people of Botswana. After eight and a half years on the front lines of the seemingly unbeatable African pandemic, Baxter realized that the only thing he could truly give his patients was precious time for them to save themselves. “One life at a time” was the only way to fight AIDS in Africa.

Daniel Baxter is the clinical coordinator at the William F. Ryan Community Health Center in New York City and acclaimed author of The Least of These My Brethren: A Doctor’s Story of Hope and Miracles on an Inner-City AIDS Ward. A board-certified internist, he worked for ten years at the Spellman Center for HIV-Related Diseases in New York before moving to Botswana to provide direct patient care under the aegis of the African Comprehensive HIV/AIDS Partnership for eight and a half years. In 2013, he returned to Botswana for two years to lecture at the country’s new medical school. He currently lives in New York.

Praise for The Least of These My Brethren:

“Makes for powerful reading, as Baxter describes in detail the medical condition of patients, their treatment, and their psychological ups and downs. . . . Some of the stories . . . possess a Tolstoyan power.” —Washington Post

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For the first time in paperback, a candid and powerful memoir of love against all odds.

Nine million Americans are touched by aneurysms during their lifetime. For Robert Wintner and his wife Rachel, the news of an aneurysm was devastating. But in this harrowing and timely memoir, Robert recounts the road to recovery and the twisting path the journey can take.

A story of the clash between traditional western and alternative medical practices, the Wintners’ story reminds us all to be our own advocates, to ask for information, and to fight for the healthcare we want and deserve. A book for anyone who has experienced the fear and difficulties of a major illness, the themes, truths, and above all, the compassion that this book shares will be familiar not just to those affected by aneurysms, but to anyone whose family and lives have been touched by a medical trauma. Filled with raw emotion, Brainstorm affords quiet but powerful support to those suffering similar circumstances and strives to tell them that they are not alone.

Robert Wintner has written twelve novels. His book In a Sweet Magnolia Time was nominated for both a Pulitzer Prize and a Penn Faulkner Award. He is the founder of Snorkel Bob’s Hawaii, Hawaii’s biggest reef outfitter and only snorkel equipment manufacturer.

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In this straightforward guide to what really happens in classrooms and hallways, veteran teacher and administrator Harry J. Alexandrowicz makes “reality training” available to both novice and experienced teachers. Alexandrowicz draws from his twenty-eight years’ experience in the schools to help prepare teachers to handle the inevitable legal, philosophical, and commonsense challenges they face every day. These challenges are presented as brief vignettes followed by four possible solutions with space to write proposed actions and sections on what actually happened, and why.

The kinds of scenarios covered include:

- A parent threatens a teacher
- A teacher witnesses students hazing another student
- A teacher discovers a gun in a student’s locker
- The school’s best athlete is failing the class
- A teacher sees inappropriate student behavior outside the classroom

This accessible “insider’s” view of the classroom will be an essential resource for teachers, administrators, and parents who want to gain valuable insights into how to handle what really happens in schools today.

Harry J. Alexandrowicz is currently superintendent of schools in Woodland Township, New Jersey. Over the past twenty-eight years he has served as a teacher, assistant principal, high school and middle school principal, and superintendent. In addition, he has served as an adjunct professor of educational foundations at Rowan University and has made numerous staff development presentations.
Thomas S. C. Farrell

TALKING, LISTENING, AND TEACHING
A Guide to Classroom Communication

How to boost student participation and learning by fostering effective communication in the classroom.

Talking, Listening, and Teaching demonstrates how important it is for teachers to understand and monitor classroom communication patterns and resolve problems that may hamper students’ learning. Using examples from real classrooms, the author explains:

- How classroom talk is different from communication outside the classroom
- How to gather and analyze data about classroom talk
- What type of questioning generates good discussions
- Why and how to give feedback to students
- How nonverbal communication impacts the classroom

This insightful guide to classroom communication, featuring provocative “Thinking About Your Own Classroom” questions, is ideal for teacher study groups and benefits all educators who wish to effectively manage this important aspect of teaching and learning.

Thomas S. C. Farrell is a professor in applied linguistics at Brock University, Canada. He has been involved with ESL and applied linguistics for the past twenty-seven years and has written extensively on topics such as reflective practice, language teacher development, and language teacher education.

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Didier Pourquery

AGATHA’S SUMMER
A Memoir

“A declaration of love, like an eternal sun in the sky of memory.” —Madame Figaro

One morning in August of 2007, Didier Pourquery’s daughter, Agatha, only a few days away from her twenty-third birthday, stopped breathing. Seven years after her death, her father tells her story, based on his notes taken during the last three weeks of her life. He shares not only his sadness and loss, but also the joy that characterized his relationship with his daughter.

At her birth, Agatha’s doctors said the average life expectancy for a child born with cystic fibrosis was twenty-five years. Once he learned his daughter only had a few weeks left to live, Didier Pouquery began writing daily about her last weeks. The notes he took then became the source of this book: a homage that is full of hope and light, even as it boldly highlights deep human frailty and the pain of losing a child.

Pourquery alternates between an account of Agatha’s physical condition and a letter addressed to her after her death. We get to know her—and her father—through this lyrical and poignant portrait and ode. Who was this joyful and straight-talking girl? How did she grow up in the shadow of this looming disease? How was she able to help those around her, even as she faced a certain and early death? Although Agatha’s Summer is one father’s testimony to the short life of a child grown into a young woman, it is also the story of the love, hope, fear, and joy that speaks to all parents.

Didier Pourquery is the managing editor of the website The Conversation and the former editor-in-chief of Sciences & Vie Economie, La Tribune, InfoMatin, VSD, and L’Expansion. He launched and headed the daily newspaper Metro in France before becoming executive director of Libération then deputy director for Le Monde from 2009 to 2014. He is the author of six books dealing with the world of business and media, as well as Mots de l’époque (2014). He currently lives in Paris, France.

“A little gem of humanity.” —Elle
Is bringing up a vegan baby unhealthy? *Mind Your Peas and Cukes* is the ultimate vegan parenting manifesto that takes on this myth and answers all the other questions you’ve always wondered about—the vegan way. Raising ethically vegan children, in fact, lays the groundwork for a lifetime of excellent health for your child, the animals, and the planet.

Eric C. Lindstrom is in the position to know. Having raised one child on the standard American diet (SAD) and four other children on a vegan lifestyle, and being a midlife vegan convert himself, Lindstrom learned through experience. In this practical and tongue-in-cheek guide, Lindstrom, dishes the real talk and shares the unique challenges vegans face when starting their children from scratch, providing advice, tips, and tricks on how to raise compassionate, vegan children in all areas of life. Learn:

- How to get your kids to eat vegetables (when it’s all they can eat anyway)
- How to teach your children compassion with visits to sanctuaries and not zoos
- Advice for dealing with non-vegan social situations and events
- How to plan for birthday parties and other events
- Travel and road trip tips with the family
- And more!

Both informative and hilarious, including expert advice from the world’s leading plant-based physicians and fun recipes for your little vegans, *Mind Your Peas and Cukes* is the guide every vegan parent needs when choosing to bring their kids up in a world that will sustain their children, their grandchildren, and their great-grandchildren.

**Eric C. Lindstrom** is the author of *The Skeptical Vegan* and the founder of the vegan design and marketing firm ThankTank Creative. Today, he thrives on plant-based foods along with his vegan wife, vegan dog, and two vegan babies in Ithaca, New York.
Michelle Polk

HEALING HOUSEPLANTS
Caring for Houseplants and How They Care for You

Learn how to grow healing plants in your home or office!

What if the beautiful plants in your home could also become a part of your health routine? Houseplants add vibrancy to any home or office, but many also have significant health benefits you may not even know about. That aloe plant sitting on your windowsill can be used as an ointment for scrapes, bruises, and sunburns. A chamomile plant—with its pretty display of white flowers—might be your cure for restless sleep and anxiety. A lavender plant will make your bathroom smell delightful, and can also be used as a stress relief medicinal.

There are a number of houseplants that are easy to grow indoors and that reduce stress, increase productivity, speed up healing, lower depression, increase overall happiness, and filter our air from carcinogenic pollutants. Learn which plants have which health benefits and then find out how to care for them effectively in your home or office.

- Aloe soothes skin irritations and is excellent for stomach health.
- Rosemary can slow hair loss and enhance memory.
- Chamomile balances blood sugar and is an antibacterial.
- Sage can ease muscle aches and bring mental clarity.
- Dandelions can improve digestion.
- Calendula can reduce skin inflammation.

Learn how to make your houseplants thrive and how to utilize them for your health!

Michelle Polk is a licensed acupuncturist and board certified herbalist who has spent years researching and learning the benefits of plants and herbs. Her interest in nutrition only emphasizes this love of plants and she has accumulated an absurd amount of herbal formulas on her kitchen counters. Her passion for houseplants started as a child and remains to this day, and she has luckily graduated from plant killer to plant guru. Michelle lives and works as a health practitioner and educates her clients daily on the importance of adding plants to their homes and diets. She lives in Chicago, Illinois.
“He promised to kill me when he got out. I believed him. If I wanted justice, I had to fight both him and the courts . . . maybe kill him first. If I didn’t do something, I was going to die.”

This is not a manufactured dialogue from a thriller but the words of Bourbon County attorney Sharon Muse. They came after she survived an attempted kidnapping, rape, and murder at the hands of Hank Morrison, a former client. On April 7, 2006, Muse miraculously escaped from the sociopathic Morrison, only to find that the threat to her life was just beginning. Ineptitude in the justice system threatened to release Morrison and allow him the opportunity to finish the job, which he adamantly pledged to do. Muse would have to fight at every step to ensure her safety.

Muse would act as her own advocate, investigator, legal counsel, and bodyguard in the years following the event. Pursuing Justice covers the brutal kidnapping, two trials, two appeals, procedural errors galore, one Supreme Court reversal, and even Muse’s intricate plan to murder Morrison before he could get to her. Muse would not ultimately execute that plan, and she would emerge victorious in the legal battle due to her own determination and legal acumen. But her safety is not ensured: Morrison is up for parole in 2026. Muse regularly monitors his status.

