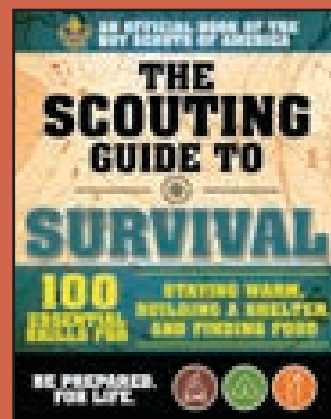
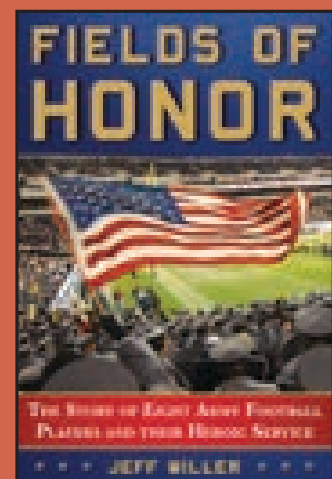
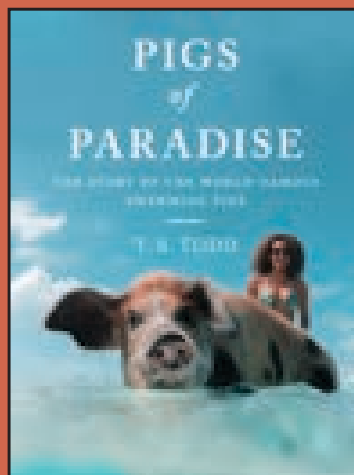
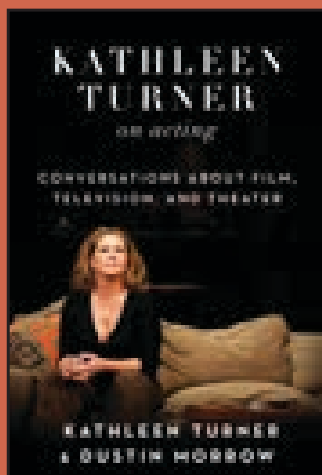


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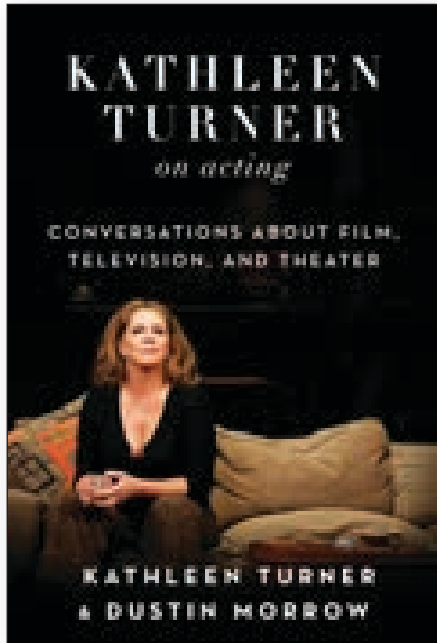
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Performing Arts

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SEPTEMBER

Few actors have had the kind of dynamic career that Kathleen Turner has; success has followed her from the television screen to major blockbusters, from indie films to the theater stage. Over her forty-year career, Turner has developed an instinctual knowledge of what it takes to be a successful actor, and, in her conversations with esteemed film professor Dustin Morrow, she shares these lessons with the world.

With her iconic wit on full display, Turner dazzles readers with her shrewd insights on the craft of acting and charming anecdotes from her own storied career. Touching on each of her roles, she expounds on the lessons she's learned and describes her journey of discovery in the world of acting.

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**KATHLEEN TURNER**, acclaimed stage and film actress, made her film debut in *Body Heat* in 1981, propelling her to stardom and becoming one of the defining roles of her career. She continued to garner commercial and critical success with performances in *Romancing the Stone* (1984), *The Jewel of the Nile* (1985), *Prizzi's Honor* (1985), *Peggy Sue Got Married* (1986), and *The Virgin Suicides* (1999). Turner has also had a long and renowned career as a stage actress with starring roles in productions such as *Indiscretions*, *Cat on a Hot Tin Roof*, *The Graduate*, *Who's Afraid of Virginia Woolf?*, and *The Year of Magical Thinking*. She currently lives in New York City.

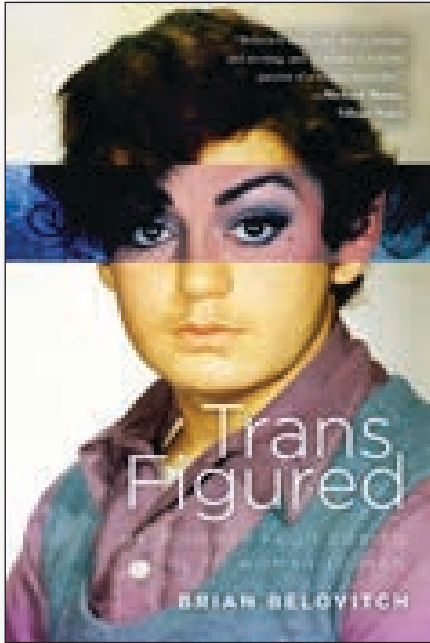
**DUSTIN MORROW** is an Emmy Award-winning filmmaker, author, programmer and educator with more than twenty years of professional film production experience and more than fifteen years' experience teaching at the university level. He received his MFA from the Department of Cinematic Arts at the University of Iowa in 2003. He is currently a tenured associate professor at Portland State University in Portland, Oregon, where he teaches courses in digital cinema production and film studies.

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In *Trans Figured*, Brian Belovitch shares his true story of life as a gender outlier and his dramatic journey through the jungle of gender identity.

Brian has the rare distinction of coming out three times: first as a queer teenager; second as a glamorous transgender woman named Tish and, later, Natalia Gervais; and finally as an HIV-positive gay man surviving the AIDS crisis in the 1980s. From growing up in a barely-working-class first-generation immigrant family in Fall River, Massachusetts, to spinning across the disco dance floor of Studio 54 in New York City, from falling into military lock-step as the Army wife of a domineering GI in Germany to having a brush with fame as Natalia, high-flying downtown darling of the boozy and druggy pre-Giuliani New York nightclub scene, Brian escaped many near-death experiences.

*Trans Figured* chronicles a life lived on the edge with an unforgettable cast of characters during a dangerous and chaotic era. Rich with drama and excitement, this no-holds-barred memoir tells it all. Most importantly, Brian's candid and poignant story of recovery shines a light on the perseverance of the human spirit.

**BRIAN BELOVITCH** is a former editor at *People* magazine. A 2000 GLAAD award nominee for his play *Boys Don't Wear Lipstick*, Belovitch is a founder of Queer Stages, an LGBT-themed dramatic series, and a guest storyteller with the Generations Project. At age sixty, Belovitch entered a master's program for mental health counseling at Hunter College. Today he works as an addiction professional and lives in Brooklyn with his husband of fifteen years.

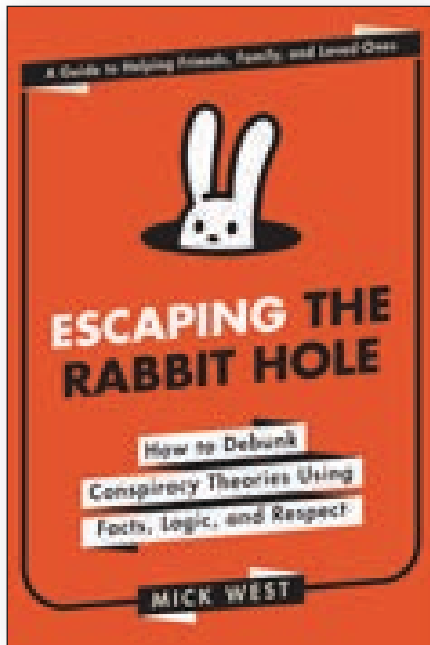
"With the current zeitgeist of *trans* this and *trans* that peppering all areas of the media, it's crucial that voices from different points on the trans spectrum be heard. Brian Belovitch's devastatingly honest story of an insecure, abused boy who seeks solace and approval by switching genders twice is one that hasn't been told before. With an unblinking eye and a survivor's sense of humor, Brian chronicles his journey there and back again in a voice that rings true and triumphant—one that will not easily be forgotten." —Edwin John Wintle, author of *Breakfast with Tiffany: An Uncle's Memoir*

Mick West

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Science

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SEPTEMBER

The Boston Marathon bombing was staged with actors and fake blood, Obama is a Muslim, nanofibers infest your skin, the World Trade Center was a controlled demolition, the Moon landings were a hoax, planes are spraying poison to control the weather, and the Earth is flat. All these claims are bunk, falsehoods, mistakes, and lies. But some people believe they are true. Why is this, and how can you help people escape the rabbit hole of conspiracy thinking?

This book provides a practical basis for the art of debunking. Practical advice is given for debunking at the level of an individual, with particular attention given to the most sensitive type of debunking—that of friends, relatives, and loved-ones. Some case studies examined include:

- Chemtrails
- 9/11
- Morgellons
- Flat Earth

*Escaping the Rabbit Hole* goes beyond merely calling attention to these conspiracy movements, but rather examines how you debunk effectively? What can you do in situations where conclusive scientific evidence isn't convincing enough? What if the claim is a new one, about a breaking news story? Where do you go to verify or debunk a new claim of evidence for some conspiracy? How do you disseminate the information in a manner that resonates? How do you debunk someone when they have been finessing their bunk for a decade and you have just started looking? Most pressing, how do you inform without alienating? *Escaping the Rabbit Hole* tells you how.

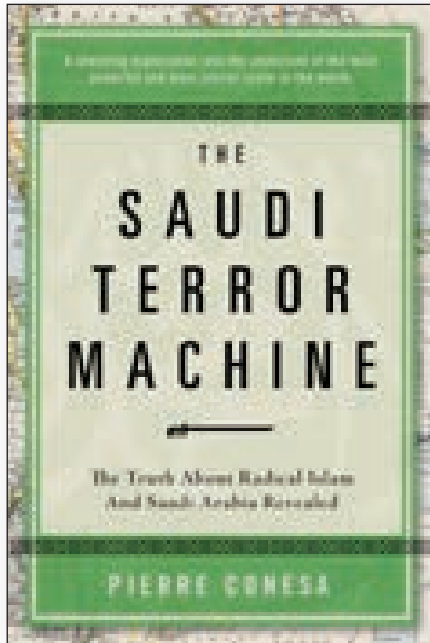
**MICK WEST** is a science writer and professional debunker. While he began his career as a video games programmer, his primary focus at the moment is investigating and explaining conspiracy theories such as Chemtrails, 9/11, False Flags, etc. He also covers more esoteric topics such as UFOs, pseudoscience, Flat Earth, photo analysis, and other quackery. Mick has appeared on numerous major media outlets, including CNN, *CBS Evening News*, *The Joe Rogan Experience*, and many others.

Pierre Conesa

# THE SAUDI TERROR MACHINE

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Current Affairs

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SEPTEMBER

The religious diplomacy of Saudi Arabia constitutes a strange black hole in the analysis of radicalism that affects Islam and the Middle East today. Why has Salafism, the most intolerant and sectarian movement of Islam, become so prevalent? Of all the religious radicalisms that rot the planet, it is the only one to enjoy the constant support of a country endowed with immense means: the Saudi kingdom.

This study, whose collaborators wanted to remain anonymous, reveals how the two sides of the kingdom—the conciliatory one of the Saud dynasty and the more aggressive Salafism, propagandist of jihad—has for decades developed a religious strategy to conquer the Muslim community and the West without appearing as an enemy. One of the most striking examples is the absence of sanctions or even accusations by George W. Bush towards Saudi Arabia in the aftermath of the September 11th attacks even with fifteen identified Saudis among the terrorists.

The kingdom's influence is largely unknown, but it undoubtedly acts as a key player throughout the Muslim world through its financing of conservative Koranic schools, universities, and mosques as well as other international public and private organizations. But after years of financing radical Islamists in foreign lands, Saudi Arabia now finds itself threatened in its own territory, the monster it has given birth to turned against it.

**PIERRE CONESA**, associate professor of history and former student of the ENA, was a member of the Committee of Strategic Reflection on the Ministry of Defense. He now teaches history at the Paris Institute of Political Studies and writes regularly in *Le Monde Diplomatique*. He is the author of several books, including: *Paradise Guide: Comparative Advertising of the Afterlife* (L'Aube, 2004 and 2006), *The Mechanics of Chaos: Bushism, Proliferation, and Terrorism* (L'Aube, 2007), *La Fabrication de l'ennemi* (Robert Laffont, 2011), and *Dr. Saoud and Mr. Jihad* (Robert Laffont, 2016).

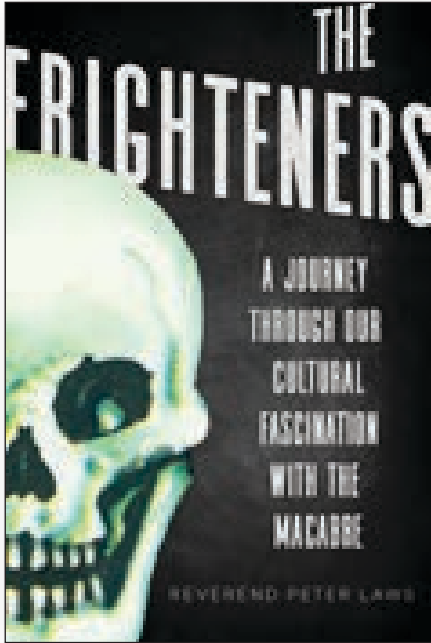


Reverend Peter Laws

# THE FRIGHTENERS

A Journey through Our Cultural Fascination with the Macabre

For fans of Mary Roach and Jon Ronson, this illuminating journey by an ordained minister uncovers the reasons we are drawn to the morbid.



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**T**he *Frighteners* is a bizarrely compelling, laugh-out-loud exploration of societies' fascination with the dark, spooky, and downright terrifying side of life. The author—self-proclaimed “sinister minister”—opens the book by reflecting on how he went from a horror-obsessed atheist to a God-fearing Christian and then reconciled his love of the macabre with his new faith. In the chapters that follow, Laws takes us on a worldwide romp to shine light on the dark corners of our own minds. An American hell house—controversial Christian “haunted houses” that act out the horrors of abortion, drug use, etc.—hosts his reflection on the use of horror in religion. A party in London with real life “vampires” exemplifies modern sexual fascination with the parasitic undead. He goes ghost hunting in an underground barbershop where a murderer used to cut hair. A professor in Denmark who is an expert on the recent Slenderman court case helps him explore the link between technology and the supernatural.

In accessible and light-hearted prose, Peter Laws takes us from the dark corners of his mind to the underbelly of various macabre cultures to illuminate society's preoccupation with death and horror. *The Frighteners* combines psychology, religious theory, and personal memoir to create a dynamic and fascinating read that is informative and entertaining.

**REVEREND PETER LAWS** is an ordained Baptist minister with a diploma in theology and a degree in sociology and applied social science from Lancaster University. His thesis, *Preaching in the Dark: The Homiletics and Hermeneutics of Horror* was shortlisted for a BIAPT—The British and Irish Association for Practical Theology Award. He writes articles for the online magazine *The Fortean Times* and hosts a YouTube show and podcast called *Flicks the Church Forgot*. He lives in Liverpool, United Kingdom.

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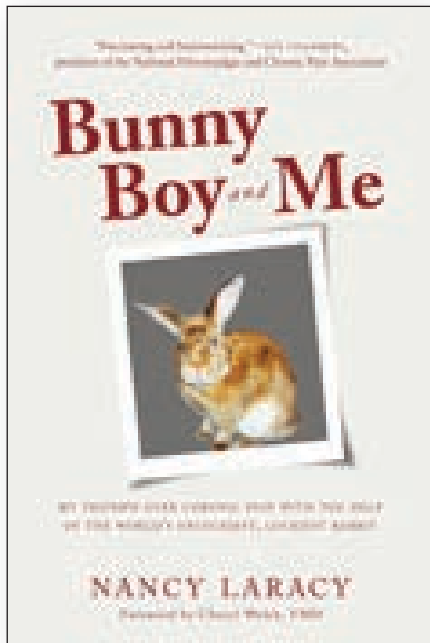
SEPTEMBER

Nancy Laracy  
Foreword by Dr. Cheryl Welch, VMD

## BUNNY BOY AND ME

My Triumph over Chronic Pain with the Help of the World's Unluckiest, Luckiest Rabbit

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As Nancy battles debilitating chronic pain, Bunny Boy is diagnosed with a similar autoimmune disease. With the heart of a lion, Bunny Boy fights through countless procedures and surgeries, even helping to pioneer a cutting-edge medical treatment that, once made available to humans, would later save Nancy's life.

Despite Bunny Boy's illness, he lives boldly with joie de vivre without a care for his pain, gamboling about the house where he runs free. As they grow closer in sickness and in health, Bunny Boy shows Nancy how to reclaim her own zest for life and overcome her disease, as well as dozens of other patients in a rehabilitation center when he becomes a therapy rabbit.

A poignant story of resiliency, deep love, and faith in miracles, *Bunny Boy and Me* is a heartwarming tale of the unluckiest, luckiest rabbit who defied the odds and made a difference.

**NANCY LARACY** is a writer, activist, wife, and mom who suffers from autoimmune disease and fibromyalgia. Since being diagnosed in 1997, she has become a worldwide advocate for the chronic pain and pet therapy community, serving on organizations such as Animal Assisted Therapy, CancerCare, and the National Fibromyalgia and Chronic Pain Association. Nancy lives in New Jersey.

"A fascinating and heartwarming story [that will] resonate with people who suffer from chronic pain and who love animals." —Jan Chambers, president of the National Fibromyalgia and Chronic Pain Association

"The magic of [the] story . . . is both amazing and inspiring. . . . Love it seems is truly blind to color, gender, or species." —Hope Cristol, managing editor of *Arthritis Today*

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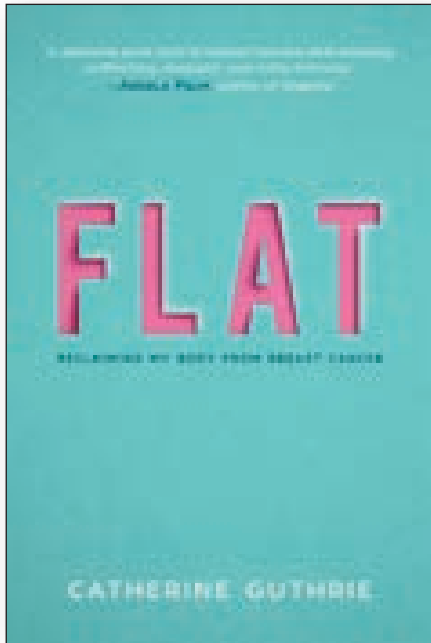


Catherine Guthrie

**FLAT**

Reclaiming My Body from Breast Cancer

A feminist breast cancer memoir of medical trauma, love, and how one woman found the strength to listen to her own body.



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Health

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SEPTEMBER

As a young queer woman, Catherine Guthrie was at ease with her body. However, after years writing about women's health and breast cancer, Guthrie is thrust into the patient's seat after a devastating diagnosis at age thirty-eight. *At least, she thinks, I know what I'm facing.*

She was wrong. In one horrifying moment after another, everything that could go wrong does—a double mastectomy that misses the cancerous lump, failure of the most effective drug treatments, and a dermatologist's mistake that unleashes millions of breast cancer cells into her body.

*Flat* is Guthrie's story of how two bouts of breast cancer shook her faith in her body, her same-sex relationship, and medicine. Along the way, she challenges the male-centric view that breasts are a symbol of femininity and paramount to a woman's happiness. At the core of it all is the love story with her partner, Mary—an intimate portrayal of how cancer reshapes a relationship.

Filled with candor, vulnerability, and resilience, Guthrie upends the "pink ribbon" narrative in unconventional ways, offering up unique perspectives on womanhood, what it means to be "whole," and the importance of women advocating for their desires. *Flat* is a story of how she found the strength to listen to her own body.

CATHERINE GUTHRIE's reporting and criticism have appeared in dozens of national magazines including *Time*, *O*, *The Oprah Magazine*, *Slate*, *Prevention*, and *Yoga Journal*. She lives near Boston, Massachusetts.

"A welcome punk rock to breast cancer's pink-washing. Unflinching, eloquent, and richly intimate, *Flat* has shaken me." —Angela Palm, author, *Riverine: A Memoir from Anywhere but Here*

"The biggest triumph of *Flat* is how it carefully upends the breast cancer narrative in smart, surprising ways." —Mike Scalise, author, *The Brand New Catastrophe*

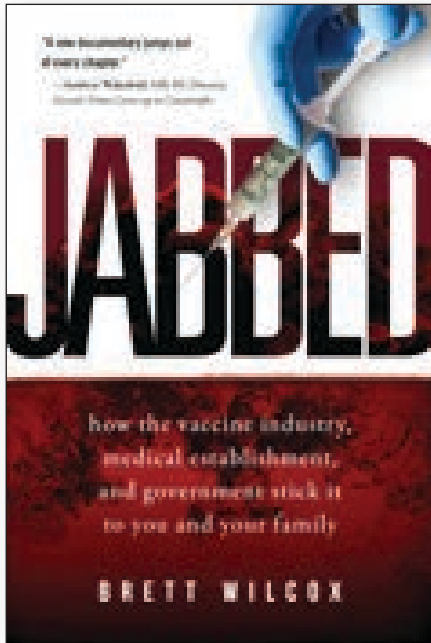
"[Guthrie's] is a voice—candid both in fury and in love—you can trust." —Howard Axelrod, author, *The Point of Vanishing: A Memoir of Two Years in Solitude*

Brett Wilcox

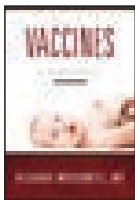
# JABBED

How the Vaccine Industry, Medical Establishment, and Government Stick It to You and Your Family

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SEPTEMBER

*Jabbed* demonstrates that the medical procedure hailed as the greatest medical advancement in history—vaccines—is a racket run by criminals and gullible believers who have replaced vaccine science with the religion of vaccinology. Vaccine marketers teach believers to fear, shame, and scapegoat anyone foolish enough to question the sanctity of vaccines. Such an environment is not the domain of science; rather it's the breeding ground of tyranny.

*Jabbed* exposes this tyranny. From polio and smallpox to medical journals, medical curricula, congressional hearings, regulatory policies, White House statements, and executive orders, *Jabbed* shines light on the dark underbelly of Big Pharma, Big Medicine, and Big Government.

A vaccine-informed public is the only thing that will have the power to stop vaccine industry sociopaths and to hold them accountable for their crimes.

*Jabbed* informs and immunizes against three of the most dangerous epidemics in history: tyranny, greed, and corruption. Once immunized, the growing vaccine-informed community will have the power to stand up and dismantle the vaccine paradigm and program and to punish the perpetrators of what may well be the greatest medical fraud ever perpetrated on the human race: vaccines.

**BRETT WILCOX** is a licensed professional counselor residing with his family in Sitka, Alaska. Brett and his son ran across the USA in 2014 promoting a GMO-Free USA and world. Brett is the author of *We're Monsanto: Feeding the World*, *Lie After Lie*, *Books I and II*. Brett blogs at [RunningTheCountry.com](http://RunningTheCountry.com).

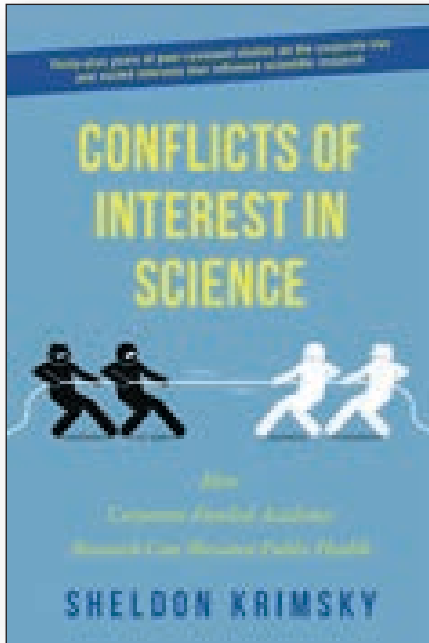
**"A brilliant book on the sordid history of infectious disease and vaccines. It confirms my own conclusions on this subject, in that no vaccine prevents any infectious disease and that every vaccine poses serious dangers to public health. A must-read for all ages."** —Shiv Chopra, DVM, PhD, former senior scientific advisor on vaccinations for Health Canada

Sheldon Krimsky

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For more than five hundred years, groups and organizations with political, economic, and personal interests have successfully exercised influence on the pursuit of scientific inquiry and knowledge. History is replete with examples like the Papal authority muddying research into studies of the cosmos, but far less attention is paid today to the various corporate and special interest groups who, through funding and lobbying efforts, have been able to shape the modern academic and scientific landscape to fit their agenda.

In *Conflicts of Interest in Science*, author Sheldon Krimsky compiles twenty-one peer-reviewed, academic articles that examine the complex relationship between the individual scientists conducting research and the groups who fund them. Ultimately, Krimsky's call to action concerns a collective movement among authors, peer reviewers, corporations, and journal editors to disclose the sources of their funding. By holding scientists and the groups that fund them more accountable through increased transparency, we as a society can begin to rebuild trust in the integrity of knowledge.

**SHELDON KRIMSKY** is the Carol Zicklin Visiting Professor of Philosophy at Brooklyn College, the Lenore Stern Professor of Humanities and Social Sciences at Tufts University, and adjunct professor in the Department of Public Health and Community Medicine at the School of Medicine at Tufts University. The author resides in New York City and Cambridge, Massachusetts.

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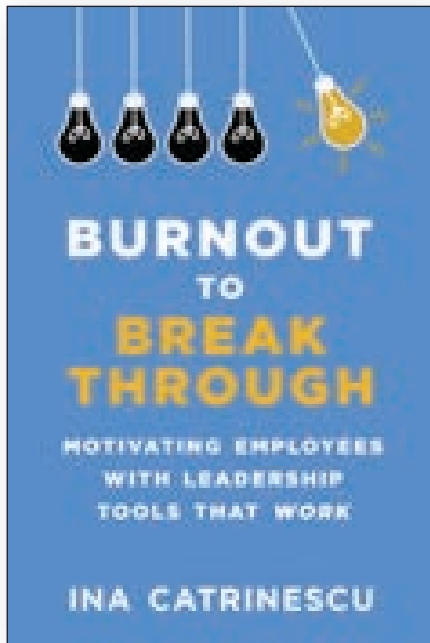
SEPTEMBER

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SEPTEMBER

Are your employees feeling exhausted, cynical, or just tuned-out? Do they frequently check their phones in meetings, and seem especially uninterested to hear about the next important organizational change? Are they working harder but getting less done? Ill too often or for too long? These are some of the classic warning signs of disengagement.

In a perfect world, work should do so much for us. It should lend us purpose and a sense of meaning, offer us structure and stability. But invariably, something goes wrong—many employees have to pull themselves over the fence each day at a job that is burning them out.

Employee engagement and burnout were declared in a state of “crisis” and the biggest concerns for employers in 2017. But it’s not just our economic prosperity that’s at stake. The study presented in *Burnout to Breakthrough* shows an alarming correlation between disengagement and the following three health predators: depression, obesity, and suicide.

Here, Ina Catrinescu draws on cutting-edge neuroscience and integrates social psychology and organizational science to reconsider accepted narratives, connect past developments with contemporary concerns, and examine specific management practices within the context of this workplace crisis. She redefines how we understand work and idleness. And the best part? The same turnkey solution that can aid disengagement and burnout is responsible for unleashing our creativity.

Are you ready to get your employees thirsty to create, their minds tickled, and their hearts racing? Then *Burnout to Breakthrough* is the right book for you.

INA CATRINESCU is an engagement and change consultant leading global adoption initiatives at Fortune Global 500 companies like ING Bank and Achmea, and most recently at KPMG. During the past eighteen years, she’s helped promote participation in environments where big thinking and public spirit thrive and ignite social movement and development. Ina is also the founder of ina.fyi and SHFT Happens, which is a focused environment that provides the right mindset, discipline, and fuel to turn ambitions into results, plans into actions, and dreams into reality.

Monica Wu

## WHAT THE FUZZ?

The Adventures of Fuzzberta and Friends, the World's Most Loved Guinea Pigs

"These adorable guinea pigs are the best thing you'll see all day."  
—Oprah.com



- Co-op available

Fluffballs Fuzzberta and her friends, MiniGuineaPig and HuiHui, the cat, have been taking the internet by storm as they chronicle their lives via fancy dress, from highlighting the best of film and fashion to offering behind-the-scenes material of what they get up to in their spare time. Now this guinea-pig gang has collected its all-time favorite and exclusive photos in one book for all non-fuzzy beings to enjoy!

Monica Wu, Fuzzberta's human, adopted the tiny guinea pig in 2014. To add to Fuzzberta's cuteness, Wu created costumes and hats for her new friend, and Fuzzberta was more than happy to model them for Wu's camera.

**FUZZBERTA P. "PIKACHU" JONES**, or Fuzzberta, as she's known to all her friends and her fans, has portrayed her favorite characters from *Harry Potter*, *Frozen*, *Star Wars*, and *Ghostbusters* and celebrated holidays in style, complete with dragon headdress for Chinese New Year and appropriate eyewear to watch 2017's solar eclipse. In her downtime, she enjoys flying kites, pushing shopping carts, munching on carrots, and working out. ("Let's get fuzzical!" Fuzzberta has declared.)

**MONICA WU** is the creator of the successful Fuzzberta and Friends brand and merchandise, which has been featured in the *Mirror*, the *Telegraph*, and the *New York Post*, as well as on various popular sites such as Oprah.com, *Mashable*, *Buzzfeed*, and *Bored Panda*. She is a photographer and graphic designer. Monica lives in Pacifica, California, with her adorable family of guinea pigs.

"We have seen our share of interesting animals. Whether it's a painting donkey, a cat that sings, or an owl that dances, we thought we'd seen it all. That was until we met Fuzzberta." —*Huffington Post*

"Your life needs Fuzzberta the guinea pig." —*Mashable*

**\$9.99 hardcover (Can. \$14.99)**  
North America (NA) • CQ 30  
ISBN 978-1-5107-3684-9  
6 1/2" x 6 1/2" • 96 pages  
45 color photographs  
Humor  
ebook ISBN 978-1-5107-3686-3  
**SEPTEMBER**

Jalina Colón

# HALLOWEEN DOG COSTUMES

Fifty Do-It-Yourself Outfits for Doggy Dress-Up

Trick or treat your pooch to wearing the cutest handmade outfit this Halloween!



- Targeted promotion to pet lovers and dog enthusiasts
- Co-op available
- Also available:



#weratedogs

\$15.99 hardcover  
978-1-5107-1714-5

Usher in the spookiest season of the year with the cutest DIY costumes for your canine that will make you go *aww* instead of *boo*! *Halloween Dog Costumes* is the dog owner's ultimate Halloween resource for dressing up your pups in outfits that will melt hearts.

Get ideas from fifty adorable costumes that can be sewn using felts and fabrics or repurposed from thrift items and crafts. Follow detailed tutorials, with different difficulty levels, using step-by-step photographs. Learn how to tailor your costume to big, medium, and small dogs; make the costume collar- and leash-friendly; copy out ready-made pattern pieces; and create matching outfits for humans and their best friends. Dogs aren't the only lucky ones—as a bonus, learn how to repurpose the same outfit for your cat, too!

Transform your pooches into:

- Superheroes: Batman and Robin, Superman, or Captain America
- Halloween: Spider, Pumpkin, Skeleton, or Ghost
- Classic literary characters: Dr. Seuss, Paddington Bear, or Winnie the Pooh
- Historical figures: Albert Einstein, Amelia Earhart, or Benjamin Franklin
- Pop cultural icons: Beyoncé or Lady Gaga
- Food: Tootsie roll, Cupcake, or Fruit Basket
- Fantasy creatures: Unicorn, Dragon, or Mermaid
- Everyday professions: Lumberjack, Tourist, Detective, or Hippie
- And more!

**\$14.99 paperback original (Can. \$22.99)**

World (W) • CQ 24

ISBN 978-1-5107-3292-6

7 1/2" x 7 1/2" • 176 pages

50 color photographs

Crafts

ebook ISBN 978-1-5107-3295-7

SEPTEMBER

**JALINA COLÓN** is a designer, maker, and entrepreneur. She has a BFA in apparel design and develops products in the apparel industry. Inspired by her fluffy, lovable, and dapper pup Henry, she runs her own Etsy business, Henry & Co. Pets, where she creates handmade pet products. She lives in Augusta, Georgia.

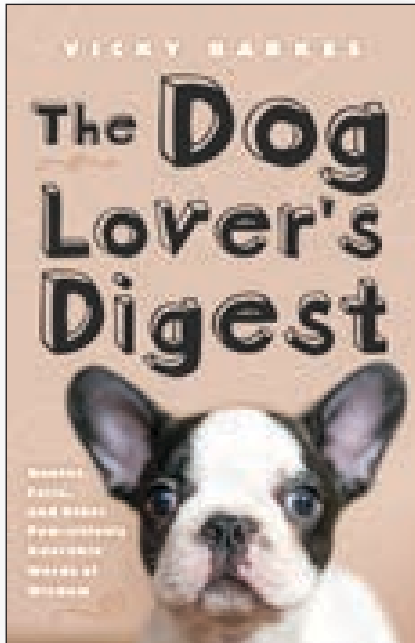


Vicky Barkes

# THE DOG LOVER'S DIGEST

Quotes, Facts, and Other Paw-sitively Adorable Words of Wisdom

A delight for dog lovers.



- Targeted promotion to pet lovers
- Co-op available
- Also available:



Test Your Dog's IQ

\$12.95 hardcover  
978-1-62636-070-9

"The most affectionate creature in the world is a wet dog."  
—Ambrose Bierce

"A mountain with a wolf on it stands a little higher." —Russian proverb

Dogs can be boisterous, obedient, loyal, and downright lazy! This book, which brings together stories, tips, trivia, quotations, and poetry celebrating all the fascinating features of the dog, is for anyone whose tail starts wagging at the thought of relaxing with a good read and a warm, cuddly canine at their feet.

A charming addition to any dog lover's library, *The Dog Lover's Digest* will have you laughing and sharing your newfound knowledge with all of your canine-enthusiast colleagues. The stories contained herein will inspire and reinvigorate your passion for man's best friend. The quotes and proverbs are succinct and perfect for memorization. They can be reeled off at leisure around like-minded people, displaying a whimsical air of lighthearted intellectualism. This book is something that all dog lovers can enjoy and revisit, time after time.

"The dog is a gentleman; I hope to go to his heaven, not man's."  
—Mark Twain

"The greater love is a mother's; then comes a dog's; then a sweet-heart's." —Polish proverb

**VICKY BARKES** is an author of gift books. She lives in London, England.

**\$14.99 paperback reprint (Can. \$22.99)**

North America (NA) • CQ 36

ISBN 978-1-5107-3908-6

4 1/2" x 7" • 240 pages

25 color photographs

Pets

ebook ISBN 978-1-62914-924-0

SEPTEMBER

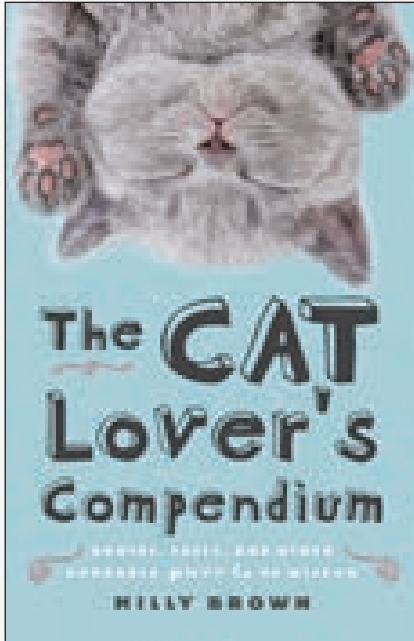
Previous edition: 978-1-62914-779-6

Milly Brown

# THE CAT LOVER'S COMPENDIUM

Quotes, Facts, and Other Adorable Purr-Is of Wisdom

A delight for cat lovers.



- Targeted promotion to pet lovers
- Co-op available
- Also available:



Test Your Cat's IQ

\$12.95 hardcover  
978-1-62636-069-3

“Ignorant people think it is the noise which fighting cats make that is so aggravating, but it ain’t so; it is the sickening grammar that they use.”—Mark Twain

Cats can be playful, nonchalant, cunning, and coy, much like their human companions. *The Cat Lover's Compendium* is dedicated to the history and nature of the fantastic feline, celebrating all the curious characteristics of the cat. For those who purr with delight at the thought of relaxing with a good read and a sweet, furry feline curled up on their lap, this compilation makes a perfect gift, bringing together cat facts, fables, poems, quotations, trivia, and behavioral tips. Not only does this book provide an indulgently pleasurable read for the avid ailurophile (one who fancies cats), but it also illuminates some of the mysterious nature of our furry and secretive, four-legged counterparts.

“The great Sir Winston Churchill owned several cats, including Nelson, Margate, Tango, and a marmalade cat named Jock that ate and slept with him, and attended several wartime cabinet meetings. If Jock was late for dinner, Churchill would send servants to find him and wouldn’t start eating until he had arrived.”—From *The Cat Lover's Compendium*

**MILLY BROWN** is the author of a number of gift books including *Love Kittens*, *Love Puppies*, *Quotable Cats*, *Quotable Dogs*, and *Quotable Love*. She lives in Great Britain.