Muse’s story will be dramatized in a three-part TV series on Discovery ID, of which she is executive producer, and an accompanying podcast, of which she is host.

SHARON R. MUSE, JD, is an attorney in Georgetown, Kentucky. She has a BA in psychology from the University of Kentucky, a juris doctorate degree from the University of Louisville, specialized training in the legal field, and extensive training in effects of trauma on the brain. Muse teaches classes and speaks to groups about self-protection and assists victims as they navigate the legal system.

HOLLY LORINCZ is a professional collaborative writer and the owner of Lorincz Literary Services, an editing and publishing company. She regular works with New York Times bestselling authors and is award-winning novelist herself.
Clay Bonnyman Evans

BONES OF MY GRANDFATHER
Reclaiming a Lost Hero of WWII

A grandson’s quest to bring a fallen war hero home.

In November 1943, Marine First Lieutenant Alexander Bonnyman Jr. was mortally wounded while leading a successful assault on critical Japanese fortifications on the Pacific atoll of Tarawa. But it was not until August 2015 that he was finally laid to rest.

Bonnyman Jr. was posthumously awarded the Medal of Honor and Purple Heart for his heroic actions during the bloody battle, which would ultimately claim the lives of almost two thousand Marines and five thousand Japanese soldiers. But the lieutenant, along with hundreds of other Marines, was buried in an unmarked grave. He was left behind and his remains never recovered.

More than seventy years later, Bonnyman Jr.’s grandson, Clay Bonnyman Evans, took up the search for his grandfather and those other Marines left behind. In Bones of My Grandfather, Evans tells the story of his mission against all odds. His journey began at home, where research into his grandfather’s past uncovered a flawed hero with a checkered past at odds with the narrative he’d been told. Abroad, his first visits to Tarawa would be fruitless, frustrated by nature, bureaucratic red tape, and the US government’s own stagnant search for the Marines.

But with the help of archaeologist Kristin Baker and Mark Noah, a former pilot who leads international efforts to locate lost American servicemen as part of his History Flight charitable foundation, Evans accomplished his mission. On May 29, 2015, Clay Bonnyman Evans exhumed the bones of his grandfather. More than seventy years after giving his life for his country, a World War II hero was finally buried alongside his family in Texas.

Clay Bonnyman Evans is a native of Colorado. He has worked for the Los Angeles Times, Orange County Register, and Daily Camera (Boulder, Colorado), and other publications. He is the author of three previous books, a memoir about his cowboy days, a children’s book, and a history of an iconic Colorado store, and has published hundreds of freelance stories in dozens of publications. He lives with his wife in Hilton Head Island and Boulder, and enjoys dogs, running, bicycling, and long-distance hiking.
Sean McGlynn

**MEDIEVAL GENERALS**
The History, Strategies, and Lives of the Greatest Commanders of the Middle Ages

An entertaining and accessible study of some of history’s greatest military leaders.

William the Conqueror, Frederick Barbarossa, Richard the Lionheart, John Hawkwood, Tamerlane, Henry V—what did these world-famous medieval commanders have in common, and what distinguished them from their opponents on the battlefield and from the lesser commanders of their age? What do their victories—and their defeats—tell us about their skills as soldiers and leaders in the brutal conflicts of their time?

Sean McGlynn, in this vivid, accessible, and authoritative study, explores the varied styles of leadership in medieval warfare. He analyzes and compares their effectiveness, failings, advantages, and limitations, and he reassesses each general’s reputation—deserved, inflated, or neglected—against the dramatic background of campaigns, sieges, and battles.

The generals he has selected represent not only chronological and geographical range but also, crucially, range in ability. Louis IX is included because his preparations for crusade were exemplary, though the campaign itself was a total disaster. Edward II is featured in order to show the calamitous effects of a weak commander. Their failures and the triumphs of other generals he portrays allow the reader to ponder what constituted a good military commander and what constituted a poor one. The absorbing case studies in McGlynn’s stimulating book offer real insight into the strategies, tactics, personalities, and leadership qualities of generals from a distant age. It is a fascinating reading for all students of military and medieval history.

**SEAN MCGLYNN** has established a reputation as a stimulating and original author of books and articles on medieval warfare. As well as writing *Blood Cries Afar: The Forgotten Invasion of England 1216* and *By Sword and Fire: Cruelty and Atrocity in Medieval Warfare*, he has contributed to the *Atlas of the Medieval World*, *The Oxford Encyclopedia of Medieval Warfare and Military Technology*, and *Blackwell’s Encyclopedia of War*. His many articles have appeared in *BBC History*, *History Today*, *European Review of History*, and many other history magazines and journals. He is also a well-known book reviewer and lecturer. He lives in Plymouth, England.
In the summer of 1881, Lt. Adolphus Greely of the Fifth United States Cavalry and a crew of twenty-one men set out on the Proteus to explore the then relatively unknown Arctic Circle. During their three-year journey, the Lady Franklin Bay Expedition, as it came to be known, was meant to ascertain new astronomical data, to establish an observation station, and to record other meteorological data. And while they did accomplish those tasks, the crew of the Proteus will instead forever be remembered for the catastrophe that they encountered, one that yielded few survivors.

After a relatively calm first year in the Arctic, the members of the Lady Franklin Bay Expedition grew increasingly desperate as ships carrying essential supplies—food, clothing, and building materials, among other items—failed to reach them due to increasingly perilous conditions. Slowly but surely the harsh weather and low supplies decimated the crew, as one by one they succumbed to the merciless Arctic. When a rescue vessel finally reached the Proteus in 1884, only six members of the original expedition remained.

Told in concise prose with stunning clarity, Proteus crew member David L. Brainard’s Outpost of the Lost is an inspiring account of human spirit and perseverance, and is not be missed by any armchair adventurer or history buff.

David L. Brainard was an American arctic explorer and soldier. He is best known for serving as first sergeant under Adolphus Greely on the ill-fated Lady Franklin Bay Expedition. He was one of only six crew members to survive. His two memoirs, Outpost of the Lost and Six Came Back, are based on this experience. Brainard passed away in 1946 and is buried in Arlington National Cemetery.

Geoffrey E. Clark is the president of Cocked Hat Ventures, LLC, a documentary film venture. His film Abandoned in the Arctic is based on the Lady Franklin Bay expedition. He lives in Boston, Massachusetts.
Jasper Gibson

A BRIGHT MOON FOR FOOLS
A Novel

For the fans of A Confederacy of Dunces, a dark comedy of a con man on the run in rural Venezuela.

Harry Christmas is unable to cope with the death of his wife and has been bouncing from one bad decision to the next. After a terrifying assault by the son of a woman he has conned, he makes up his mind to leave the country. Now Harry Christmas is on the run.

On a mission to track down his wife’s ancestral village, Christmas arrives in Venezuela certain that his fortunes are about to improve. He’s dead wrong. Soon out of money and luck, he is forced into yet more deceit—with devastating consequences for those he has fooled. Lost, drunk, and lurching across rural Venezuela, Christmas reaches the point of breakdown. He wakes up in a village at the end of the world. He is hanging by one leg from a tree. Inspired by the mighty Lola Rosa, he tries to crawl out of his spiritual abyss and find a way to live among these fishermen and farmers—but love isn’t easy when you are a career liar still married to the dead. As the real trouble begins, can redemption survive?

Published in the United Kingdom to great acclaim, A Bright Moon for Fools is a comic novel that is as funny as it is heartbreaking. Jasper Gibson’s debut marks the arrival of a bold new voice in fiction.

JASPER GIBSON was born in Ashbourne, Derbyshire, England, in 1975. He first visited Venezuela in 2008 and has lived and worked there as an English teacher and on a cacao plantation. He is the co-founder of thepoke.co.uk, the UK’s largest comedy site with more than ten million hits per month. A Bright Moon for Fools is his first novel. He lives in East Sussex, England.

“Very funny, very unpleasant, and very moving.” —Michael Palin

“Few first novels are as bold or as haunting as this.” —Spectator

“Part thriller, part farce, part Don Quixote, and . . . plenty of excellent writing . . . Gibson has created a larger-than-life character in Harry Christmas.” —Kirkus Reviews
Heather Skyler

VEGAS GIRLS
A Novel

"Vegas Girls Heather Skyler satisfies all my cravings while also writing like a dream. A dream of a novel!" —Ann Hood

Vegas Girls begins when three former high school friends, now in their mid-thirties, reunite in their hometown of Las Vegas—a city they vowed to escape as soon as they could—to celebrate their new lives and revisit old haunts. But what starts out as a weeklong, sun-kissed reunion takes a strange turn as mysterious gifts appear, familiar faces pop up in unexpected places, and each woman reveals a secret, private quest.

Ramona is searching for a son she gave up for adoption before their high-school graduation. Jane is trying to leave her husband of eleven years, with her two kids in tow. And Ivy, who has a new baby, is haunted by the memory of her mother abandoning her twenty years ago—and she has begun spotting her everywhere. Add to this a darkly charismatic ex-boyfriend of Ivy’s who won’t give up hope of rekindling their romance, and a strange, new friend of Jane’s in need of help, and the week quickly begins to unravel.

Set against desert heat, swimming pools, and casino lights, and told masterfully through five different points of view, Vegas Girls is about how we navigate the present while carrying the ghosts of our past; about growing up with one eye glued to the rearview mirror; and about what happens when the past you thought you left behind turns out to have been with you all along.

Heather Skyler, born and raised in Las Vegas, Nevada, is the author of The Perfect Age. She has written pieces for the New York Times, Newsweek, GOOD magazine, and other publications. She currently works as the editor for OC Family magazine and as a syndicated columnist for the OC Register. She lives in Long Beach, California, with her husband, son, and daughter.

"Set against the backdrop of Las Vegas, with its penetrating summer heat, mountains, and flashy casinos, this novel creates a heat all its own. Perfect for readers who love Liane Moriarty, Sarah Pekkanen, and Jennifer Weiner." —Booklist

“This novel reminds us that the past always finds a way to stick with us, and lifelong friends are our true rocks.” —RT Book Reviews
If You Give a Bunny a Beer

A magical tale featuring one drunk rabbit.

The first installment in Sam Miserendino and Mike Odum’s Addicted Animal Series, If You Give a Bunny a Beer is a children’s book for parents who drink too much.

A humorous play off of the famous If You Give a Moose a Muffin, the book tells the story of a rabbit who had just one too many. Following the success of other adult-themed parodies of children’s books, author Sam Miserendino presents a delightful tale that will entertain readers with its charming combination of innocence and lack thereof.

Featuring gorgeous full-color illustrations by illustrator Mike Odum that accompany the text, this heartwarming cautionary tale informs readers of the dangers of mixing alcohol and small mammals.

Sam Miserendino is an attorney by day, author by night, and father 24-7. It was in this latter role that Sam was inspired to write about beer-drinking bunnies and bong-smoking bears. After reading books about carb-addicted moose, mice, and pigs to his son and daughter for the millionth time, Sam’s thoughts drifted to other animals with other addictions. Sam lives in Buffalo, New York, with his wife, two children, two dogs, and two cats, none of whom, he is happy to report, are addicted to anything more serious than chew toys, catnip, and television.

Mike Odum is a former bartender so he has extensive experience with inebriated mammals. Mike’s observation of bar fauna informed his skillful renderings in If You Give a Bunny a Beer and If You Give a Bear a Bong. When not drawing drunk bunnies and stoned bears, Mike develops games for ROOT76—a game company he cofounded. Mike lives in Richmond, Virginia, with his wife and two-year-old daughter, who enjoys sneaking into his studio and adding her own touches to his work.
A fantastical tale featuring one high bear.

The second installment in Sam Miserendino and Mike Odum's Addicted Animal Series, *If You Give a Bear a Bong* is a children's book for former children.

A humorous play off of the famous *If You Give a Moose a Muffin*, the book tells the story of a bear that had just one too many hits. Following the success of other adult-themed parodies of children's books, author Sam Miserendino presents a delightful tale that will entertain readers with its charming combination of innocence and lack thereof.

Featuring gorgeous full-color illustrations by illustrator Mike Odum that accompany the text, this heartwarming cautionary tale informs readers of the dangers of mixing marijuana and large mammals.

**Sam Miserendino** is an attorney by day, author by night, and father 24-7. It was in this latter role that Sam was inspired to write about beer-drinking bunnies and bong-smoking bears. After reading books about carb-addicted moose, mice, and pigs to his son and daughter for the millionth time, Sam's thoughts drifted to other animals with other addictions. Sam lives in Buffalo, New York, with his wife, two children, two dogs, and two cats, none of whom, he is happy to report, are addicted to anything more serious than chew toys, catnip, and television.

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James M. Ayres

SURVIVAL KNIVES
How to Choose and Use the Right Blade

Pick the perfect knife, survive in the wild, and defend yourself.

Some survival guides explain the basics of how to make primitive tools. But do you know how to successfully hunt with spear, throwing stick, bola, or primitive bow? Making tools that you do not know how to hunt with will not get you to meat. If you’re hunting with primitive weapons, especially crude survival weapons you’ve made in the field under actual survival conditions, you must adapt your strategy to the weapons available or go hungry.

Author James M. Ayres grew up in the Midwest hunting squirrels, rabbits, and other small game with bows, spears, atlatls, and bolas he made myself. He has hunted with bow, spear, net, and other primitive weapons with the Lacandon in Yucatán, the Igorots in the Philippines, the K’iche’ in Guatemala, the Sasak in Indonesia, and others. In Survival Knives, he shares his knowledge so you, too, can survive using such tools and weapons.

It’s not enough to have a knife and know how to make basic hunting weapons. That’s craftsmanship—not survival. Nor is it enough simply to have a knife when trapped in an emergency situation, like a collapsed building. You need to know how to conserve your knife and use it properly to escape so that it will not break and you are not injured.

Learn how to use survival knives, and how to use the tools and weapons you can make with the knife—not only in wilderness, but also in urban areas, foreign countries, and disaster zones such as earthquakes, floods, fires, and civil insurrections.

JAMES M. AYRES served with the Eighty-Second Airborne and the Seventh Special Forces Group (Green Berets); he has also worked as a private contractor with various US government organizations. He graduated from the US Army’s jungle survival school in Panama and the winter survival school at Camp Drum, New York. During the past decade, Ayres has written dozens of articles and stories for Blade Magazine and the Knives annuals. His books include The Tactical Knife and An Introduction to Firearms. He resides in Southern California.
Fishing is one of the oldest continually practiced pastimes in history. But like almost everything else in our modern era, it too has been greatly influenced by ever-changing technology and scientific advances. With busy lives, it’s often impossible for anglers to keep up with constantly evolving equipment. In *An Angler’s Guide to Smart Baits: Tips and Tactics on Fishing Twenty-First Century Artificials*, veteran fisherman Angelo Peluso helps to navigate these often unsure waters of modern baits and how to fish them.

Peluso takes readers through all the essential elements. Among the topics he explains, in depth, are: the appeal and purpose of materials used in modern lure construction, including hi-tech, durable plastics, acrylics and other polymers, and new-age finishes that give impressions of life; the modern science of both hard and soft baits; the sensory appeal of modern baits; and how to maximize a bait’s appeal to yield the most strikes and increase an angler’s catch ratios.

Including advice and input from expert lure designers, scientists, and manufacturers, *An Angler’s Guide to Smart Baits* is an essential read for every modern fisherman.

**ANGELO PELUSO** has fly fished along the entire East Coast of the United States, as well as other destinations throughout the United States, the Yucatan, the Bahamas, and Canada. He is a frequent contributor to many local, regional, and national magazines and writes a weekly fishing and outdoors column. His four most recent books, *Saltwater Flies of the Northeast*, *Fly Fishing Long Island*, *Saltwater Flies of the Southeast and Gulf Coast*, and *Fly Fishing the Surf*, have received national acclaim. He is an active member of the Outdoor Writers Association of America and has written for *Field & Stream*, *Fly Rod and Reel*, and *American Angler*. He lives in Port Jefferson, New York.

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JULY
Many fishermen will acknowledge that the brown trout (Salmo trutta) and the Atlantic salmon (Salmo salar) are the world’s most intriguing, beautiful, and noble fish. Having evolved nearly fifty million years ago in the Eocene epoch, these two species are close genetic cousins and descendants that can be found in oceans, rivers, lakes, and streams across the entire world. The Brown Trout–Atlantic Salmon Nexus is a complete historical, scientific, artistic, culinary, and practical guide to understanding and appreciating these remarkable fish.

Veteran author, guide, and adventurist Matthew Supinski first highlights the evolution and history of the brown trout, from its origins in Europe and the Eastern Hemisphere, to its first North American transplanting in 1883, to its spread across the globe. He then dives into the scientific and angling brilliance of the brown trout/Atlantic salmon lineage, praising the two species’ remarkable adaptability and resilience. And finally, chapters on fly-fishing tactics, fly patterns, artistic appreciation, and culinary/foraging opportunities where they are found throughout the world will give readers all the information they need to catch, admire, and appreciate this magnificent piscatorial legacy.

With more than 150 stunning photos, The Brown Trout–Atlantic Salmon Nexus is a must-have for every passionate fisherman, admirer, artist, and culinary naturalist connoisseur to enjoy.


Dr. Bror Jonsson is a senior scientist with the Norwegian Institute for Nature Research and the author of Ecology of Atlantic Salmon and Brown Trout. He lives in Norway.
Natural Meditation offers easy-to-follow meditation cues for meditating in natural settings or meditating on natural images or objects. Sidebars throughout the book provide suggestions on how to incorporate nature into your mindfulness practice. The short entries allow readers to open to a page during a lunch break, at home in the evening, or on the weekend for a short “retreat,” setting off down a quiet, natural path.

Natural Meditation acknowledges that nature has a lot to teach us about going with the flow, letting go, awareness, calm, silence, and pausing. Whether you practice these meditations in actual natural settings or on a cushion at home, the book’s entries will inspire you to spend more time in nature.

Natural Meditation emphasizes the spiritual, moral, and other tangible benefits of nature. The focus is on training the mind in relaxation, visualization, creativity, and rejuvenation, incorporating natural settings, plants, and animals. Sometimes a respite or quiet path is just what one needs in this crazy world.

Barbara Ann Kipfer is author of the bestseller 14,000 Things to Be Happy About. Her list books inspire, entertain, and enlighten. She has written more than seventy books and calendars, including 1,001 Ways to Slow Down, 1,001 Ways to Live Wild, Self-Meditation, Instant Karma, and 8,789 Words of Wisdom. A professional lexicographer, Kipfer holds PhDs in linguistics, archaeology, and Buddhist studies, and has taught meditation. She resides in New York City.
Happiness comes from getting what we want, be it love, recognition, money, and support, among others. But most people, in their search for happiness, find themselves pleasing everyone else over themselves until they end up with feelings of resentment, frustration, and anger. Whether they’re looking for love, work, solutions to a problematic marriage, or facing an empty nest, health problems, or enormous levels of stress from living in the modern world, Blow Up or Bliss Out teaches readers how to speak and live from a place of love rather than a place of frustration or resentment.

Dr. Eva’s laser coach methods help readers understand anger and stress like they never have before, and offer crafted anger management tools to nurture themselves back to a place of happiness. Topics include:

- Understanding the stress response and negative emotions
- Uncovering your deep triggers
- Using mindfulness to calm your madness
- Finding your power
- And more!