**\$14.99 paperback reprint (Can. \$22.99)**

North America (NA) • CQ 36

ISBN 978-1-5107-3909-3

4 ½" x 7" • 240 pages

25 color photographs

Pets

ebook ISBN 978-1-62914-898-4

SEPTEMBER

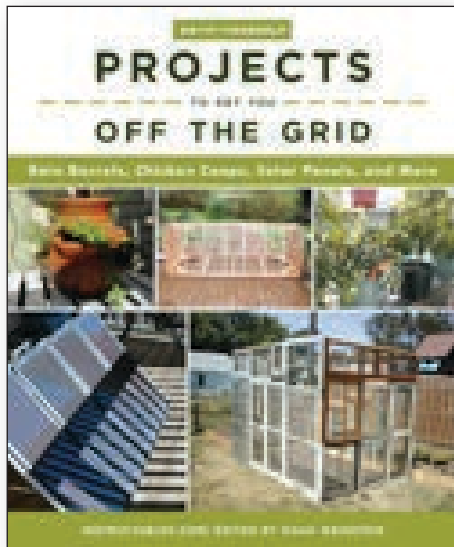
Previous edition: 978-1-62914-778-9

Instructables.com  
 Edited by Noah Weinstein

# DO-IT-YOURSELF PROJECTS TO GET YOU OFF THE GRID

Rain Barrels, Chicken Coops, Solar Panels, and More

Self-sufficient activities for the whole family!



- Targeted promotion to the DIY and sustainable living communities
- Co-op available
- Also available:



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World (W) • CQ 24  
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 7 1/2" x 9" • 128 pages  
 450 color photographs  
 House & Home  
 ebook ISBN 978-1-5107-3846-1  
**SEPTEMBER**

*Previous edition: 978-1-62087-164-5*

Instructables is back with this inspiring book focused on a series of projects designed to get you thinking creatively about going green. Twenty Instructables illustrate just how simple it can be to make your own backyard chicken coop, or turn a wine barrel into a rainwater collector.

Here, you will learn to:

- Clip a chicken's wings
- Power your lawn mower with solar power
- Create a chicken tractor for the city
- Water your garden with solar power
- Build a thermoelectric lamp
- Create an algae bioreactor from water bottles
- And much more!

Illustrated with dozens of full-color photographs per project accompanying easy-to-follow instructions, this Instructables collection utilizes the best that the online community has to offer, turning a far-reaching group of people into a mammoth database churning out ideas to make life better, easier, and, in this case, greener, as this volume exemplifies.

**INSTRUCTABLES.COM** is a bona fide Internet sensation, a web-based community of motivated do-it-yourselfers who contribute invaluable how-to guides to the site on a wide range of topics, from gardening and home repair to recipes to gadgets that defy categorization. The site hosts more than 100,000 projects. More than 15 million people visit the site each month, leaving comments and suggestions on the ever-growing list of do-it-yourself projects.

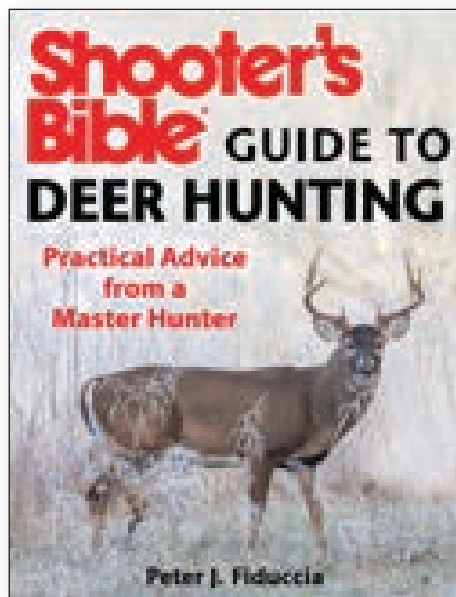
**NOAH WEINSTEIN** is an editor at Instructables.com and cofounder of SF Media labs. He has worked as a white-water rafting guide, custom speaker builder, sheep shepherd, and tractor driver. He earned a BA from Brown University, where he concentrated in environmental studies and visual art, and spends time making things both big and small at his shop in Oakland, California.

Peter J. Fiduccia

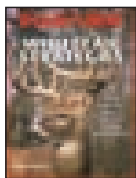
# SHOOTER'S BIBLE GUIDE TO DEER HUNTING

Practical Advice from a Master Hunter

A deer authority's best tips from decades in the field.



- Targeted promotion to the hunting community
- Co-op available
- Also available:



Shooter's Bible Guide to Whitetail Strategies

\$19.95 paperback  
978-1-61608-358-8

As a seasoned hunter, host of a hunting television show, and acclaimed author and editor, Peter J. Fiduccia has amassed prodigious experience in pursuit of the whitetail. Now, he shares his tips, tactics, and techniques with readers, touching on every topic related to hunting whitetail deer. Some of his tips include:

- Using scents: For best results, it sometimes pays off to use food scents in areas where the food doesn't normally occur.
- Rattling: When using natural antlers, make sure that they're no more than three years old.
- Calling: The alarm distress snort is especially useful when hunting alone.
- Scrapes: Putting buck urine in a primary scrape is sure to flush out the buck that made that scrape.
- Weather: One of the best times to hunt whitetails can be during a steady downpour.
- Wind: Learn how to make thermal currents work in your favor.
- Determining deer age: Gray hair does not mean that a buck is old.

Fiduccia covers these and many more subjects in the *Shooter's Bible Guide to Deer Hunting*. Hunters will find many ways to hone their skills and take more deer with this handy guide.

**PETER J. FIDUCCIA** is one of the most recognized authorities in the deer hunting community, known throughout North America as the "Deer Doctor". He is an award-winning journalist and has hosted the *Woods 'N' Water* television series for thirty-three years. Fiduccia was the founder and consulting editor for *Whitetail Hunting Strategies* magazine, and his writings have been published in ten books and numerous magazines. He lives with his wife, Kate, in Otsego County, New York.

**\$19.99 paperback original (Can. \$30.99)**

World (W) • CQ 24

ISBN 978-1-5107-2753-3

8" x 10 1/2" • 256 pages

200 color photographs

Sports/Hunting

ebook ISBN 978-1-5107-2756-4

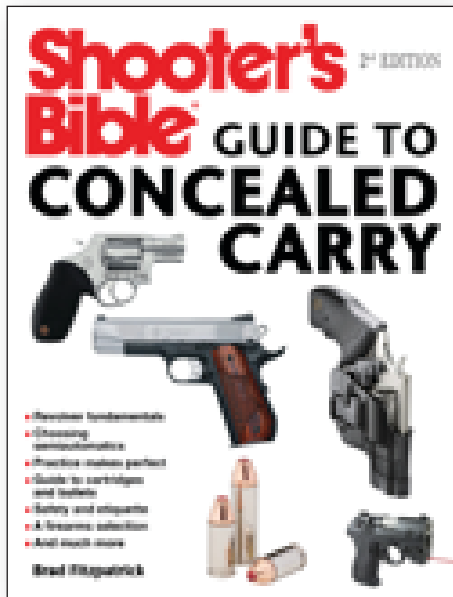
SEPTEMBER

Brad Fitzpatrick

# SHOOTER'S BIBLE GUIDE TO CONCEALED CARRY, 2ND EDITION

A Beginner's Guide to Armed Defense

A timely guide updated with the latest info and handgun specs.



- Co-op available
- Also available:



Shooter's Bible Guide to Home Defense

\$19.95 paperback  
978-1-62636-179-9

If you are one of the millions of Americans who chooses to exercise your Second Amendment right but haven't quite mastered the proper technique with guns, then this is the essential manual for you. It is your right to carry a firearm to protect yourself and your family. However, it is your responsibility to know how to operate that gun correctly and safely.

Don't wait to be placed in a dangerous setting faced with an armed attacker. The updated second edition of the *Shooter's Bible Guide to Concealed Carry* is an all-encompassing resource that not only offers vital gun terminology, but also suggests which gun is the right fit for you and how to efficiently use the device properly, be it in public or at home. Firearm expert Brad Fitzpatrick examines how to practice, how to correct mistakes, and how to safely challenge yourself when you have achieved basic skills. Included within is a comprehensive chart describing the various calibers for concealed carry, suitable instructions for maintaining it, and, most importantly, expert step-by-step instructions for shooting.

Once again, renowned firearms expert Fitzpatrick delivers poignant tips and provides valuable information. The purpose of this book is to familiarize yourself with firearms and to gain the confidence you need to protect yourself in the worst of situations.

**BRAD FITZPATRICK** has a bachelor's degree in biological sciences from Northern Kentucky University and a master's degree in fine arts from National University in La Jolla, California. Brad writes biology- and conservation-related books and articles for various national publications. He and his wife currently live in Ohio.

**\$19.99 paperback reprint (Can. \$30.99)**

World (W) • CQ 24

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8" x 10 1/2" • 208 pages

100 color photographs

Sports/Shooting

ebook ISBN 978-1-5107-3603-0

SEPTEMBER

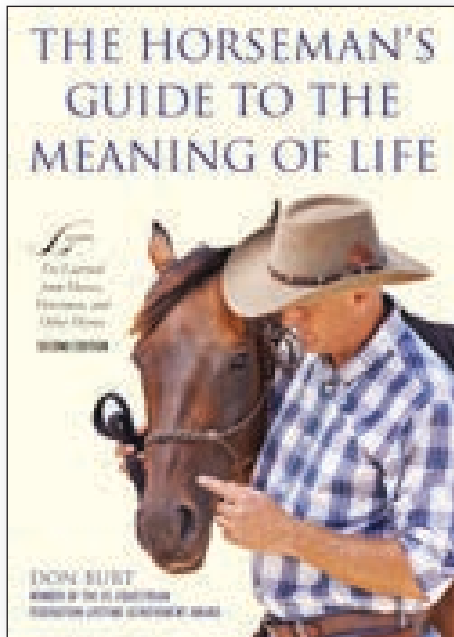
Previous edition: 978-1-62087-580-3

Don Burt  
Foreword by Steven D. Price

# THE HORSEMAN'S GUIDE TO THE MEANING OF LIFE

Lessons I've Learned from Horses, Horsemen, and Other Heroes

Reflections on patience, courage, teamwork, sportsmanship, humility, and humanity from seven decades of working with horses.



- Co-op available
- Also available:



[Whole Heart Whole Horse](#)

\$19.95 paperback  
978-1-62873-722-6

Don Burt believes that we can learn as much about patience, commitment, strengths and weaknesses, and goals from our horses and other horsemen as we can teach them. He has made that perception an integral part of his life and his work with horses and riders. Whether introducing a young colt to saddle and bridle, competing in or judging an entry-level horse show or a national championship, or organizing an informal trail ride or running an international organization, Burt has observed, analyzed, and applied what he has experienced or observed to other aspects of his life.

Drawing from decades of familiarity with thousands of horses and horsemen, the author distills and shares this wisdom in a folksy yet insightful style in *The Horseman's Guide to the Meaning of Life*. As Burt tells us in this profound and entertaining reflection on his life and craft, "the horse will tell you everything if you take the time to pay attention."

**DON BURT** served as president of the American Quarter Horse Association and was a recipient of the US Equestrian Federation's lifetime achievement award. He was an experienced writer and a featured columnist for the *American Quarter Horse Journal*. He lived with his wife, Ardys, in Rancho Palos Verdes, California.

**STEVEN D. PRICE** is the author or editor of more than forty books, including the bestselling *The Whole Horse Catalog*, the prize-winning *The American Quarter Horse*, *The Quotable Horse Lover*, and *All the King's Horses: The Story of the Budweiser Clydesdales*. He lives in New York City, rides whenever and wherever he can, and numbers Don Burt among the finest horsemen he's known.

**\$9.99 paperback reprint (Can. \$14.99)**

World (W) • CQ 48

ISBN 978-1-5107-3154-7

5" x 7" • 144 pages

Pets

ebook ISBN 978-1-5107-3156-1

**SEPTEMBER**

*Previous edition: 978-1-60239-661-6*

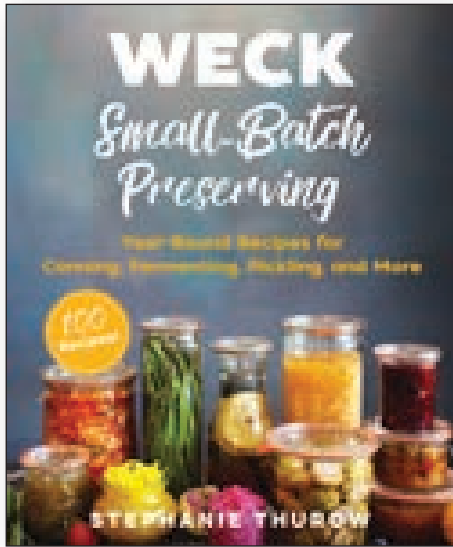


Stephanie Thurow

## WECK: SMALL-BATCH PRESERVING

Year-Round Recipes for Canning, Fermenting, Pickling, and More

Preserve the harvest with WECK, the company that introduced preserves in glass jars.



- Targeted promotion to the cooking and gardening communities
- Co-op available
- Also available:



Can It & Ferment It

\$16.99 hardcover  
978-1-5107-1742-8

Food preservationist Stephanie Thurow has teamed up with the canning experts at WECK to show readers how to preserve throughout the year with WECK jars. The J. WECK Company has made aesthetically beautiful all-glass home canning jars for one hundred years. Never before offered, Stephanie has created a step-by-step guide to preserving with WECK jars and has developed one hundred delicious, small-batch recipes to can, ferment, and infuse with them.

Recipes in this helpful guide include Bloody Mary mix, pineapple and strawberry jam, escabeche, kimchi, various sauerkraut recipes, a variety of kvass recipes, numerous infused spirit concoctions including pineapple and mango vodka, orange, clove, and cinnamon whiskey, and so much more!

Recipes are paired with colorful, stunning photos and written in an easy, approachable format. Perfect for new preservationists and delicious enough for even seasoned pros to appreciate, *WECK: Canning & Preserving* is every preservation enthusiast's go-to resource for year-round preservation.

**THE J. WECK COMPANY** was founded in Ofingen Germany at the beginning of the twentieth century when they first developed and introduced the home-canning method for glass jars. Since then, WECK has made this method popular not only in Germany and Europe but worldwide. WECK is continually working in the field of home-canning research. Specializing in all problems and questions concerning home canning, WECK has continuously developed and improved home-canning methods with the aid of its long experience as well as the constant ideas and innovations of the canning experts at WECK.

**STEPHANIE THUROW** has been a food preservation fanatic since the mid-2000s. She is the author of *Can It & Ferment It* and creator of canning and fermenting blog *Minnesota from Scratch*. She's been using WECK jars for a decade and enjoys the versatility and eco-friendliness of their reusable and nontoxic all-glass jars. Stephanie resides in Minneapolis, Minnesota with her husband, daughter, and plethora of pets.

**\$24.99 hardcover (Can. \$38.99)**

World (W) • CQ 24

ISBN 978-1-5107-3562-0

7 1/2" x 9" • 240 pages

100 color photographs

Cooking

ebook ISBN 978-1-5107-3563-7

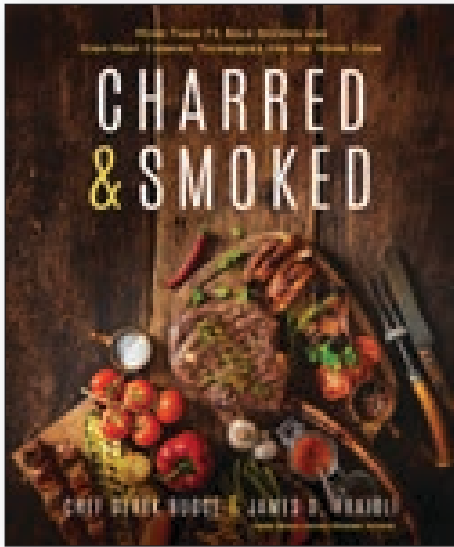
SEPTEMBER

Derek Bugge and James O. Fraioli

## CHARRED & SMOKED

More Than 75 Bold Recipes and High-Heat Cooking Techniques for the Home Cook

A gastronomic voyage into the exciting world of charring and smoking everyday foods for richer and more robust flavor!



- Targeted promotion to cooking connoisseurs and food enthusiasts
- Co-op available

Charring, searing, smoking, burning . . . Techniques for achieving mouthwatering dishes with crispy textures and deep, robust flavors are no longer limited to the world of barbecue. Many in the culinary industry who've mastered the exciting art of food and fire refer to the savory result as the "fifth taste." In fact, dishes infused with fire and smoke are showing up everywhere on today's menus across the country. With *Charred & Smoked*, you can prepare these same innovative and delicious meals from the comfort of your own kitchen or backyard grill or smoker.

Learn how burning chilies and spices is the secret to enhancing your next dish with bolder flavor and stronger aroma. You'll discover which foods stand up well to a little char, and Chef Bugge will introduce you to many of these through his ingenious recipes like Charred Broccoli with Burnt Lime Dressing and Caramelized Beet Bites with Whipped Chèvre and Toasted Pistachios or the revered Smoked Pork Chop with Burnt Orange Glaze and Caramelized Scallops with Toasted Barley Risotto and Nettle Pesto.

*Charred & Smoked* also includes recipe chapters on rubs, seasonings, dressings, marinades, sauces, creative cocktails, and even desserts using fire and smoke, as well as a deeper dive into proper techniques and cooking methods used throughout the book along with essential equipment and tools you should have on hand.

Executive Chef **DEREK BUGGE**, a culinary school graduate and former US Marine, has worked the grill at notable taquerias, bars, restaurants, oyster houses, champagne parlors, and country clubs throughout the Pacific Northwest. He draws inspiration from his Latin roots. Today, Chef Bugge leads the culinary team at 2120, one of Seattle's hottest restaurants.

Culinary author **JAMES O. FRAIOLI** has more than twenty-five celebrated cookbooks and a James Beard Award to his credit. His titles have been featured on the Food Network, on *The Ellen DeGeneres Show*, in *O, The Oprah Magazine*, and in the *New York Times*. The author is notorious for teaming up with both celebrity and up-and-coming chefs along with world-renowned restaurants to showcase the best the culinary world has to offer. He resides in the greater Seattle area.

**\$24.99 hardcover (Can. \$38.99)**

World (W) • CQ 24

ISBN 978-1-5107-3157-8

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65 color photographs

Cooking

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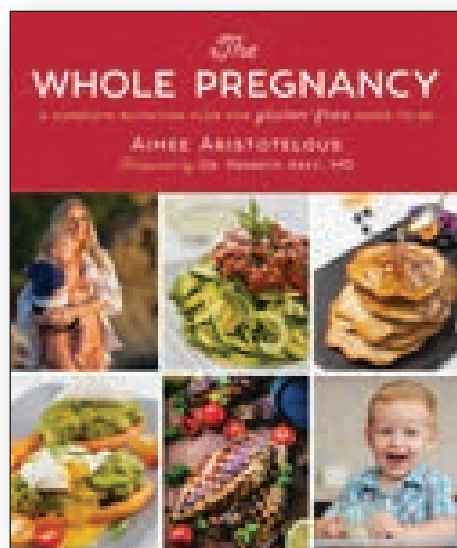
SEPTEMBER

Aimee Aristotelous  
Foreword by Dr. Kenneth Akey, MD, FAAP

# THE WHOLE PREGNANCY

A Complete Nutrition Plan for Gluten-Free Moms to Be

Get both mama and baby on track for a healthy, happy, and delicious life!



- Targeted promotion to the parenting and healthy living communities
- Co-op available
- Also available:



The Healthy Gluten-Free  
Cookbook

\$19.99 hardcover  
978-1-63220-291-8

We all know that “you are what you eat.” And once you conceive, your baby is what you eat as well—prenatal health and nutrition during pregnancy is so imperative!

The US is one of only eight countries in the world with a rising mortality rate for pregnant women. Widely accepted, doctor- and dietitian-prescribed nutrition guidelines actually may be contributing to the growing obesity and gestational diabetes epidemics. Expectant mothers receive a packet of health information that prescribes a daily food regimen with 100 grams of sugar per day—the amount of sugar in 10 glazed donuts!

Aimee has developed a comprehensive nutrition guide that helps expecting and postpartum women achieve ideal health and weight during pregnancy and beyond. Implementing philosophies of current, highly effective gluten-free nutrition trends, *The Whole Pregnancy* offers a detailed dietary regimen that is based on whole and unprocessed foods, low-glycemic carbohydrates, quality proteins, and essential fats. Developed by a certified nutritionist and OBGYN, the meal-planning system presents a variety of simple, delicious recipes to benefit mother and baby. It also provides special instruction for each stage of pregnancy, including the first, second, and third trimesters, as well as the “fourth trimester” of postpartum weight loss and nursing.

**AIMEE ARISTOTELOUS**, coauthor of *The Eat to Keep Fit Diet*, is a certified nutritionist, specializing in prenatal dietetics. She has been the exclusive nutritionist for NBC affiliate KSEE 24 News in Fresno, California, appearing in more than fifty nutrition and cooking segments. As a new mother, Aimee was able to use her own pregnancy as a platform to apply her educational background and research, which resulted in an optimally healthy, active, and ideal pregnancy. Aimee enjoys the beach, cooking, and traveling, and resides with her husband and son in San Juan Capistrano, California.

**DR. KENNETH AKEY, MD, FAAP**, is a board-certified pediatrics doctor with twenty-five years of private practice serving Orange County, California. When Dr. Akey isn’t providing warm, knowledgeable care for children, he enjoys working out, being involved at his church, and spending time with his wife, children, and grandchildren.

\$22.99 hardcover (Can. \$35.99)

World (W) • CQ 20

ISBN 978-1-5107-3558-3

7 1/2" x 9" • 192 pages

85 color photographs

Family & Relationships/Pregnancy

ebook ISBN 978-1-5107-3559-0

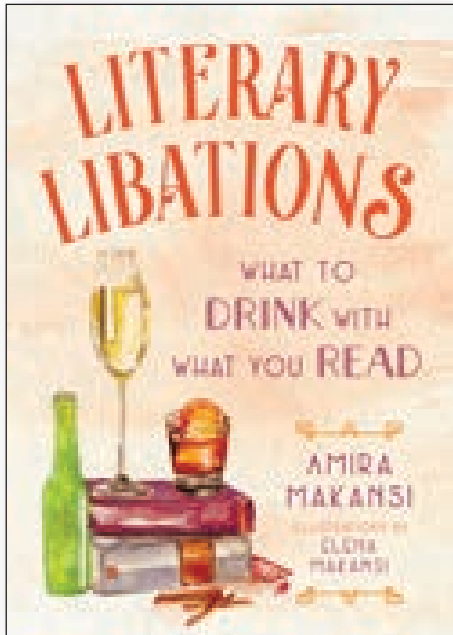
SEPTEMBER

Amira Makansi

# LITERARY LIBATIONS

What to Drink with What You Read

The definitive guide to pairing two of the world's most beloved pastimes: reading and drinking.



- Targeted promotion to cocktail enthusiasts
- Co-op available
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Mixed Up

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World (W) • CQ 30

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Cooking

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SEPTEMBER

A bubbly, boozy French 75 with *The Great Gatsby*. Trappist beer with Umberto Eco's *The Name of the Rose*. Old vine California Zinfandel with *The Grapes of Wrath*. And don't you dare open Bram Stoker's *Dracula* on a Sunday morning without a Bloody Mary near at hand. Want to know what to pour when your book club meets to discuss the latest literary sensation? Then you need a copy of *Literary Libations*!

Presented as a list and organized by genre, *Literary Libations* offers pairing recommendations for nearly two hundred works of fiction across many genres. With background information on both the book and the beverage as well as an explanation of why the pairing works, this is a fantastic gift for anyone who loves to read or drink.

Readers will:

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- Increase their appreciation for famous authors
- Have fantastic conversation starters for parties, meet-ups, business meetings, and dates
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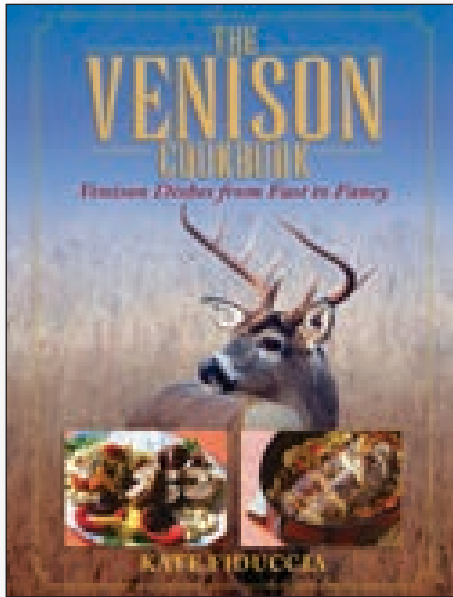
**AMIRA MAKANSI** is a wine industry professional who has worked in many if not all aspects of the wine industry. After graduating from the University of Chicago with a degree in history, she quickly abandoned her quest to become a lawyer in favor of pursuing a career in all things beverage-related. She has worked for eight wineries, two distribution companies, and three restaurants, spanning from Chicago's prestigious dining scene to an Alsatian winery whose first vintage predates the French revolution. Amira has also written and published a science fiction trilogy with her mother and sister, the first book of which has been optioned for a Hollywood production. She resides in Ashland, Oregon.

Kate Fiduccia

# THE VENISON COOKBOOK

Venison Dishes from Fast to Fancy

150 recipes to make every hunter's kitchen a delight.



- Targeted promotion to the hunting community
- Co-op available
- Also available:



The Jerky Bible

\$16.95 paperback  
978-1-62914-554-9

For hunters and nonhunters alike, venison has found an eager audience. It's a healthy, low-fat alternative to beef, with only 3.6 grams of fat per four-ounce serving. Collected here in *The Venison Cookbook: Venison Dishes from Fast to Fancy* are 150 delicious venison recipes. Running the gamut from down-home favorites to gourmet delights, there are recipes here for every meal of the day. Breakfast: start with a Venison Vegetable Frittata. Lunch: how about Venison Tamale Pie or Venison Steak Heroes? Dinner: pick from starters like Far East Venison Fondue or Mushrooms with Venison Stuffing, before choosing a main course like Venison Filet Wellington or Baked Ziti with Venison. There are also soups, stews, and chilies to choose from, such as Warwick Venison Stew, Venison Chili, and Venison Onion Soup.

Also included are recipes for marinades, rubs, butters and sauces and side dishes, and recipes from premier wild chefs from outfitters like Sun Canyon Ranch, Tuckamore Lodge, Lucky Star Ranch, and many more. There are even thirteen recipes sent in from viewers of *Woods N' Water*, like Down-Home Jerky and Tracks-in-the-Snow Cacciatore. With color photographs, stories, and cooking tips from the author, *The Venison Cookbook* is both an entertaining read and an indispensable reference tool for any hunter's kitchen.

KATE FIDUCCIA has hunted and cooked venison across North America, along the way encountering many different ways to prepare venison. She hosts the *Woods N' Water* TV series alongside her husband, Peter Fiduccia, and is the author of several cookbooks, including *Backyard Grilling*, *Cooking Wild in Kate's Kitchen*, and *Venison*. She lives in Warwick, New York, with her family.

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World (W) • CQ 30

ISBN 978-1-5107-3725-9

8" x 10 1/2" • 128 pages

Cooking

ebook ISBN 978-1-62873-213-9

SEPTEMBER

Previous edition: 978-1-61608-456-1

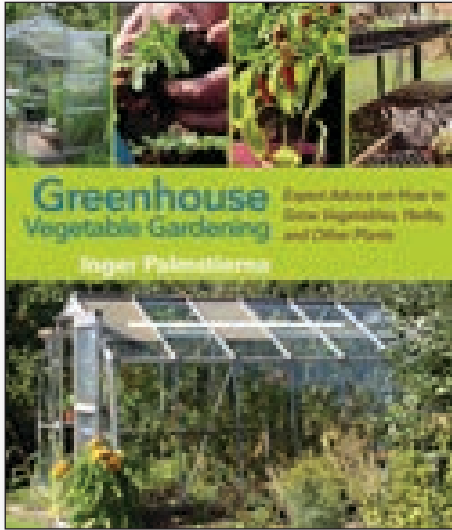


Inger Palmstierna

# GREENHOUSE VEGETABLE GARDENING

Expert Advice on How to Grow Vegetables, Herbs, and Other Plants

Learn everything you ever needed to know about managing your own greenhouse!



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“A garden should be easy and fun to care for—don’t complicate things unnecessarily.” This is the slogan of author Inger Palmstierna. In *Greenhouse Vegetable Gardening*, she helps readers find the joy of cultivating in their very own greenhouses. Palmstierna is a gardening authority with vast knowledge on everything that grows. With infectious enthusiasm, this garden writer and horticulturist explains how to cultivate a successful garden or orchard.

The greenhouse is the place where green thumbs are realized and your imagination can run wild. Palmstierna believes: “The greenhouse provides opportunities, but does not demand.” *Greenhouse Vegetable Gardening* is an accessible book with many beautiful pictures and practical instructions. The topics covered include:

- Building and decorating your own greenhouse
- Training seedlings and early plant development
- How to sow, grow, and winter plants
- How to harvest vegetables and herbs
- How to cultivate summer flowers for planting
- And more!

In addition to providing a garden year-round, the greenhouse can also be a beautiful addition to your yard and can be customized to match your tastes. You’ll learn the basics on what to consider when buying, laying the foundations for, and decorating your greenhouse—as well as how to plan and use one. Soon after you’ll be ready to explore the many types of vegetables and flowering plants that thrive in greenhouses. So get ready to enjoy fresh vegetables and flowers year-round!

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World English (W) • CQ 20

ISBN 978-1-5107-3510-1

7 1/2" x 8 3/4" • 192 pages

180 color photographs

Gardening

ebook ISBN 978-1-62914-971-4

**SEPTEMBER**

Previous edition: 978-1-62914-739-0

**INGER PALMSTIERNA**, apart from being an established and experienced garden writer, is also a journalist, translator, lecturer, and photographer. Palmstierna has worked in gardens since she was twelve years old and is a trained horticulturist at the Swedish University of Agricultural Sciences. She has run her own business, Aliske Cultivation, since 1988. Palmstierna enjoys engaging in her own small experiments and test farms. Palmstierna resides in Ven, Sweden.

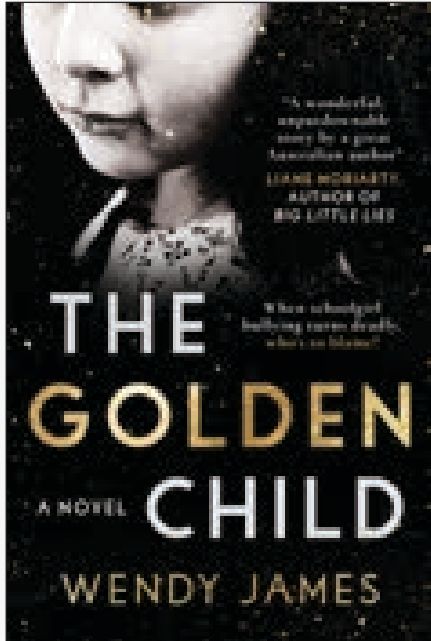


Wendy James

**THE GOLDEN CHILD**

A Novel

**"A wonderful, unputdownable story by a great Australian author."  
—Liane Moriarty, author of *Big Little Lies***



- Advance Reading Copies
- Comprehensive coverage in traditional and new media
- Co-op available

Beth Mahoney is a stay-at-home mother of two daughters, Lucy and Charlotte, whose blog paints a picture of a buzzing, happy life. Originally from Australia, Beth and her family have lived in New Jersey for ten years. An opportunity to relocate to Australia arises and the Mahoneys decide to return to their native country. The move comes at the perfect time as Charlotte, the youngest daughter, has been accused of being the ringleader of a dare gone wrong, resulting in the hospitalization of her classmate.

Now settled down in Newcastle, Lucy and Charlotte attend a prestigious all-girls school, and Beth and her husband are adjusting to their surroundings. The popular and beautiful Charlotte is thrust back into the spotlight when she is blamed for cyberbullying a classmate until she attempts suicide. With Charlotte refusing to take the blame, the bullying victim's parents seeking retribution, and her husband and mother-in-law doubting Charlotte's innocence, Beth is forced to examine her children's actions critically—at a heartbreaking cost.

*The Golden Child* tells the story of two families' heartbreaking realization that there are no guarantees when it comes to parenting and grapples with modern-day specters of selfies, selfishness, and cyberbullying to uncover the anxieties of both girl- and motherhood.

WENDY JAMES is the mother of two sets of siblings born eight years apart, in the digital and pre-digital ages. She is the author of seven novels, including *The Mistake*, a bestseller in Australia. Her debut novel, *Out of the Silence*, won the 2006 Ned Kelly Award for first crime novel, and was shortlisted for the Nita May Dobbie Award for women's writing. She works as an editor at the Australian Institute of Health Innovation. She lives in New South Wales, Australia.

*"This is domestic noir at its most intelligent and sharp." —Sydney Morning Herald/The Age*

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6" x 9" • 352 pages

Fiction

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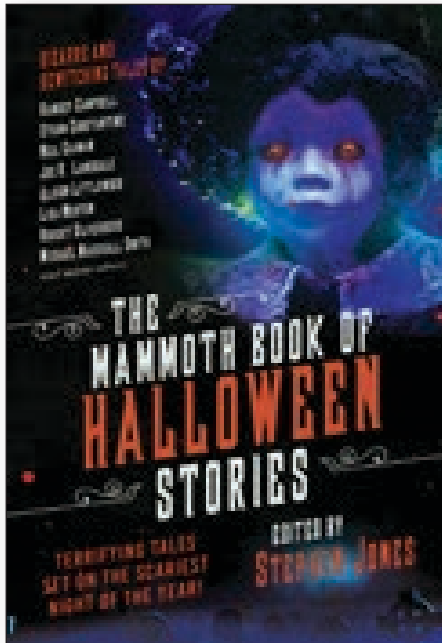
SEPTEMBER

Edited by Stephen Jones

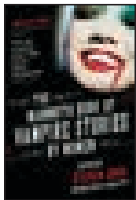
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Twenty-six terrifying tales set on the scariest night of the year!



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Here you will encounter witches, ghosts, monsters, psychos, demonic nuns, and even Death himself in this spooky selection of stories set on the night when evil walks the earth.

**STEPHEN JONES** is a Hugo Award nominee, and the winner of four World Fantasy Awards, three International Horror Guild Awards, five Bram Stoker Awards, twenty-one British Fantasy Awards and a Lifetime Achievement Award from the Horror Writers Association. One of Britain's most acclaimed horror and dark fantasy writers and editors, he has more than 145 books to his credit, including *The Art of Horror Movies: An Illustrated History*, the Lovecraft Squad and Zombie Apocalypse! series, and twenty-eight volumes of *Best New Horror* anthologies. You can visit his web site at [www.stephenjoneseditor.com](http://www.stephenjoneseditor.com) or follow him on Facebook at [stephenjones-editor](https://www.facebook.com/stephenjones-editor).

"Tis now the very witching time of night, when churchyards yawn and hell itself breathes out contagion to this world." —William Shakespeare

A Herman Graf book

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World English (W) • CQ 18

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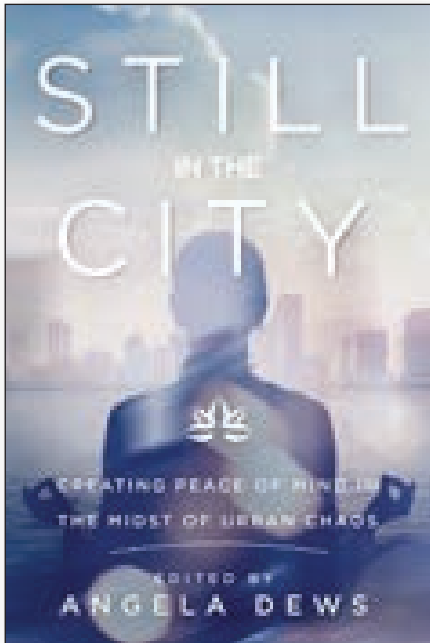
SEPTEMBER

Angela Dews

## STILL, IN THE CITY

Creating Peace of Mind in the Midst of Urban Chaos

**“A great refuge to urban meditators.” —Gloria Taraniya Ambrosia, Barre Center for Buddhist Studies**



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[A Life Worth Breathing](#)

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*Still, in the City* is a collection of stories about the practice of urban Buddhism—when a New York City subway becomes a mobile temple, when Los Angeles traffic becomes a vehicle for awakening, when a Fifth Avenue sidewalk offers a spiritual path through craving, generosity, and sorrow.

The instructions offered here for exploring mindfulness in and around our cities are written to be accessible, whether you’ve practiced a lot or a little. Perhaps you’ve returned home from a retreat and want to hold the attention and intention gained from pausing and experiencing the silence. Or perhaps you practice mindfulness and don’t call it Buddhism, or you are just curious about what mindfulness is all about. *Still, in the City* will speak to you.

Practicing in the city comes with its own set of challenges and opportunities, and this book is attuned to both, offering guidance by teachers who see mindfulness not only as an intention for self-acceptance and relief of stress, but also as awareness that leads to dissatisfaction and that inspires our desire for deeper understanding and change. Dedicated to using their practice to make a difference not only in their own lives but also in those of others, the authors speak of their involvement with their cities’ diverse communities, and their experience belies the notion that western Buddhists are of an age and race and class.