Through the framework of Dr. Eva Selhub’s lighthearted and humorous guide to anger management, readers will learn how to use her tools to hone in on the cause of their anger and release it to find “bless in their own mess.”

EVA SELHUB, MD, is an internationally recognized resilience expert, integrative health physician, author, speaker, scientist, and health consultant who bridges spirituality to managing stress, achieving optimal health, and finding everlasting joy. Dr. Eva engages her clients and her audiences with her powerful energy, words of wisdom, and scientific knowledge to empower others to transform their health and their lives for the better. She resides in Newtonville, Massachusetts.
CAREGIVER’S SURVIVAL GUIDE
Caring for Yourself while Caring for a Loved One

A practical and compassionate look at what’s needed when caring for a loved one suffering from an illness or injury.

Caregiver’s Survival Guide is based on Dr. Robert Yonover’s personal experiences. While struggling to become a successful scientist and inventor, he also was primary caregiver for his paralyzed wife for more than twenty years and raised their two children. Caregiver’s Survival Guide takes you into the throes of his life as a caregiver, husband, and father, offering guidance and hope through his story. He provides advice on:

• Dealing with heavy news
• Handling day-to-day challenges
• Holding on to the foundation of your relationship
• Taking stock of finances
• Adapting and enjoying life
• Staying sane
• Maintaining a social life
• Fighting for your rights

Through Caregiver’s Survival Guide, Dr. Yonover will equip other caregivers who face similar physical, mental, social, and financial challenges with tips and guidelines from his own experiences and other experts to help make their situation survivable.

DR. ROBERT YONOVER is a geochemist/volcanologist and the inventor of a multitude of survival technologies awarded US Military/DARPA funding and US Patents. Dr. Yonover’s media credits include appearances on CNN, PBS, Discovery Channel, and Shark Tank. He is the coauthor of Hardcore Inventing. Dr. Yonover faced twenty years of long-term challenges when his wife, Cindy, became paralyzed and he unexpectedly became a caregiver and the sole functional parent of two young children. Dr. Yonover resides in Hawaii.

ELLIE CROWE is the author of Surfer of the Century: The Life of Duke Kahanamoku, a multi-award-winning book, including the prestigious Once Upon a World Award from the Simon Wiesenthal Center/Museum of Tolerance. Ellie has also written many other award-winning books, including Hawaii: A Pictorial Celebration and Exploring Lost Hawaii. She has appeared on the Travel Channel and the History Channel. Crowe lives in Honolulu, Hawaii.
Jennifer O’Toole

AUTISM IN HEELS
The Untold Story of a Female Life on the Spectrum

The face of autism is changing. And more often than we realize, that face is wearing lipstick.

Autism in Heels, an intimate memoir, reveals the woman inside one of autism’s most prominent figures, Jennifer O’Toole. At the age of thirty-five, Jennifer was diagnosed with Asperger’s syndrome, and for the first time in her life, things made sense. Now, Jennifer exposes the constant struggle between carefully crafted persona and authentic existence, editing the autism script with wit, candor, passion, and power. Her journey is one of reverse-self-discovery not only as an Aspie but—more importantly—as a thoroughly modern woman.

Beyond being a memoir, Autism in Heels is a love letter to all women. It’s a conversation starter. A game changer. And a firsthand account of what it is to walk in Jennifer’s shoes (especially those iconic red stilettos).

Whether it’s bad perms or body image, sexuality or self-esteem, Jennifer’s is as much a human journey as one on the spectrum. Because autism “looks a bit different in pink,” most girls and women who fit the profile are not identified, facing years of avoidable anxiety, eating disorders, volatile relationships, self-harm, and stunted independence. Jennifer has been there, too. Autism in Heels takes that message to the mainstream.

From her own struggles and self-discovery, she has built an empire of empowerment, inspiring women the world over to realize they aren’t mistakes. They are misunderstood miracles.

Jennifer O’Toole is the author of ASA’s 2014 Outstanding Literary Work and bestselling Asperkids series. One of Tony Attwood’s “Top Aspie Mentors” and winner of the Temple Grandin Award for Global Contributions, Jennifer has advised the President’s Council on Disabilities and keynotes internationally. She was diagnosed with Asperger’s Syndrome in 2010.

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JULY
Bill Barich
LONG WAY HOME
On the Trail of Steinbeck’s America

An illuminated travelogue about the heart of the nation on the eve of historical change.

“We do not take a trip; a trip takes us,” John Steinbeck noted in *Travels with Charley*, his 1962 classic. In 2008, Bill Barich decided to explore the mood of the United States as Steinbeck had done almost a half century before. He set off on a 5,943-mile cross-country drive from New York to his old hometown of San Francisco on Route 50, a road twisting through the American heartland.

*Long Way Home* is the stunning result of his pilgrimage. From the Eastern Shore of Maryland to the spectacular landscape of Moab, Utah, to Steinbeck’s own Salinas Valley, the book is filled with memorable encounters and rich in history and local color; a truthful, inspired account of a once-in-a-lifetime trip. It offers an incisive portrait of a nation divided and the grassroots dissatisfaction that ultimately catapulted Donald Trump into the White House. From the Eastern Shore of Maryland to the spectacular landscape of Moab, Utah, to Steinbeck’s own Salinas Valley, filled with memorable encounters and redolent with history and local color, *Long Way Home* is a truthful, inspiring account of the country at a social and political crossroad.

**Bill Barich** is the author of numerous books, among them *Big Dreams: Into the Heart of California* and *The Sporting Life*. He has written extensively for the *New Yorker*, as well as *Playboy* and *Sports Illustrated*. He has been a Guggenheim Fellow in fiction. Barich lives in Dublin, Ireland.
Edited by Veronica Alvarado

INCREIBLE ADVENTURE AND EXPLORATION STORIES
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An exciting collection of dangerous adventures, harrowing travels, and heart-stopping journeys, Incredible Adventure and Exploration Stories compiles tales from around the globe that are sure to amaze.

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VERONICA ALVARADO is a book editor and avid armchair adventurer. She lives and works in New York City.

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Travel
JULY
HOMEMADE BREAD

Everything from homemade loaves and delicious rolls to biscuits and fresh pizza dough!

From one of Sweden’s most popular baking bloggers comes a cookbook containing the secrets of making scrumptious baked breads right in your own home. This reliable baking book will provide you with wonderfully aromatic, freshly baked bread for all occasions that even the inexperienced baker can prepare.

Within this book, you’ll find author Linda Andersson’s most popular recipes, all of which use natural ingredients. Through her instruction, learn to make fresh breads, rye tea cakes, cranberry loaf, lingonberry bread, crumpets, oat squares, and carrot rolls. In addition to these more unique recipes, this book also teaches you how to make more practical breads, including your own hamburger buns, homemade pizza, and much more!

Bursting with recipes that are easy to follow and clear step-by-step photos, this is the quintessential cookbook for any bread baker— aspiring or professional.

LINDA ANDERSSON is a journalist and domestic science and consumer education teacher as well as a regular contributor to the Swedish magazine Hembakat. She resides in Stockholm, Sweden.
Sebastián Fest

ROGER FEDERER AND RAFAEL NADAL

The Lives and Careers of Two Tennis Legends

Since 2004, two names have dominated men’s tennis: Rafael Nadal and Roger Federer. Each player is legendary in his own right. The Spanish Nadal is the winner of fourteen Grand Slam titles, including five consecutive French Open singles titles from 2010 to 2014, and is the only player ever to win a Grand Slam for ten straight years. Federer, from Switzerland, has spent over three hundred weeks of his career ranked as the number-one player in the world and has won seventeen Grand Slam titles and two Olympic medals. But neither player’s career would have been nearly as successful without the decade-long rivalry that pushed them to excel to the peak of tennis excellence.

Nadal and Federer have met thirty-four times over the course of their careers and have shared the distinction of being ranked the two best players in the world for an astounding six years in a row from 2005 to 2009. In Roger Federer and Rafael Nadal, international sports journalist Sebastián Fest uses information gleaned from his numerous interviews with both players over the past decade to narrate the rivalry, and its impact not only on the players but on the sport itself. Documenting their respective wins and losses, hopes and disappointments, and their relationship with their rival, Fest formulates a unique biography of two of the greatest players of tennis.

Sebastián Fest is the chief sports editor for the Argentine newspaper La Nación since 2015. He previously worked in the same position for the Spanish Service of DPA, the German news agency, since 2000. He’s collaborated with different media such as Rolling Stone, Newsweek, Weltwoche, and FAZ. He is the author of Enredados (Buenos Aires, 2009), a book on the misfortune of the Argentinean Team at the Davis Cup, and cowrote the book Ni rey ni D10s: Lionel Messi with Alexandre Julliard.

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Many clinicians offer strong instruction in building a relationship with the horse but too often exclude safety concerns and teaching the skills necessary for safe and fulfilling use in the backcountry. They don’t show students how to tie up a horse’s foot should you have to restrain him to pull porcupine quills, and they don’t teach basic knots and hitches. Enter Dan Aadland, a seasoned equestrian and breeder who shares expertise gained from riding backroads and teaching clinics.

Aadland first teaches students to understand the natural impulses of the horse and how to stay safe, a method he calls “survival horsemanship.” He then moves on to training both horse and rider in the basics of trail riding, including saddling, mounting with control, trail savvy, types of trails and obstacles, domestic and wild animal encounters, and staying cool in stressful situations. Other helpful topics covered include:

- Essential neck rein skills
- Elementary packing
- A mule primer
- Safe trailering
- Low-impact trail riding
- And much more!

With Beyond the Round Pen, riders will be ready for safe backcountry exploring in no time.

Dan Aadland is the author of several books, including Treading Lightly with Pack Animals: A Guide to Low-Impact Travel in the Backcountry and The Pocket Guide to Equine Knots, and he is a frequent contributor to Western Horseman and other equestrian publications. He and his wife, Emily, live in Absarokee, Montana, where they breed Tennessee Walking Horses and organize pack trips.
As the fiftieth anniversary of the Woodstock festival nears, Woodstock 1969 stands out for its singular voice. It traces the historic events that preceded the festival and then envelops the reader with photographs of the headliner rock stars that performed during the landmark three-day concert including the Who, Janis Joplin, Grace Slick of Jefferson Airplane, and Santana.