There is amazing clarity in stillness, and the opportunity for a skillful response rather than a reaction, even to injustice. And there is the possibility of equanimity and of freedom, everywhere and for all.

**ANGELA DEWS** and the Harlem Insight sangha often formed a line of walking meditators through the Saturday crowds on Lenox Avenue. She found the dharma in 1996 on retreat from politics, journalism, and government and is certified as a Community Dharma Leader by the Spirit Rock and New York Insight Meditation Centers.

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World (W) • CQ 32

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Self-Help

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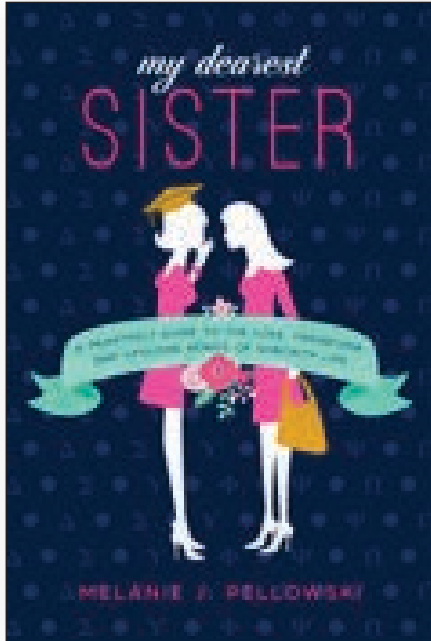
SEPTEMBER

Melanie J. Pellowski

## MY DEAREST SISTER

A Heartfelt Guide to the Love, Friendship, and Lifelong Bonds of Sorority Life

True sorority chicks know that girlfriends aren't bought—lifelong sisterhood is built with a pledge, a pin, and a secret handshake.



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- Also available:



*My Dearest Bridesmaid*

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Satisfy the expectations of sorority newbies and legacies alike by showcasing what makes each chapter special. *My Dearest Sister* is a sweet and funny interactive journal and a genuine reflection of what real sorority life is all about. Fit for any present, past, or future sorority girl, this cute keepsake honors the spirit, community, and chapter secrets of sororities while leaving room for girls to capture all of their own special memories and traditions in one book for years to come. Inside this heartfelt guide, you'll discover:

- The colorful history and tradition surrounding Greek life
- Sorority houses, songs, handshakes, and secrets
- A personalized guide to crafting and party planning
- Alumni chapters
- Stickers and journal pages to customize your own sorority experience
- And more!

Any sorority girl who's ever craved a time capsule to keep her friendships everlasting and fresh should look no further; *My Dearest Sister* is the token gift that celebrates womanhood and seals the bonds of sisterhood for life.

**MELANIE J. PELLOWSKI** is a journalist, writer, and former member of the Theta Tau chapter of Alpha Chi Omega (AXO) at Rutgers University. Some of her best friends today are the ones she made as a member of AXO. She has written *My Dearest Sister* with her own sorority sisters in mind, and hopes to help any future sisters with similar intentions.

**\$14.99 hardcover (Can. \$22.99)**

World (W) • CQ 36

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10 color illustrations

Social Science

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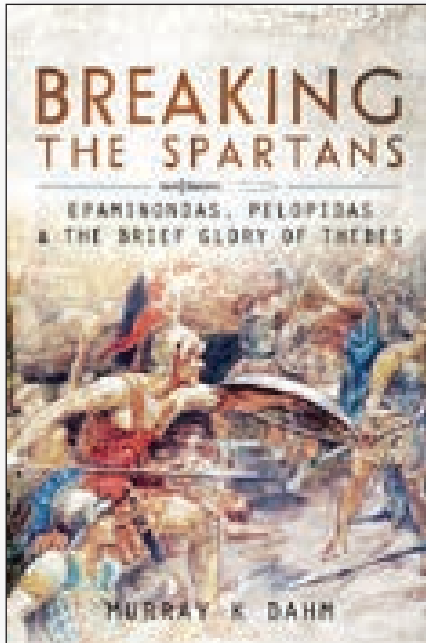
SEPTEMBER

Murray K. Dahm

# BREAKING THE SPARTANS

Epaminondas, Pelopidas, and the Brief Glory of Thebes

How two ancient generals shattered the supremacy of Sparta.



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This is a dual biography of the two brilliant leaders—Epaminondas and Pelopidas—who enabled Thebes to end the supremacy of a once-invincible Sparta and briefly replace her as the preeminent city of Greece.

In 379 BC both men were pivotal in the Theban revolt, Pelopidas personally killing one of the Spartan garrison commanders in a daring coup. In the ensuing war, the two often held simultaneous political and military commands, forming an effective team while pursuing an amicable rivalry. Under their inspired leadership, and thanks to significant tactical innovations, Theban armies enjoyed a run of successes, most notably at Tegyra (375 BC), Leuctra (371 BC)—the Spartans' first clear defeat in full-scale battle in generations—and Second Mantinea (362 BC).

Unfortunately, Epaminondas was killed in the hour of victory at Second Mantinea, and Theban hegemony did not long survive him (Pelopidas having already died in battle in 365 BC), a fact that only adds emphasis to their personal contribution. Murray K. Dahm skillfully relates the significant, dramatic, and exciting story of these two neglected geniuses.

**MURRAY K. DAHM** has been a freelance historian since 2007. He describes himself as an ancient, medieval, and opera historian. He has written more than twenty articles for *Ancient Warfare* and *Medieval Warfare*, as well as numerous pieces for peer-reviewed journals. Dahm lives in New South Wales, Australia.

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History

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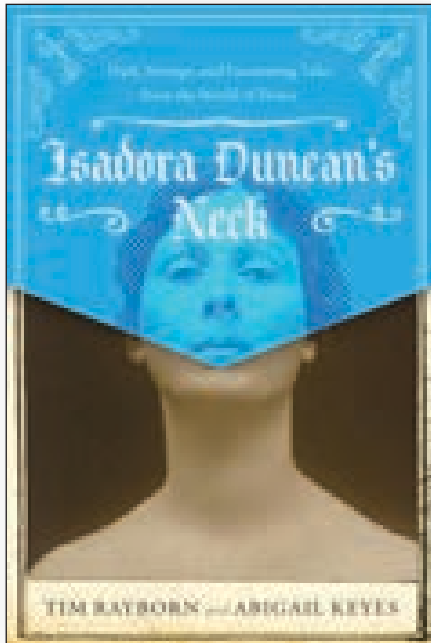
SEPTEMBER

Tim Rayborn and Abigail Keyes

# ISADORA DUNCAN'S NECK

Dark, Strange, and Fascinating Tales from the World of Dance

Attend a grand ball of the bizarre and never look at dance the same way again!



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Performing Arts

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SEPTEMBER

*Isadora Duncan's Neck* progresses through the odd, grim, and unintentionally humorous history of dance, uncovering strange stories and weird facts. These dark tales of murder, rivalry, insanity, and more reveal all sorts of grim goings-on, proving that—for dancers—life was not just one grand plié. Stories include:

- An elderly woman who stepped out of her Strasbourg home one summer day in 1518 and began to dance furiously; nothing and no one could stop her. Soon, dozens more joined her, and so began another strange epidemic of the deadly dancing plague.
- The horrific fate of a young ballerina who had a run-in with a gaslight and saw her career go up in smoke.
- The medieval Dance of Death that reminded all of their inevitable doom.
- The controversial ballet that sparked a riot.
- The strange and macabre fate of the infamous Mata Hari's head after her execution.
- The grotesque scarf accident that led to Isadora Duncan's demise.

From Roman Bacchanals to medieval and Renaissance dancing plagues, from the bloody world of ballet to scandals, ghosts, spirit possessions, superstitions, and more, you will attend a grand ball of the bizarre that shows just how awful dancers, choreographers, and even audience members have been to each other over the centuries.

**TIM RAYBORN** writes on a variety of historical and musical topics, from the Middle Ages to the early twentieth century. He has a PhD from the University of Leeds in England. He is also a professional musician, with a specialty in medieval repertoire, and the author of *Beethoven's Skull* and *Shakespeare's Ear*. He lives in Berkeley, California.

**ABIGAIL KEYES** is a dance instructor, performer, and writer, specializing in dances of the Middle East and Orientalism in the United States. She has taught on five continents and holds an MA in dance studies from Mills College. She lives in Berkeley, California.

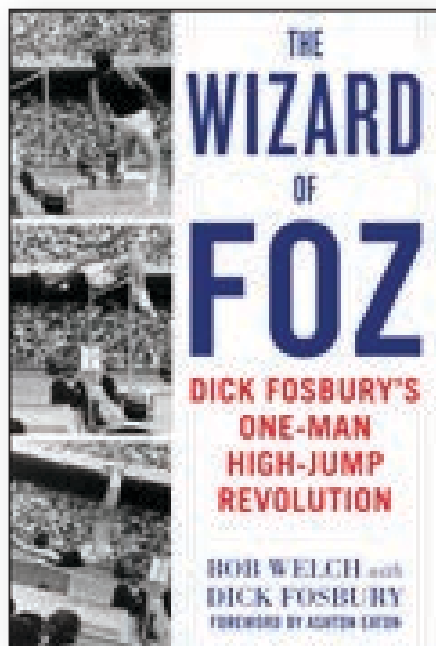


Bob Welch with Dick Fosbury  
Foreword by Ashton Eaton

## THE WIZARD OF FOZ

Dick Fosbury's One-Man High-Jump Revolution

The '60s story of Olympic gold-medalist Dick Fosbury, the man who bent over backwards to change the world.



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In 1968, a US Olympic men's track-and-field team—perhaps America's best ever—stirred the world in unprecedented ways, among them the victory stand black rights protest by Tommie Smith and John Carlos at the Games in Mexico City. But in competition, no single athlete captured the '60s more perfectly than Dick Fosbury, a failed Oregon prep high jumper who—in the wake of his little brother being killed by a drunk driver and the subsequent divorce of his parents—invented a high-jump style as a high school sophomore that ultimately won him an Olympic gold medal and revolutionized the event. No jumpers today use any other style but his.

*The Wizard of Foz* is a story of innovation and imagination that blossoms 7,377 feet up in the High Sierra, where boulders and 100-foot trees festooned the interior of the Olympic Trials track. It is a story of loss, survival, and triumph, twined in a person—Fosbury—and a time—the '60s—clearly made for each other. And it is a story of a young man who refused to listen to those who tried to make him into someone he wasn't.

**BOB WELCH** is an author, speaker, and award-winning columnist, who has served as an adjunct professor of journalism at the University of Oregon in Eugene. He has written more than twenty books and thousands of columns for the *Register-Guard*, Oregon's second-largest newspaper. Welch lives in Eugene, Oregon.

**DICK FOSBURY** is known worldwide as the inventor of the Fosbury Flop high-jump style, with which he won the Olympic medal in 1968. After competing, he followed the passion of his youth—civil engineering—at Oregon State University. The USA Olympic Hall of Famer travels the world, inspiring young athletes and corporate partners alike while promoting track and field. Fosbury resides in Bellevue, Idaho.

**ASHTON EATON** is the 2012 and 2016 decathlon Olympic gold medalist and current world record holder. He resides in Eugene, Oregon.

“No track-and-field athlete at the Olympic Games drew more whoops of delight or shrieks of disbelief from the crowds . . . than did Dick Fosbury.”  
—*The New York Times*

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World (W) • CQ 32

ISBN 978-1-5107-3619-1

6" x 9" • 256 pages

20 color photographs

Sports

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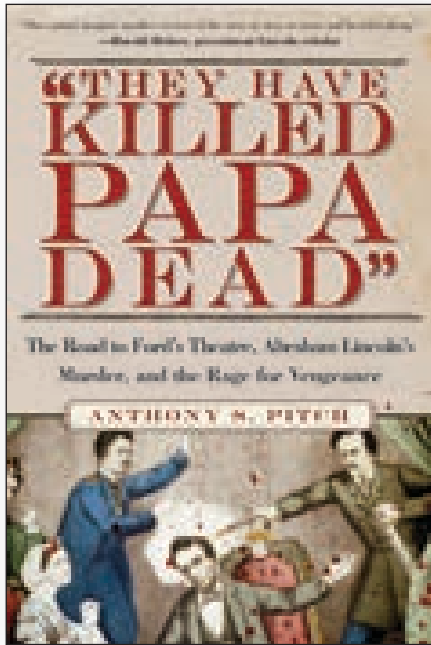
SEPTEMBER

Anthony S. Pitch

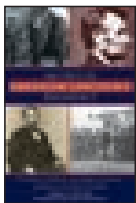
## "THEY HAVE KILLED PAPA DEAD!"

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48 b/w illustrations

History

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SEPTEMBER

Previous edition: 978-1-58642-162-5

The assassination of Abraham Lincoln is a central drama of the American experience. Its impact is felt to this day, and the basic story is known to all. Anthony Pitch's thrilling account of the Lincoln conspiracy and its aftermath transcends the mere facts of that awful night during which dashing actor John Wilkes Booth shot Lincoln in the head and would-be assassin Lewis Payne butchered Secretary of State William Seward in the bed of his own home. *"They Have Killed Papa Dead!"* transports the reader to one of the most breathtaking moments in history, and reveals much about the stories, passions, and times of those who shaped this great tragedy.

Virtually every word of Anthony Pitch's account is based on primary source material: quotes from previously unpublished documents, diaries, letters, and journals. With an unwavering fidelity to historical accuracy, Pitch provides confirmation of threats against the president-elect's life as he traveled to Washington by train for his first inauguration, and a vivid personal account of John Wilkes Booth being physically restrained from approaching Lincoln at his second inauguration.

Perhaps most chillingly, details come to light about conditions in the special prison where the civilian conspirators accused of participating in the Lincoln assassination endured tortuous conditions in extreme isolation and deprivation, hooded and shackled, before and even during their military trial. Pitch masterfully synthesizes the findings of his prodigious research into a tight, gripping narrative that adds important insights to our national story.

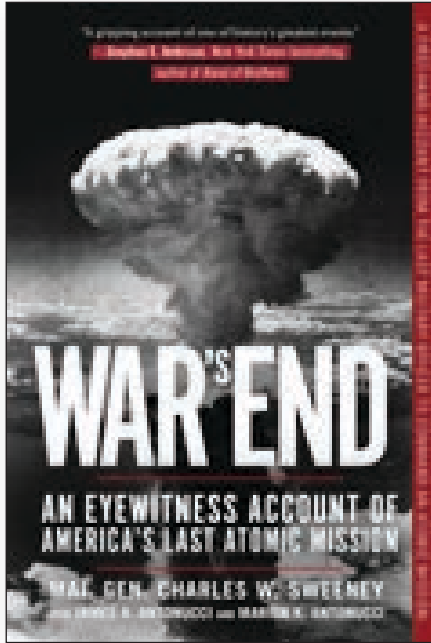
**ANTHONY S. PITCH** is the author of several books including *The Burning of Washington: The British Invasion of 1814*, a selection of the History Book Club and winner of the Arline Custer Memorial Award and Maryland Historical Society's annual book award. He has been featured on outlets ranging from NPR to The History Channel to C-SPAN to Fox News and is a highly sought-after public speaker. A former journalist in England, Africa, and Israel, Pitch has been a broadcast editor for the Associated Press in Philadelphia and a senior writer in the books division of *US News & World Report*. He lives near Washington, DC.

Major General Charles W. Sweeney, USAF, with James A. Antonucci and Marion K. Antonucci

## WAR'S END

An Eyewitness Account of America's Last Atomic Mission

An insider's story of the missions that wrapped up WWII—from the only man who flew on both the Hiroshima and Nagasaki bombing missions.



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Racing for the Bomb

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On August 9, 1945, on the tiny island of Tinian in the South Pacific, a twenty-five-year-old American Army Air Corps major named Charles W. Sweeney climbed aboard a B-29 Superfortress in command of his first combat mission, one devised specifically to bring a long and terrible war to a necessary conclusion. In the belly of his bomber, the *Bock's Car*, was a newly developed, fully armed weapon that had never been tested in a combat situation. It was a weapon capable of a level of destruction never before dreamed of in the history of the human race—a bomb whose terrifying aftershock would ultimately determine the direction of the twentieth century and change the world forever.

The last military officer to command an atomic mission, Major General Charles W. Sweeney has the unique distinction of having been an integral part of both the Hiroshima and the Nagasaki bombing runs. His book is an extraordinary chronicle of the months of careful planning and training; the setbacks, secrecy, and snafus; and the nerve-shattering final seconds and the astonishing aftermath of what is arguably the most significant single event in modern history: the employment of an atomic weapon during wartime.

**MAJOR GENERAL CHARLES W. SWEENEY, USAF**, entered military service on April 28, 1941, as an Army Air Corps aviation cadet. He was awarded the Silver Star for piloting the atomic bomb drop on Nagasaki and retired from the military in 1976 with the rank of major general. General Sweeney died in 2004.

**JAMES A. ANTONUCCI** practices law in the Boston area and is a former assistant district attorney for Suffolk County, Massachusetts.

**MARION K. ANTONUCCI** was a schoolteacher and speechwriter for Massachusetts governor Michael Dukakis and served as assistant to Boston University president John R. Silber. Marion died in 2005 and is survived by her husband James.

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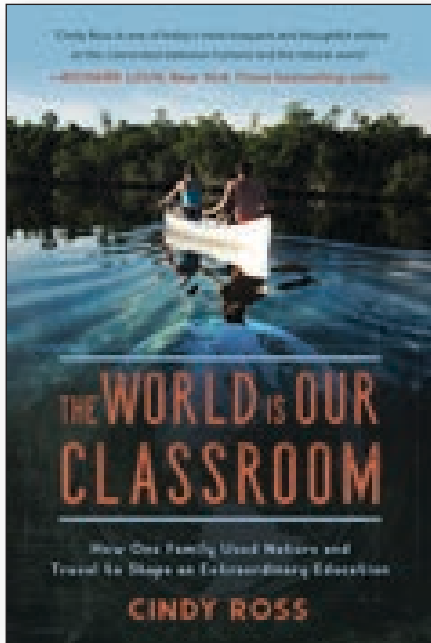
"A splendid book . . . a gripping account of one of history's greatest events."  
—Stephen A. Ambrose, *New York Times* bestselling author of *Band of Brothers*

Cindy Ross

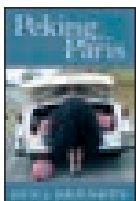
# THE WORLD IS OUR CLASSROOM

How One Family Used Nature and Travel to Shape an Extraordinary Education

**“Cindy Ross is one of today’s most eloquent and thoughtful writers on the connection between humans and the natural world.” —Richard Louv, *New York Times* bestselling author**



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Cindy’s story begins in the Rocky Mountain wilderness on a unique and extraordinary journey: two parents leading their young children 3,100 miles on the backs of llamas. This Canada-Mexico trek illustrated to Cindy and her husband what experiential education can do. Inspired by the experience, they went on to create a new way of supplementing their children’s education, focusing on two arenas for learning: the natural world and travel.

In this age of world connection, it is important to raise broad-minded and empathetic children who are knowledgeable about other cultures. To accomplish this goal, Cindy chose an unorthodox approach: she orchestrated learning opportunities for her children, Sierra and Bryce, in twelve countries. The family traveled the world, moving about on foot and bicycle, living simply and intimately. But just as important, and more accessible for many parents, were the opportunities for learning closer to home.

These adventures brought intangible gifts: values—such as compassion, empathy, resilience, self-reliance, and gratitude, among others—not always fostered in a traditional curriculum but crucially important to raising children.

By sharing her story, along with honest insights from her children about the importance of their unusual education, Cindy aims to empower parents to believe they can be their children’s best and most important educators. It is for parents who are seeking inspiration, who love a good story, and who are looking for an unorthodox way to raise the happiest, healthiest, and brightest children they can.

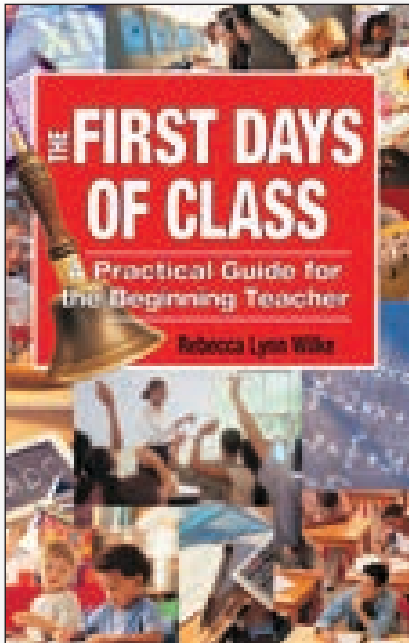
CINDY ROSS has written about raising children alternatively, via outdoor adventures and travel, for a variety of publications, including the *Los Angeles Times*, the *Toronto Star*, and *Backpacker* magazine. The author of six published books, she has lectured on the virtues of this educational approach and its effects on children’s creative minds and their thirst for learning for twenty-five years. Cindy lives in New Ringgold, Pennsylvania.

Dr. Rebecca Lynn Wilke

# THE FIRST DAYS OF CLASS

A Practical Guide for the Beginning Teacher

The field guide you need to become an effective teacher right from the start!



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Chapters cover diverse learners, classroom organization and management, curriculum and instruction, lesson planning, grading systems, professional development, and more. Practical and specific advice helps you build the right classroom environment, create “essential file folders,” make a curriculum calendar, and even find the right wall art!

*The First Days of Class* provides all the tools of the trade for new, substitute, returning, and emergency credential teachers, including:

- Short, easy-to-reference sections within each chapter
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- Classroom material samples, including “Our Classroom Rules” and a calendar of multicultural celebrations
- Resources that include a “A Teacher’s Ten Commandments,” Recommended Reading, and Educational websites

**DR. REBECCA LYNN WILKE** has served as an educational consultant and university professor in the Southern California area, working with children and adults in both public and private school settings. She is a graduate of the University of Southern California, where she received her doctorate in educational leadership, specializing in multicultural education.

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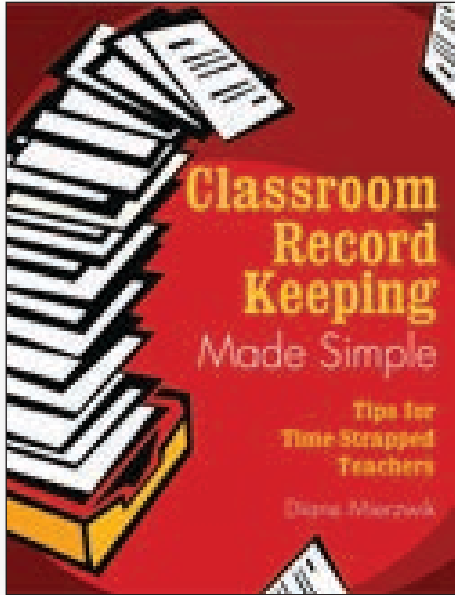
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Diane Mierzwik

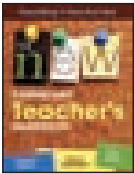
# CLASSROOM RECORD KEEPING MADE SIMPLE

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It's no secret that even the most successful teachers struggle to make the best use of their time. This enlightening text provides tips, strategies, and best practices for how all teachers—from novices to veterans—can find additional daily time while also improving documentation through better record-keeping management. Included in this resource are dozens of reproducible forms to assist teachers in maintaining accurate records, from lesson plans to records of parent-teacher conferences.

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- Developing lifelong habits in good record keeping
- Helping their schools meet accountability measures while reducing liability threats
- Discovering the real-life benefits that result from good record keeping
- Learning how to tailor record-keeping strategies to meet the needs of special populations, parents, and more

Learn how fast and accurate record keeping can save time and result in even more successful teaching.

**DIANE MIERZWIK** teaches at Parkview Middle School for the Yucaipa-Calimesa Joint Unified School District in California. She is also the author of *Quick and Easy Ways to Connect with Students and Their Parents* and *Wishes in the Field*, a middle grade historical fiction novel.

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World (W) • CQ 48

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Education

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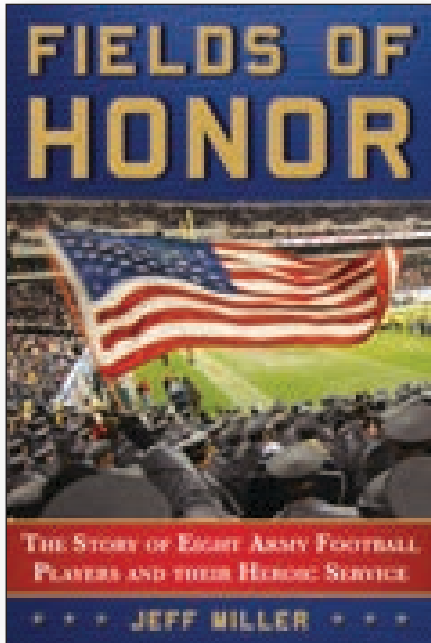


Jeff Miller

# FIELDS OF HONOR

The Story of Eight Army Football Players and Their Heroic Service

How eight cadets went from the football field to the battlefield to defend their country in Iraq and Afghanistan.



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The 2003 Army football team achieved futility in major college play that might never be equaled, losing all thirteen of its games. The squad that took the field on a frigid December 2003 day in Philadelphia for the celebrated Army-Navy game featured only eight fourth-year seniors, just a slice of the fifty energetic freshmen—“plebes” in academy vernacular—who reported to West Point amid the heat and humidity of the summer of 2000, hoping to land spots on the football team.

For most of the fifty, West Point represented their best—or only—opportunity to play major college football. Making a five-year active-duty military commitment following graduation was a small price to pay during peacetime. But peacetime in America ended only days into their second year at the academy, on September 11, 2001.

Those eight seniors, like virtually all of their cadet peers, maintained their commitments to the US Army in the wake of 9/11. They worked their way up from West Point’s JV football team as freshmen, earned positions on the Black Knights’ varsity team as others left the program—voluntarily or otherwise—and walked to the center of the field for the coin toss before that final opportunity for victory, against the arch-rival Midshipmen.

The football field then gave way to the battlefield.

Most of the eight were deployed overseas, serving at least one tour in either Iraq or Afghanistan. One won the Bronze Star, another the Purple Heart. One qualified for an elite Rangers battalion, another for the 160th special operations aviation Night Stalkers.

They took on enemy fire. They grieved at the loss of brothers in arms. They hugged their loved ones tightly upon returning home. There was no more talk of football losses. They were winners.

**JEFF MILLER** has been a sports journalist for more than forty years. He has worked for the *Dallas Morning News*, CBSSports.com, and ESPN.com. Miller is the author of six books, including the acclaimed *Going Long*, on the American Football League, and *The Game Changers*. He lives with his wife, Frances, in DeSoto, Texas.

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World (W) • CQ 32

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Sports/Football

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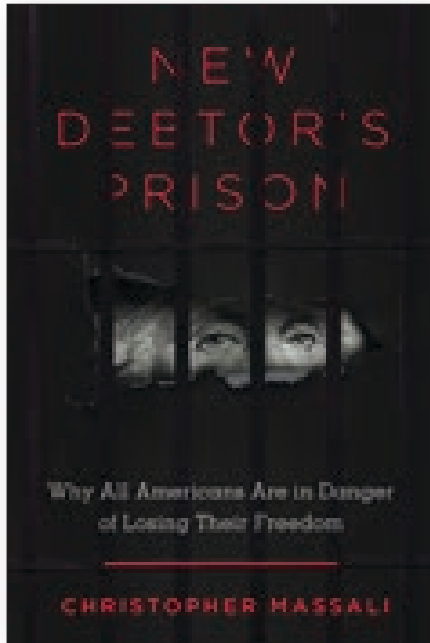
OCTOBER

Christopher Maselli

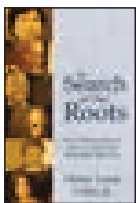
# THE NEW DEBTORS' PRISON

Why All Americans Are in Danger of Losing Their Freedom

The truth about the US prison system that unfairly incarcerates, disenfranchises, and destroys the poor and middle class of America.



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Social Science

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OCTOBER

Debtors' prisons might sound like something out of a Dickens novel, as antiquated as leeching, but what most Americans do not realize is that they are alive and well in a new and startling form. Today more than 20 percent of the prison population is incarcerated for financial reasons such as failing to pay a fine. This alarming trend not only affects the poor, who are hit particularly hard, but also ensnares the millions of self-identified middle-class who are struggling to make ends meet.

All across the country people are being fined and even imprisoned for offenses as small as delinquency on student debt or an unpaid parking ticket. However, there is an insidious undercurrent to these practices that the average person might not realize. Many counties depend on a steady supply of citizens to pay fines and court costs in order to make their budgets. Minor vehicle infractions, by design, can rack up hundreds of dollars in charges that go straight to the city's coffers. Combine this with the fact that many middle-class people cannot handle an unexpected \$400 expense and the general lack of awareness about the risk for being repeatedly jailed for failure to pay court costs, probation, and even per day charges for being in jail and you get an endless cycle of men and women either in debt or in prison for debt.

While shocking to some, this system makes up today's debtors' prisons. In *The New Debtors' Prison*, Christopher Maselli draws from his personal knowledge of the criminal justice system based on his experience on both sides of the prison walls as an attorney as well as a former inmate, to take a hard look at our modern prison system that systematically targets the poor and vulnerable of our society in order to fund the industrial prison complex.

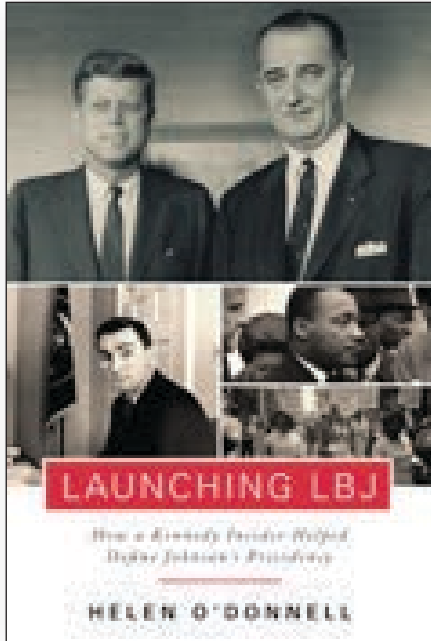
**CHRISTOPHER B. MASELLI**, Esq., is an attorney at the Providence, Rhode Island, law firm of Thomas E. Badway & Associates, LLP, specializing in civil and criminal litigation. In 2006, Maselli was elected the state senator from Johnston, Rhode Island. While a senator he rose to the level of deputy majority leader, chairman of the Senate Rules Committee, and secretary of the Judiciary Committee. He lives in Johnston, Rhode Island.

Helen O'Donnell

# LAUNCHING LBJ

## How a Kennedy Insider Helped Define Johnson's Presidency

The true story of the first nine months of Lyndon Johnson's presidency.



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**Indomitable Will**  
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**K**enneth O'Donnell was JFK's chief of staff, among the group known as Kennedy's "Irish Mafia." O'Donnell was with Jack Kennedy through his entire time in office, and he was on Air Force One in Dallas, at Jacqueline Kennedy's side, as Lyndon Johnson was sworn in.

When John F. Kennedy was assassinated, LBJ asked Ken O'Donnell to stay on and work with him through the first nine months of his administration, to help the country transition and heal, and to help Johnson set his own agenda for his presidency. Although they were political adversaries, they developed a mutually respectful rapport, and Ken helped LBJ find his voice, starting with his work in voting rights and developing the civil rights agenda. Ken O'Donnell was a prolific diarist and notetaker, and in *Launching LBJ*, his daughter Helen, a respected historian and journalist in her own right, takes her father's journals and fills in the gaps to create an unprecedented inside look at the early days of President Lyndon Johnson's regime.

**HELEN O'DONNELL** is a noted historian, journalist, and author. She has written several books about her father and his relationship with President Kennedy, including *The Irish Brotherhood: John F. Kennedy, His Inner Circle, and the Improbable Rise to the Presidency*. She has utilized her father's diaries and notes to create an inside view of the presidency at the start of the Johnson administration. She lives in Washington, DC.

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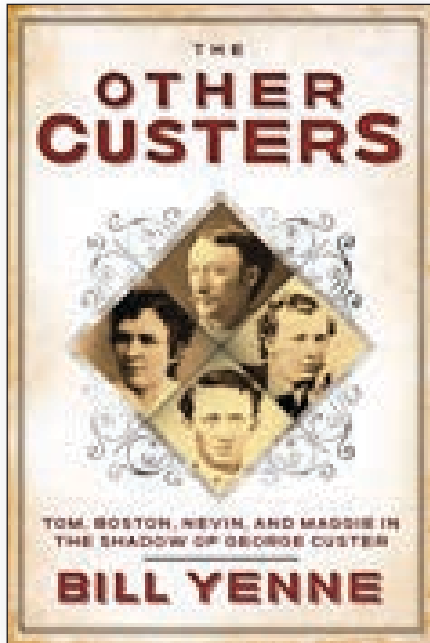
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Bill Yenne

# THE OTHER CUSTERS

Tom, Boston, Nevin, and Maggie in the Shadow of George Custer

George Armstrong was not the only Custer.



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- Targeted promotion to history buffs
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Custer  
\$24.99 hardcover  
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Most do not realize that not one, not two, but *three* Custer brothers died with the 7th Cavalry at the hands of the Sioux and Cheyenne at Little Bighorn in 1876. So too did their nephew and the husband of their only sister. Less than half the immediate Custer family would survive the massacre. This is their story.

This book is a must for all those interested in the enduring Custer legend. Where other Custer literature focuses solely on George Armstrong, *The Other Custers* is the only volume to explore the lives of the Custer siblings in depth. War hero Tom Custer earned two Medals of Honor during the Civil War before riding into the West with his brother. There was the bashful and enigmatic Nevin Custer, and the young Boston Custer, whose one desire in life was to share the adventures of his idolized older brothers. Margaret Custer married into the 7th Cavalry and was widowed at twenty-four when her husband, James Calhoun, was among the dead at the Little Bighorn.

*The Other Custers* traces the upbringing of the family and follows Nevin and Margaret as they carried the Custer name beyond Little Bighorn. The book also uncovers much more detail about the ancestors and descendants of the Custer siblings than is to be found in other Custer biographies.

**BILL YENNE** is the author of more than three dozen books on historical topics, as well as several novels. He has contributed to encyclopedias of both world wars, and has been featured in several documentaries which have aired on the History Channel, the National Geographic Channel, and the Smithsonian Channel. The *Wall Street Journal* says he “writes with a cinematic vividness,” and his biography *Sitting Bull* was named fourteenth in Amazon’s Top 100 Books of the Year. He lives in San Francisco, California.

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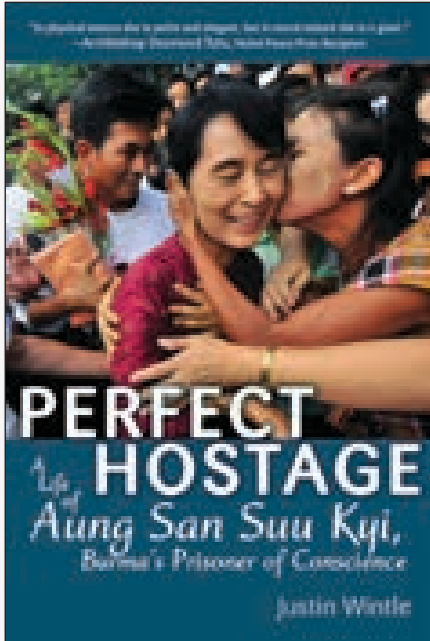
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Justin Wintle

# PERFECT HOSTAGE

A Life of Aung San Suu Kyi, Burma's Prisoner of Conscience

An eye-opening look at one of the most compelling, complicated, and important political leaders of our time.



- Co-op available

Aung San Suu Kyi, the current state counselor of Myanmar, is one of the world's foremost inspirational revolutionary leaders and political reformers. For many years, she waged a war of steadfast non-violent opposition to her country's vicious militant regime. Because of her resistance to the brutality of the Burmese government, she was placed under house arrest from 1989 to 2010.

She endured failing health, vilification through the Burmese media, and cruel imprisonment in one of the world's most dreadful and inhumane jails. Suu Kyi fought every hardship the junta could put her through, yet she has never once wavered from her position, never once advocated violence, and persevered in her message of peaceful resistance at all costs, earning her the Nobel Peace Prize in 1991, placing her among the likes of such renowned champions of peace as Gandhi, King, and Mandela. She is a truly heroic revolutionary.

In *Perfect Hostage*, the most thorough biography of Suu Kyi to date, Justin Wintle tells both the story of the Burmese people and the story of an ordinary person who became a hero.

**JUSTIN WINTLE** has a degree in modern history from Oxford. He is the author of *Romancing Vietnam*, *The Vietnam Wars*, *Furious Interiors*, and the Rough Guide histories of China, Islam, and Spain. He is a contributor to the *Financial Times*, the *Sunday Times*, and the *Independent*.

"Wintle's powerful portrait brings the inspirational Suu Kyi back into the light." —*Booklist* (starred review)

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History

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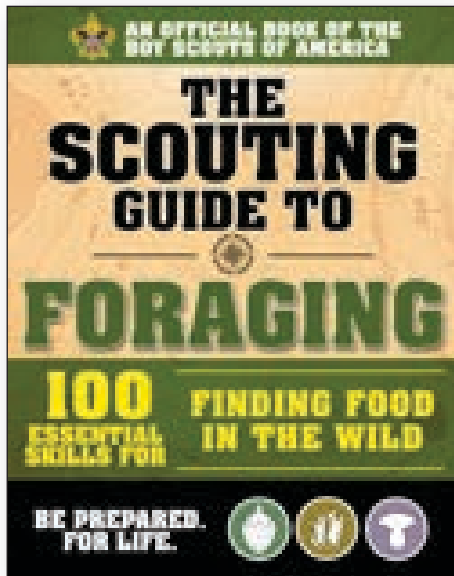
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The Boy Scouts of America

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100 Essential Skills for Finding Food in the Wild

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Since 1910, the Boy Scouts of America has helped build the future leaders of this country by combining educational activities and lifelong values with fun. The BSA is committed to training youth in responsible citizenship, character development, and self-reliance through participation in a wide range of outdoor activities.

**THE BOY SCOUTS OF AMERICA** provides the nation's foremost youth program of character development and values-based leadership training, which helps young people "Be Prepared. For Life.®" The Scouting organization is composed of nearly 2.4 million youth members between the ages of seven and twenty-one and approximately 960,000 volunteers in local councils throughout the United States and its territories. For more information on the Boy Scouts of America, please visit [www.scouting.org](http://www.scouting.org).

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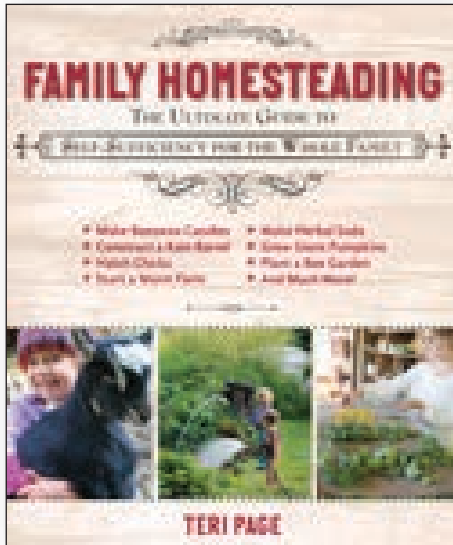


Teri Page

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Practical advice and hands-on projects for the self-sufficient family.



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In an increasingly digital world, families are looking for ways to deepen their connection to one another and to the land. *Family Homesteading* is a guide to a simpler life, one that integrates children into the daily work of creating a sustainable homestead. From gardening and cooking, to herbalism and natural crafts, *Family Homesteading* shares stories and hands-on projects that will deepen relationships and build self-sufficiency skills.

Teri Page, author of the popular *Homestead Honey* blog, moved across the country with her husband and young children to build their off-the-grid homestead on raw land. Together, they garden, forage, preserve foods, raise chickens, homeschool, and so much more. Perfect for homeschooling families or anyone working with or raising kids, readers will learn how to involve children in dozens of homesteading projects. Learn how to:

- Dye cloth with plant-based dyes
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- Hatch chicks
- Create a worm farm
- Grow giant pumpkins
- Make butter in a mason jar
- Make homemade herbal soda
- And so much more!

**TERI PAGE** is the blogger behind *Homestead Honey* and manages a homestead in Missouri with her husband and kids. They are currently creating and cultivating organic gardens and planting food forests while they build an off-grid, 350-square-foot tiny home. She and her husband have raised chickens, ducks, goats, bees, and pigs, have lived without electricity or running water, and currently homeschool their kids. Teri and her family live in La Plata, Missouri.

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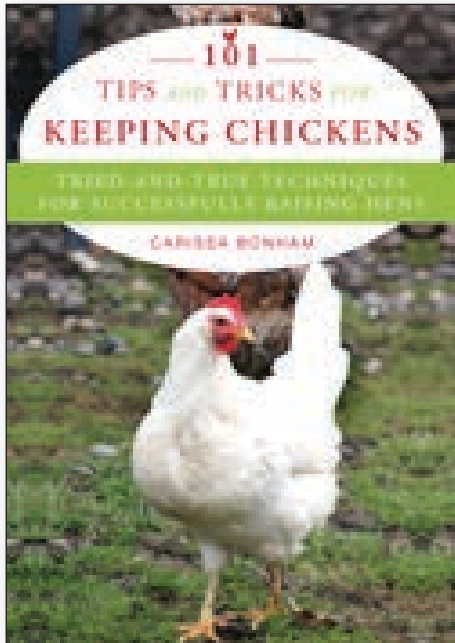
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Carissa Bonham

# 101 TIPS AND TRICKS FOR KEEPING CHICKENS

Tried-and-True Techniques for Successfully Raising Hens

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*The Joy of Keeping Chickens*

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Beginning and intermediate chicken keepers don't need to spend hours poring through extensive manuals and thick books—Carissa Bonham boils down chicken-keeping basics into 101 easy-to-understand and easy-to-apply tips, tricks, and chicken hacks.

Advice ranges from learning how to grow your flock despite having a broody hen to directions for making a nesting box herb blend that will keep pests at bay and keep the coop smelling fresh. Other tips will touch on:

- Stretching your feed budget with fermentation
- Making a predator-proof coop
- Using your chickens to get your garden ready in the spring
- Creating easy chicken chores for kids
- And much more!

Having raised a variety of chickens both inside her home and with the help of broody chicken moms, author Carissa Bonham is ready to share her chicken-keeping advice with others looking to add the joy of poultry to their lives. Her approach to chicken keeping focuses on keeping hens happy using natural methods so you can spend less time doing the dirty work and more time enjoying your flock.

**CARISSA BONHAM** is the owner and editor of the popular green lifestyle website *Creative Green Living*. She is active in several online chicken-keeping communities and her Instagram-famous chickens (follow them @CreativeGreenChickens) grace the pages of this book. She lives near Portland, Oregon, with a house full of boys and a yard full of chickens.

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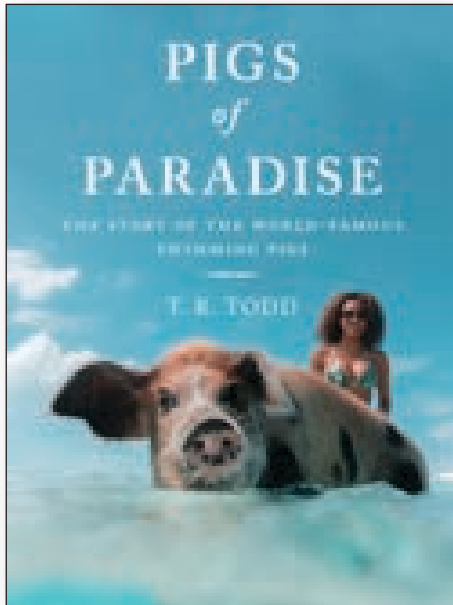
OCTOBER

T.R. Todd

# PIGS OF PARADISE

The Story of the World-Famous Swimming Pigs

**“The Bahamas are famous for sun, sand—and swimming pigs.” —*National Geographic***



- Co-op available

In the middle of paradise, with billionaires and celebrities for neighbors, is an island populated only by swimming pigs. There was a time when these animals were largely unknown to the world, but in recent years, they’ve become a viral sensation. Appearing in magazines, videos, newspapers, commercials, TV shows, and countless selfies, the Swimming Pigs of Exuma, in the Bahamas, have become a bucket-list sensation and have been named one of the marvels of the universe.

But how did they reach this celebrity status? What made them so famous?

And why, in February 2017, did so many of them die?

*Pigs of Paradise* is an unlikely story of humble beginnings and a swift rise to stardom. With interviews from historians, world-renowned ecologists, famous pig owners, and boat captains, it thoughtfully considers what this phenomenon says not only about these animals but also about us.

**T.R. TODD** is a journalist, biographer, and novelist with experience in Canada, the Bahamas, and the United Arab Emirates. His work has appeared in newspapers across North America, including the *New York Times*, *Huffington Post*, *Globe and Mail*, and *Toronto Star*. He currently lives in Ottawa, Canada, where he is freelancing and completing his second novel.

**\$17.99 hardcover (Can. \$27.99)**

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Nature

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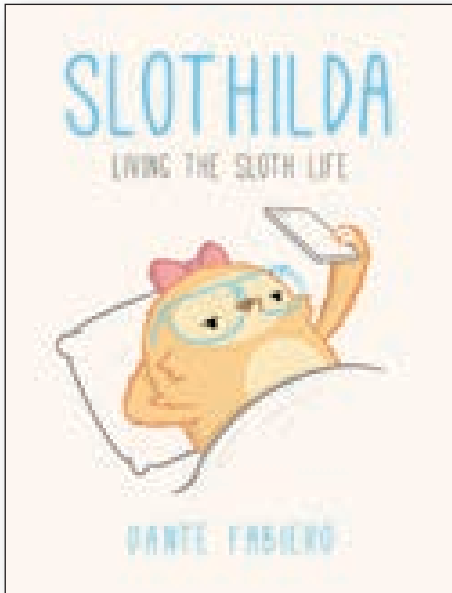
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Dante Fabiero

**SLOTHILDA**

Living the Sloth Life

Join Slothilda on her awkward and adorable adventure through life.



- Co-op available

Enjoy this completely relatable comic series about an adorable little sloth who's driven by her desire for self-improvement. Unfortunately, achieving her goals isn't always so easy. After all, she is a sloth, and being innately lazy often poses some interesting challenges to her personal growth. She constantly struggles to overcome procrastination, her love for junk food, and her addiction to modern-day technology.

Despite her lazy natural instincts, Slothilda remains ambitious and optimistic. She explores an inner conflict we can all relate to—the desire to succeed and grow, while paradoxically dealing with the ever-present temptation to sloth.

She is a mascot for the modern-day immature adult, and is undeniably a spirit animal to all.

**DANTE FABIERO** is an Emmy Award-winning animator, as well as the creator of *Slothilda*, a web comic about a lazy, food-loving, phone-addicted sloth. His animation work (including *The Simpsons*, *American Dad*, and *Cosmos* with Neil deGrasse Tyson) has been featured on networks such as Netflix, TBS, Fox, and YouTube. He is also the creator of the *Slothilda Sloth* blog and lives in Los Angeles, California with his fiancée, Katherine, a high school principal, and his pet corgi, Peanut.

**\$12.99 hardcover (Can. \$19.99)**

World (W) • CQ 30

ISBN 978-1-5107-3657-3

6 ½" x 8 ½" • 128 pages

100 color illustrations

Humor

ebook ISBN 978-1-5107-3660-3

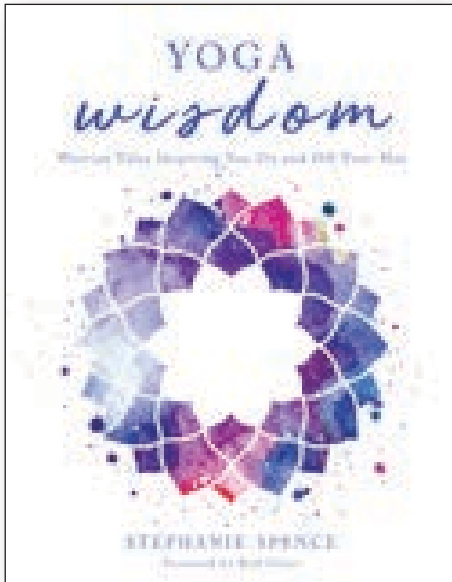
**OCTOBER**

Stephanie Spence

# YOGA WISDOM

Warrior Tales Inspiring You On and Off Your Mat

Essential and uplifting advice that will help you get from where you are to who you hope to become.



- Targeted promotion to the healthy living community
- Co-op available
- Also available:



Lillas! Yoga

\$16.95 paperback  
978-1-61608-451-6

Often referred to as The Traveling Yogini, beloved yoga teacher Stephanie Spence explores what it means to become our truest selves. Weaving her experience as a writer, mother, and PTSD survivor, Spence affirms that not only is the soul's messy and unpredictable journey inevitable; it is essential to our quest to live a life we thrive in.

Yoga heals—not just the body, but the heart and soul. Whether you've only dabbled with the idea of trying yoga, or have practiced for a long time, yoga is about *you*. Physically, it increases endurance, strength, and flexibility. Mentally, it reduces stress and helps you find stillness in a chaotic world. Spiritually, it helps you evolve to your highest potential and live in a space of gratitude and peace no matter what's happening around you.

Here, Spence has gathered the wisdom of eighty-five acclaimed yogis to enable readers to live their life to the fullest. Real and raw wisdom from global leaders in the yoga community—from classic yoga superstars to today's rock-your-daily-asana hipsters—will motivate you to live a life beyond your wildest dreams. Filled with universal insights, intimate, comforting stories, and spiritually practical tips, *Yoga Wisdom* is here to help keep you on the road to truth, authenticity, and balance in all aspects of your life.

**STEPHANIE SPENCE** is the former CEO of Spence Communications. Her publishing company produced numerous magazines, including the award-winning monthly wellness lifestyle magazine in Pennsylvania, *Health & Fitness*. She was recently featured in *Mantra Yoga + Health Magazine*, and *How to Be a Yoga Rockstar*. She is a regular contributor to *Yoga Guide Magazine*, *OM Yoga & Lifestyle Magazine*, and *Dallas Yoga Magazine*. When not on road trips or attending yoga festivals, Stephanie resides in Coronado, California.

**\$19.99 hardcover (Can. \$30.99)**

World (W) • CQ 24

ISBN 978-1-5107-3709-9

7" x 9" • 256 pages

250 color photographs

Body, Mind & Spirit

ebook ISBN 978-1-5107-3710-5

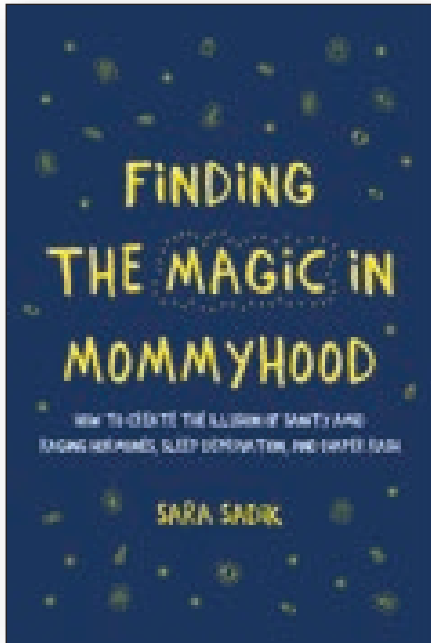
OCTOBER

Sara Sadik

# FINDING THE MAGIC IN MOMMYHOOD

How to Create the Illusion of Sanity amid Raging Hormones, Sleep Deprivation, and Diaper Rash

In the gaping cracks between our mommyhood expectations and the messy reality, magic shines through.



- Targeted promotion to mommy bloggers and the parenting community
- Co-op available
- Also available:



The Fab Mom's Guide

\$19.99 hardcover  
978-1-5107-1516-5

So much legend, lore, and everyday talk make pregnancy out to be a magical experience. But there's no sparkle, no glitter and glamour when you need to pee 25,000 times per night or are struggling to understand what each baby wail means. *Finding the Magic in Mommyhood* punctures those myths that becoming a mom is all radiance and bliss, and balances the hopes and dreams of every new mom and mom-to-be by delivering a rollercoaster of emotion, honesty, and giggle stories to recast every breakdown as a breakthrough.

Sara's wisdom empowers moms to live with both realistic expectations and acceptance of the changes they will go through—the good, the bad, and the ugly—by finding what's good in the midst of what's hard, discouraging, or overwhelming. Topics include the pre-preggo phase, pregnancy, and the first year of mommyhood, including how Sara adjusted when an X-ray revealed her baby Adriana had hip dysplasia—a congenital misalignment requiring her to wear a brace.

*Finding the Magic in Mommyhood* tackles unexpected and even uncomfortable topics with ease and humor to help fellow moms dig extra deep to find strength, let alone magic in the moments when you resent this baby you're supposed to love, loathe your husband, or lose yourself and want solely to find *you* again.

**SARA SADIK** is a media expert, journalist, human rights activist, cat watcher, editor, life coach (for about three minutes), and mom looking for the magic and humor in every minute. She is the creator of parenting blog *Finding the Magic in Mommyhood*, dedicated to making you laugh, breathe, and know you're not alone in this magical mess known as motherhood. Sara currently resides in Dubai with her overly pragmatic Syrian-American husband and three kids that are learning to take turns having tantrums.

**\$19.99 hardcover (Can. \$30.99)**

World (W) • CQ 32

ISBN 978-1-5107-3598-9

6" x 9" • 192 pages

15 color illustrations

Parenting

ebook ISBN 978-1-5107-3599-6

OCTOBER

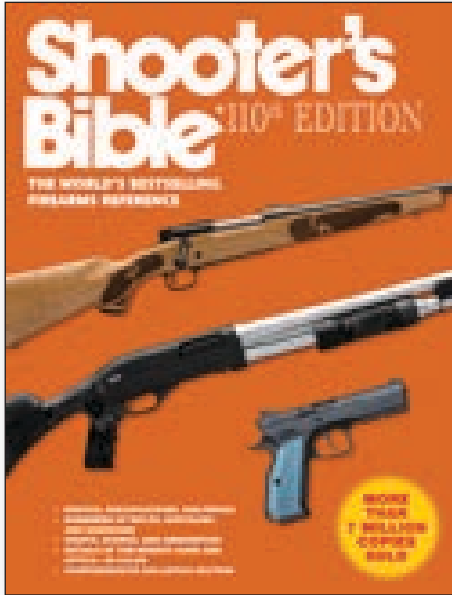


Edited by Jay Cassell

# SHOOTER'S BIBLE, 110TH EDITION

The World's Bestselling Firearms Reference

With more than seven million copies sold, this is the must-have reference book for gun collectors and firearm enthusiasts of all ages.



- Targeted promotion to gun enthusiasts and collectors
- Co-op available

Published annually for more than eighty years, the *Shooter's Bible* is the most comprehensive and sought-after reference guide for new firearms and their specifications, as well as for thousands of guns that have been in production and are currently on the market. Nearly every firearms manufacturer in the world is included in this renowned compendium. The 110th edition also contains new and existing product sections on ammunition, optics, and accessories, along with updated handgun and rifle ballistic tables and extensive charts of currently available bullets and projectiles for handloading.

With a timely feature on the newest products on the market, and complete with color and black-and-white photographs featuring various makes and models of firearms and equipment, the *Shooter's Bible* is an essential authority for any beginner or experienced hunter, firearm collector, or gun enthusiast.

JAY CASSELL, editorial director at Skyhorse Publishing and the editor of this compendium, has hunted all over North America. He has written for *Field & Stream*, *Sports Afield*, *Outdoor Life*, *Petersen's Hunting*, *Time*, and many other publications and has published numerous books. He lives in Katonah, New York.

**\$29.99 paperback original (Can. \$46.99)**

World (W) • CQ 12

ISBN 978-1-5107-3838-6

8" x 10 1/2" • 608 pages

1,000 b/w photographs

275 color photographs

Sports/Shooting

ebook ISBN 978-1-5107-3840-9

**OCTOBER**

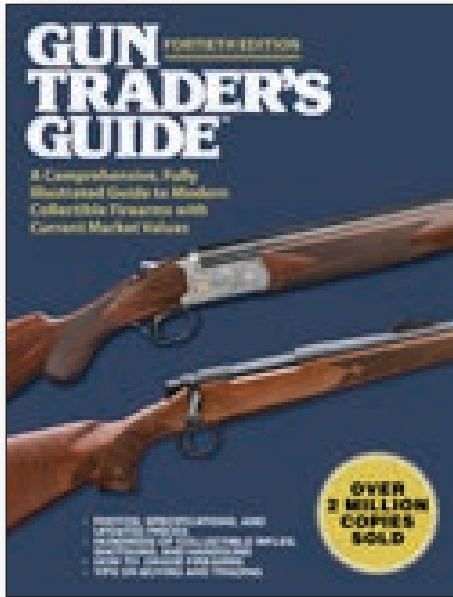
*Previous edition: 978-1-5107-2689-5*

Edited by Robert A. Sadowski

# GUN TRADER'S GUIDE, FORTIETH EDITION

A Comprehensive, Fully Illustrated Guide to Modern Collectible Firearms with Current Market Values

The one-stop guide to buying collectible firearms, with more than two million copies sold!



- Targeted promotion to firearm collectors
- Co-op available

If you are seeking a comprehensive reference for collectible gun values, the *Gun Trader's Guide* is the only book you need. For more than half a century, this guide has been the standard reference for collectors, curators, dealers, shooters, and gun enthusiasts. Updated annually, it remains the definitive source for making informed decisions on used firearms purchases. Included are extensive listings for handguns, shotguns, and rifles from some of the most popular manufacturers, including Beretta, Browning, Colt, Remington, Savage, Smith & Wesson, Winchester, and many more.

This fortieth edition boasts dozens of new entries not included in last year's edition and contains a complete index and a guide on how to properly and effectively use this book in order to find the market value for your collectible modern firearm and determine the new prices for any firearm you want to sell or trade, whether its condition is in-box, excellent, or good. With new introductory materials that every gun collector and potential buyer should read, this book is the ultimate guide to purchasing classic or discontinued firearms. No matter what kind of modern firearm you own or collect, the *Gun Trader's Guide* should remain close at hand.

**ROBERT A. SADOWSKI** has written about firearms and hunting for nearly fifteen years. He is the author of four gun books, editor of three others, and contributor to numerous gun-enthusiast magazines, including *Combat Handguns*, *Black Guns*, *Special Weapons for Military and Police*, *Gun Tests*, *Personal and Home Defense*, *GunHunter*, *SHOT Business*, and others. He resides in Hampstead, North Carolina.

**\$29.99 paperback original (Can. \$46.99)**

World (W) • CQ 12

ISBN 978-1-5107-3837-9

8" x 10 1/2" • 608 pages

1,500 b/w photographs

200 color photographs

Sports/Shooting

ebook ISBN 978-1-5107-3837-9

**OCTOBER**

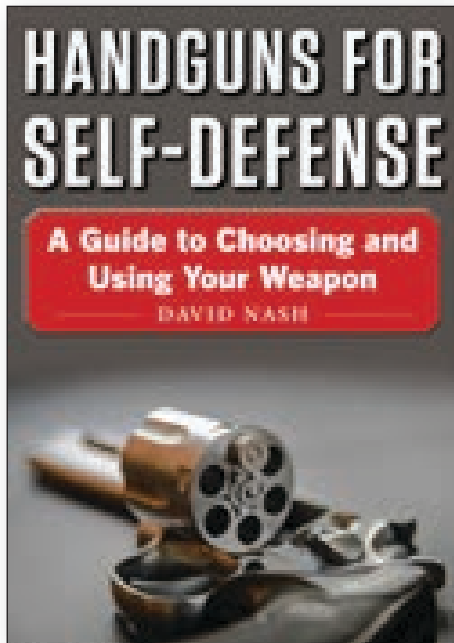
*Previous edition: 978-1-5107-2688-8*

David Nash

# HANDGUNS FOR SELF-DEFENSE

A Guide to Choosing and Using Your Weapon

A must-have guide for every gun owner covering every aspect of firearms possession and use.



- Co-op available
- Also available:



*Guns & Ammo Guide to  
Concealed Carry*

\$17.99 paperback  
978-1-5107-1307-9

Regardless of your level of training or comfort around firearms, understanding and applying firearm fundamentals will increase your proficiency. *Handguns for Self-Defense* provides easily understood explanations of what shooters need to do to fire more accurately. Author David Nash has more than twenty years of experience as a firearm instructor and in this book he explores such topics as:

- How to choose the firearm, holster, and carry method that best fits you, your lifestyle, and your particular protection needs
- Understanding state and federal firearm laws
- Developing and implementing a safe and effective firearms training regime
- How to deal with friends and family who don't like guns
- And much more

All of this is done without politics, judgments, or complex explanations. *Handguns for Self-Defense* is a valuable resource for anyone thinking about purchasing a firearm for the first time, exploring carrying a gun for self-defense, or seeking to improve the skills they already have.

**DAVID NASH** has been in the firearms industry his entire life. After his service in the US Marines, he began work with the Tennessee Department of Correction where he gained certification as both an NRA instructor and agency firearm instructor. He is currently an NRA training counselor and works as a correctional academy instructor. Nash lives in middle Tennessee with his wife Genny, his young son William Tell, and a pretty smart dog.

**\$16.99 paperback reprint (Can. \$25.99)**

World (W) • CQ 30

ISBN 978-1-5107-3626-9

6" x 8 1/4" • 144 pages

50 color photographs

Sports/Shooting

ebook ISBN 978-1-5107-3627-6

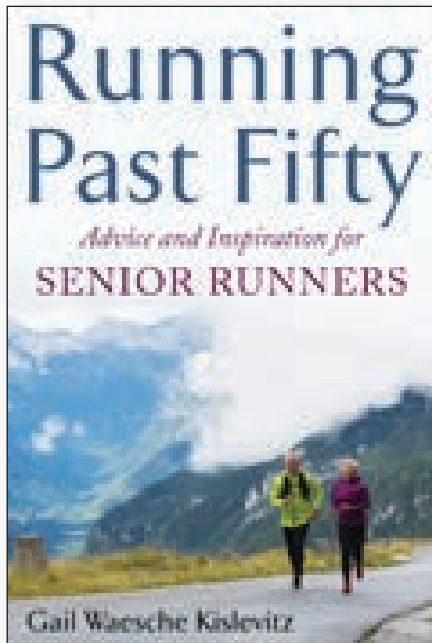
**OCTOBER**

*Previous edition: 978-1-60885-025-9*

Gail Waesche Kislevitz

# RUNNING PAST FIFTY

Advice and Inspiration for Senior Runners

**How to stay motivated and keep running for the rest of your life.**

- Advance Reading Copies
- Co-op available
- Also available:



The Runner's Guide to the  
Meaning of Life

\$9.95 paperback  
978-1-60239-185-7

Running brings joy and health benefits to all participants, especially those of the baby boomer generation. But when legs get sore, joints feel achy, and old age creeps up, sometimes senior runners need a little extra motivation to get out of the door and on the road. In *Running Past Fifty*, lifelong runner Gail Waesche Kislevitz provides helpful tips and motivation from twenty-six runners aged fifty or older.

Presenting time-tested recommendations, Kislevitz interviews some of the nation's greatest senior runners. Included here are exclusive interviews with greats such as Ed Whitlock, who, at the age of eighty-five, set an age-division world record of 3:56 in the marathon; Bill Rodgers, winner of four Boston Marathons and three New York City Marathons; George Hirsch, chairman of New York Road Runners; Olympian and author Jeff Galloway; world record holder Sid Howard; and runner and journalist Marc Bloom.

And legendary runners aren't the only ones running well into seniority. Kislevitz also offers motivational stories from average runners who hit the pavement frequently and refuse to let their age stop them from competing regularly.

Baby boomer runners may be slower than they once were, but they show no signs of slowing down. Inspiring and insightful, *Running Past Fifty* is the perfect read for every one of them.

**GAIL WAESCHE KISLEVITZ** is an award-winning journalist and the author of six books on running and sports. She was a columnist for *Runner's World* for fifteen years, and her freelance work has appeared in *Shape*, *Marathon and Beyond*, and *New York Runner*. A longtime employee of New York Road Runners, she is a coach for their marathon charity team, Team for Kids. Kislevitz has run twenty-six marathons and has competed in triathlons, including a Half Ironman. In 2006, she was awarded the RRCA Journalist Excellence Sportswriter Award. Kislevitz lives in Ridgewood, New Jersey.

**\$18.99 paperback original (Can. \$29.99)**

World (W) • CQ 30

ISBN 978-1-5107-3629-0

6" x 9" • 224 pages

25 color photographs

Running

ebook ISBN 978-1-5107-3630-6

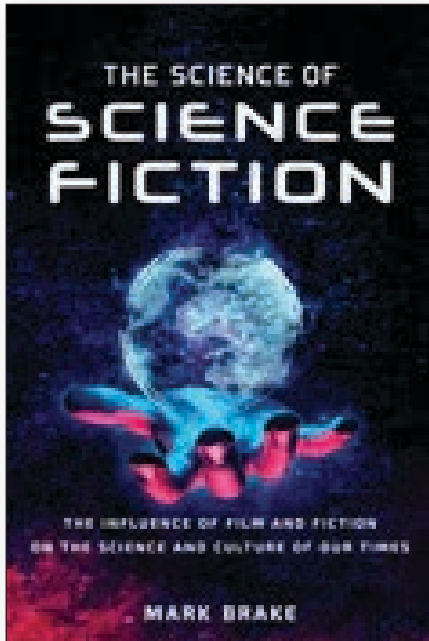
OCTOBER

Mark Brake

# THE SCIENCE OF SCIENCE FICTION

The Influence of Film and Fiction on the Science and Culture of Our Times

We are the first generation to live in a science fiction world.



- Advance Reading Copies
- Targeted promotion to pop culture enthusiasts
- Co-op available
- Also available:



The Science of Star Wars

\$14.99 paperback  
978-1-944686-28-4

\$14.99 paperback original (Can. \$22.99)

World (W) • CQ 36  
ISBN 978-1-5107-3936-9

6" x 9" • 272 pages

Science

ebook ISBN 978-1-5107-3937-6

OCTOBER

Media headlines declare this the age of automation. The TV talks about the coming revolution of the robot, tweets tell tales of jets that will ferry travelers to the edge of space, and social media reports that the first human to live for a thousand years has already been born. The science we do, the movies we watch, and the culture we consume is the stuff of fiction that became fact, the future imagined in our past—the future we now inhabit.

*The Science of Science Fiction* is the story of how science fiction shaped our world. No longer a subculture, science fiction has moved into the mainstream with the advent of the information age it helped realize. Explore how science fiction has driven science, with topics that include:

- *Guardians of the Galaxy*: Is Space Full of Extraterrestrials?
- *Jacking In*: Will the Future Be Like *Ready Player One*?
- *Mad Max*: Is Society Running down into Chaos?
- The Internet: Will Humans Tire of Mere Reality?
- *Blade Runner 2049*: When Will We Engineer Human Lookalikes?
- And many more!

This book will open your eyes to the way science fiction helped us dream of things to come, forced us to explore the nature and limits of our own reality, and aided us in building the future we now inhabit.

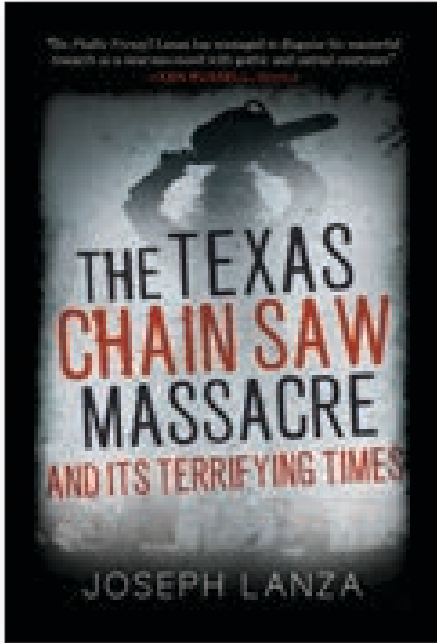
**MARK BRAKE** developed the world's first science and science fiction degree in 1999. He also launched the world's first astrobiology degree in 2005. He's communicated science through film, television, print, and radio on five continents, including for NASA, Seattle's Science Fiction Museum, the BBC, the Royal Institution, and Sky Movies. He was one of the founding members of NASA's Astrobiology Institute Science Communication Group. Mark also tours Europe with Science of Doctor Who, Science of Star Wars, and Science of Superheroes road shows. His most recent book, *The Science of Superheroes*, publishes in spring of 2018.

Joseph Lanza

# THE TEXAS CHAINSAW MASSACRE AND ITS TERRIFYING TIMES

A Cultural History

*The Texas Chainsaw Massacre and a decade of American nightmares.*



- Advance Reading Copies
- Co-op available

When Tobe Hooper's low-budget slasher film, *The Texas Chainsaw Massacre*, opened in theaters in 1974, it was met in equal measure with disgust and reverence. The film—in which a group of teenagers meet a gruesome end when they stumble upon a ramshackle farmhouse of psychotic killers—was outright banned in several countries and was pulled from many American theaters after complaints of its violence. Despite the mixed reception from critics, it was enormously profitable at the domestic box office and has since secured its place as one of the most influential horror movies ever made. In *The Texas Chainsaw Massacre and Its Terrifying Times*, cultural critic Joseph Lanza turns his attentions to the production, reception, social climate, and impact of this controversial movie that rattled the American psyche.

Joseph Lanza transports the reader back to the tumultuous era of the 1970s defined by political upheaval, cultural disillusionment, and the perceived decay of the nuclear family in the wake of Watergate, the onslaught of serial killers in the US, as well as mounting racial and sexual tensions. *The Texas Chainsaw Massacre and Its Terrifying Times* sets the themes of the film against the backdrop of the political and social American climate to understand why the brutal slasher flick connected with so many viewers. As much a book about the movie as the moment, Joseph Lanza has created an engaging and nuanced work that grapples with the complications of the American experience.

**JOSEPH LANZA** is the author of several cultural history books including *Phallic Frenzy: Ken Russell and His Films*, *Elevator Music: A Surreal History of Muzak, Easy Listening, and Other Moodson*, and the widely lauded *Gravity: Tilted Perspectives on Rocketships, Rollercoasters, Earthquakes, and Angel Food*, which was selected for the *Los Angeles Times*' Best Non-Fiction Books list of 1997. He Lives in New Jersey.

"Mr. Lanza is shrewd, clever, and always entertaining." —J.G. Ballard

"Lanza has managed to disguise his masterful research as a near-neo-novel with gothic and surreal overtones." —Ken Russell, director

"*Phallic Frenzy: Ken Russell and His Films* by Joseph Lanza is a nutty, hysterical howl through Russell's huge oeuvre of television and feature films." —*Financial Times*

\$24.99 hardcover (Can. \$38.99)

World (W) • CQ 32

ISBN 978-1-5107-3790-7

6" x 9" • 304 pages

Performing Arts

ebook ISBN 978-1-5107-3792-1

OCTOBER

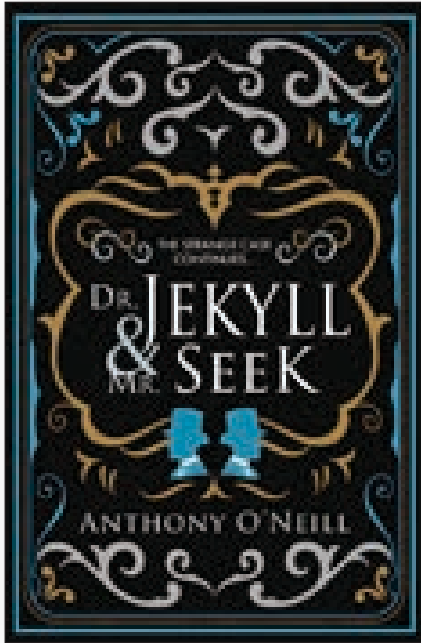


Anthony O'Neill

## DR. JEKYLL AND MR. SEEK

The Strange Case Continues

In this dark, atmospheric sequel to Robert Louis Stevenson's timeless classic, the strange case continues with the return of Dr. Jekyll . . .



- Advance Reading Copies
- Comprehensive coverage in traditional and new media
- Co-op available

Seven years after the death of Edward Hyde, a stylish gentleman shows up in foggy London claiming to be Dr. Henry Jekyll. Only Mr. Utterson, Jekyll's faithful lawyer and confidant, knows that he must be an impostor—because Jekyll *was* Hyde.

But as the man goes about charming Jekyll's friends and reclaiming the estate, and as the bodies of potential challengers start piling up, Utterson is left fearing for his life . . . and questioning his own sanity.

This brilliantly imagined and beautifully written sequel to one of literature's greatest masterpieces perfectly complements, as well as subverts, Stevenson's gothic classic. And where the original was concerned with the duality of man, the sequel deals with the possibility of identity theft of the most audacious kind. Constantly threading on the blurred lines between reality and fantasy, madness and reason, self-serving delusions and brutal truths, *Dr. Jekyll and Mr. Seek* honors the original Stevenson with a thrilling new conclusion.

**ANTHONY O'NEILL** was born in Melbourne. He is the author of *Scheherazade*, *The Lamplighter*, *The Empire of Eternity*, *The Unscratchables*, and *The Dark Side*. He lives in Edinburgh, Scotland.

"Clever, gripping, and reverent." —Ian Rankin, author of the Inspector Rebus novels

"Fiendishly ingenious . . . Robert Louis Stevenson lives again!" —Ronald Frame, author of the Man Booker–longlisted *The Lantern Bearers*

"A strange and wondrous tale—beautifully told." —Lin Anderson, author of the Rhona MacLeod series

A Herman Graf book

\$18.99 hardcover (Can. \$29.99)

North America (NA) • CQ 32

ISBN 978-1-5107-3781-5

5 1/2" x 8 1/4" • 256 pages

Fiction/Gothic

ebook ISBN 978-1-5107-3785-3

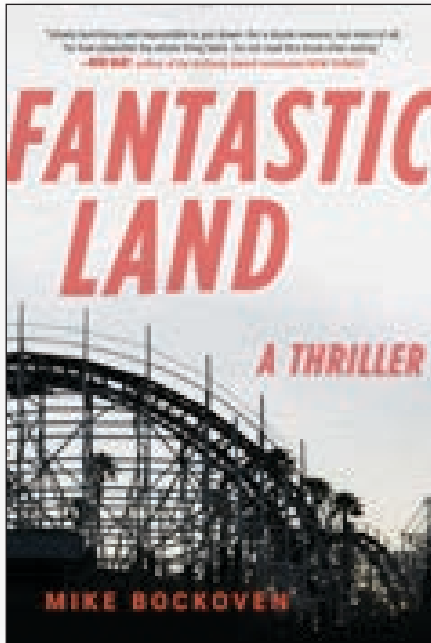
OCTOBER

Mike Bockoven

**FANTASTICLAND**

A Novel

Get ready for a struggle for survival in the unlikeliest of places. Prepare to visit FantasticLand.