Threading his way back and forth from the stage, Jason Lauré photographed the communal life that was an essential part of the phenomenon that was Woodstock. Never intrusive, yet working close-up, he managed to capture these innocent moments in the pond and in the woods with the same compassion and intimacy he brought to his coverage of all the crucial events of the era.

Woodstock 1969 gives the reader an appreciation of the lasting impact of the festival, showing the way it changed the lives of all who experienced it. It served as the high point of the counterculture that started in earnest in the Summer of Love, and also as a leading influence in the decades that followed. The book concludes with a look at Woodstock’s lasting legacy, from Greenwich Village and the rock scene of the Fillmore East to the establishment of Earth Day and the burgeoning environmental movement.

Jason Lauré worked at the New York Times before serving in the United States Army in France, where he attended the Sorbonne. He was a finalist for a Nieman Fellowship at Harvard University and was nominated for a Pulitzer Prize for Feature Photography for his work in Bangladesh. His photographs have been auctioned at Sotheby’s and featured at the Hard Rock Cafe and at the Bethel Woods Museum. He lives in New York City and in Cape Town, South Africa.

Ettagale Blauer is a full-time writer and author of several books, including African Elegance and a series on African countries. One of the books she coauthored with Jason Lauré, Joi Bangla! The Children of Bangladesh, was a National Book Award finalist. Her work has appeared in several magazines including Rapaport and Art & Auction. Ettagale lives in New York City.
The little-known story of the robber baron who founded one of the world’s most prestigious universities.

The life of Leland Stanford reads like a tall tale of the Old West. Born in a country tavern in upstate New York, Stanford followed the Gold Rush to California, became a successful businessman, and invested in railroads. He then made headway into politics, becoming governor of California and later a US senator. As president of the Central Pacific Railroad, Stanford brought the locomotive Jupiter to preside over the completion of the first transcontinental railroad—and contemporaries likened him to the namesake Roman god. He then founded one of the most prestigious universities in the world. Stanford lived large and bold—amassing an astonishing fortune, only to die on the brink of bankruptcy.

In American Jupiter, Roland De Wolk balances the accomplishments of this quintessential self-made American man with the darker aspects of his life. He shows how Stanford used high public office to drain taxpayers, farmers, and merchants of millions, which he, in turn, squandered on mansions, racehorses, jewels, and vast landholdings. Even the eponymous university in Silicon Valley—created from the largest private university endowment of all time—was born of tragedy, a memorial for Stanford’s fifteen-year-old son who died from typhoid fever.

Although deeply conservative in belief and style, Leland Stanford’s life was one of almost unparalleled risk, failure, and reward. For his legacy in business and education, he deserves to be as remembered in the same ranks as Vanderbilt, Carnegie, and Rockefeller. Richly detailed and deeply researched, American Jupiter helps restore his rightful place as an architect of modern America.

ROLAND DE WOLK is an author, historian, and veteran investigative reporter honored by many professional citations. He has covered Stanford, the Silicon Valley, and the growth of tech for decades. De Wolk teaches at San Francisco State University and lives in the San Francisco Bay area.
Charlie Ellis

DOWNTON TABBY
What Your Cat Really Thinks While You Watch TV

Cats—the world’s toughest TV critics.

Ever wondered what your cat is up to while you’re out? Well wonder no more, because Downton Tabby is here to reveal that our feline friends are secret television addicts—and they have lots to say about the shows we make for them!

This book features full-color photographs throughout of these opinionated furballs that are accompanied by dozens of hilarious quotes, which are sure to provide readers and cat lovers with tons of entertainment. Dare we say, this book may be even more fun than the TV itself!

Curl up with these commentating kitties and discover television as you’ve never seen it before.

Charlie Ellis doesn’t know how many hours he’s wasted on the internet looking at hilarious pictures of animals! When he’s not doing that, he’s whiling away his leisure hours at his home in Reading, playing video games and cooking, neither of which he’s quite as good at as he pretends to be.
Charlie Ellis

GAME OF BONES
What Your Dog Really Thinks While You Watch TV

Dogs—the world's cuddliest TV addicts.

You may think your dog spends all day snoozing while you’re out, but you couldn’t be more wrong. Game of Bones is here to reveal that our canine pals are secret television fanatics—and they have lots to say about the shows we make for them!

This book features full-color photographs throughout of these opinionated furballs that are accompanied by dozens of hilarious quotes, which are sure to provide readers and cat lovers with tons of entertainment. Dare we say, this book may be even more fun than the TV itself!

Squeeze on to the sofa with these hilarious pups and discover television as you’ve never seen it before.

Charlie Ellis doesn’t know how many hours he’s wasted on the internet looking at hilarious pictures of animals! When he’s not doing that, he’s whiling away his leisure hours at his home in Reading, playing video games and cooking, neither of which he’s quite as good at as he pretends to be.

Test Your Dog’s IQ
$12.95 hardcover
978-1-62636-070-9

Charlie Ellis
Melissa Schifman

BUILDING A SUSTAINABLE HOME
Greener Choices for Your Health, Wealth, and Soul

Everything you need to make your home environmentally friendly and energy efficient.

The green building movement has produced hundreds of “how-to” books and websites that are filled with tips about green building and what homeowners should do to go green. While helpful and informative, when it comes to making actual purchasing and installation decisions, these books do not make it any easier for a homeowner to prioritize against a budget. Building a Sustainable Home serves this need, as it is written by a sustainability advisor and financial advisor who has personally directed the building and LEED certification of her own home. Here, she shares her knowledge and experience for others to use in their journey toward a greener way of living.

Whether the reader is building a new home or doing a minor remodel, a homeowner needs a framework by which to guide their decisions. These decisions are based on values, and the author posits that there are really only three reasons to go green:

- For Our Health: By building more sustainably, we reduce our exposure to harmful chemicals and toxins.
- For Our Wealth: By building a more durable home and being more efficient with resources like water and electricity, we reduce our monthly utility bills and ongoing maintenance expenses.
- For Our Soul: Collectively doing the right thing for our planet does make a difference—and that is soul-nourishing.

Learn the logistics of choosing windows, insulation, appliances, and lighting. Find out about FSC certified wood and about using reclaimed materials. Here is everything you need to make your home sustainable.

Melissa Schifman became the Twin Cities’ fifth LEED for Homes Accredited Professional (LEED AP) and completed the work necessary to get her own home LEED Gold Certified. She founded Green Intention LLC, where she writes and blogs about sustainable home living. She lives in Minneapolis, Minnesota.
Get ready before disaster strikes!

Floods. Blizzards. Landslides. Earthquakes. Tornadoes. Hurricanes. Severe weather happens every day across the globe. We see and hear of the devastating consequences whenever we tune into the evening news: property ravaged, communities destroyed, and lives lost. But although these events are unstoppable, you can prepare.

In *Weather Disasters*, veteran authors and disaster survivors Mark and Amy Williams provide vital information on prepping for and surviving every major type of weather disaster. Each chapter is devoted to a different catastrophe, and lists:

- The science behind the catastrophe
- Essentials you’ll need to get through it
- Helpful prepping tips
- Statistics behind the disaster
- Resources to reach out to for help
- What to do in the aftermath

No matter who you are or where you live, catastrophe can strike at any time. Be prepared, and pick up *Weather Disasters* today!

**Mark D. Williams** has published hundreds of articles and photos over the past twenty years in magazines, newspapers, and online publications including *Texas Sporting Journal, Backpacker, Men’s Health, Dallas Morning News, Cowboys and Indians, Southwest Fly Fishing, ESPN, SPORT, Gorp.com, Outdoorsite.com, Texas Fish and Game, Baseball Digest, Amarillo Globe News*, and many more. He is the author of more than twenty books, including *So Many Fish, So Little Time*, *The Backpacking Flyfisher*, *Flyfishing Southwestern Colorado*, *Knots for Flyfishers*, and *Freshwater Flyfishing Tips from the Pros*. He lives with his wife, Amy, in Amarillo, Texas.

**Amy Becker Williams** is a freelance writer, author, photographer, and teacher. Her work has been published in the *Amarillo Globe News, New Mexico Outdoors, Rocky Mountain Game and Fish, GORP.com, Tibesti.com*, and *Examiner.com*. Amy is a sponsored athlete for Athleta clothing company. She lives with her husband, Mark, in Amarillo, Texas.
Forged in the secretive world of covert operations, *Unlocking Secrets* uses real crime and practical examples to reveal the new frontier in interpersonal communications: advanced psychological skills. Thanks to this book, these skills can now be used by anyone who wants to improve their interpersonal and communication repertoire.

In *Unlocking Secrets*, David Craig has simplified the psychological methods used so effectively by criminal investigators and covert operatives to persuade others to reveal their secrets. He shows how these skills can be easily applied to benefit in everyday professional and personal situations.

These secret-revealing techniques subtly influence people to share hidden information, and may assist people working with patients, clients, children, or friends who carry a difficult and burdensome secret. They can also be used to improve business knowledge, as well as to initiate and enrich personal relationships. *Unlocking Secrets* will arm people with the latest interpersonal skills to enrich their personal life and advance professional careers.

**Dr. David Craig** is an international expert in undercover operations and lie-detection techniques. He has conducted extensive research in undercover programs in the United States (FBI, DEA, US Customs), Canada (RCMP), the United Kingdom (Scotland Yard, National and Scottish Crime Squad), and the Netherlands (Politie). He resides in Australia.
Stephen Spignesi and William J. Birnes

BIG BOOK OF UFO FACTS, FIGURES & TRUTH
A Comprehensive Examination

This just may be the most comprehensive UFO guide available.