- Co-op available

Since the 1970s, FantasticLand has been the theme park where “Fun is guaranteed!” But when a hurricane ravages the Florida coast and isolates the park, the employees find it anything but fun. Five weeks later, the authorities who rescue the survivors encounter a scene of horror. Photos soon emerge online of heads on spikes outside of rides and viscera and human bones littering the gift shops, breaking records for hits, views, likes, clicks, and shares. How could a group of survivors, mostly teenagers, commit such terrible acts?

Presented as a fact-finding investigation and a series of first-person interviews, *FantasticLand* pieces together the grisly series of events. Park policy was that the mostly college-aged employees surrender their electronic devices to preserve the authenticity of the FantasticLand experience. Cut off from the world and left on their own, the teenagers soon form rival tribes who viciously compete for food, medicine, social dominance, and even human flesh. This new social network divides the ravaged dreamland into territories ruled by the Pirates, the Shop-Girls, the Freaks, and the Mole People. If meticulously curated online personas can replace private identities, what takes over when those constructs are lost?

*FantasticLand* is a modern take on *Lord of the Flies* meets *Battle Royale* that probes the consequences of a social civilization built online.

**MIKE BOCKOVEN** writes thriller/horror novels while his kids are in gymnastics class or at piano lessons. He lives with his wife, Sarah, two daughters, Emaline and Tessa, and an exceptionally dumb wiener dog named Sherlock. You can find him at his website, [mikebockoven.com](http://mikebockoven.com), on Facebook ([facebook.com/Bockovenbooks](https://facebook.com/Bockovenbooks)), and on Twitter @mikebockoven. He lives in Grand Island, Nebraska.

**\$16.99 paperback reprint (Can. \$25.99)**

World (W) • CQ 36

ISBN 978-1-5107-3788-4

5 1/2" x 8 1/4" • 304 pages

Fiction/Thriller

ebook ISBN 978-1-5107-0946-1

OCTOBER

Previous edition: 978-1-5107-0944-7

“Utterly horrifying and impossible to put down for a dozen reasons, but most of all, for how plausible the whole thing feels. Do not read this book after eating.” —Rob Hart, author of the Anthony Award–nominated *New Yorked*

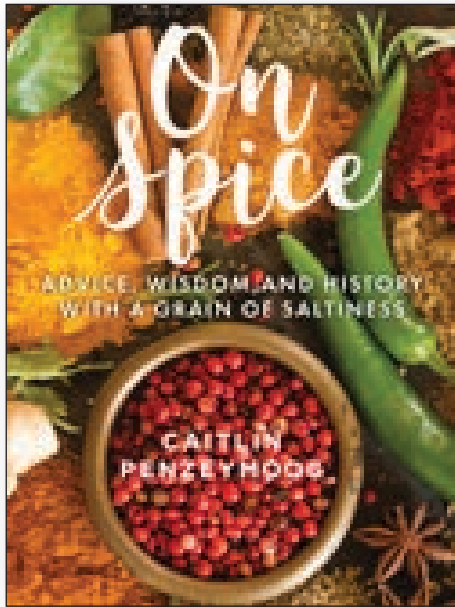
“*FantasticLand* [is] totally up our alley. And with its setting of a theme park that’s been ravaged by a hurricane, it couldn’t be more timely.” —Dread Central

Caitlin PenzeyMoog

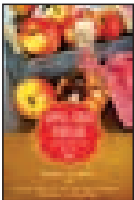
**ON SPICE**

Advice, Wisdom, and History with a Grain of Saltiness

A revealing look at the history and production of spices, with modern, no-nonsense advice on using them at home.



- Co-op available
- Also available:



Apple Cider Vinegar for  
Health and Beauty

\$17.99 paperback  
978-1-63220-693-0

Every home cook has thoughts on the *right* and *wrong* ways to use spices. These beliefs are passed down in family recipes and pronounced by television chefs, but where do such ideas come from? Many are little better than superstition, and most serve only to re-inforce a cook's sense of superiority or cover for their insecurities. It doesn't have to be this way.

These notes *On Spice* come from three generations of a family in the spice trade, and dozens upon dozens of their collected spice guides and stories. Inside, you'll learn where spices come from: historically, geographically, botanically, and in the modern market. You'll see snapshots of life in a spice shop, how the flavors and stories can infuse not just meals but life and relationships. And you'll get straightforward advice delivered with wry wit.

Discover why:

- Salt grinders are useless
- Saffron is worth its weight in gold (as long as it's pure)
- That jar of cinnamon almost certainly isn't
- Vanilla is far more risqué than you think

Learn to stop worrying and love your spice rack.

**CAITLIN PENZEYMOOG** is the grandchild of Bill and Ruth-Ann Penzey, who founded the Spice House in 1957, where Caitlin worked for most of her childhood. The Spice House now has four locations in Milwaukee and Chicago, and Caitlin's family also founded Penzeys Spices, which operates seventy retail stores in twenty-nine states in addition to online mail orders. Caitlin studied journalism and media studies at the University of Milwaukee-Wisconsin. She is deputy managing editor of *The A.V. Club*, a subsidiary of Onion, Inc. and the Gizmodo Media Group. She lives in Chicago, Illinois.

**\$16.99 hardcover (Can. \$25.99)**

World (W) • CQ 30

ISBN 978-1-5107-3525-5

6" x 8" • 192 pages

100 color photographs

Cooking

ebook ISBN 978-1-5107-3526-2

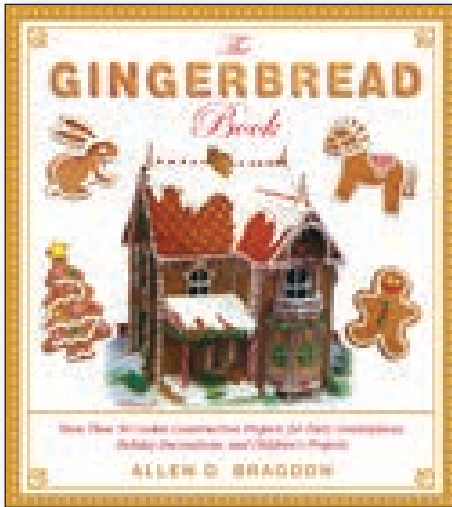
OCTOBER

Allen D. Bragdon

# THE GINGERBREAD BOOK

More Than 50 Cookie Construction Projects for Party Centerpieces, Holiday Decorations, and Children's Projects

Cookie-construction projects for party centerpieces and holiday decorations, full-sized patterns, more than one hundred color photos, recipes, cookie shapes, children's projects, history, and step-by-step how-tos.



- Targeted promotion to the baking community
- Co-op available
- Also available:



[Christmas Baking](#)

\$19.95 hardcover  
978-1-61608-822-4

Create and decorate your very own gingerbread structures using these plans, patterns, and ideas for cookie-construction year-round. Quick projects like *The Monsters' Picnic* and charming period pieces like *The Christmas Carolers* can be made with edible gingerbread or modeling clay. With cookie projects for Easter, Halloween, Thanksgiving, everyday fun, and, of course, Christmas, there are sure to be plenty of projects to entertain for every holiday and occasion. Some of the other projects include:

- Grandma's House
- Easter Eggs
- Haunted House
- Witch's Cottage
- Three Little Pigs

*The Gingerbread Book* is perfect for the novice gingerbread builder and the expert looking for inspiration. With the more than twenty recipes for various types of gingerbread and icing, you are sure to create a beautiful, and delicious, creation. Also included are tips on how to properly ice the cookies, suggestions for the best candy to use as decoration, and life-size patterns and an entire section entitled Basic Skills to help any beginner start decorating in no time. This guide will help you develop skills that can be passed from generation to generation of gingerbread architects.

**ALLEN D. BRAGDON** is the founder of The Brainwaves Center (brainwaves.com) and founding editor of *Games* magazine. He edited a daily puzzle column, Playspace, which was syndicated internationally by the *New York Times*, has eight books about brains in print, and currently writes the *Curious Mind* newsletter. He lives in Cape Cod, Massachusetts.

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World (W) • CQ 24

ISBN 978-1-5107-2826-4

8 3/4" x 9 3/4" • 176 pages

154 color photographs

Cooking

ebook ISBN 978-1-62873-603-8

**OCTOBER**

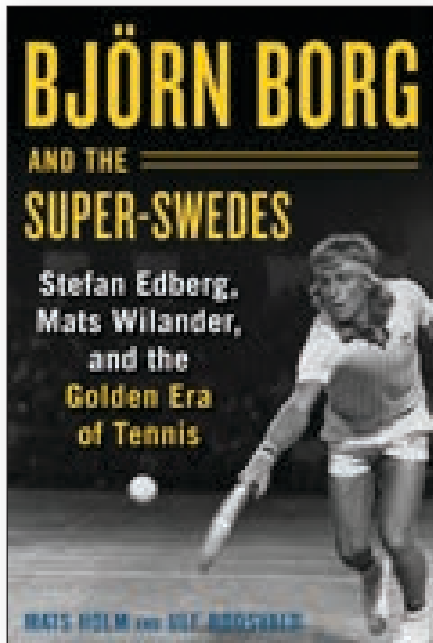
*Previous edition: 978-1-61608-490-5*

Mats Holm and Ulf Roosvald

# BJÖRN BORG AND THE SUPER-SWEDES

Stefan Edberg, Mats Wilander, and the Golden Era of Tennis

Learn the details behind Sweden's domination on the tennis court!



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World English (W) • CQ 32

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10 b/w photographs

Sports/Tennis

ebook ISBN 978-1-5107-3364-0

OCTOBER

Written by Mats Holm and Ulf Roosvald, *Björn Borg and the Super-Swedes* explains how a small country with eight million inhabitants like Sweden could become the leading nation in tennis and an example to imitate worldwide. It starts with the legend of Björn Borg, the taciturn and mysterious Swede who became an icon of the '70s and turned tennis into a global sport, and ends with the Kings of Tennis, the nostalgic senior event part of the Champions Tour held each year in Stockholm.

The 1985 Australian Open final, the first (and only, so far) all-Swedish Grand Slam final in the history of tennis, between Stefan Edberg and Mats Wilander, is a prominent focus of the book. The book also presents new facts about the Borg-McEnroe rivalry as well as the friendship between Wilander and John McEnroe. The classic Davis Cup encounters between USA and Sweden in 1982 and 1984 are also a key story line.

The book also includes off-the-court details about the players, painting a well-rounded picture of their personalities, as well as context on the politics of Sweden at the time, including the impact of the Social Democratic Party.

The perfect gift for tennis aficionados and history buffs alike!

**MATS HOLM** is a Swedish journalist, lecturer, and writer who works at *Fokus* news magazine. The author of six books, Holm resides in Gothenburg, Sweden.

**ULF ROOSVALD** is a Swedish journalist who is currently the editor of *Göteborgs-Posten* newspaper's weekend magazine. He is the author of two other books and has been a staff member at the acclaimed Swedish soccer magazine *Offside*. Roosvald is the father of two and lives with his family in Gothenburg, Sweden.

"Clearly the best book I have read about Swedish tennis." —Jan Eklund, *Dagens Nyheter*

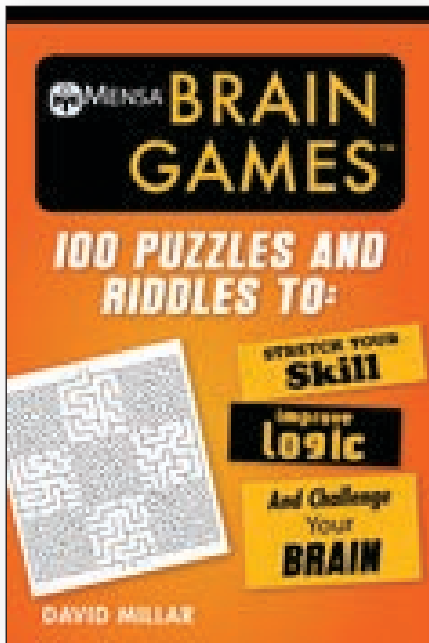
"Among the best that has been written about sports in Swedish." —Magnus Sjöholm, *Smålandsposten*

David Millar

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Challenge yourself and keep your mind young and sharp with these brain-bending games and puzzles. Try one to get your brain going in the morning, or work together to solve with your friends and family!

**DAVID MILLAR** is a puzzle author and graphic artist who combines both disciplines to craft puzzle and gaming materials. A lifelong stationery nerd, he is never without many trusty notebooks full of graph paper, whose contents span puzzle grids, dungeon maps, user interface designs, sticker ideas, and beyond. In addition to a career in web application development and software engineering, David has more than a decade of puzzle blogging under his belt, and his puzzles have previously featured in UK and World Puzzle Championships. He resides in Fort Worth, Texas.

**AMERICAN MENSA** has members who range in age from 2 to 102, and the community includes people from every walk of life. They include engineers, homemakers, teachers, actors, athletes, students, and CEOs, and all share one trait—high intelligence. To qualify for Mensa, our members scored in the top 2 percent of the general population on an accepted standardized intelligence test.

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Games & Puzzles

OCTOBER

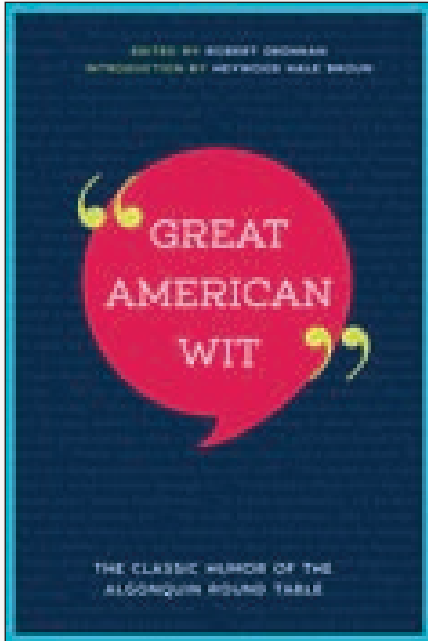


Edited by Robert E. Drennan  
Introduction by Heywood Hale Broun

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**ROBERT E. DRENNAN** is an editor and writer with a special interest in literary history and humor.

**HEYWOOD HALE BROUN** was an American author, sportswriter, commentator, and actor. He passed away in 2001.

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North America (NA) • CQ 36

ISBN 978-1-5107-2438-9

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9 b/w photographs

Humor

ebook ISBN 978-1-5107-2439-6

OCTOBER

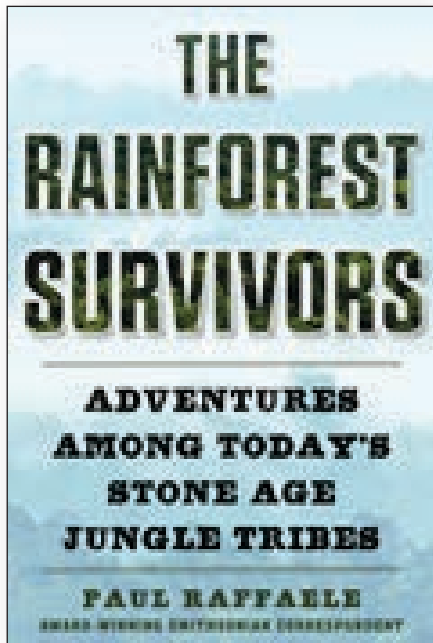
Previous edition: 978-1-61608-713-5

Paul Raffaele

# THE RAINFOREST SURVIVORS

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A real-life adventure story of a modern explorer's encounters with some of the world's remote indigenous peoples.



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Even in our hyper-connected world, there are tribes scattered across the far reaches of the globe who still live much the same way that their ancestors did thousands of years ago. Having had minimal contact with the outside world, these peoples currently live in harmony and unison with the environment around them. But as technology grows and the human population expands, the way of life of these tribes becomes increasingly threatened with every passing day.

In *Rainforest Survivors*, veteran overseas reporter Paul Raffaele recounts his time spent with three unique jungle tribes—the peace-loving Congo Pygmies, New Guinea’s tree-dwelling Korowai cannibals, and the Amazon’s ferocious Korubo. Over months spent living in these three communities, Raffaele experienced firsthand wisdom and mysterious rites forged over many millennia.

Resonating with high adventure and remarkable characters, *Rainforest Survivors* details the daily lives of these relatively unknown peoples and provides key political and environmental context, showing how outside forces are closing in on them and threatening to change forever their ways of life. Enthralling and unforgettable, this compelling book is the important portrait of natives living the way they have for centuries.

**PAUL RAFFAELE** began his career as a reporter for the Australian Broadcasting Corp., covering China, Cambodia, Vietnam, and North Korea. Then he spent twelve years at *Reader’s Digest* writing feature stories from Australia, Africa, South America, and Asia. Since 2005, he’s been freelancing for feature magazines including *Smithsonian*. In addition to his magazine pieces, Paul Raffaele has published five nonfiction books, including *Among the Cannibals* and *Among the Great Apes*. Raffaele lives in Sydney, Australia.

**\$24.99 hardcover (Can. \$38.99)**

World (W) • CQ 32

ISBN 978-1-5107-3711-2

6" x 9" • 256 pages

40 color photographs

Nature

ebook ISBN 978-1-5107-3713-6

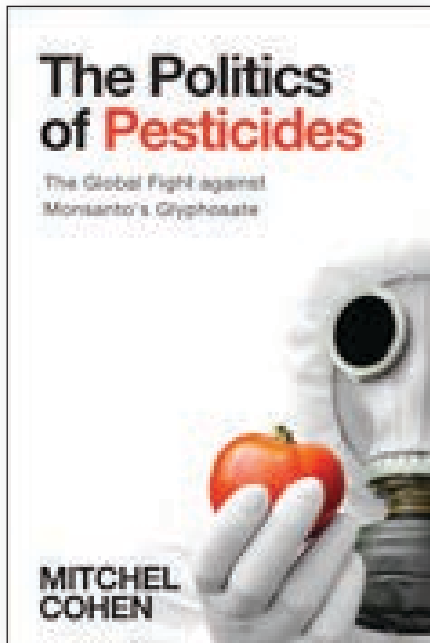
NOVEMBER

Mitchel Cohen

# THE POLITICS OF PESTICIDES

The Global Fight against Monsanto's Glyphosate

A comprehensive dive into the insidious nature of Monsanto's Roundup and the dangers of the carcinogenic agent glyphosate.



- Advance Reading Copies
- Co-op available

Chemical poisons have infiltrated all facets of our lives—housing, agriculture, workplaces, sidewalks, subways, schools, parks, even the air we breathe. More than half a century after Rachel Carson published *Silent Spring*—her call to arms against the poisoning of our drinking water, food, animals, air, and natural environment—*The Politics of Pesticides* takes a fresh look at how activists around the world are fighting back against Monsanto's most dangerous creation, glyphosate.

The scientists and activists contributing to *The Politics of Pesticides*, edited by longtime environmental activist Mitchel Cohen, explore not only the dangers of glyphosate—better known as Roundup—but the campaign that ended with glyphosate declared a cancer-causing agent. In an age when banned pesticides are simply replaced with newer and more deadly ones, and when corporations such as Monsanto, Bayer, Dow, and DuPont scuttle attempts to regulate the products they manufacture, what is the effective, practical, and philosophical framework for banning glyphosate and other pesticides?

*The Politics of Pesticides* explores the best strategies for winning the struggle for healthy foods and a clean environment. It takes lessons from activists who have come before, and offers a new, holistic, and radical approach that is essential for defending life on this planet and creating for our kids, and for ourselves, a future worth living in.

**MITCHEL COHEN** is an author, poet, and political activist who coordinates the No Spray Coalition against pesticides in New York City, which successfully sued the city government over its indiscriminate spraying to kill mosquitoes said to be transmitting West Nile Virus. He chaired the listener-sponsored WBAI radio Local Board, and participated in actions with NY State Against Genetic Engineering, Occupy Wall Street, Radical Philosophy Association, and the Center for Global Justice in Mexico, and helped to organize the Network of Alternative Student Press. He currently lives in Brooklyn, New York.

**\$24.99 hardcover (Can. \$38.99)**

World (W) • CQ 32

ISBN 978-1-5107-3513-2

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21 b/w photographs

Science

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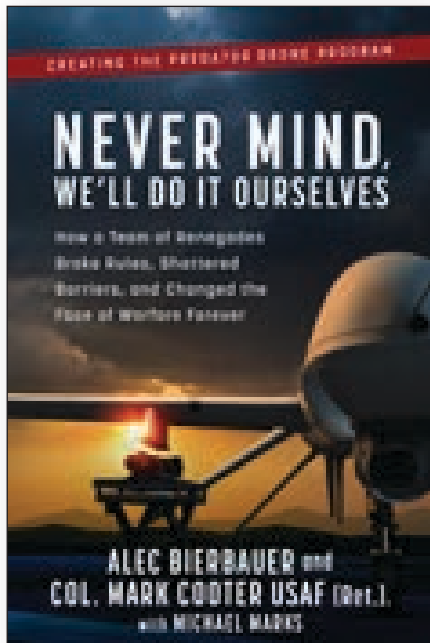
NOVEMBER

Alec Bierbauer and Col. Mark Cooter (USAF, Ret.) with Michael Marks

## NEVER MIND, WE'LL DO IT OURSELVES

How a Team of Renegades Broke Rules, Shattered Barriers, and Changed the Face of Warfare Forever

The inside story of how a CIA agent and an Air Force officer joined forces to develop America's most powerful tool in the War on Terror.



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World (W) • CQ 32

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6" x 9" • 240 pages

Military

ebook ISBN 978-1-5107-2092-3

NOVEMBER

*Never Mind, We'll Do It Ourselves* is the character-driven story behind the origins of the Predator drone program and the dawn of unmanned warfare.

A firsthand account told by an Air Force team leader and a CIA team leader, *Never Mind* takes the reader into the back offices and secret government hangars where the robotic revolution went from a mad scientist idea to a pivotal part of global air power. The story will reveal the often conflicting perspectives between the defense and intelligence communities and put you inside places like the CIA's counterterrorism center on the morning of 9/11. Through the eyes of the men and women who lived it, you will experience the hunt for Osama Bin Laden and the evolution of a program from passive surveillance to the complex hunter-killers that hang above the battlespace like ghosts.

Poised at the junction between *The Right Stuff* and *The Bourne Identity*, *Never Mind, We'll Do It Ourselves* will document the way a group of cowboys, rogues, and bandits broke rules and defied convention to change the shape of modern warfare.

**ALEC BIERBAUER** has spent a lifetime conducting counterterrorism and counterintelligence operations in venues ranging from Bosnia to Yemen and Afghanistan. With an emphasis on integrating emerging technologies into high-risk special programs, he was the CIA's point man in the development of the Predator program. Bierbauer resides in Huntsville, Alabama.

**COL. MARK COOTER (USAF, RET.),** a distinguished Air Force intelligence officer, has operational experience in Desert Storm, the Balkans, Iraq, Afghanistan, and Libya operations. As a Predator squadron operations officer, Mark led Predator programs from their near inception in Bosnia through joint Air Force/CIA operations in Afghanistan and beyond. Col. Cooter lives in Alexandria, Virginia.

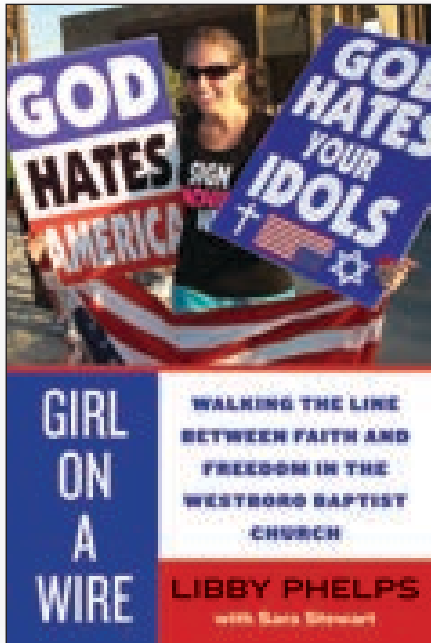
**MICHAEL MARKS** is a bestselling author who has worked around the world within the US intelligence and special operations community, a career that stretches from the jungles of Nicaragua to the mountains of Afghanistan. Marks resides in New York City.

Libby Phelps with Sara Stewart

## GIRL ON A WIRE

Walking the Line between Faith and Freedom in the Westboro Baptist Church

Libby Phelps details her escape from the Westboro Baptist Church community, one of the country's most infamous evangelical groups.



- Co-op available

It wasn't until Libby Phelps was an adult, a twenty-five-year-old, that she escaped the Westboro Baptist Church. She is the granddaughter of its founder, Fred Phelps, and when she left, the church and its values were all she'd known. She didn't tell her family she was leaving. She ran into her house, grabbed a bag, and fled. No goodbyes.

Based in Topeka, Kansas, the Westboro Baptist Church community is one of the country's most notorious evangelical groups. Its zealous members are known for their boisterous picketing, brandishing antimilitary, anti-Semitic, and antigay signs—"Thank God for Dead Soldiers," "God Hates Jews," or "Thank God for 9/11"—and their notorious catchphrase "God Hates Fags." Search for them online and you're directed to their website, [www.godhatesfags.com](http://www.godhatesfags.com). The church makes headlines in news across the country. It has seventy members, and 90 percent of them are part of Libby's family. They picket concerts, football games, other churches, and, most notoriously, the funerals of servicemen and victims of hate crimes. For its members, to question its rules is to risk going to hell.

In *Girl on a Wire*, Libby is candid about her experience and what's happened since her escape. This unusual memoir presents a rare inside look into a notorious cult and is an astonishing story of strength, bravery, and determination.

**LIBBY PHELPS** was part of the Westboro Baptist Church until she was twenty-five years old. She has participated in a BBC documentary titled *America's Most Hated Family in Crisis*, been on the *Today* show and *Anderson Live*, and been featured in media such as the *New York Post*, the *Los Angeles Times*, and *xojane.com*. Today, she's a physical therapist and lives with her husband and son in Lawrence, Kansas.

**SARA STEWART** has been a features writer for the *New York Post* for more than a decade and wrote an extensive profile of Libby for the *Post* in April 2013. She lives in New York City.

**\$16.99 paperback reprint (Can. \$25.99)**

World (W) • CQ 36

ISBN 978-1-5107-3918-5

5 1/2" x 8 1/4" • 256 pages

16 color photographs

Religion

ebook ISBN 978-1-5107-0327-8

NOVEMBER

Previous edition: 978-1-5107-0325-4

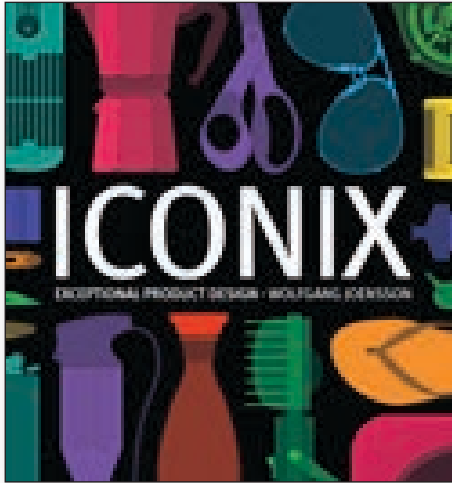
"Very honest . . . surprising and powerful—I suppose we'd all like to believe that everything becomes much easier when you leave an oppressive environment. But of course, it doesn't work that way. In fact, life becomes more complicated." —Louis Theroux, *documentarian*

Wolfgang Joensson

**ICONIX**

Exceptional Product Design

A reflection on our personal relationships with objects and the impact designed objects can have on us as a society.



- Co-op available

*Iconix* is a comprehensive collection of iconic product design objects, chronologically organized from the beginning of the Industrial Revolution to the present. Each spread of this richly illustrated book showcases the author's representation of the chosen design, expressing its essence and capturing its spirit. In the introductory text, he shares his concept of the term *iconicity* to help the reader understand what makes these products stand out and why they are considered icons today.

More than one hundred remarkable product designs from all areas, including household appliances, everyday objects, furniture, entertainment technology, and office equipment, are presented in this collection. Accompanying the images are well-researched and charming vignettes about each product, with amusing insights and fun tidbits of information about its time and place. Each one informs how design has been influenced by changes in technology, science, and society. While these products were considered innovative at their inception, all have withstood the test of time and many are still, remarkably, in use today.

Whether you are drawn to this book because of an interest in design or a penchant for nostalgia and the objects that trigger memories—or both—you will undoubtedly recognize quite a few of these products. Maybe they were part of your childhood or represent your ideal in design; certainly, they will evoke a sense of the familiar. *Iconix* is an engaging and accessible presentation of the history of product design, providing an extensive catalog of the most memorable product designs of the past 150 years.

**WOLFGANG JOENSSON** is a South African-born German industrial designer and educator. Throughout his career, he has worked with international clients ranging from small startup companies to industrial giants, creating award-winning product, graphic, interface, and package design that can be found in shops and museums worldwide. He likes cocktails, cooking, culture, and conversation with clever people. He lives in Paris, France, and Corona del Mar, California.

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World (W) • CQ 24

ISBN 978-1-5107-3039-7

8" x 8" • 256 pages

117 color illustrations

Design/Product

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NOVEMBER

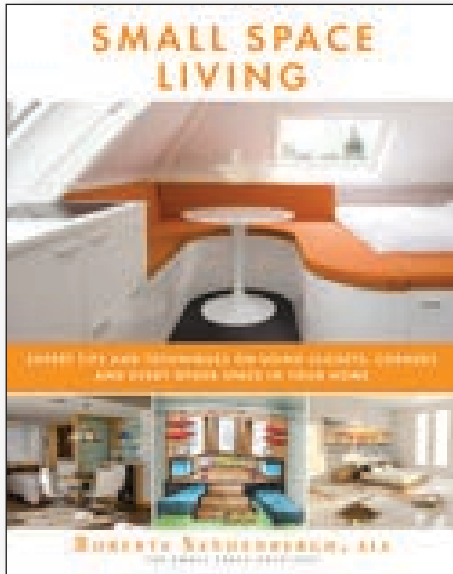


Roberta Sandenbergh

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Complete with demonstrative illustrations and photographs, *Small Space Living* offers more than one hundred space-saving ideas from Roberta Sandenbergh, aka the Small Space Architect.

Sandenbergh will introduce you to the idea of space opportunities—untapped areas in every home that can be expanded for storage and organizational purposes. A space opportunity might be as simple as using an empty space under a stairway or above a doorway or as complicated as dividing your entire apartment for rental income.

Each chapter addresses a different kind of space opportunity area, including closets, corners, walls, windows, ceilings, and floors. In these areas, you will be inspired by Sandenbergh's creative approaches to divided spaces, stacked spaces, empty spaces, mirrored spaces, and multipurpose furniture.

Learn from the author's stories of her own designs for “small-by-choice” homes—for herself and for her clients—in which she tried to make the best possible use of varied living spaces. Allow Sandenbergh to help you create more space-efficient and attractive areas in your home whether you live in a studio apartment, a tiny home, or a larger home that needs more of a cozy feel.

**ROBERTA SANDENBERGH** is an American architect who was born in Brooklyn but spent most of her professional life in South Africa. She specialized in residential design: one of her projects, a small-space retirement home, won the annual Johannesburg Civic Design Award; two of her houses were featured in *Garden & Home* and *Habitat*. Sandenbergh has written many illustrated columns on space-saving ideas that have appeared in *SA City Life* and *Home Handyman* magazines as well as the *Johannesburg Star*, *Washington Post*, and *San Francisco Chronicle* newspapers. She resides in New York City.

**\$19.99 paperback original (Can. \$30.99)**

World (W) • CQ 30

ISBN 978-1-5107-3631-3

7 1/2" x 9 1/2" • 240 pages

175 color photographs

75 color illustrations

House & Home

ebook ISBN 978-1-5107-3632-0

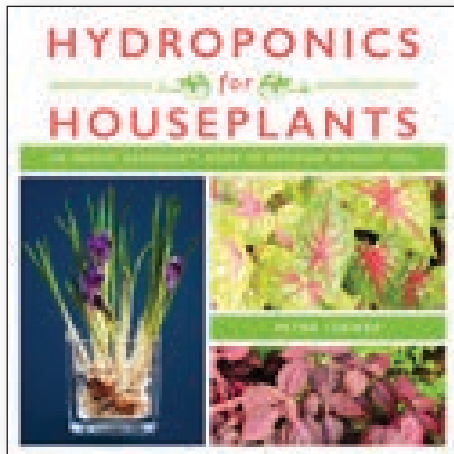
NOVEMBER

Peter Loewer

# HYDROPONICS FOR HOUSEPLANTS

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**H**ydroponics for Houseplants is the answer for anyone who has ever shied away from growing houseplants because of messy dirt or the fear of things dying if left for a few days without water. Ditch the hassle and learn how to grow plants indoors with nothing but water.

Peter Loewer, an inveterate inventor of water gardening techniques, has written and illustrated this charming guide to teach readers the basics of hydroculture. This technique of growing plants in water has a history of almost three hundred years, from experiments by an English botanist to the giant automated factory greenhouses of the twentieth and twenty-first centuries, where vegetables are now grown commercially by the ton. Learn how to utilize this simple, time-tested method in your own home and never worry about over- or underwatering again!

In this new repackaged edition, readers will learn about the incredible number of plant varieties (more than 150!) that can actually live in water—whether sitting on a windowsill, decorating a wall, or flourishing under artificial light. Bring life into your home with plants such as lilies of the valley, hyacinths, English ivy, philodendrons, oleanders, and umbrella plants. In addition to this, Loewer provides basic knowledge on holdfasts, charcoal, colored glass versus clear, the addition of nutrients, and suggestions on a variety of decorating schemes that are accessible to even a novice indoor water gardener.

**PETER LOEWER** has written and illustrated this book from his own experience in growing many kinds of plants in water. He is also a graphic artist and illustrator for biology and natural history magazines. Loewer field-tests the propagation and care of all the plants that he offers in this book from his home in Asheville, North Carolina.

**\$14.99 paperback reprint (Can. \$22.99)**

World (W) • CQ 36

ISBN 978-1-5107-3782-2

7 1/2" x 7 1/2" • 144 pages

90 color illustrations

Gardening

ebook ISBN 978-1-5107-3786-0

**NOVEMBER**

Previous edition: 978-1-63450-492-8

Carlota Cirera and Norma Martínez

# CREATIVE CREATIONS FOR YOUR DOG

Easy Do-It-Yourself Projects to Make for Your Favorite Pet

Inspiring ideas to customize your pup's toys, attire, and more!



- Targeted promotion to crafty pet owners
- Co-op available
- Also available:



**Cooking for Two: Your Dog and You**

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**\$12.99 hardcover (Can. \$19.99)**  
North America (USCO) • CQ 36  
ISBN 978-1-63158-314-8  
8" x 8" • 32 pages  
Pets  
ebook ISBN 978-1-63158-318-6

NOVEMBER

Have you always wanted to make your dog a new toy using basic household items? Want to make a homemade costume or outfit to give your furry friend a little style? Are you a fan of do-it-yourself projects?

If so, look no further than this book. With the easy-to-follow instructions in *Creative Creations for Your Dog*, learn to create toys and accessories such as:

- Chew strips
- Rain boots
- Bow ties
- Treat jars
- Dragon costumes
- Octopus toys
- Paw print medals
- And much more!

Full-color photography accompanies the straightforward tutorials to create an easy guide to creating and completing affordable projects your puppy will love. This is a great way to spend time with kids, while you learn how to make accessories and toys for your dog, using common materials and even recycling objects you have around the house, like bottles, old clothing, boxes, among other things. This book is the perfect gift for the dog lover in your life, even if it's yourself!

**CARLOTA CIRERA** was born in Barcelona in 1985. She has her bachelor's degree in fine arts, master's degree in plastic and visual education, and professional certificate in graphic design. She has been devoted to working at the company she founded with coauthor Norma Martínez for the past three years, Biterswit, a graphic design and digital illustration studio. She loves the mountains, being outside, and traveling.

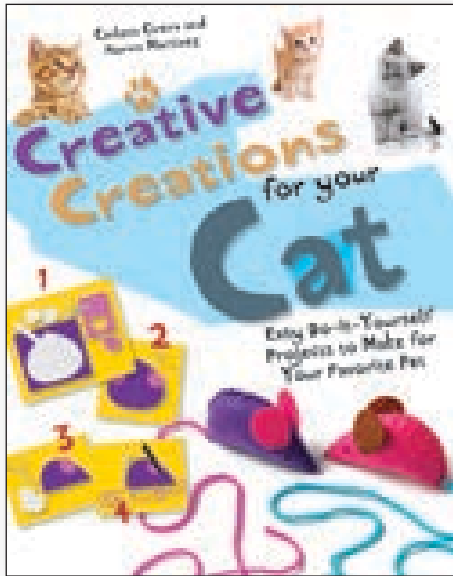
**NORMA MARTÍNEZ** was born in Cerdanyola del Vallès in 1985, a small city next to Barcelona. She has her bachelor's degree in audiovisual communications from the Autonomous University of Barcelona, specializing in graphic and audiovisual design. At present, several of her children's arts and crafts books have been published, in which recycling and reuse have been an important part to help maximize kids' creativity.

Carlota Cirera and Norma Martínez

# CREATIVE CREATIONS FOR YOUR CAT

Easy Do-It-Yourself Projects to Make for Your Favorite Pet

Inspiring ideas to customize your kitty's toys, attire, and more!



- Targeted promotion to crafty pet owners and animal lovers
- Co-op available
- Also available:



**Cooking for Two: Your Cat and You**

\$16.99 hardcover  
978-1-63220-461-5

**\$12.99 hardcover (Can. \$19.99)**  
North America (USCO) • CQ 36  
ISBN 978-1-63158-315-5  
8" x 8" • 32 pages  
Pets  
ebook ISBN 978-1-63158-319-3

NOVEMBER

Have you always wanted to make your cat a new toy using basic household items? Want to make a homemade costume or outfit to give your furry feline friend a little style? Are you a fan of do-it-yourself projects?

Look no further than this book then. With the easy-to-follow instructions in *Creative Creations for Your Cat*, learn to create toys and accessories such as:

- Scratching boxes
- Food dispenser tubes
- Bow ties
- Treat jars
- Tents to play in
- Fluffy snake toys
- Photo frames
- And much more!

Full-color photography accompanies the straightforward tutorials to create an easy guide to creating and completing affordable projects your kitty will love. This is a great way to spend time with kids, while you learn how to make accessories and toys for your cat, using common materials and even recycling objects you have around the house, like bottles, old clothing, boxes, among other things. This book is the perfect gift for the cat lover in your life, even if it's yourself!

**CARLOTA CIRERA** was born in Barcelona in 1985. She has her bachelor's degree in fine arts, master's degree in plastic and visual education, and professional certificate in graphic design. She has been devoted to working at the company she founded with coauthor Norma Martínez for the past three years, Biterswit, a graphic design and digital illustration studio. She loves the mountains, being outside, and traveling.

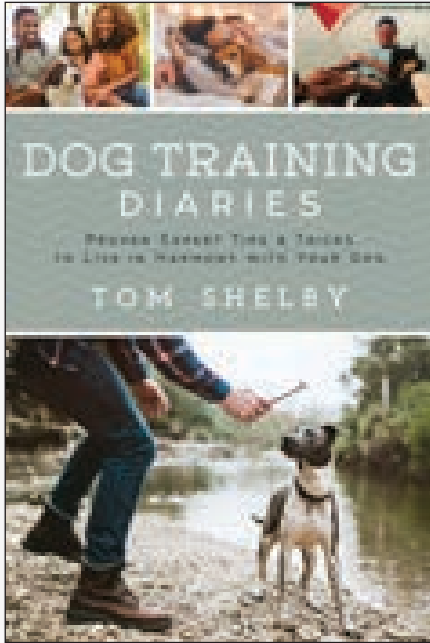
**NORMA MARTÍNEZ** was born in Cerdanyola del Vallès in 1985, a small city next to Barcelona. She has her bachelor's degree in audiovisual communications from the Autonomous University of Barcelona, specializing in graphic and audiovisual design. At present, several of her children's arts and crafts books have been published, in which recycling and reuse have been an important part to help maximize kids' creativity.

Tom Shelby

# DOG TRAINING DIARIES

Proven Expert Tips &amp; Tricks to Live in Harmony with Your Dog

Dog trainer Tom Shelby answers real questions from real dog owners.



- Advance Reading Copies
- Targeted promotion to pet owners
- Co-op available
- Also available:

**Don't Dump the Dog**

\$14.95 paperback  
978-1-60239-640-1

Are you inadvertently rewarding your dog's bad behavior? Are you misinterpreting the peeing at the door? In *Dog Training Diaries*, lifelong dog trainer Tom Shelby captures the basic guidelines of training dogs and offers advice, strategies, and personal insight to deal with the most common problematic situations dog owners face. Harmony obstacles include:

- Pulling on the leash
- Jumping
- Eating chair legs
- Separation anxiety
- Housebreaking
- Aggression
- And more!

Tom's personal stories from his life as a dog trainer allow readers to journey through all dog walks of life—from mansions to suburban parking lots—as he explains how to restore the special relationship between dog and owner. *Dog Training Diaries* will help readers harmonize with, understand, teach, and learn from their dogs—because harmony between dog and family is what it's all about.

**TOM SHELBY** is an expert dog trainer with a specialty in search-and-rescue dogs. He has nearly four decades of experience with more than eight hundred training appointments a year. Tom was a dog handler at the Westminster Dog Show and has trained celebrity pups for Manhattan's elite. Creating harmony between two- and four-legged friends has given him the satisfaction of helping countless people and dogs.

**\$16.99 paperback original (Can. \$25.99)**

World (W) • CQ 30

ISBN 978-1-5107-3731-0

6" x 9" • 176 pages

15 color photographs

Pets

ebook ISBN 978-1-5107-3732-7

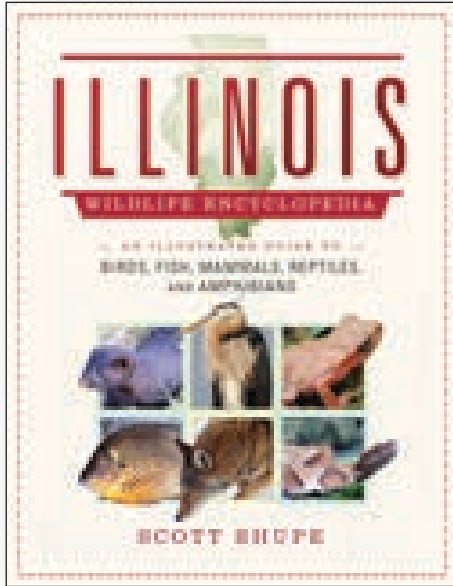
NOVEMBER

Scott Shupe

# ILLINOIS WILDLIFE ENCYCLOPEDIA

An Illustrated Guide to Birds, Fish, Mammals, Reptiles, and Amphibians

A comprehensive guide to the wildlife of Illinois.



- Regional promotion in and around Illinois
- Co-op available

Illinois's wildlife has always played an important role in the history of human beings inhabiting the state. Native Americans depended on birds, mammals, and fish for sustenance and the state's first Europeans came in search of beaver and buckskins. Although the state's wildlife is still an important resource for human consumption, wildlife is also increasingly important in today's culture for its intrinsic, aesthetic value. For many Illinoisans, the age-old traditions of hunting and fishing have been replaced by a desire simply to observe wildlife and experience nature. But most Illinoisans are largely unaware of the diversity of species inhabiting their state. This volume is intended to provide an introduction to the state's fishes, amphibians, reptiles, birds, and mammals.

In the *Illinois Wildlife Encyclopedia*, nationally known naturalist Scott Shupe has collected information on all the wildlife that reside in the Prairie State. The fourth volume in a series of state wildlife encyclopedias, this book will be a handy, usable, layman's guide to Illinois's wildlife.

Included are more than eight hundred color photographs, depicting the different species of mammals, reptiles, amphibians, birds, and fish, and more than six hundred range maps to show their territory. Along with basic information on the biology of each animal, Shupe includes the size, habitat, and abundance of each species located in the state.

Whether you're a lover of the outdoors or photography or are looking to learn more about your state, this comprehensive guide will teach you about the wonderful wildlife that covers the water, earth, and skies of Illinois.

**SCOTT SHUPE** began his naturalist career in 1971 at the famed Ross Allen Reptile Institute in Silver Springs, Florida. He has also worked at Florida's St. Augustine Alligator Farm and at the Black Hills Reptile Gardens in Rapid City, South Dakota. Today he serves as the director of education for the Kentucky Reptile Zoo & Venom Laboratory and is the author of *U.S. Guide to Venomous Snakes and Their Mimics* and the editor for *Venomous Snakes of the World*.

**\$29.99 hardcover (Can. \$46.99)**

World (W) • CQ 24

ISBN 978-1-5107-2885-1

8 1/2" x 11" • 256 pages

800 color photographs

600 b/w illustrations

Nature

ebook ISBN 978-1-5107-2890-5

NOVEMBER

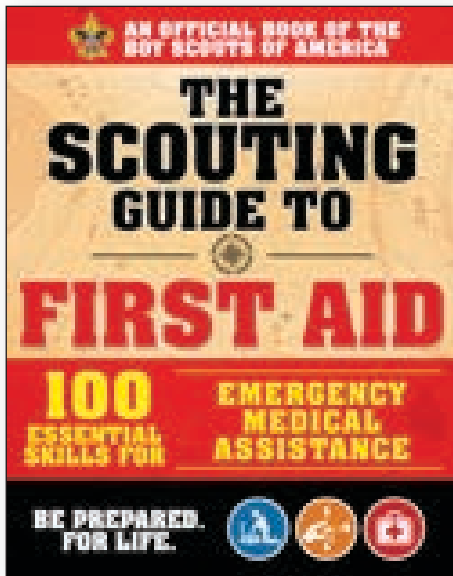


The Boy Scouts of America

# THE SCOUTING GUIDE TO FIRST AID: AN OFFICIAL BOY SCOUTS OF AMERICA HANDBOOK

100 Essential Skills for Emergency Medical Assistance

Be Prepared. For Life.®



- Co-op available

In *The Scouting Guide to First Aid*, current Scouts, Scout alumni, and readers interested in the outdoors are provided with time-tested advice on how to safely identify, harvest, and use edible wild plants. Some practical tips include:

- How to triage, assess, and identify medical emergencies
- What to include in a first aid kit for your home
- When to seek help for health emergencies
- How to safely move a sick or injured person
- How to perform CPR and use an automatic external defibrillator
- What the proper procedures are for broken bones, hypothermia, burns, and sprains
- And so much more!

Since 1910, the Boy Scouts of America has helped build the future leaders of this country by combining educational activities and lifelong values with fun. The BSA is committed to training youth in responsible citizenship, character development, and self-reliance through participation in a wide range of outdoor activities.

**THE BOY SCOUTS OF AMERICA** provides the nation's foremost youth program of character development and values-based leadership training, which helps young people "Be Prepared. For Life.™" The Scouting organization is composed of nearly 2.4 million youth members between the ages of seven and twenty-one and approximately 960,000 volunteers in local councils throughout the United States and its territories. For more information on the Boy Scouts of America, please visit [www.scouting.org](http://www.scouting.org).

**\$16.99 paperback original (Can. \$25.99)**

World (W) • CQ 36

ISBN 978-1-5107-3971-0

7" x 9" • 192 pages

75 color photographs

Medical

ebook ISBN 978-1-5107-3973-4

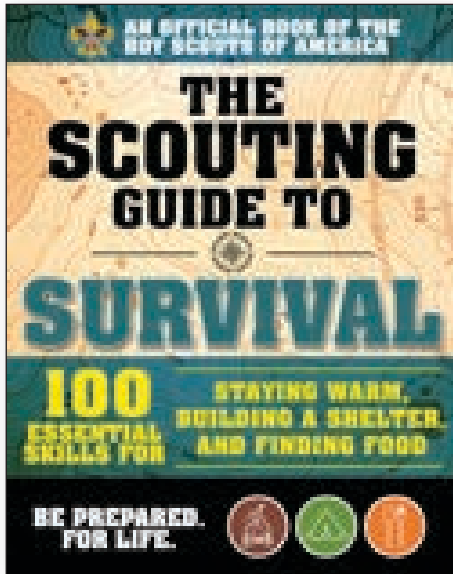
NOVEMBER

The Boy Scouts of America

# THE SCOUTING GUIDE TO SURVIVAL: AN OFFICIAL BOY SCOUTS OF AMERICA HANDBOOK

100 Essential Skills for Staying Warm, Building a Shelter, and Finding Food

Be Prepared. For Life.®



- Co-op available

In *The Scouting Guide to Survival*, current Scouts, Scout alumni, and readers interested in the outdoors are provided with time-tested advice on emergency preparedness. Some practical tips include:

- How to build a fire
- How to purify water
- How to identify common edible plants and mushrooms
- How to signal for help
- How to build simple shelters
- Practical navigation skills
- And so much more!

Since 1910, the Boy Scouts of America has helped build the future leaders of this country by combining educational activities and lifelong values with fun. The BSA is committed to training youth in responsible citizenship, character development, and self-reliance through participation in a wide range of outdoor activities.

**THE BOY SCOUTS OF AMERICA** provides the nation's foremost youth program of character development and values-based leadership training, which helps young people "Be Prepared. For Life.®" The Scouting organization is composed of nearly 2.4 million youth members between the ages of seven and twenty-one and approximately 960,000 volunteers in local councils throughout the United States and its territories. For more information on the Boy Scouts of America, please visit [www.scouting.org](http://www.scouting.org).

**\$16.99 paperback original (Can. \$25.99)**

World (W) • CQ 36

ISBN 978-1-5107-3774-7

7" x 9" • 192 pages

75 color illustrations

Reference

ebook ISBN 978-1-5107-3777-8

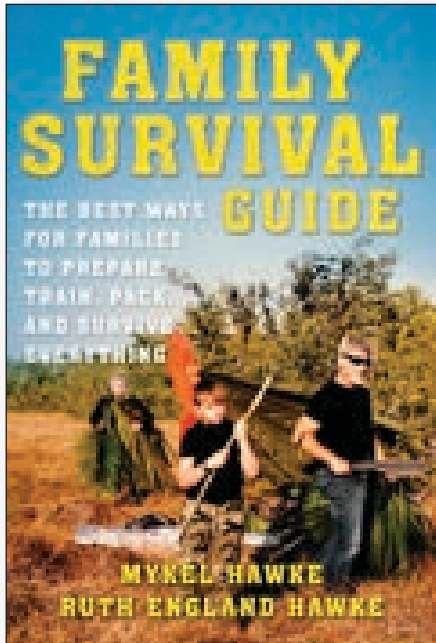
NOVEMBER

Mykel Hawke and Ruth England Hawke

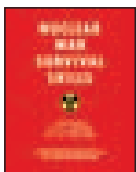
# FAMILY SURVIVAL GUIDE

The Best Ways for Families to Prepare, Train, Pack, and Survive Everything

How you and your family can survive almost anything.



- Advance Reading Copies
- Targeted promotion to the prepper community
- Co-op available
- Also available:



Nuclear War Survival  
Secrets

\$16.99 paperback  
978-1-63450-297-9

**\$18.99 paperback original (Can. \$29.99)**

World (W) • CQ 24  
ISBN 978-1-5107-3794-5

6" x 9" • 240 pages  
50 color photographs

Reference

ebook ISBN 978-1-5107-3795-2

NOVEMBER

Are you prepared in case disaster strikes? Are your kids? In the *Family Survival Guide*, veteran adventurers Mykel and Ruth Hawke provide the vital information you and your family need to get through almost any disaster safely.

The topics covered are wide-ranging and easy-to-follow. Here, you and your family will learn:

- How to find, purify, and store water
- How to construct different types of shelter and the perfect places to build them
- What to pack and what not to pack in a bugout bag
- Essential first aid skills
- How to navigate your way when lost
- How to build a fire
- Basic foraging, hunting, and outdoor cooking skills
- And so much more!

Filled with expert advice and time-tested tips, *Family Survival Guide* is an essential handbook for every modern home.

**MYKEL HAWKE** is a Green Beret combat veteran and captain (ret.) in the US Army Special Forces, director of Spec Ops, Inc. (an international outdoor-survival training company), and popular television survival expert from the Discovery Channel's hit shows *Man, Woman, Wild* and *One Man Army*. He has also appeared on the History Channel, MTV, Channel 5 in the UK, and more. Mykel holds multiple educational degrees and black belts, has had several medical certifications, and speaks numerous languages. He lives with his wife, Ruth England Hawke, and their son, in Miami, Florida.

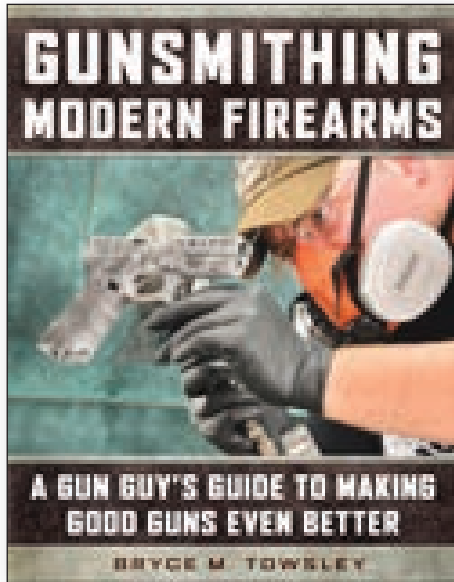
**RUTH ENGLAND HAWKE** is a British television presenter and actress. She is the costar in the Discovery Channel show *Man, Woman, Wild*. She lives with her husband, Mykel Hawke, and their son, in Miami, Florida.

Bryce M. Towsley

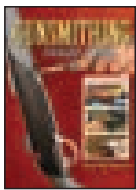
# GUNSMITHING MODERN FIREARMS

A Gun Guy's Guide to Making Good Guns Even Better

Step-by-step tips for modifying firearms at home.



- Co-op available
- Also available:



[Gunsmithing Made Easy](#)

\$16.95 hardcover  
978-1-61608-077-8

One of America's foremost experts on gunsmithing, Bryce Towsley is back again to provide even more projects for anyone interested in building, customizing, or maintaining firearms. He offers detailed explanations and includes color illustrations for just about every aspect of gun modification and repair.

Featured tutorials include: stock modifications, accuracy enhancement, weather preparation, a total rifle makeover, and much more.

Beginning with shop design and maintenance, Towsley builds on the knowledge he provides until ending with directions on rifle building from scratch. For anyone interested in fixing or building guns, Towsley's new book is the best guide to getting the most out of a rifle through personal modifications.

**BRYCE M. TOWSLEY** is an award-winning writer and photographer whose work covers a wide variety of subjects, but he mostly specializes in the fields of hunting and firearms. He has published six books on guns, gunsmithing, and hunting. Towsley is a field editor for the NRA's *American Rifleman*, *American Hunter*, and *Shooting Illustrated* magazines. He is also a columnist for *Gun Digest*. Towsley appears regularly on *American Rifleman Television* and resides in Vermont.

**\$19.99 hardcover (Can. \$30.99)**

World (W) • CQ 24

ISBN 978-1-5107-1880-7

8" x 10 1/4" • 160 pages

200 color photographs

Sports/Shooting

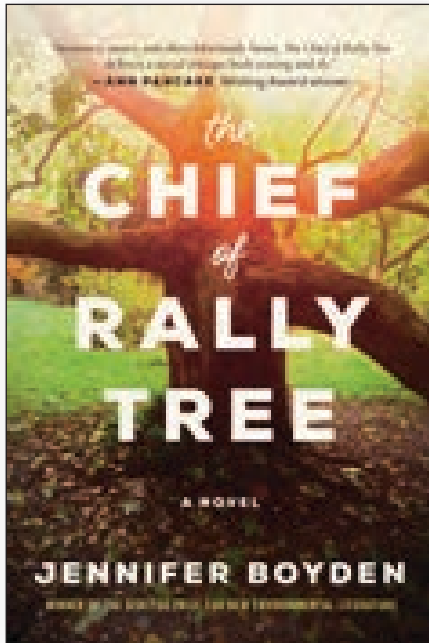
ebook ISBN 978-1-5107-1881-4

NOVEMBER

Jennifer Boyden

# THE CHIEF OF RALLY TREE

**“Inventive, smart, and often hilariously funny, *The Chief of Rally Tree* delivers a social critique both searing and sly.” —Ann Pancake, Whiting Award winner, in her Siskiyou Prize citation**



- Advance Reading Copies
- Comprehensive coverage in traditional and new media
- Co-op available

Dina's gone. She left a note, she left her plants, and she left behind what her husband, Roal, *thought* was her entire world. Nothing remained but some frozen dinners and the mysterious last line of her final message: *I do love you ever Dina*.

Professor Roal Bowman—best known in the sleepy college town of Braddock as a fake Zen master who used to pretend to be Native American and never lived up to his potential—by no means saw it coming. How could he have guessed his wife would run away to help the famous Winter Patent, a man who had literally lived with wolves, on a grand project to embrace the consciousness of trees? He thought Dina had been happy. But the more Roal digs, the more he realizes that he never truly knew or understood his wife, he never really listened, and now that Dina has disappeared, he must become something more—something real—if he hopes to win her back. And he'll have to do it quickly: he's not the only one who wants to find Dina and Winter.

Winner of the 2015 Siskiyou Prize for New Environmental Literature, *The Chief of Rally Tree* unfolds around Roal's fumbling, poignant, and darkly hilarious awakening to adventure and loss as he watches his life gain focus only when he understands how it might look on the evening news. In poetic prose, Jennifer Boyden explores the essential questions about what identity is when it is open for collective definition, the effects of looking to media for structure and meaning, the pull toward eco-consciousness, and what our grand moment of action reveals about who we hope to become, even as we remain open to the surprise of how.

**JENNIFER BOYDEN** is a teacher and editor. Her previous works won the Brittingham Prize for Poetry (2010) and the Four Lakes Prize for Poetry (2013). She has taught writing, literature, and research courses at Suzhou University in China, Eastern Oregon University, Whitman College, The Sitka Center for Arts and Ecology, Walla Walla Community College, and a variety of workshops and writing series. She was also awarded a PEN Northwest wilderness writing residency. She lives in Friday Harbor, Washington.

**\$25.99 hardcover (Can. \$39.99)**

World (W) • CQ 32

ISBN 978-1-5107-3269-8

6" x 9" • 268 pages

Fiction

ebook ISBN 978-1-5107-3270-4

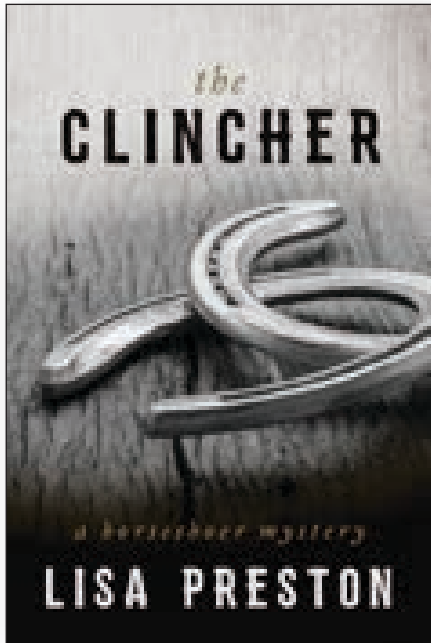
NOVEMBER

Lisa Preston

# THE CLINCHER

A Horseshoer Mystery

A brand-new mystery series by bestselling novelist Lisa Preston.



- Advance Reading Copies
- Comprehensive coverage in traditional and new media
- Co-op available

Clinching is the technique used to bend a driven horseshoe nail to hold the shoe to a hoof. Rainy Dale is *The Clincher*, a twenty-something high school dropout-turned-farrier (horseshoer) who is haunted by a secret she carries. Estranged from her California D-list actress momma and her ranch hand Texas daddy, she tracked down her childhood horse in small-town Oregon—a land full of cowboys and their horses—then stayed to build a life with her tools, steel, and forge. She’s sleeping in a garage and trying not to fall for her landlord, the hapless and hopeful chef, Guy, who is determined to create the perfect soufflé while Rainy would prefer just to stuff her mouth with fuel for her physically demanding job. As the new kid in town, Rainy has an uphill battle to prove herself, especially to her male clients, but when one of her clients turns up dead, Rainy is in over her head as both a suspect and a seeker of the truth.

*The Clincher* is the first in a series of horseshoer mysteries featuring the irrepressible, irreverent, and irresistible Rainy Dale and her loveable and unlikely sidekick (her culinarily inclined boyfriend, Guy).

**LISA PRESTON** turned to writing after careers as a fire department paramedic and a city police officer. She is the author of the highly acclaimed, bestselling novels *Orchids and Stone* and *Measure of the Moon*. She is also the author of several nonfiction books and articles on the care and training of dogs and horses. Away from her desk, she spends hours on backcountry trails as a runner and rider, sometimes combining her two outdoor pursuits via the obscure sport of Ride and Tie. She lives with her husband, their Malinois, and two Akhal-Tekes on Washington state’s vast Olympic Peninsula.

“Fast-paced, absorbing, and fun to boot, *The Clincher* grabs your attention from the first paragraph and never loosens its grip. Rainy Dale—horseshoer with sass—is one of the freshest and most original sleuths to come along in mystery fiction. May she live on and on!” —Margaret Coel, *New York Times* bestselling author of *Winter’s Child*

\$24.99 hardcover (Can. \$38.99)

World English (W) • CQ 32

ISBN 978-1-5107-3272-8

6" x 9" • 288 pages

Fiction/Mystery

ebook ISBN 978-1-5107-3274-2

NOVEMBER

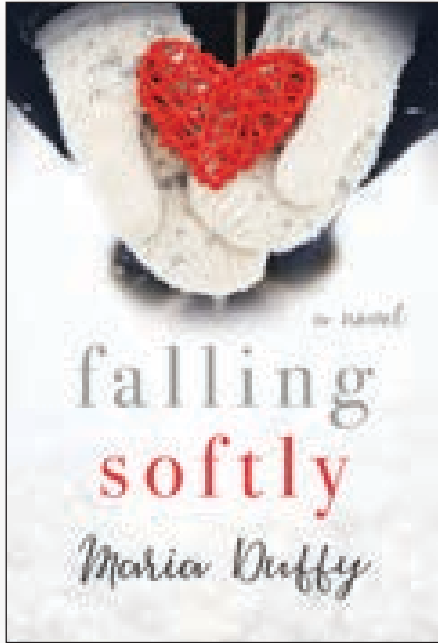


Maria Duffy

# FALLING SOFTLY

A Novel

A sparkling, heartwarming story about first love and how life has a habit of turning out the way we least expect it to.



- Advance Reading Copies
- Comprehensive coverage in traditional media
- Co-op available

Holly Russo couldn't be happier. Christmas, her favorite time of year, is only seven weeks away, and her boyfriend has just popped the question. David is steady and reliable, and Holly knows he'll give her a wonderful life. The kind of life she's always wanted.

Then her new neighbor moves in.

Josh O'Toole is also approaching the festive season with joy. He loves his teaching job. He's about to have a baby with his adored girlfriend, Stephanie, and they've just moved into a new home to begin their life as a family.

But as Josh and Stephanie settle into their new house across the road from Holly and David's, things get complicated and soon the Christmas gifts aren't the only things that have to be kept under wrap this holiday season.

MARIA DUFFY left her career in the bank to become a stay-at-home mum, but she never dreamed that she'd become a bestselling author. Her first novel was published in 2011 in Ireland and she now has six novels published there. All her books have been bestsellers in Ireland and some have been published in various languages. Maria lives in Dublin, Ireland, with her husband, Paddy, and her four children.

"Funny, moving, and thoughtful. Maria Duffy has excelled herself with this novel." —*Woman's Way*, on *A Love Like This*

"Fresh, zany, and, at times, laugh-out-loud funny." —*Irish Examiner*, on *The Terrace*

"Funny, moving, thought-provoking—you'll end up dropping everything to finish this." —Claudia Carroll, on *One Wish*

"A tantalizing tale that kept me guessing to the end." —Colette Caddle, on *The Letter*

**\$16.99 paperback original (Can. \$25.99)**

United States (US) • CQ 36

ISBN 978-1-5107-3369-5

5 1/2" x 8 1/4" • 336 pages

Fiction

ebook ISBN 978-1-5107-3371-8

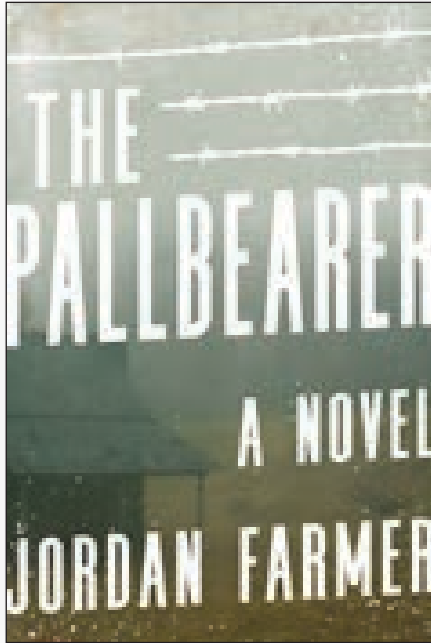
NOVEMBER

Jordan Farmer

**THE PALLBEARER**

A Novel

A stunning debut that peels back the layers from lives already made bare by poverty and petty crime in Appalachia.



- Advance Reading Copies
- Comprehensive coverage in traditional media
- Co-op available

**L**ynch, West Virginia, is a husk of a town: houses collapsing, deserted coal mines, the money gone. The residents who have not abandoned their homes find themselves living in poverty with little-to-no job opportunities, fighting for scraps and survival under the rule of Ferris Gilbert—the patriarch of a local family who governs the town with manipulative cruelty.

When Jason Felts, a dwarf and aspiring social worker who lives above the town funeral home, is assigned to counsel one of the Gilbert brothers incarcerated inside a youth correctional facility for possession charges, Ferris Gilbert sees a rare opportunity. He seeks out Jason and insists under threat of violence that he smuggle an ominous package into the jail. Torn between his desire to save the young Gilbert brother from a life of crime and concern for his own safety, Jason must make a life-altering decision. At the same time, Gilbert has his hooks in Terry Blankenship, a strung-out young man desperate to carve out a secret life for himself and his boyfriend. If Terry cannot pay his debts to the Gilberts, he has one choice: kill the local sheriff or face the consequences. Sheriff Thompson is found dead soon after. Now both implicated in serious crimes, Jason and Terry must outrun the law and escape the threat of Ferris Gilbert but there may be nowhere to run . . .

*The Pallbearer* is an unflinching debut for fans of Frank Bill and Sarah Waters that lays bare the lives of the outsiders of society's outskirts.

**JORDAN FARMER** received a PhD in English from the University of Nebraska-Lincoln. His stories have appeared in the *Southwest Review*, *Southern Humanities Review*, the *Baltimore Review*, *Pembroke Magazine*, *Day One Magazine*, and many other publications. *The Pallbearer* is his first novel.

**\$24.99 hardcover (Can. \$38.99)**

World (W) • CQ 32

ISBN 978-1-5107-3650-4

5 ½" x 8 ¼" • 304 pages

Fiction

ebook ISBN 978-1-5107-3651-1

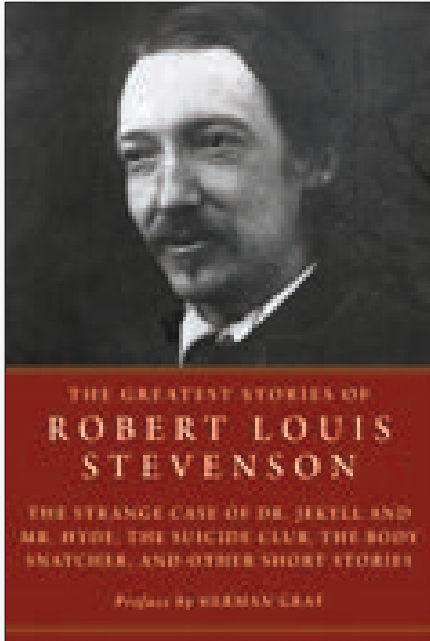
NOVEMBER

Robert Louis Stevenson  
Preface by Herman Graf

# THE GREATEST STORIES OF ROBERT LOUIS STEVENSON

The Strange Case of Dr. Jekyll and Mr. Hyde, The Suicide Club, The Body Snatcher  
and Other Short Stories

The best short works of one of English literature's most masterful storytellers  
collected in a single volume.



- Co-op available

**K**nown mostly for his seminal full-length works, such as the classics *Treasure Island* and *Kidnapped*, Robert Louis Stevenson's masterful short fiction is often overshadowed. Now these pioneering works in the English short story tradition are collected here in a single volume.

Including the beloved novella "The Strange Case of Dr. Jekyll and Mr. Hyde," which G. K. Chesterton called "a double triumph," and "The Merry Men," as well as stories like "The Suicide Club" and "The Rajah's Diamond" from the acclaimed 1882 collection *New Arabian Nights*, *The Greatest Stories of Robert Louis Stevenson* immerses you in Stevenson's extraordinary worlds—thrilling tales of pure adventure and suspense, glorious evocations of the beauty of the Scottish countryside, and characters painted with the same vigor and energy as his most well-known creations.

Showcasing his brilliant and lucid prose, his dramatic skill, and his perfect sense of pace that made him a celebrity during his time and a landmark author in the history of English literature, Stevenson's enduring stories continue to capture the imagination of the contemporary reader and rightly belong to popular mythology today.

**ROBERT LOUIS STEVENSON** (1850–1894) was born in Edinburgh. He suffered from tuberculosis from an early age and spent most of his life traveling before his early death in Samoa at age forty-four. Over the course of his short life, he produced some of the most popular and important works of nineteenth-century English fiction, such as *Treasure Island* and *Kidnapped*, which have endured in contemporary popular mythology today.

**HERMAN GRAF** is a consummate publisher with more than fifty-five years in the book business. Formerly the cofounder of Carroll & Graf and executive vice president of Grove Press, he is now an acquiring editor and consultant for Skyhorse Publishing. He lives in New York City.

"No man ever wrote as well as Stevenson. . . . He seemed to pick the right word up on the point of his pen, like a man playing spillikins." —G. K. Chesterton

"[Stevenson's style is] eminently conscious of its responsibilities, and [he] meets them with a kind of gallantry." —Henry James

A Herman Graf book

\$14.99 paperback original (Can. \$22.99)

World (W) • CQ 36

ISBN 978-1-5107-3780-8

6" x 9" • 352 pages

Fiction/Classics

ebook ISBN 978-1-5107-3784-6

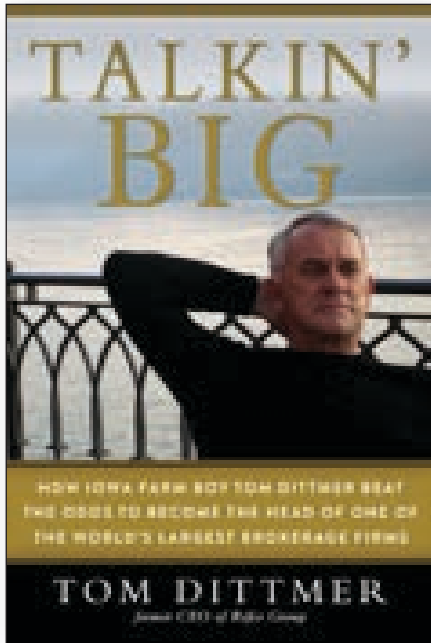
NOVEMBER

Tom Dittmer

## TALKIN' BIG

How Iowa Farm Boy Tom Dittmer Beat the Odds to Become the Head of One of the World's Largest Brokerage Firms

The inspiring story of a larger-than-life American success.



- Advance Reading Copies
- Co-op available

In *Talkin' Big*, Tom Dittmer—former CEO of Refco, the United States' first world-renowned futures firm—recalls how with hard work, determination, optimism, and some good old-fashioned luck, he was able to achieve his greatness.

Growing up as a farm boy in small-town Iowa, Dittmer first made a name for himself as a lieutenant in the US Army. His industry and potential were quickly noticed, and Dittmer rapidly rose to become a White House aide under Lyndon B. Johnson. After an honorable discharge, Dittmer moved to Chicago with his new wife, Frannie, where, from the Chicago Union Stockyards, he first learned of the wealth of potential that the Chicago Stock Exchange held. In 1969, he got into the business world himself, forming Ray E. Friedman & Co. (Refco) with his father. And from there, Dittmer's fortunes only rose. Making millions, taking Refco to the international stage, and hobnobbing with celebrities, Dittmer became a legend in his own right, all while staying true to himself and his Midwest roots.

Brimming with fascinating business insights and incredible inside stories, *Talkin' Big* is a true rags-to-riches story of one of America's greatest businessmen.

**TOM DITTMER** was raised in Sioux City, Iowa, and is a graduate of the University of Iowa. Dittmer is a retired commodities brokerage executive. He retired as chairman of Refco Group in 1999, a firm he cofounded. Under his leadership, Refco was one of the first US futures firms to build an international presence. In 2006, Dittmer was inducted into the Futures Industry Association Futures Hall of Fame. He lives with his wife in Los Olivos, California.

**\$24.99 hardcover (Can. \$38.99)**

World (W) • CQ 32

ISBN 978-1-5107-3705-1

6" x 9" • 224 pages

25 b/w photographs

Business

ebook ISBN 978-1-5107-3707-5

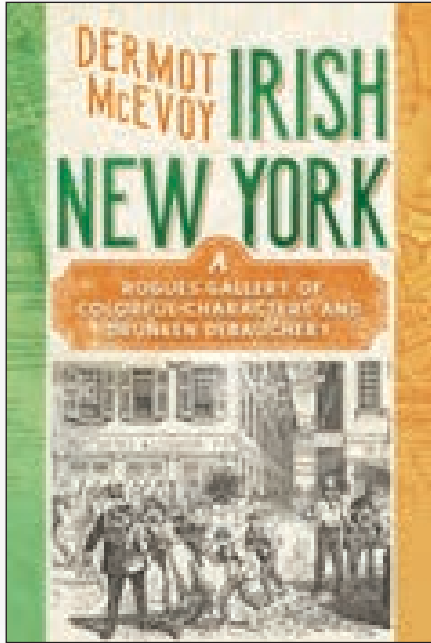
NOVEMBER

Dermot McEvoy

## IRISH NEW YORK

A Rogues' Gallery of Colorful Characters and Drunken Debauchery

There would be no New York City as we know it without the Irish.