In a mothership full of entertaining and informative chapters, authors Stephen Spignesi and William Birnes, writers of many books dealing with the intriguing, weird, and unexplained, shed a revealing beam of light on the UFO phenomenon. From inexplicable cattle mutilations and modern astronauts who have seen UFOs, to close encounters of the third and fourth kind, and it’s all here:

- The latest on Roswell and the 1947 crash that has never been explained
- The weirdest (and most convincing) alien abductions and the medical procedures performed on abductees
- The most commonly seen UFO shapes
- A who’s who of UFOlogy, including presidents who have seen UFOs
- UFOs and the Bible
- 20 Years of Project Blue Book Mysteries, NASA’s official UFO investigation

Weirdness galore, from Men in Black, crop circles, Bigfoot, the Face on Mars, Hollow Earth Theory, Alien Ancestry, and more!

The Big Book of UFO Facts, Figures & Truth is at once a valuable reference and an engrossing guide for all those fascinated with unexplained phenomenon. Turning to any page at random, readers are sure to find new facts and information, as well as dozens of rare, irrefutable photos. In addition, readers will learn how they can access a special website which includes actual video evidence of UFOs.

Stephen Spignesi is the author of more than fifty titles on the subject of history and pop culture, including The USA Book of Lists; George Washington’s Leadership Lessons; What’s Your Red, White, and Blue IQ?, and The Titanic For Dummies. He resides in East Haven, Connecticut.

William J. Birnes is the New York Times bestselling author of The Day After Roswell and many other books including Dr. Feelgood and Wounded Minds. He was the consulting producer, writer, and lead host of the History Channel’s UFO Hunters, and the publisher of UFO Magazine from 1998 through 2014. He lives in Lambertville, New Jersey.

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AUGUST
Nancy Koziol

THE JOY OF BREWING CIDER, MEAD, AND HERBAL WINE
How to Craft Seasonal Fast-Brew Favorites at Home

Step-by-step instructions, helpful tips, and fun trivia to start you brewing mead, cider, and herbal wine at home!

You’re ready to try your hand at home brewing, but you want to try something unique—and you also have no idea where to start. This is the book for you. Broken into three sections—mead, cider, and herbal wine—you’ll learn what basic equipment you’ll need, what ingredients to have on hand, and author Nancy Koziol will walk you through each step of the process. Along the way, you’ll pick up some fun facts about ethical consumption, sustainable farming, and the science behind fermenting.

Whether you want to try a simple honey mead, a crisp apple or pear cider, or a wild wine with herbs foraged from your backyard, in these pages you’ll find the inspiration and instruction you need to follow through to the finished product. Many of these drinks are brewed in a matter of weeks rather than months, so you don’t even have to be particularly patient! Once you get the hang of the basics, try experimenting with the suggested seasonal additions, or whatever fruit, herb, or spice is ready for harvest (or on sale at the local market). Add some ginger to your cider, some blackberries to your wine, or some pumpkin to your mead for brews that are truly your own.

With a unique focus on local, seasonal produce and sustainable farming practices, this will appeal to seasoned brewers who are looking for something new as well as eco-conscious millennials ready to impress their friends on Instagram. Fascinating tidbits of trivia, information on health benefits, and a dash of humor make this book as entertaining as it is useful.

NANCY KOZIOL is a lover of all sorts of fermented drinks: wine, beer, and cider. She began writing about wine for two emerging wine blogs: Winedom: The Wine Dominion and Wine Turtle. She has also traveled extensively through various wine-producing climates touring, tasting, and learning. She enjoys following the news from emerging regions (Chinese and Indian wine anyone?), has a particular interest in how climate change affects the wine world, and is fascinated by the politics of wine. She works in digital marketing as chief content writer for a small firm and is working toward her first fiction publication. Nancy lives in Bennington, Vermont, with her husband, two dogs, a cat, and a lot of beer.
COUSIN RICK’S COMPLETE WILD GAME COOKBOOK

With his signature wit and unparalleled practical knowledge of wild game, “Cousin” Rick Black is back at it with his latest, Cousin Rick’s Complete Wild Game Cookbook. Covering the hunting, preparation, and cooking of game both big and small, this book provides readers with recipes that are sure to satisfy. Some tasty grub includes:

- Campfire bass
- Halibut fish-and-chips
- Buck eye rabbit
- Michigan possum stew
- Carrot-stuffed muskrat
- Roasted raccoon and yams
- Bison burgers
- Wild hog bacon
- Moose pot pie
- Caribou camp loaf
- Pickled elk steak
- Smoked deer sausage

And with tasty additions like recipes for marinades and rubs, and cooking with beer, Cousin Rick’s Complete Wild Game Cookbook is sure to please!

RICK BLACK is the author of fourteen previous wild game cookbooks, including Deer Burger Cookbook, Grillin’ Like a Villain, Cabin Cookin’, and Wild Game. He has a weekly spot on cooking on the American Outdoor Trails radio show and writes the Cousin Rick Says column for the Fort Madison Daily Democrat and Keokuk Daily Gate City newspapers. He lives in southeastern Iowa with his wife, Becky.
Chinese cuisine has a rich history dating back more than three millennia. Increasingly, those of us living outside of China are getting a clearer picture of the complexity that’s developed. Regional Chinese specialties are (thankfully) beginning to arrive on US shores, and a contemporary Chinese meal is no longer the egg foo yung of yesteryear.

Still, one element of Chinese cookery that we haven’t seen, perhaps ironically, is much more popular in China than sit-down restaurants: street food! Every day, nearly one-fifth of humanity consumes quick meat-filled buns, skewers of meat, and cheap noodles on every street corner across China. And—you are more likely to faithfully recreate these dishes at home than you are to master the wok!

The dishes described throughout China’s Street Food are simple, delicious, and not the first thing that comes to mind when you consider Chinese food. Yet, they are arguably closer to China’s everyday grub and well within your trip to the local supermarket. Come along as we present surprisingly and deeply Chinese morsels of goodness.

Along with traditional recipes and methods of street cookery adapted for the home kitchen, China’s Street Food is filled with beautiful photos, anecdotes, history, and folklore related to this beloved cuisine. From genuinely surprised foreign friends to globe-trotting chefs, our fellow Sinophiles share their tales from the Chinese street.

Howie Southworth is a food author and media producer. He is a frequent speaker on education, culture, and cuisine for organizations across the globe. Though Howie has called many delicious destinations home, he and his family currently live in Barcelona, Spain, where some very serious food research is underway.

Greg Matza grew up in Los Angeles, weaned on a diet that stretched from Iran to the Philippines to El Salvador—all within a couple of miles from his home. Greg is currently the proud parent of an eighty-thousand BTU propane burner and a collection of very nice potholders. They all live happily in the San Francisco Bay area.
Daria Polukarova

SANDWICHES WITHOUT BREAD
100 Low-Carb, Gluten-Free Options!

Impress your family, friends, and coworkers by completely revamping your lunch routine!

Let these enticing photos and simple instructions persuade you to better your daily eating habits. Healthy, filling, and delicious, they are budget-friendly and adjustable to any diet.

Whether you follow a Paleo, non-gluten, low-carbohydrate, or just an all-around healthy lifestyle, *Sandwiches Without Bread* is for you. Featuring one hundred creative recipes along with mouthwatering photographs, this book will appeal to both your appetite and your waistline.

Instead of bread, sandwiches can be made as lettuce wraps, between scooped cucumber, apple slices, grilled eggplant or pineapple, and dozens of other substitutes—the options are endless. Recipes include:

- Smoked tofu banh mi
- Crispy one-bite cracker sandwiches
- Easy nori sandwich with butterfish
- Crab cucumber roll-ups
- Zucchini panini
- Pesto chicken halloumi sandwich
- Lentil pancake sandwich with herbed mushrooms
- Cauliflower breakfast cups
- So many more!

Daria Polukarova is an international food blogger, photographer, and recipe creator with a master’s degree in microbiology. Her blog, evilolivefood.com, was her first foray into the digital food industry, and since then her recipes and photographs have been feature in numerous cookbooks, magazines, and websites throughout the world. She resides in the Ukraine.

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AUGUST
Camilla Pérez and Lisa Flodin
Photography by Charlie Drevstam

BAKING WITH KIDS
Inspiring a Love of Cooking with Recipes for Bread, Cupcakes, Cheesecake, and More!

Twenty-one sweet and savory recipes for budding chefs.

Baking with Kids is the perfect guide for kids who want to learn to bake—and no prior baking experience is required. Authors Camilla Pérez and Lisa Flodin bring excitement to the kitchen with the addition of helpful illustrations, numbered instructions, and safety tips. Each recipe provides young chefs with step-by-step instructions to make many of their favorite goodies, such as:

- Cinnamon Buns
- Strawberry Shortcake
- Banana Cake
- Scones
- Crumb Pie
- Berry Pastries
- Grandma’s Rolls
- And more!

This beautifully photographed collection of recipes offers the young chefs in your family the opportunity to learn new skills. When children bake, it helps develop their dexterity as well as their creativity. Plus, there’s the added benefit of starting an interest in home-baked creations that are free of unnecessary additives . . . and kids love to eat their own creations.

Camilla Pérez is a cookbook author. She resides in Bromma, Sweden.

Lisa Flodin is an author of various cookbooks in Sweden. She lives in Stockholm, Sweden.
James Proud

**URBAN LEGENDS**

Myths, Mysteries, and Bizarre Tales of UFOs, Monsters, and Stranger Things You Won’t Believe

**Exciting legendary tales that will captivate any reader!**

Did you hear about the kids who found a Ferrari buried in their garden? What about the man who sued Satan? Or the woman who woke up in the middle of her funeral? Do you know the legend of the Bunny Man?

There are some stories that people will claim are true without a doubt, no matter the circumstance. This collection showcases the best of these fascinating and often creepy tales. The tales featured within fall under the following categories:

- Supernatural
- Pop Culture
- Medical
- Historical
- Mystery
- Death
- Crimes
- The Government
- Animals
- Tragedies
- And many other fascinating topics!