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World (W) • CQ 32

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History

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NOVEMBER

As they entered their six hundredth year of British occupation, the Irish looked to America. By the 1840s, America was the oasis that the Irish sought during a decade of both famine and revolution, and New York City was the main destination. The city would never be the same.

Refugees of the famine found leadership in Archbishop "Dagger" John Hughes, who built an Irish-Catholic infrastructure of churches, schools, hospitals, and orphanages that challenged the Protestant power structure of the city. Revolutionaries found a home in NYC, too: Thomas Francis Meagher would later become Lincoln's favorite Irish war general; John Devoy and Jeremiah O'Donovan Rossa continued their fight from the city after the failed Rising of 1867; two men killed in the Easter Rising, Tom Clarke and James Connolly, spent substantial time in New York.

From there, the Irish rose and helped shape New York politics, labor, social activism, entertainment, and art. W.R. Grace was New York's first Irish-Catholic mayor. On the labor side, Michael J. Quill, ex-IRA, of the Transport Workers of America, found his perfect foil in WASP mayor John V. Lindsay. Dorothy May and Margaret Sanger became famed social activists.

While the Irish made up much of the NYPD and FDNY, there was also the criminal element of the 1860s. The toughness of the New York underworld caught the eye of Hollywood, and James Cagney would become one of America's favorite tough-guy movie characters.

Today, Eugene O'Neill, William F. Buckley, and Frank McCourt populate our literary canon.

These Irish influenced every phase of American society, and their colorful stories make up *Irish New York*.

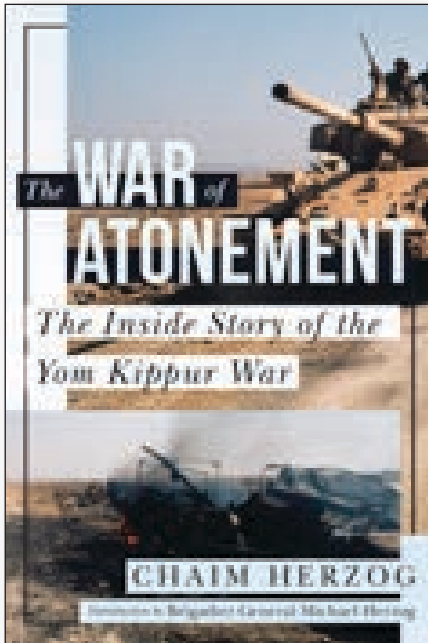
**DERMOT McEVoy** is the author of five previous books, including *The 13th Apostle: A Novel of Michael Collins and the Irish Uprising*. His writing can be found on IrishCentral.com. He lives in Jersey City, New Jersey.

Chaim Herzog  
Introduction by Michael Herzog

# THE WAR OF ATONEMENT

The Inside Story of the Yom Kippur War

**“Certainly the best account of the war from the Israeli standpoint that has yet appeared or is likely to appear for some years to come.” —*The New York Times Book Review***



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This is the authoritative account of the Israeli army's performance in the bitter Yom Kippur War of 1973. The origins of the war amid the turbulent history of competing powers in the Middle East are fully explored, as is the build-up of Arab forces that almost inexplicably caught Israel by surprise. The author then provides a gripping narrative of the conflict itself, punctuated by firsthand accounts and interviews with combatants. *The War of Atonement* is full of drama and tales of inspirational bravery, as Israel defied the odds to defeat the two-pronged invasion. An analysis of the political implications of the conflict bring this epic tale to a close.

For this edition Chaim Herzog's son, Brigadier General Michael Herzog, has written an introduction which places the book in the context of his father's achievements and gives a revealing insight into the man himself. This is the most comprehensive work on a conflict that has had major implications for our own troubled times.

**CHAIM HERZOG** was the sixth president of Israel, serving from 1983 to 1993. His other books include *Battles of the Bible* (coauthored with Mordechai Gichon) and his autobiography, *Living History*, published shortly before his death in 1997.

**MICHAEL HERZOG**, a retired brigadier general in the Israel Defense Forces (IDF), is the son of Chaim Herzog and an Israel-based Milton Fine International Fellow of The Washington Institute. Over the past decade General Herzog has held senior positions in the office of Israel's minister of defense under several administrations. His published work at the Institute included the study *Iranian Public Opinion on the Nuclear Program: A Potential Asset for the International Community* and the influential *Foreign Affairs* article "Can Hamas Be Tamed?" He currently divides his time between Israel and Washington, DC.

**"A scrupulously researched account . . . the most authoritative yet to appear."**  
—*Financial Times*

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History  
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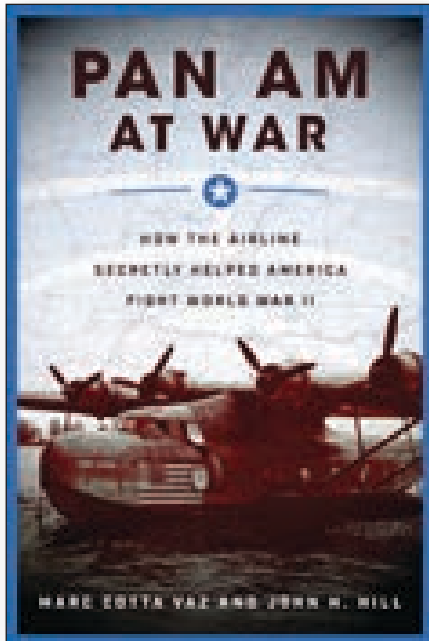


Mark Cotta Vaz and John H. Hill

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*Pan Am at War* chronicles the airline's historic role in advancing aviation and serving America's national interest before and during World War II. From its inception, Pan American Airways operated as the "wings of democracy," placing the United States at the leading edge of international aviation, while clandestinely helping to fight its wars.

Utilizing government documents, declassified Freedom of Information Act material, and company documents, the authors have uncovered stories of Pan Am's stunning role as an instrument of American might:

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Filled with larger-than-life characters and revelations of the vision and technology it took to dominate the skies, *Pan Am at War* provides a gripping unknown history of the American Century.

**MARK COTTA VAZ** is a *New York Times* bestselling author of thirty-six books. His award-winning and critically acclaimed works include *The Invisible Art* (coauthored with Craig Barron), *Living Dangerously*, and the Twilight Saga movie companion series, all number-one *New York Times* bestsellers. Vaz has written for *Cinefex*, *Yoga Journal*, *Wired*, among other periodicals. He lives in the San Francisco Bay area.

**JOHN H. HILL** has worked in the museum field for more than thirty-five years, first at Laguna Art Museum, and at SFO Museum since 1986. He curates exhibitions, develops collections on the history of commercial aviation, and oversees the operation of the San Francisco Airport Commission Aviation Library and Louis A. Turpen Aviation Museum. Hill is also a board member of the Pan Am Historical Foundation. He lives in San Francisco, California.

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World (W) • CQ 28

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History

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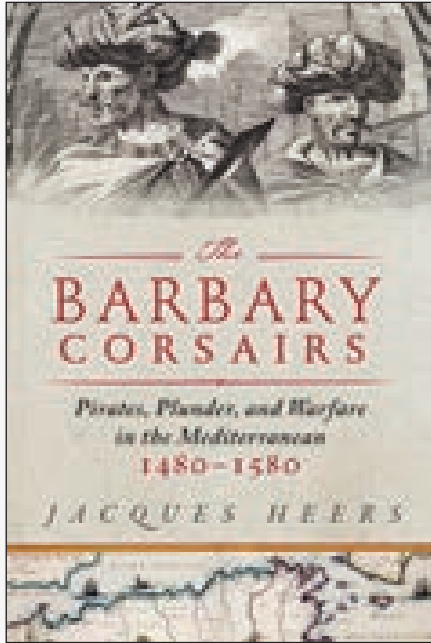
"Pan Am is an instrument of U.S. policy and a weapon of global war."  
—"Pan Am at War," *Time* magazine, May 18, 1942

Jacques Heers  
Translated by Jonathan North

# THE BARBARY CORSAIRS

Pirates, Plunder, and Warfare in the Mediterranean, 1480–1580

An enthralling history of medieval Muslim pirates.



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The Barbary corsairs first appeared to terrorize shipping at the end of the fifteenth century. These Muslim pirates sailed out of the ports of North Africa, primarily Salé, Rabat, Algiers, Tunis, and Tripoli. This area was known in Europe as the Barbary Coast, a term derived from the name of its Berber inhabitants. Acting as officers of the sprawling Ottoman Empire, these pirates plundered the trading routes of the Mediterranean and sowed horror in the hearts of Christians everywhere.

The most famous and powerful were the Barbarossa Brothers, sons of a renegade Christian. The true founders of the Algiers Regency, they initially preyed on fishing vessels or defenseless merchantmen before growing bolder and embarking upon more brazen expeditions—attacking fortified ports and cities; raiding and kidnapping inhabitants of the African coast; and hunting ships from the Christian nations.

This translation of Jacques Heers's work follows the extraordinary exploits of the brothers, and those of other corsairs and profiteers, set against the turbulent backdrop of trade, commerce, and conflict throughout the Mediterranean as the Middle Ages gave way to the Renaissance. It is an enthralling adventure, robustly written, and it brings to life an age when travel and trade were perilous enterprises.

**JACQUES HEERS** was a teacher and historian specializing in the history of the Middle Ages, professor at the Faculty of Humanities of Paris-Nanterre and director of medieval studies at Paris-Sorbonne University. He passed away in January 2013.

**JONATHAN NORTH** is a professional editor and a historian specializing in Napoleonic history. His publications include *An Illustrated Encyclopedia of Uniforms of World War I*. He lives in the United Kingdom.

**\$24.99 hardcover (Can. \$38.99)**

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28 b/w photographs

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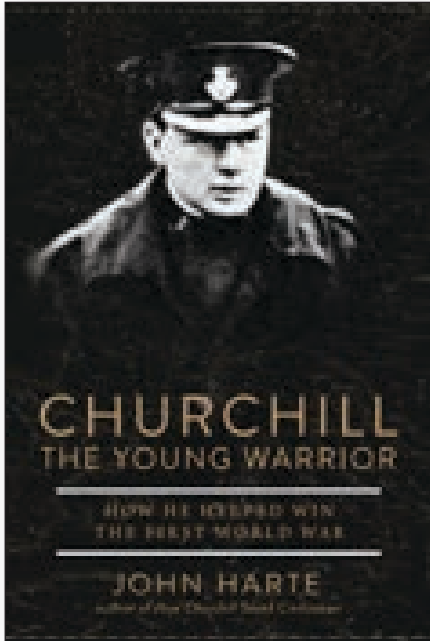
NOVEMBER

John Harte

# CHURCHILL THE YOUNG WARRIOR

How He Helped Win the First World War

Discover how World War I began, and Churchill's efforts to stop it.



- Targeted promotion to Anglophiles and history buffs
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20 b/w photographs

History

ebook ISBN 978-1-5107-3991-8

NOVEMBER

Previous edition: 978-1-5107-1702-2

This is the intriguing chronicle of Winston Churchill's early years as a young soldier fighting in several different types of wars—on horseback in the cavalry at Khartoum, with saber and lance against the Dervishes at age twenty-two, in the South African war against the Boers, and finally in the First World War before he was appointed as First Lord of the Admiralty. The book also covers the failure, bloodshed, and disgrace of Gallipoli that was blamed on him, which could have led to his downfall, as well as the formative relationships he had with the two important women in his young life—his mother, Jennie, who was an eighteen-year-old woman when she married an English aristocrat, and Churchill's young wife, Clementine. How did the events of his early life shape his subsequent life and career, making him the leader he would become? What is the mystery behind how World War I erupted, and what role did Churchill play to end it?

Most readers are aware of Churchill's leadership in World War II but are unaware of his contributions and experiences in World War I. Through engaging narrative nonfiction, this book paints a startlingly different picture of Winston Churchill—not the portly, conservative politician who led the United Kingdom during World War II but rather the capable young man in his twenties and thirties who thought of himself as a soldier saving Britain from defeat. Gaining experience in battle and developing a killer instinct and a mature worldview would serve him well as the leader of the free world.

**JOHN HARTE** is the author of the Skyhorse book *How Churchill Saved Civilization*, which examines the leader's significant role during World War II. Harte served in the RAF in the Second World War. He later became an investigative journalist on postwar fascism. Before retiring from a business career to write books, he was a managing director of several companies. He lives in Ottawa, Ontario, Canada.

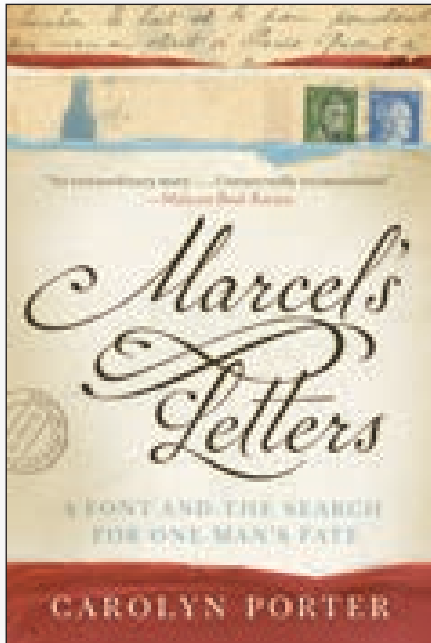
"Equally informative and entertaining, *Churchill the Young Warrior* covers the formative period of one of the most formidable and influential figures of the twentieth century." —Edward Longacre, author of *General Ulysses S. Grant: The Soldier and the Man*

Carolyn Porter

## MARCEL'S LETTERS

A Font and the Search for One Man's Fate

A graphic designer's search for inspiration leads to a cache of letters and the mystery of one man's fate during World War II.



- Co-op available

Seeking inspiration for a new font design in an antique store in small-town Stillwater, Minnesota, graphic designer Carolyn Porter stumbled across a bundle of letters and was immediately drawn to their beautifully expressive pen-and-ink handwriting. She could not read the letters—they were in French—but she noticed all of them had been signed by a man named Marcel and mailed from Berlin to his family in France during the middle of World War II.

As Carolyn grappled with designing the font, she decided to have one of Marcel's letters translated. Reading it opened a portal to a different time, and what began as mere curiosity quickly became an obsession with finding out why the letter writer, Marcel Heuzé, had been in Germany, how his letters came to be in a store halfway around the world, and, most importantly, whether he ever returned to his beloved wife and daughters after the war.

*Marcel's Letters* is the incredible story of Carolyn's increasingly desperate search to uncover the mystery of one man's fate during WWII, seeking answers across Germany, France, and the United States. Simultaneously, she continues to work on what would become the acclaimed P22 Marcel font, immortalizing the man and his letters that waited almost seventy years to be reunited with his family.

**CAROLYN PORTER** is a graphic designer, typography geek, and founder of the graphic design company Porterfolio. She designed the font P22 Marcel Script, which garnered five awards, including the prestigious Certificate of Typographic Excellence from the New York Type Director's Club. She lives in White Bear Lake, Minnesota.

"Quirky, heartfelt, and compulsively readable. *Marcel's Letters* is an inventive combination of memoir and amateur historical sleuthing. An unforgettable story." —Theresa Kaminski, author of *Angels of the Underground*

"[The] story bursts with the excitement of discovery and culminates with the indescribable honor of returning fragments of a forgotten history to the people they were meant for." —Glenn Kurtz, author of *Three Minutes in Poland: Discovering a Lost World in a 1938 Family Film*

**\$15.99 paperback reprint (Can. \$24.99)**

World English (W) • CQ 30

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6" x 9" • 352 pages

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Memoir

ebook ISBN 978-1-5107-1934-7

NOVEMBER

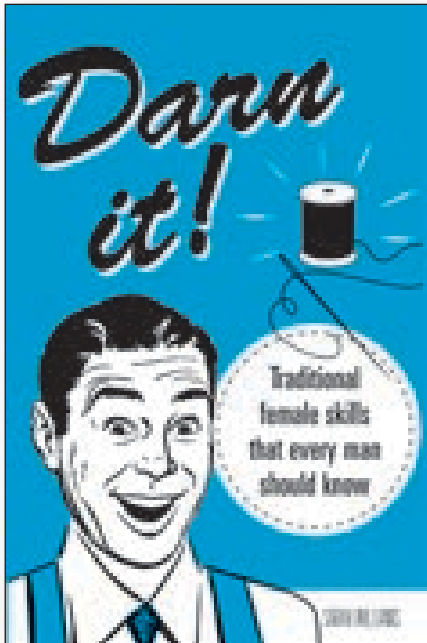
Previous edition: 978-1-5107-1933-0

Sarah Williams

## DARN IT!

Traditional Female Skills That Every Man Should Know

Learn skills considered to be traditionally female and become self-reliant with this invaluable resource!



- Co-op available

Can you sew on a button? Or wrap a present? Worry not—*Darn It!* is here to help you master such tasks with ease to expand your repertoire and skill set, making you a more well-rounded, twenty-first-century man.

Easy to navigate, this instruction manual helps you take matters into your own hands. There's no shame in knitting your own scarf or hat, especially if it means achieving complete self-reliance. The tips and instructions in this book will teach you how to:

- Iron a shirt
- Clean your silverware
- Apply a bandage
- Use a sewing machine
- Make an omelet
- And much more!

Beautifully illustrated, with clear and concise step-by-step instructions, this essential handbook is the ultimate survival guide for the modern man.

**SARAH WILLIAMS** was born in Portsmouth, England, and brought up in nearby Gosport. She left in the early 2000s and headed to Brighton, where she studied for a degree in visual culture. Since then, she has worked as a writer, researcher, and community arts facilitator, not to mention a barmaid, waitress, cleaner, gardener, and decorator. In her spare time, she likes to eat, walk, and knit.

**\$14.99 hardcover (Can. \$22.99)**

US & Canada (USCO) • CQ 30

ISBN 978-1-5107-3397-8

5" x 7 3/4" • 192 pages

Reference

ebook ISBN 978-1-5107-3403-6

NOVEMBER

Aubrey Smith

# SCREW IT!

Traditional Male Skills That Every Woman Should Know

Learn skills considered to be traditionally male with this invaluable resource!



- Co-op available

Have you ever wondered how you'd survive without a man to attend to the odd jobs around the house? Have you ever wished you knew how to put up a shelf or check the oil in your car? And, more importantly, not have to call a man around? Then this is the book for you!

From changing a car tire and checking brake fluid and coolant to building a campfire, *Screw It!* features traditionally male skills to help you learn invaluable information. Divided into sections focusing on vehicle maintenance, the home, the garden, and the great outdoors, each task is concisely explained and accompanied by beautifully illustrated instructions with a traditional feel. Tips and instructions in this book include:

- Tiling a floor
- Chopping down a tree
- Fixing a leaky faucet
- Building a campfire
- Planting a tree
- Pitching a tent

Never again will you need to rely on men! This essential guide will help you become a completely self-sufficient and independent woman in today's world.

AUBREY SMITH is an author and an illustrator. His first book, *How to Build a Robot (with Your Dad)*, was published in 2012. His wife, Sarah Williams, is the author of *Darn It!*

**\$14.99 hardcover (Can. \$22.99)**

US & Canada (USCO) • CQ 30

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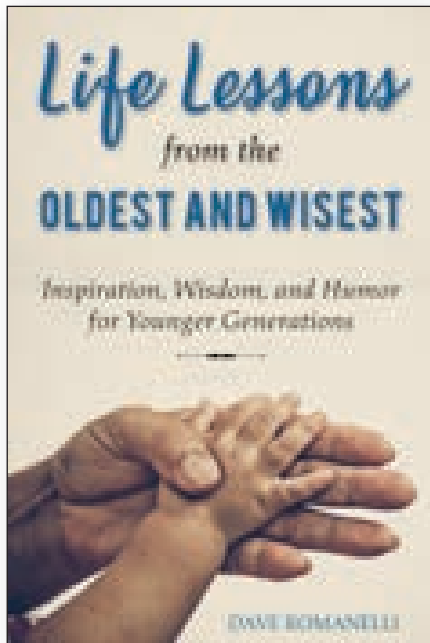


Dave Romanelli

# LIFE LESSONS FROM THE OLDEST AND WISEST

Inspiration, Wisdom, and Humor for Younger Generations

Unexpected and unforgettable advice from elders all around us.



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- Also available:



Ageless Women, Timeless Wisdom

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Elder Americans in their eighties, nineties, and even hundreds have survived the Holocaust, endured the Great Depression, fought in World War II, lived through the Civil Rights Movement, and endured countless booms and busts. And yet, unlike other parts of the world where elders are respected and revered, so many American elders tend to be lonely and feel irrelevant, without a voice or presence in American culture.

The elders need our attention and love—and we need their stories and wisdom. Dave Romanelli is on a journey to meet and listen to the stories of Americans who have seen (and lived) it all! One person he met is a 103-year-old who began driving a horse and buggy, then a Model A Ford, and now a yellow Smart Car, who says, “The first hundred years were the hardest. Everything after that is a breeze.” Another new friend is a ninety-year-old who lost four grandparents, both parents, and three siblings in Auschwitz, and is a reminder to all of us to wake up and be grateful.

The people featured in *Life Lessons from the Oldest and Wisest* share a mix of history, wisdom, and *joie de vivre*, which is our most precious resource. Let us cherish it—before it’s too late.

**DAVE ROMANELLI** is a leading health and wellness innovator. He has pioneered the art of fusing ancient eastern practices with modern sensibilities. His unique wellness projects such as Yoga + Chocolate, Yoga + Wine, and Yoga for Foodies have been featured in the *Wall Street Journal*, *Food & Wine*, the *New York Times*, *Newsweek*, and *O, the Oprah Magazine*. His first book, *Yeah Dave’s Guide to Livin’ the Moment*, reached #1 on Amazon’s self-help list. Discover more about his journey at [yeahdave.com](http://yeahdave.com). Dave lives in Santa Monica, California.

**\$15.99 hardcover (Can. \$24.99)**

World (W) • CQ 36

ISBN 978-1-5107-3659-7

5 ½" x 8 ¼" • 192 pages

Self-Help

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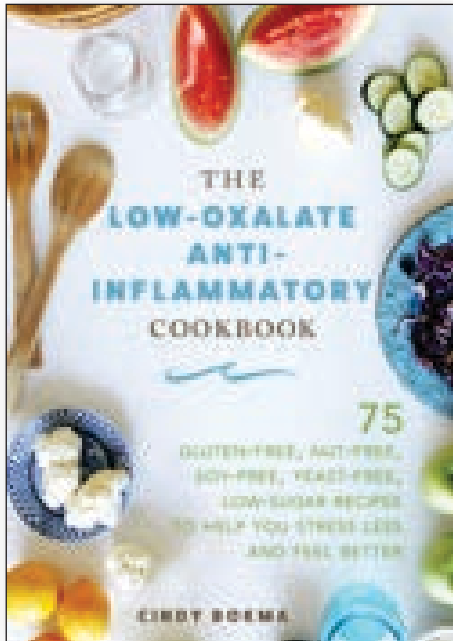
NOVEMBER

Cindy Bokma

# THE LOW-OXALATE ANTI-INFLAMMATORY COOKBOOK

75 Gluten-Free, Nut-Free, Soy-Free, Yeast-Free, Low-Sugar Recipes to Help You Stress Less and Feel Better

For those who have declared, "I can't eat anything!"



- Targeted promotion to the healthy living community
- Co-op available

In this cookbook, food blogger Cindy Bokma takes familiar recipes and re-creates them for anyone dealing with a limited diet that can become extremely overwhelming.

Health is like a line of dominos and once one falls, others soon follow. Most people have more than one issue that can be addressed by diet. But when gluten-free options lead you to almond flour and milk, for example, and almonds are rich in oxalates, you may then be put in the path of an illness or issue related to high oxalates.

While much is known about gluten-free, low-carb, soy-free, nut-free, and low-sugar diets, this collection highlights oxalates, a naturally occurring but potentially inflammatory substance found in a wide variety of healthy plant foods, such as almonds, pumpkin, spinach, and more. These are, unfortunately, prominent in popular diets such as paleo and ketogenic.

With Bokma's guidance, you'll learn how oxalates affect your body, in which foods they may be found, and how to adjust your diet so they don't cause you inflammation or other issues. Recipes such as Chicken Sausage Vegetable Soup, Zucchini and Squash Bake, Italian Meatballs, and Green Apple Crisp are simple, familiar, and stress-free and will allow you to eat your favorite foods without worry.

**CINDY BOKMA** researches alternative medicine, health, and healing for *Hello Dollface*, her healthy living blog. She loves spending time in the kitchen and experimenting with recipes. She resides in Winchester, California.

**\$19.99 hardcover (Can. \$30.99)**

World (W) • CQ 24

ISBN 978-1-5107-3719-8

6" x 8 1/2" • 176 pages

75 color photographs

Cooking

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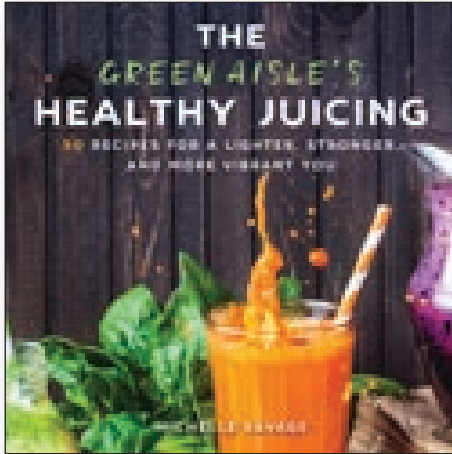
NOVEMBER

Michelle Savage

# THE GREEN AISLE'S HEALTHY JUICING

50 Recipes for a Lighter, Stronger, and More Vibrant You

Restart, reset, and reclaim your life!



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- Co-op available
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The Green Aisle's Healthy Smoothies and Slushies

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Fasting is a great way to cleanse the body. During a fast, the body's natural processes change; waste is cleared from the digestive tract and chemicals stored in fat and other tissues are released. The right detox program can mean your clarity and focus improves; your sense of strength, energy, and happiness increases; your food cravings minimize; and you may even lose weight.

In this book, certified health coach Michelle Savage aims to help readers restart, reset, and reclaim their lives by offering two types of juice cleanses: a seven-day cleanse, perfect for those who want to jump in with two feet, and a thirty-day cleanse, great for those who are a bit hesitant to commit or whose lifestyles cannot support the shorter and more rapid approach.

First, learn all about the benefits of juicing, detoxing, fasting, and cleansing and how to do it the right way. Then, start juicing! *The Green Aisle's Healthy Juicing* includes meal plans complete with recipes for juices, light snacks, and meals for whichever cleanse you choose.

**MICHELLE SAVAGE** is a graduate of the Institute for Integrative Nutrition and the author of two game-changing books on healthy, fun, and rewarding eating and lifestyle change: *The Green Aisle's Healthy Smoothies & Slushies* and *The Green Aisle's Healthy Indulgence*. Her passion is teaching individuals in her community who struggle with weight problems how to take control over their lives again. By educating them on food and freedom, she shows them the path back to self-confidence. She resides in Manteca, California.

"Loving the smoothie recipes in Michelle's book, and I'm always inspired by her story of transformation." —Drew Canole, nutritional and transformation specialist, FitLife.tv, on *The Green Aisle's Healthy Smoothies & Slushies*

**\$16.99 hardcover (Can. \$25.99)**

World (W) • CQ 24

ISBN 978-1-5107-3665-8

7 1/2" x 7 1/2" • 160 pages

50 color photographs

Cooking

ebook ISBN 978-1-5107-3666-5

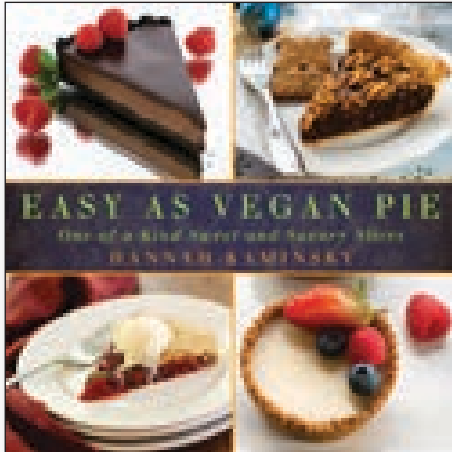
NOVEMBER

Hannah Kaminsky

**EASY AS VEGAN PIE**

One-of-a-Kind Sweet and Savory Slices

As compassionate as it is delicious, America's favorite dessert goes vegan!



- Targeted promotion to the vegan community
- Co-op available
- Also available:

**Vegan Desserts**

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978-1-63450-390-7

Author Hannah Kaminsky writes, “It’s time to end the stereotype that merely making crust can bring a newcomer to their knees, placing pies on an unattainable pedestal that scares away those who simply hunger for a slice of comfort. Bring pie back to the table where it belongs, accessible to anyone with the desire to throw down a bit of flour and watch it transform by way of some ancient alchemy into something delicious in the oven.” Featuring more than one hundred simple but scrumptious recipes, *Easy as Vegan Pie* offers alternatives to America’s favorite dessert, normally heavily laden with butter, eggs, and other animal products.

The recipes in this book take some unexpected twists, offering vegan bakers a whole new pie experience. The gorgeous photography will lure bakers to try chocolate chipotle sweet potato pie, skinny mint tart, caramel macadamia crumb pie, and pomegranate pecan pie. Savory treats are well represented as well, with Thanksgiving quiche, primavera pot pies, and wasabi pea pie, among others. Kaminsky offers an unprecedented treat for vegan bakers, providing a unique and inspiring mix of culinary adventure and down-home comfort food.

**HANNAH KAMINSKY** has developed an international following for her delicious recipes and mouthwatering food photography at the award-winning blog BitterSweetBlog.com. She is the author of *My Sweet Vegan*, *Vegan Desserts*, *Vegan à la Mode*, and *Real Food, Really Fast*. Passionate about big flavors and simple techniques, she works in San Francisco’s bay area developing recipes and photographing food from morning to night

“In *Easy as Vegan Pie*, Hannah has outdone herself with exquisite and imaginative savory dinner pies and positively enchanting dessert pies. With precise tips and notes to guarantee baking success, you can be sure your slice of vegan pie will be sheer perfection!” —Dreena Burton, author of *Let Them Eat Vegan*, *Eat, Drink & Be Vegan*, *Vive le Vegan!*, and *The Everyday Vegan*

**\$15.99 paperback reprint (Can. \$24.99)**

World (W) • CQ 24

ISBN 978-1-5107-3844-7

7 1/2" x 7 1/2" • 256 pages

Cooking

ebook ISBN 978-1-62873-462-1

**NOVEMBER**

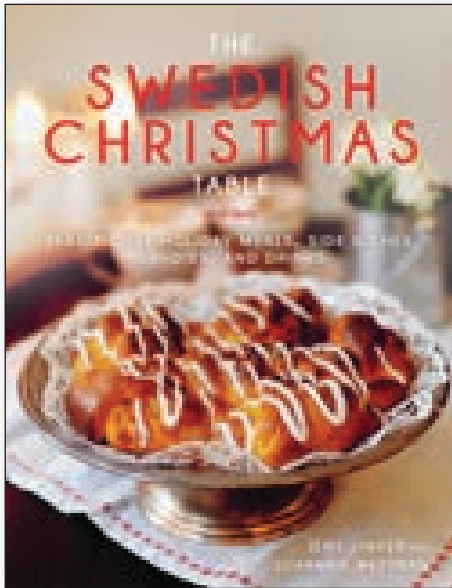
*Previous edition:* 978-1-62636-102-7

Jens Linder and Johanna Westman

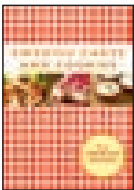
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Traditional Holiday Meals, Side Dishes, Candies, and Drinks

Festive foods for a traditional Christmas season.



- Targeted promotion to the baking community
- Co-op available
- Also available:



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50 color photographs

50 color illustrations

Cooking

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**NOVEMBER**

Previous edition: 978-1-62914-416-0

**Y**uletide is a time of delicious smells wafting through the halls: onions sizzling on the stove, a wood fire gently smoldering in the grate, and fresh-baked gingerbread ready to hang on the tree. It's a time of tradition and recipes handed down from one year to the next. *The Swedish Christmas Table* is a festive homage to the international history of the month of snow and mulled wine, advent calendars, and gathering family. Set your table with such seasonal delicacies as:

- Mulled wine, eggnog, and seasonal cocktails
- Roasted nuts
- Fudge, nougat, and marzipan
- Christmas ham
- Vegetable pie with roasted walnuts
- Frosted fruit
- And so much more to delight and impress

Discover new holiday favorites and update old traditions. Featuring vibrant and retro holiday collages, *The Swedish Christmas Table* is a Christmas cookbook to inspire, cherish, and hold on to for years to come.

**JENS LINDER** is a chef and journalist. He is the author of numerous cookbooks, for which he has been awarded a Gourmand World Cookbook Award and the Tore Wretman Medal by the Swedish Chefs' Association for "commendable efforts and commitment to Swedish food culture." He lives in Stockholm, Sweden.

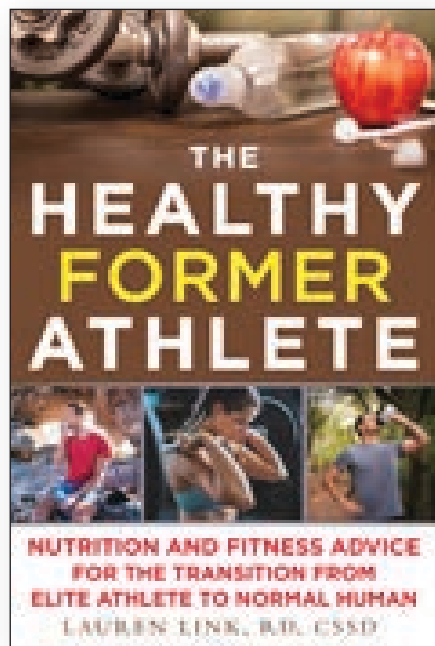
**JOHANNA WESTMAN** is a TV host and children's book author. She lives in Stockholm, Sweden.

Lauren Link, RD, CSSD

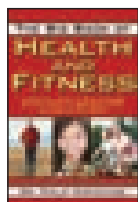
## THE HEALTHY FORMER ATHLETE

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20 color photographs

Health & Fitness

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NOVEMBER

They say athletes suffer through two deaths—the one at the end of their life, and the one at the end of their collegiate or professional sports life. For an athlete to go from an athletic career to retirement can be a difficult transition.

Luckily, Lauren Link has already dealt with this life change, and with *The Healthy Former Athlete*, any former athlete can learn how to go from the discipline of weightlifting sessions and conditioning for a game or race to maintaining a healthy lifestyle without those familiar goals.

The book is targeted at those who are juggling a switch from the intense, competitive, and routine-oriented life of an athlete and shows how to apply the lessons learned from that time to life as a normal human. Also included in the book are lists and case studies to help contextualize the challenge in leaving the focus and discipline of an athletic life. Link covers such ground as:

- Modifying your diet based on “normal human” calorie expenditure, with meal planning and grocery shopping
- Designing a routine and workout to stay fit and healthy
- Easy recipes that will help facilitate a healthy lifestyle
- Forming an identity outside of your sport

Whether you’re a professional athlete or just a person trying to be healthier, this book will show you a path to living a better and healthier life. With a humorous and self-effacing tone, Link will show you how to transition in *The Healthy Former Athlete*.

**LAUREN LINK, RD, CSSD**, is a registered dietitian and Board-certified specialist in sports dietetics. She is the director of sports nutrition at Purdue University, where she played women’s soccer and was part of the 2007 Big Ten Tournament championship team. With a dual degree in dietetics and nutrition, fitness, and health, Lauren began her professional career as a clinical dietitian with St. Vincent’s Hospital before returning to her alma mater to work as a sports dietitian. She spearheads a program called BLAST—Boiler Life After Sport—designed to help address key components of athletes’ transition to “normal human” status. She resides in West Lafayette, Indiana.

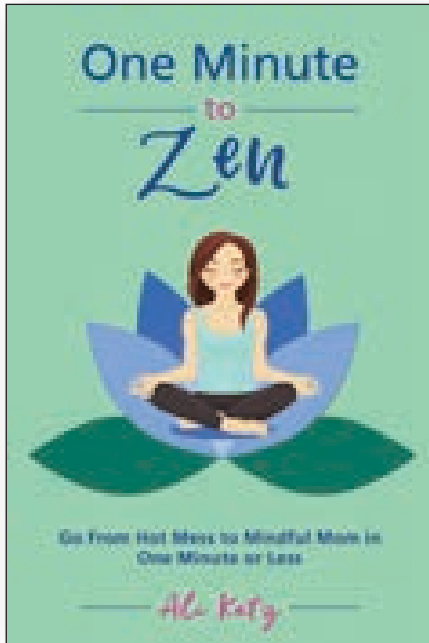


Ali Katz

## ONE MINUTE TO ZEN

Go From Hot Mess to Mindful Mom in One Minute or Less

**"Ali is a breath of fresh air amidst the crazy world of parenting and family life."  
—Robyn Youkilis, author of *Go with Your Gut* and founder of *Your Healthiest You* blog**



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Hot Mess to Mindful Mom

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From the political climate to natural disasters, to managing the stress and overwhelm of everyday life, women have more to deal with than ever. Life feels overwhelming and exhausting much of the time. The third in her Hot Mess to Mindful Mom series, *One Minute to Zen* will provide numerous tools to help deal with stress in one minute, the same amount of time it can take for all hell to break loose!