Whether you believe these urban myths or not, they have the power to unnerve and enthrall us all. This incredible compilation of captivating stories will keep any reader on the edge of their seat.

**JAMES PROUD** spent several years as a writer and researcher for Ripley’s Believe It or Not! He specializes in writing about the weird and wonderful, and lives in North West Essex, United Kingdom.
Imagine it’s the end of the nineteenth century, and, with one catalog, you can buy everything from beds and tools to clothing and opium. (Yes, opium.) Not to mention ear trumpets, horse buggies, and Bibles. For every recognizable item included in the 1897 Sears, Roebuck & Co. Catalogue, plenty of others are guaranteed to confuse or interest twenty-first-century readers—like Bust Cream or Food and Sweet Spirits of Nitre. What was once standard household fare is today a sometimes strange, often funny look at what life was once like for the average American family.

Sears, Roebuck & Co. has defined and innovated American retail for years. As the company grew from humble beginnings, its catalog selection exploded to include all sorts of categories and encompassed almost everything imaginable; eventually you could actually buy a house right along with everything you needed to furnish it. Flipping through the pages of seemingly endless items, huge and small, readers will find it impossible not to marvel at such early American ingenuity and determination to allow people in the farthest reaches of a still-growing nation to purchase and receive all the necessities of life and the comforts of home.

Sears, Roebuck & Co. was founded in 1886 in Chicago, Illinois. It published a general merchandise mail order catalog and consumer guide from 1888 until 1993. It is the author of the 1908 Sears, Roebuck & Co. Catalogue.
New York's wildlife has always played an important role in the history of the human beings inhabiting the state. Native Americans depended on birds, mammals, and fish for sustenance. Later, early European immigrants hunted, trapped, and fished in the region both for food and for profit. Although the state’s wildlife is still an important resource for hunters, trappers, and fishermen, wildlife is also increasingly important for its intrinsic, aesthetic value. For many New Yorkers today, experiencing nature and enjoying wildlife in its natural habitat has become an important recreational activity that serves to enhance their lives. But despite an inherent interest and fascination with wildlife, many New Yorkers are largely unaware of the diversity of species inhabiting their state. This volume is intended to provide an introduction to the state's fish, amphibians, reptiles, birds, and mammals.

In the *New York Wildlife Encyclopedia*, nationally known naturalist Scott Shupe has collected information on all the wildlife that reside in the Empire State. Included are more than eight hundred color photographs, depicting the different species of mammals, reptiles, amphibians, birds, and fish, as well as more than six hundred range maps to show their territory. Along with basic information for the biology of each animal, Shupe includes the size, habitat, and abundance of each species located in the state.

Whether you're a lover of the outdoors or photography or are looking to learn more about your state, this comprehensive guide will teach you about the wonderful wildlife that covers the water, earth, and skies of New York.

Scott Shupe began his naturalist career in 1971 at the famed Ross Allen Reptile Institute in Silver Springs, Florida. He has also worked at Florida's St. Augustine Alligator Farm and at the Black Hills Reptile Gardens in Rapid City, South Dakota. Today he serves as the director of education for the Kentucky Reptile Zoo & Venom Laboratory and is the author of *U.S. Guide to Venomous Snakes and Their Mimics* and the editor for *Venomous Snakes of the World*. 

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Scott Shupe

NEW YORK WILDLIFE ENCYCLOPEDIA
An Illustrated Guide to Birds, Fish, Mammals, Reptiles, and Amphibians

A comprehensive guide to the wildlife of New York.
Rabbi Mark Wildes

BEYOND THE INSTANT
Timeless Jewish Wisdom for a Modern, Fast-Paced, Social Media World

How to find happiness and meaning through the teachings of an ancient tradition.

More than ever, young people today are searching for a sense of purpose and direction. Advances in science and technology have given our generation opportunities our grandparents could only dream of, yet our need for meaning and values is more unfulfilled than ever. Growing addiction to instant gratification and attachment to circumstantial highs leave us lacking when it comes to long-term contentment.

_Beyond the Instant_ shows young adults how to enrich their lives through faith. It examines ten different areas of contemporary life—including friendship, family, dating, money, and career—to demonstrate how a return to spirituality can help people find happiness and satisfaction. It addresses many important questions along the way: What is the true role of sex in relationships? What is the significance of failure? How can people really make a difference in the world?

In the book, Rabbi Mark Wildes draws upon Jewish tradition and wisdom to bring a sense of balance, stability, and purpose to the often frenzied and occasionally directionless twenty-first-century way of life. Each chapter examines what the Torah has to say about a particular concern of modern life and then shows how thousands of years of rabbinical teachings can be applied to the contemporary situation. Written in a relatable and engaging style, it shows how faith and religion can provide a practical guide to finding happiness that goes beyond the instant.

RABBI MARK WILDES is the founder and director of the Manhattan Jewish Experience—a social, educational, and spiritual events organization for young adults that draws more than twenty thousand attendees each year to Shabbat dinners, classes, and special events and trips. He earned a law degree from the Cardozo School of Law and a master’s degree in international affairs from Columbia University before being ordained from Yeshiva University. He actively blogs for the _Times of Israel_ and _Huffington Post_, runs a YouTube channel, and has made appearances on HuffPost Live and Fox News. He lives in New York City.
John Troy
Foreword by Nick Lyons

HILARIOUS HUNTING CARTOONS

For the first time in paperback!

No one understands the challenges and frustrations of the outdoorsman’s life like John Troy, and no one makes the maddening business of hunting so riotously funny. Anyone still kicking himself over a missed shot, anyone wishing that his hunting dog had paid more attention in obedience school, or anyone who has ever been confounded by the antics of a pesky squirrel will enjoy this hugely delightful collection. In typical John Troy style, readers are treated to one-panel lampoons of shooters who can’t hit stuffed animals, bears that beat up hunters, and ducks that make their own decoys. They’re funny because they’re true. Hilarious Hunting Cartoons will delight both novice and experienced hunters and will make an excellent gift for the passionate hunter.

John Troy’s cartoons have appeared in Field & Stream, Sports Afield, Outdoor Life, Audubon, In-Fisherman, Ducks Unlimited Magazine, Fly Fisherman, and dozens of other outdoor publications. He was the creator of “Baxter,” the beloved and mischievous hunting dog who was featured in several of his many bestselling cartoon collections. He was the author of Hilarious Fishing Cartoons. John Troy grew up in New Jersey and lived with his wife, Doris, in Dade City, Florida. He is deceased.

Nick Lyons is the editor of Hemingway on Fishing, The Best Fishing Stories Ever Told, The Quotable Fisherman, and The Little Red Book of Dad’s Wisdom. He has written more than twenty books, mainly on fishing, in addition to hundreds of articles on the subject, which have appeared in such magazines as Harper’s, Outside, Field & Stream, Outdoor Life, and Fly Fisherman. He splits his time between New York City and Woodstock, New York.

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World (W) • CQ 20
7 ½” x 6 3/8” • 176 pages
100 color illustrations
Humor
AUGUST
Previous edition: 978-1-60239-305-9
At the heart of the men's tennis game's appeal for some years has been the Big Four: Novak Djokovic, Roger Federer, Andy Murray, and Rafael Nadal. Since 2005, only three other players have won a Grand Slam Tournament, and no one else has been ranked No. 1.

But since 2013, the dominance of the Big Four has come under sustained pressure. New players are challenging Djokovic, Federer, Murray, and Nadal. The rivalry between the old guard and the (mostly) young contenders makes this the golden age of tennis. Nick Kyrgios from Australia won his first Tour event (Marseille) in 2016. Alexander “Sascha” Zverev, named the 2015 ATP Star of Tomorrow, has been another recent success.

In *Tennis Crazy!* author Philip Slayton examines a selection of the players outside of the Big Four and introduces the readers to the great depth of field in the men's game and the personalities that enliven the game. Complete with stunning photography by Peter Figura, this book will answer questions about who are some of the other players on the tour, what drives them, insight into their foibles and eccentricities, and more. The perfect gift for tennis aficionados!

**Philip Slayton** is the author of *Lawyers Gone Bad*, *Mighty Judgment*, *Mayors Gone Bad*, and *Bay Street: A Novel*. After graduating from Oxford University, he pursued a career in law but retired in 2000. Philip and his wife, writer Cynthia Wine, were founders of the Port Medway Readers Festival, a highly successful summer literary festival.

**Peter Figura** is a tennis writer and photographer with more than forty years involvement in the game. He has been a player, coach, and umpire. He is a regular contributor to two tennis magazines, and his freelance work for Canadian Press has been published across Canada. Peter also works as a photojournalist for Newspix, a major European photo agency.
Winner of a Hercule Poirot Award, a fast-paced international crime thriller about Russian infiltration in the financial world.

Walter Eekhaut, a veteran of the Belgian police force who has a problem with authority, is dispatched to Amsterdam to aid the Dutch security service in investigating the activities of a well-connected Russian oligarch with ties to Putin. Some of the Russian's business is certainly legitimate, but some may well not be. In Amsterdam, Eekhaut is seconded to Chief Superintendent Alexandra Dewaal and her team, and begins to learn about the city's shady underside.

He is at once pulled into another case, the murder of a young leftist dissident, alleged to have stolen a sensitive list from the Amsterdam offices of a right-wing political party—a list with the names of secret donors. The hunt for the killer leads to a knot of black money interests and illegal dealings that pit the Russian mob and Dutch politicians and business leaders against the police and anyone else who tries to get in their way.

Absinthe is the gripping first installment in the bestselling Amsterdam trilogy featuring Eekhaut and Dewaal and, for North American readers, a new voice in European noir.

GUIDO EEKHAUT has won the Hercule Poirot Award and has been nominated twice for the Golden Noose Award for his crime fiction. A former journalist and innovation coordinator for a large international bank, he is a prolific writer and futurist, with more than forty books to his credit. His works have been published in eight languages. He now divides his time mostly between Belgium and Spain.

“The surprise of this spring. It is original and shows considerable stylistic skills.” —De Standaard

“Intelligent and exciting.” —Crime Zone

“Eekhaut presents us with lifelike characters, not heroes in the hardboiled tradition, but human detectives plagued by doubt.” —Knack magazine
L.E. Maleki with Holly Lörincz

THE EVERYTHING GIRL
A Novel

Real-life drama inspires a fresh take on The Devil Wears Prada in this coming-of-age multicultural women’s fiction debut.

There’s nothing like a cheating boyfriend to make you reconsider your life.

And for Paris Tehrani, an impromptu move to Manhattan is the perfect reset button. Determined to avoid crawling back to her dead-end life in California, Paris applies for an assistant position to a hedge fund CEO. Sure, she’s not totally qualified for the position, but who is these days? Fake it till you make it, right?

Wrong. All too quickly, Paris realizes her “job” is to cater to the whims of a maniacal dictator intent on ruining her day and possibly even her life. Between ducking her new employer’s random tantrums, arranging his exotic entertainment, balancing office politics, and nurturing a new relationship, Paris can’t possibly keep her head above water. But when she discovers incriminating evidence against the CEO, information that could take her down in the process, she finds herself faced with a decision: sacrifice her life and dignity for the job—or her chance at a real future.

L.E. Maleki is the pen name for a woman who works as the executive assistant to a well-known hedge fund CEO in Manhattan.

Holly L. Lörincz is a successful collaborative writer and owner of Lörincz Literary Services. Her first novel, Smart Mouth, won the Bronze Ippy Award for fiction in 2014 and is currently optioned to Foxworthy Productions for a TV series. Holly lives in Oregon.
Frances Vieta

LOVE IN THE LAND OF BAREFOOT SOLDIERS
A Novel

A heartfelt, tenderly realized love story set against the brutality of Mussolini’s invasion of Ethiopia in 1935.

The year is 1935 and twenty-something Ceseli Larson, a young American woman from New York, has arrived in Ethiopia to study the lost ruins of Axum. A scholar of early writing of Christianity, she hopes to find the possible resting place of the Ark of the Covenant and the long-forgotten archaeological secrets that lie within. What she does not count on is that Benito Mussolini’s invasion of Ethiopia is about to be unleashed, sending her already dangerous journey into chaos.

On her way to the capital, Addis Ababa, Ceseli meets a young Italian doctor, Marco, and she begins to fall in love with his idealism and disdain for the fascist rule of his homeland. When she becomes an unwilling witness and participant in a bloody battle between barefoot Ethiopian soldiers and Italian fascists, Ceseli finds herself forced to pick a side.

Love in the Land of Barefoot Soldiers is a sweeping tale of romance and war, as Ceseli is caught in the fog of war while falling deeply in love with Mario, a member of the invading army.

FRANCES VIETA was born and raised in New York City. She lived in Rome, Italy, for twenty-seven years, working as an investigative reporter and writer for American and Italian media. She has written on a variety of socioeconomic issues. Love in the Land of Barefoot Soldiers is her debut novel. She resides in New York City.

“A heartbreaking story of what happened when the mighty powers at the League of Nations played ostrich for Fascist Italy’s rape of Ethiopia, when they could have stopped Mussolini with his mustard gas and bombing of Red Cross hospitals. Vieta’s novel is a lesson in the dangers of noninvolvement. It brought tears to my eye.” —Marvin Kitman, Pulitzer Prize finalist
Edited by Lindsey Breuer-Barnes

INcredible Cowboy Stories
Amazing Tales of Western Danger and Derring-Do

The fires of America’s fascination with the Wild West are stoked in this new compilation of the best and most exciting cowboy stories out there. Sit around a campfire and join authors like Theodore Roosevelt and Mark Twain as they flesh out the America they knew intimately. For some of these writers, the West was a place of dreams, for others, of nightmares, but for us, they represent the freedom and delight of a lawless land.

Boasting a diverse set of authors and perspectives, this collection of stories ensures every reader will get a nuanced and full sense of what the life of a cowboy was like. Each story and author evokes a different aspect of what it really meant to live in the old Wild West. Some tales depict dramatic standoffs and moments of ultimate danger, while others brilliantly capture thrilling adventures, the immensity of the Wild West, and the pure pride and joy of being a cowboy.

Incredible Cowboy Stories, brought to life by more than three dozen color illustrations, is a must-have for anyone who has ever dreamt of the hot deserts of Texas, the frigid cold of the Rocky Mountain peaks, or the wide and wild range of the Old West.

Lindsey Breuer-Barnes is a book editor and works on books about the outdoors and firearms. An occasional target shooter, she gains her Wild West cred from visits to family in Wyoming. She lives in New York City.
Caroline Vazzana

MAKING IT IN MANHATTAN

The Beginner’s Guide to Surviving & Thriving in the World of Fashion

From a modern-day Carrie Bradshaw comes an insider’s guide to making it in the fashion industry.

From a young age, fashion editor, stylist, and writer Caroline Vazzana knew the fashion industry was where she belonged—but gaining access to the amazing and mysterious world of fashion in the city that never sleeps takes countless hours of hard work and dedication. After making it in some of fashion’s biggest publications, Caroline’s finally pulling back the curtain and telling us her secrets. In Making It in Manhattan, Caroline sheds a bit of light on her journey and guides fashion hopefuls to stand out from the crowd and land the job of their dreams.

Written in conversational style, complete with photographs and illustrations (and a little bit of name-dropping), Caroline shares what she’s learned about pursuing a career in fashion and the resources that helped her secure jobs at Teen Vogue, Marie Claire, and InStyle magazines.

Making It in Manhattan topics include:

- Exploring your options
- How to get that golden ticket to fashion week
- What to do if you didn’t attend a big fashion school
- Building your personal brand on social media
- And more!

From how to get your foot in the door to making fashion your full-time job, Caroline’s insider advice gives you everything you’ll need for breaking in and making it in Manhattan.

CAROLINE VAZZANA is a fashion editor, stylist, and writer living and working in her hometown of New York. She began her career at Marie Claire, and has since spent time at Teen Vogue and InStyle magazines. She collaborates with a wide range of different brands, lending her unique eye and voice, and hopes to share her industry knowledge with future fashion generations.
Mary Presson Roberts

YOUR MENTOR
A Practical Guide for First-Year Teachers in Grades 1–3

A practical, easy-to-use guide based on the needs of real teachers, aimed at new and returning faculty!

This easy-to-implement guide was developed by surveying student teachers, substitute teachers, returning teachers, emergency credential teachers, and teacher educators. Your Mentor contains their wide-ranging recommendations of what they wanted to see included in a teaching reference. Actual samples of lesson units, themes, and communications with parents are included along with easy-to-follow, classroom-tested suggestions for:

• Making lesson plans
• Keeping records
• Using technology in the classroom
• Planning special events
• Developing and maintaining professional credentials and portfolios

This book is a valuable reference tool for those in their first few years of teaching, teachers returning to the classroom, and students considering the teaching profession. It will serve as a daily companion—like an experienced mentor always available to be consulted.

MARY PRESSON ROBERTS currently teaches first grade for the Charlotte–Mecklenburg School District in North Carolina. During this time, she also served as teaching assistant, principal, and grade-level chairperson. This is her first book.
TIME-SAVING TIPS FOR TEACHERS

An easy-to-use book full of tips and tricks for helping teachers manage their time.

Perfect for teachers who need help managing their time, Time-Saving Tips for Teachers is structured for easy use. Teachers can flip through the chapters and apply the ideas that fit their immediate needs and style—and includes more than sixty reproducible forms that can be used right away, covering topics such as student and parent information, reading and writing coaches, homework, standards for assignments, supplies, and more. Great tips about portfolios, substitute teachers, email, handheld computers, and the Internet!

Chapters provide ideas on how to save time without diminishing quality by:

- Communicating effectively—but briefly
- Managing materials
- Planning the week ahead
- Learning to say “No”
- Using the Internet to save time
- Working with substitutes and volunteers
- Creating a filing system that saves time
- Avoiding distractions
- Treating yourself as a professional

This guide helps teachers work smarter and enjoy life outside of teaching once again!

JOANNE C. WACHTER is a writer and consultant with expertise in education. Her teaching experience includes elementary school and middle school stints as a classroom teacher and language arts supervisor.

CLARE CARHART brings time management expertise to this book from her work as a high school math teacher and as a community college educator.
SECRETS TO SUCCESS FOR BEGINNING ELEMENTARY SCHOOL TEACHERS

A handy guide for new elementary teachers, filled with wisdom and advice to make the first year better.

Packed with insider tips, practical strategies, and time-tested advice, this invaluable guide is designed for new and preservice educators. Offering a wide range of perspectives, Kottler and Gallavan cover the essential topics that novice teachers encounter, including establishing routines and classroom rules, planning instruction and assessment techniques, networking with colleagues, navigating school policies and procedures, and communicating effectively with parents. Tools and resources include:

- Steps for developing meaningful curriculum
- Activities to extend learning and apply ideas in the classroom
- Preparation guidelines and checklists for classroom instruction
- Lesson plan formats
- Strategies for including technology

Serving as a virtual “mentor,” this handbook combines the insights of experienced teachers with straightforward portrayals of what to expect during the first days, weeks, semesters, and years in the classroom.

ELLEN KOTTLER, EdS, has been a teacher for more than thirty years in public and private schools, alternative schools, adult education programs, and universities. She teaches secondary education and supervises intern teachers at California State University, Fullerton.

NANCY P. GALLAVAN, PhD, is professor of teacher education at the University of Central Arkansas where she specializes in classroom assessments and cultural competence in the Department of Teaching and Learning MAT Program, which she helped to start in 2006. Dr. Gallavan also serves as the UCA Academic Liaison to Institutional Diversity.
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