When teaching moms across the country, while giving talks to corporations, and across Ali's thriving social media channels, people are asking for more tools to use quickly and effectively to help recover from the stress they face in daily life.

In *One Minute to Zen*, Ali has compiled a list of tools that make it possible to recalibrate, achieve balance, and recover from stress quickly and with ease, in order to live a more mindful and joyful life. Known for her authenticity and relatability, Ali shares personal stories and anecdotes to help connect her audience and show how to really put her suggestions to use.

The goal is to put these tools into the hands of every mother who needs them (we all do!) and also teach them how to pass them on to their children, thus creating in each family a chain reaction of calm and confidence when faced with challenges big and small.

**ALI KATZ** is a certified meditation teacher, a mindfulness coach, and the mom of two precious boys. She loves nothing more than sharing her passion for living a balanced life with others and has been featured on *MindBodyGreen*, *Style* magazine, Fox 26 News, *HerFuture*, *Houston Family* magazine, and LiveMom.com. When not meditating, writing, teaching, or spending time with family, Ali enjoys running, practicing yoga, and sipping tea. She resides in Houston, Texas.

"Ali writes with candor, clarity, and courage. . . . You know you have a friend who walks this journey to self-love with you." —Sarah McLean, author of *Soul-Centered: Transform Your Life in 8 Weeks with Meditation*

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Parenting

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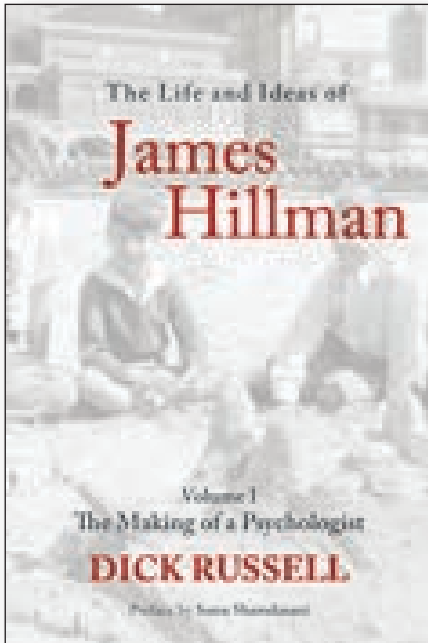
NOVEMBER

Dick Russell  
Preface by Sonu Shamdasani

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The life and times of the world's foremost post-Jungian thinker and bestselling author of *The Soul's Code*.



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Considered to be the world's foremost post-Jungian thinker, James Hillman is known as the founder of archetypal psychology and the author of more than twenty books, including the *New York Times* bestseller *The Soul's Code*. Here we follow Hillman from his youth in the heyday of Atlantic City through postwar Paris and Dublin, travels in Africa and Kashmir, and onward to Zürich and the Jung Institute, which appointed him its first director of studies in 1960.

This first of a two-volume authorized biography is the result of hundreds of hours of interviews with Hillman and others over a seven-year period. Discover how Hillman's unique psychology was forged through his early experiences and found its basis in the imagination, aesthetics, a return to the Greek pantheon, and the importance of "soul-making," and gain a better understanding of the mind of one of the most brilliant psychologists of the twentieth century.

**DICK RUSSELL** has written for such varied publications as *Time*, *Sports Illustrated*, and the *Village Voice*. His books include *The Man Who Knew Too Much*, *Black Genius*, and *On the Trail of the JFK Assassins*, as well as the *New York Times* bestsellers *American Conspiracies* and *63 Documents the Government Doesn't Want You to Read* (both with Jesse Ventura).

**SONU SHAMDASANI** is a Jung scholar who is also an author and professor at the University College of London. He is best known for assembling *The Red Book* and authoring *C. G. Jung: A Biography in Books*, and for his work on the history of psychology.

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31 b/w photographs

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Psychology

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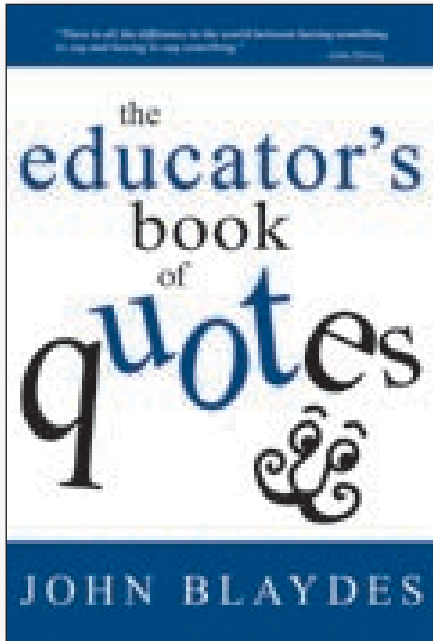
**NOVEMBER**

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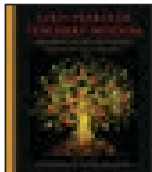
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"There is all the difference in the world between having something to say and having to say something." —John Dewey

"Teachers affect eternity; they can never tell where their influence stops." —Henry Adams

"Good teaching is one-fourth preparation and three-fourths theater." —Gail Godwin

"The task of the best teacher is to balance the difficult juggling act of becoming vitally, vigorously, creatively, energetically, and inspiringly unnecessary." —Gerald O. Grow

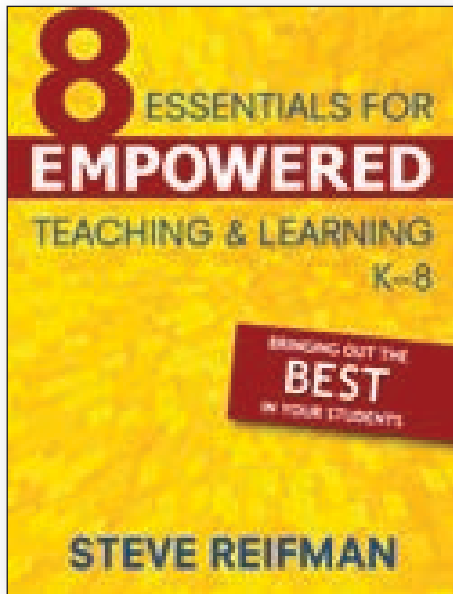
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World (W) • CQ 36  
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Education  
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**NOVEMBER**

Steve Reifman

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- Promotes student motivation and a classroom environment of trust and respect
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- Presents classroom applications, examples, anecdotes, and reproducible pages
- Features ideas from practicing teaching for putting these essential ideas to work in the classroom

*Eight Essentials for Empowered Teaching and Learning, K-8* motivates student teachers, beginning teachers, and veteran educators to become the most effective instructors they can be and achieve the best learning outcomes possible for their students.

**STEVE REIFMAN** has been an elementary school teacher for more than thirteen years. He has experience working with students in all of the elementary grades, and he has taught in both public and private schools. Currently, Reifman teaches third grade at Roosevelt Elementary School in Santa Monica, California.

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World (W) • CQ 30

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Education

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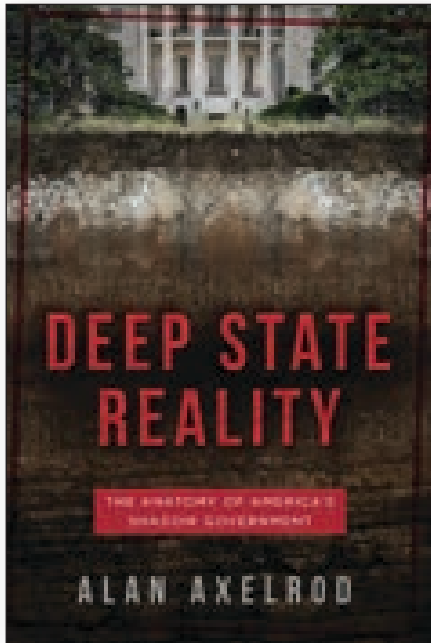
NOVEMBER

Alan Axelrod

# DEEP STATE REALITY

The Anatomy of America's Shadow Government

An unflinching look into the truth behind the army of lobbyists, the corporate interests, and the military industrial complex that comprise the *true* Deep State.



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The idea of a “deep state” has been around for a long time, going back at least as far as the *imperium in imperio* (“government within the government”) of ancient Rome and demonstrated in recent times—even to this day—in such places as Egypt, Turkey, Pakistan, and Iran. As applied to the United States, the notion was first explored in detail by sociologist C. Wright Mills, who identified “deep states” in the Pentagon, the military-industrial complex, and Wall Street. The modern deep state has been associated with “fringe right” conspiracy theorists who hold that a cadre of career government employees—civil servants, bureaucratic administrators—have covertly coordinated to shape state policy by working around or beneath the elected government. Within the past two years, this belief in the deep state graduated from unorganized fringe groups to the so-called Alt-Right, members of which formed an influential faction of supporters of the presidential campaign of Donald Trump and who are today represented among the inner circle of the Trump presidency.

Today, clearly, the deep state cannot be dismissed as the stock-in-trade of talk radio fantasy. In fact, the deep state *is* real—but its reality is not what the Trump administration believes it to be. There *is* an American shadow government. It is government by lobby and lobbyist. The deep state of the professional influencers is closely connected to both the elected government and the “permanent bureaucratic structure” that is the unelected government. This real deep state exists in a relationship with the elected and unelected governments that is sometimes symbiotic, sometimes parasitic, and sometimes downright malignant. *Deep State Reality*, driven neither by partisan affiliation nor ideological orientation, presents an anatomy of America’s shadow government that makes up the true substance of an American deep state.

ALAN AXELROD is the author of nearly 150 books on leadership, management, history, career development, general business, and other nonfiction. As founder and president of the Ian Samuel Group creative services firm, he has also ghostwritten, collaborated on, edited, and provided consulting services to some of the largest corporations in America. He lives in Atlanta, Georgia.

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Politics

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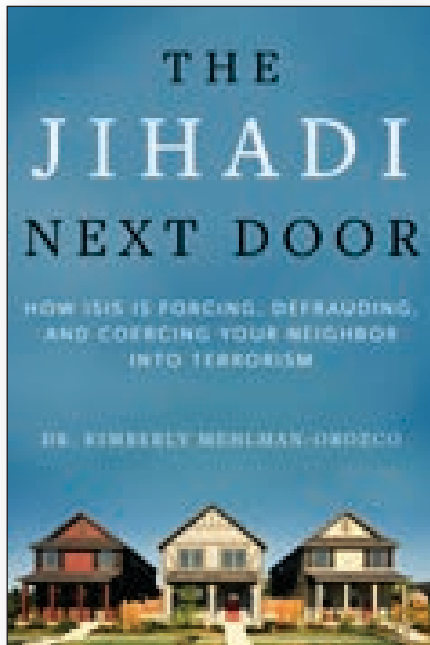
JANUARY

Dr. Kimberly Mehlman-Orozco

# THE JIHADI NEXT DOOR

How ISIS Is Forcing, Defrauding, and Coercing Your Neighbor into Terrorism

An unprecedented look at how ISIS targets and recruits terrorists—and what we can do to stop them.



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[Who Becomes a Terrorist and Why?](#)

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The recruitment of ISIS terrorists may have begun as an extremist crusade in Iraq, but it has quickly become a global phenomenon that is taking hold of people from diverse backgrounds, cultures, and belief systems. The iconic image of a terrorist as an old, angry, Middle Eastern man is long gone. It has since been replaced by young men and women of all races and religious upbringings, in tactical gear and ski masks, carrying heavy artillery. From the outside looking in to the Islamic State, most people see these men and women as nothing more than evil terrorists with a psychotic penchant for violence. Internally, they perceive themselves as freedom fighters or mujahedeen, who violate the laws of men to protect their community according to the will of Allah.

Ultimately, neither of these perceptions are based in reality.

While some experts claim that terrorist recruitment is completely random, criminologist Kimberly Mehlman-Orozco has identified clear patterns which can be used to explain how regular people are being conscripted into terrorism. Using interviews with convicted terrorists, in-depth research and analysis of Jihadi propaganda, and case-specific details, Dr. Mehlman-Orozco provides nuanced theories into the methods of terrorist recruitment—methods which can be used to identify persons at high risk of being targeted.

*The Jihadi Next Door* provides unprecedented information that can be used to actually combat terrorism. By laying bare the tactics used by ISIS to deceive and exploit new recruits and exposing the veneer these extremists operate under, Dr. Mehlman-Orozco hopes to empower readers with the knowledge needed to prevent future recruitment and thereby prevent acts of terrorism.

**DR. KIMBERLY MEHLMAN-OROZCO** holds a PhD in criminology, law, and society from George Mason University. Her research and writing has been featured in media outlets around the world. The author resides in Montclair, Virginia.

**\$22.99 hardcover (Can. \$35.99)**

World (W) • CQ 32

ISBN 978-1-5107-3286-5

6" x 9" • 224 pages

Current Affairs

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JANUARY



Jesse Stern

# MY DATE MY STORY

Confessions on Love, Breakups, and Healing

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Romance is hard work. It can also be exhilarating, amusing, weird, crazy, and simply exhausting. We've all had our share of awkward and uncomfortable dates (and some amazing ones) as well as mystifying and confusing break-ups.

*My Date My Story* tells the story of modern day romance through the stories of those who are experiencing it firsthand.

Born out of a storytelling project that has more than 180,000 followers, thousands of stories have poured in from all over the world. The submissions cover every aspect of dating—crushes, heartbreak, uncertainty, success, humor, and a never-ending array of bizarre situations.

Beyond the stories, the book helps to shed light on not only what is happening, but also why. Smartphones and dating apps are playing an enormous role in changing the way we meet, date, and interact with one another. Technology has forced people to think differently and expect the unexpected anytime they step out for a date.

*My Date My Story* combines stories, questions, and analysis to tell the story of what dating is really like today.

**JESSE STERN** has a background in journalism and has spent ten years filming documentaries for National Geographic, Discovery Channel, and CNN. Based in New York City, his *My Date My Story* project has a following of more than 180,000 people participating daily in the project.

**\$15.99 hardcover (Can. \$24.99)**

World (W) • CQ 32

ISBN 978-1-5107-3895-9

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Self-Help/Relationships

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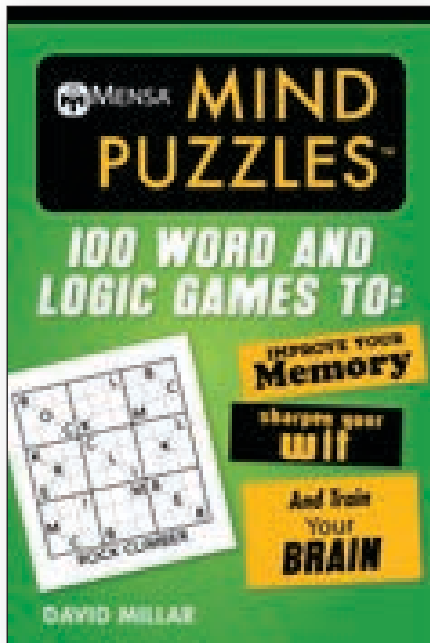
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**DAVID MILLAR** is a puzzle author and graphic artist who combines both disciplines to craft puzzle and gaming materials. A lifelong stationery nerd, he is never without many trusty notebooks full of graph paper, whose contents span puzzle grids, dungeon maps, user interface designs, sticker ideas, and beyond. In addition to a career in web application development and software engineering, David has more than a decade of puzzle blogging under his belt, and his puzzles have previously featured in UK and World Puzzle Championships. He resides in Fort Worth, Texas.

**AMERICAN MENSA** has members who range in age from 2 to 102, and the community includes people from every walk of life. They include engineers, homemakers, teachers, actors, athletes, students, and CEOs, and all share one trait—high intelligence. To qualify for Mensa, our members scored in the top 2 percent of the general population on an accepted standardized intelligence test.

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North America (NA) • CQ 30

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Games & Puzzles

JANUARY

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Helmuth has shared her affordable design advice and step-by-step approaches with millions through live teaching workshops, guest columns, television appearances, and interviews. Now, she has distilled her expertise into this practical guide. The chapters follow her secret design formula and include creating a design budget, mapping out floor plans, selecting a color palette, and accessorizing like a stylist.

It's time to start living in the home of your dreams without maxing out your credit cards. Learn how with *Affordable Interior Design*!

**BETSY HELMUTH** has established herself as a leading voice in affordable interior decorating. Before starting her firm, Affordable Interior Design, she worked with celebrity clients creating luxury homes. However, her Midwestern values kept surfacing—she was determined to bring luxury living to everyone. Betsy has done projects for HGTV, Food Network, and DIY Network, and she has appeared in *USA Today*, *Small Room Decorating* magazine, the *Wall Street Journal*, and *amNewYork*. Helmuth resides in Brooklyn, New York.

**JOHN HA** is a commercial photographer based in New York. Originally from Portland, Oregon, John studied at Cornell University and moved to New York shortly after graduation. He now lives in Brooklyn with his wife and their two French bulldogs.

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World (W) • CQ 30

ISBN 978-1-5107-3847-8

8" x 10" • 160 pages

150 color photographs

House & Home

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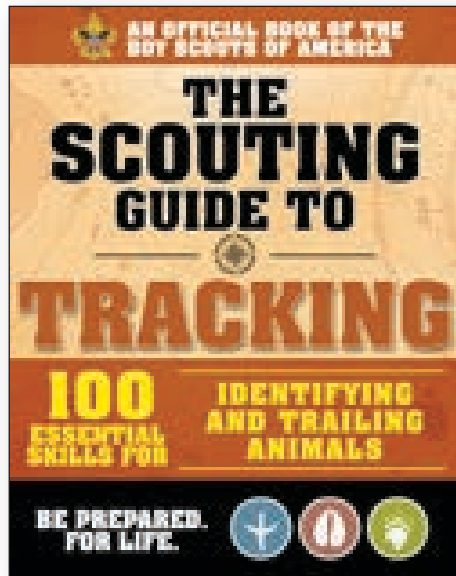
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The Boy Scouts of America

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**THE BOY SCOUTS OF AMERICA** provides the nation's foremost youth program of character development and values-based leadership training, which helps young people "Be Prepared. For Life.®" The Scouting organization is composed of nearly 2.4 million youth members between the ages of seven and twenty-one and approximately 960,000 volunteers in local councils throughout the United States and its territories. For more information on the Boy Scouts of America, please visit [www.scouting.org](http://www.scouting.org).

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Nature

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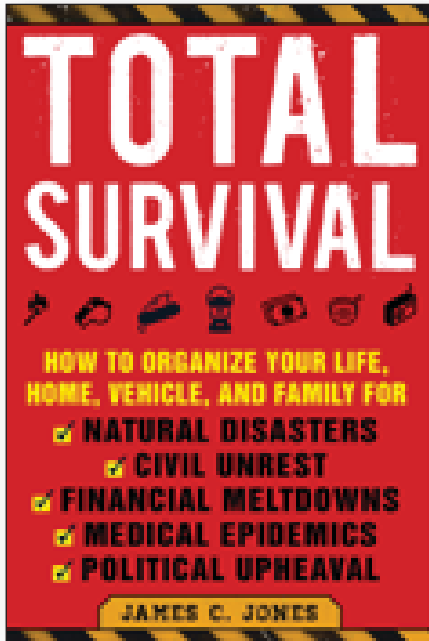
JANUARY

James C. Jones

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Reference

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JANUARY

Previous edition: 978-1-61004-897-2

Knowing that no survival book can cover every conceivable aspect of surviving in every conceivable situation, in *Total Survival*, veteran survivalist James C. Jones delivers tips that cover the most likely needs of readers and for which there is useful and practical instruction. His goal is to share a variety of practical survival skills, principles, and ideas in an easy-to-read format that will aid the reader in becoming stronger, safer, and more self-reliant.

The ten principles of survival that Jones sets out are derived from analysis of true survival accounts. Studies of why some people survived fires, plane crashes, assaults, and other deadly situations while others in the same situations perished confirm that these principles made the difference.

Although the data and concepts in *Total Survival* are derived from accounts of acute disasters—such as tornadoes, floods, earthquakes, and epidemics—they apply equally well to chronic disasters, such as economic decline, shortages, unemployment, climate change, and personal family or health issues.

In reality, all of life is a survival challenge, and a survival emergency is just a high-intensity life test. These ten survival principles are the key to success in everyday life, especially during an emergency.

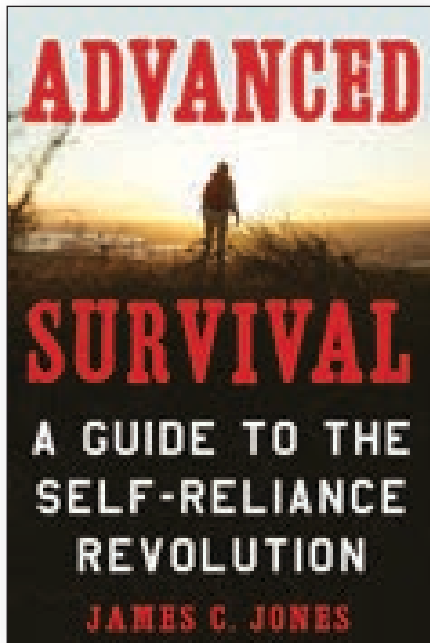
**JAMES C. JONES** is the cofounder of Live Free USA. He has developed and conducted hundreds of survival training events and seminars over the past forty years and has written hundreds of articles for Live Free's newsletter, *American Survivor*. He currently writes articles for several national preparedness and survival related publications while continuing to teach a variety of survival courses and make presentations at major preparedness expositions. He is also the author of *Beyond Survival*. He lives in the Midwest.

James C. Jones

# ADVANCED SURVIVAL

## A Guide to the Self-Reliance Revolution

What you need to know to survive the worst.



- Co-op available
- Also available:



[The Survivalist's Handbook](#)

\$14.95 paperback  
978-1-62914-565-5

While self-reliance is often treated simply as a form of higher-level survival preparedness, it is different in both psychology and execution. Preparing and surviving imply a threat to life that must be endured in order to recover and rebuild life as it was before the event. While prepping is certainly key to getting through the serious threats of the twenty-first century, it will only get you so far. True self-reliance depends on making it through whatever obstacle you face but also takes you to an improved place once the crisis has passed.

*Advanced Survival* is a blueprint for the journey from dependence to independence, filled with practical how-to information and time-tested wisdom about food, water, shelter, medicine, sanitation, transportation, energy, home- and self-defense, and much more. So what are you waiting for? Learn what you need to know to get through any disaster . . . whenever it strikes.

**JAMES C. JONES** is the cofounder of Live Free USA. He has developed and conducted hundreds of survival training events and seminars over the past forty years and has written hundreds of articles for Live Free's newsletter, *American Survivor*. He currently writes articles for several national preparedness and survival-related publications while continuing to teach a variety of survival courses and make presentations at major preparedness expositions. He is also the author of *The Live Free Book of Total Survival*. He lives in the Midwest.

**\$16.99 paperback original (Can. \$25.99)**

World (W) • CQ 30

ISBN 978-1-5107-3899-7

5 1/2" x 8 1/4" • 208 pages

60 color photographs

Reference

ebook ISBN 978-1-5107-3901-7

JANUARY

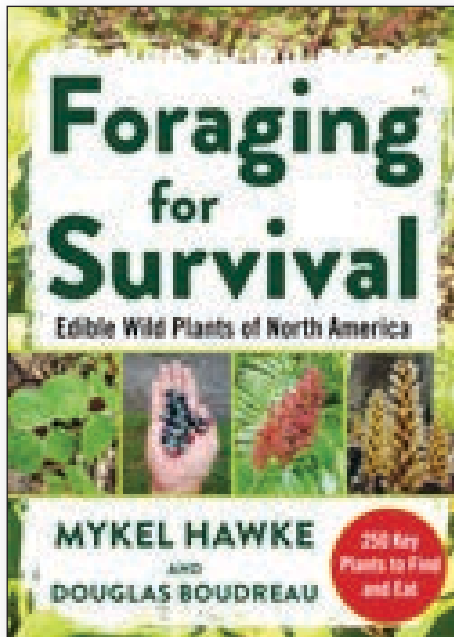


Douglas Boudreau and Mykel Hawke

# FORAGING FOR SURVIVAL

Edible Wild Plants of North America

Learn how to find tasty and ecofriendly food in the wild.



- Targeted promotion to the cooking community
- Co-op available
- Also available:



The Complete Guide to  
Edible Wild Plants

\$12.95 paperback  
978-1-60239-692-0

**\$14.99 paperback original (Can. \$22.99)**

World (W) • CQ 36  
ISBN 978-1-5107-3833-1

5" x 7" • 160 pages

100 color photographs

Nature

ebook ISBN 978-1-5107-3835-5

JANUARY

As consumerism and a meat-heavy, processed diet become the norm and the world's population continues to grow at an exponential rate, more and more people are looking toward a more sustainable path for food. Authors Douglas Boudreau and Mykel Hawke believe that the future of food lies in the wild foods of times spanning back to before the mass-agriculture system of today.

People have become distanced from the very systems that provide their food, and younger generations are increasingly unable to identify even the trees in their backyards. In response, Boudreau and Hawke have provided a compendium of wild edible plants in North America. *Foraging for Survival* is a comprehensive breakdown of different plant species from all over the United States. Other information you'll find inside:

- A list of different types of edible wild plants
- Foraging techniques
- Bugs and other grubs that can be consumed
- Warning signs of poisonous plants
- And much more!

Whether you're a hiker taking a walk through your local wilderness or a chef looking for new ingredients to incorporate in your dishes, *Foraging for Survival* is the book for you!

**DOUGLAS BOUDREAU** is a self-taught foraging instructor and native Floridian. Poverty forced him to learn about wild food early in life, and he studied edible plant guidebooks while traveling around the country. He is now semiretired and teaches free EDIBLES-4-SURVIVAL classes on local edible wild plants where he lives in Zephyrhills, Florida.

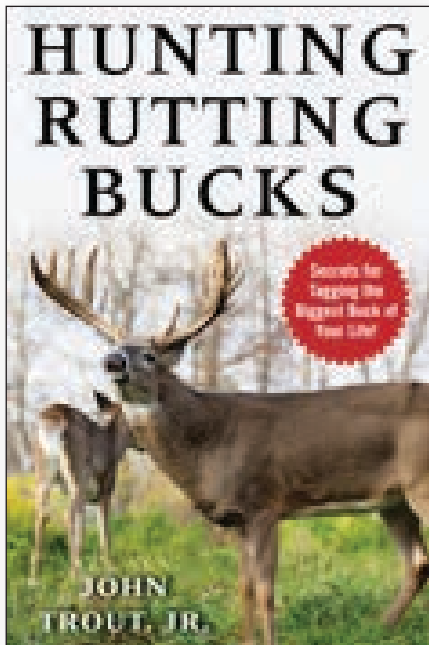
**MYKEL HAWKE** is a retired US Army Special Forces officer, author, and television and film personality. He is perhaps best known for the television program he created on Discovery Channel called *Man, Woman, Wild* and Travel Channel's *Lost Survivors*. He resides in Miami, Florida, with his family.

John Trout, Jr.

# HUNTING RUTTING BUCKS

Secrets for Tagging the Biggest Buck of Your Life!

Successful strategies for hunting all three phases of the rut.



- Targeted promotion to the hunting community
- Co-op available
- Also available:



Finding Wounded Deer

\$16.99 paperback  
978-1-5107-3868-3

**\$16.99 paperback reprint (Can. \$25.99)**

World (W) • CQ 24  
ISBN 978-1-5107-3867-6

6" x 9" • 224 pages  
140 b/w photographs  
10 color photographs

Sports/Hunting  
ebook ISBN 978-1-5107-3869-0

**JANUARY**

Previous edition: 978-1-61608-850-7

**H**unting *Rutting Bucks* is a tremendous resource for hunters hoping to take the biggest buck of their lives. Rather than focus on the much-publicized but short primary rut period, the author divides the mating season into three distinct phases and offers tried-and-true advice specific to each period. Each year the rut is responsible for helping hunters take some of the most mature, large-antlered, wary bucks in the wild. Season after season, these reclusive, almost totally nocturnal trophy-class bucks are vulnerable to hunters who know and understand how to effectively hunt by observing the nuances of all phases of the white-tailed deer's breeding season: the rut.

In this book, John Trout, Jr., shares his best-kept secrets on how to consistently tag out on rut-crazed bucks. He shares countless strategies and tips that cover a wide variety of topics, including:

- A detailed analysis of the pre rut, primary rut, and post rut
- How to read rubs and scrapes, and figure out which ones are active and which ones aren't
- How to lure bucks into gun or bow range with scents, calls, and rattling antlers
- How to hunt cold fronts and moon phases
- How to set up and hunt tree stands to maximum advantage
- And much more!

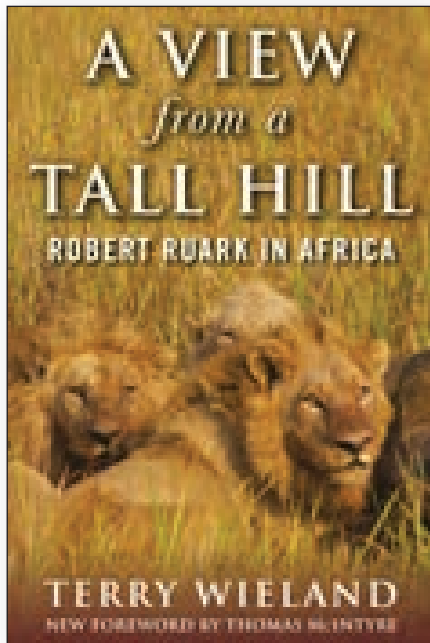
**JOHN TROUT, JR.**, was an outdoor writer and photographer. An award-winning journalist and author, he wrote many successful books, including *Trailing Whitetails*, *Hunting Farmland Bucks*, *Hunting Rutting Bucks*, and *The Complete Book of Wild Turkey Hunting*. His articles appeared in regional and national publications more than nine hundred times. An enthusiastic hunter all his life, he hunted and traveled with his wife, Vikki. He lived in Fairfield, Illinois.

Terry Wieland  
Foreword by Thomas McIntyre

## A VIEW FROM A TALL HILL

Robert Ruark in Africa

A vibrant biography of the man who helped define hunting in Africa.



- Targeted promotion to the hunting community
- Co-op available

Robert Ruark was perhaps the most renowned safari writer of the twentieth century. As a respected columnist and author during his lifetime, his writings have influenced thousands of hunters to travel to Africa to see the places that Ruark has immortalized in his writings.

Despite his impact, Ruark only wrote for a period of fifteen years, but it was a time when he lived his life to its fullest potential. He traveled all across the world in order to see and do everything he could dream of, but it was in East Africa that he came to find a spiritual home. As the area became increasingly independent of colonial rule, Ruark predicted the economic, social, and political ruin that has since been the daily reality of the region.

In this detailed account of Ruark's life, Terry Wieland has written a definitive book on Ruark, the restless traveler, and the times in which he lived, as well as his lifelong fascination with Africa.

**TERRY WIELAND** is shooting editor of *Gray's Sporting Journal* and a recognized authority on fine firearms. He is also a columnist for *Rifle*, *Handloader*, and *Safari Times*. He has traveled and hunted extensively around the world and written several books on fine guns and hunting. He lives in Fenton, Missouri, but spends several months each year in Africa.

**THOMAS MCINTYRE** has written hundreds of articles appearing in *Sports Afield*, *Field & Stream*, *Gray's Sporting Journal*, *Petersen's Hunting*, *American Hunter*, *Men's Journal*, *Outdoor Life*, *Bugle*, *Sporting Classics*, and *Fly Rod & Reel*, as well as in a score of anthologies. Tom is on the mastheads as a contributing editor of both *Sports Afield* and *Field & Stream* magazines. He resides in Sheridan, Wyoming.

**\$18.99 paperback reprint (Can. \$29.99)**

World (W) • CQ 30

ISBN 978-1-5107-3712-9

6" x 9" • 432 pages

Sports/Hunting

ebook ISBN 978-1-5107-3714-3

JANUARY

Previous edition: 978-0-89272-650-9

"Sad, fascinating, and the finest tribute that Robert Chester Ruark will ever have."—David E. Petzal, *Field & Stream*

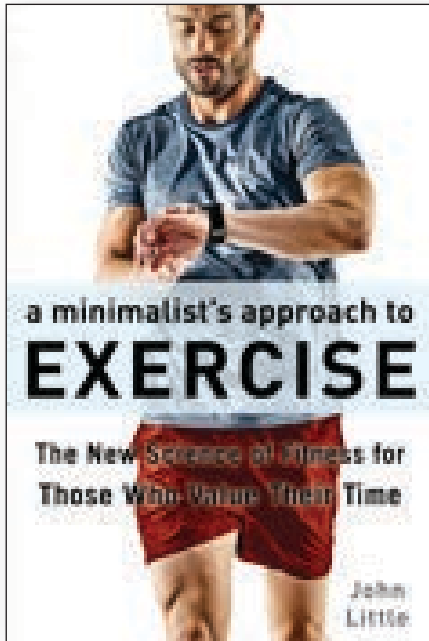
"Wieland brings Ruark to life with equal measures of sympathy and honesty. The result is an unusually perceptive literary biography and a great tale told about a fascinating figure."—Christopher Camuto, *Gray's Sporting Journal*

John Little

# A MINIMALIST'S APPROACH TO EXERCISE

The New Science of Fitness for Those Who Value Their Time

A revolutionary approach to exercise!



- Targeted promotion to the fitness community
- Co-op available
- Also available:



The Real Happy Pill

\$16.99 paperback  
978-1-5107-2298-9

**\$16.99 paperback original (Can. \$25.99)**

World (W) • CQ 36  
ISBN 978-1-5107-3330-5

6" x 9" • 240 pages

75 b/w photographs

Health & Fitness

ebook ISBN 978-1-5107-3331-2

JANUARY

There is something terribly wrong with the state of exercise as we know it presently. Sales of treadmills, running shoes, gym memberships, and yoga classes are at an all-time high, but so too are our national levels of obesity and type II diabetes. Ever since the 1960s the exercising public has been told to stretch for flexibility and to perform low-intensity steady-state aerobic exercise for their cardiovascular systems and some form of resistance training to keep their muscles strong. With regard to diet, they have been told to restrict or omit macronutrients such as fats and carbohydrates and lots of other advice with regard to calorie-counting. Could it be that this information, however well intended, was mistaken? And is it really necessary to devote so much time to the pursuit?

Fitness researcher and pioneer John Little has spent more than twelve years researching the actual science underpinning our most prevalent beliefs about exercise and has come away from the enterprise convinced that we need an entirely new paradigm, one that would involve reliance on briefer workouts. He presents this revolutionary new approach in *A Minimalist's Approach to Exercise*.

Among the fascinating revelations presented in this book:

- Certain types of exercise can actually make you less healthy.
- Taking large doses of food supplements might actually shorten your life and put you at greater risk for disease.
- Stretching to become more flexible or to recover quicker from injury has been found to do neither of these things.
- Resistance training, once considered to be the weak sister of exercise, is now looking like the best form of exercise.

The new protocols that Little exposes offer a far safer alternative for those looking to become stronger, fitter, and healthier without spending their lives in the gym.

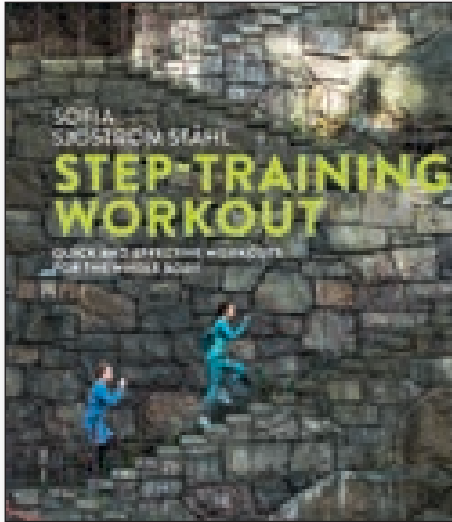
**JOHN LITTLE** has been a personal trainer for more than a dozen years. The author of more than a dozen books on health, fitness, and exercise, Little has been hailed by *Ironman* magazine as "one of the leading fitness researchers in the world." He resides in Ontario, Canada.

Sofie Sjöström Ståhl

# STEP-TRAINING WORKOUT

Quick and Effective Workouts for the Whole Body

## Exercise Anywhere!



- Targeted promotion to the fitness community
- Co-op available
- Also available:



100 Things You Can Do to Stay Fit and Healthy

\$14.99 paperback  
978-1-5107-1235-5

Using a staircase, you can now easily do short intensive interval training using only your own body weight. Give your body exactly what it needs—plenty of strength and conditioning—but without taking too much time out of your busy day or spending loads of money on a gym.

Learn to utilize the staircases in your everyday environment and maximize every step with this practical guide. *Step-Training Workout* contains sixty exercises along with suggestions on structuring your workouts into time-saving and utility-boosting intervals. Each exercise typically takes between five and fifteen minutes and can be done on-the-go, on a lunch a break, or at home after a long day—perfect for anyone who can't fit in a full workout.

*Step-Training Workout* will provide you with forty-five functional exercises with a basic exercise that then develops with three variants, so you can easily vary your training and get results.

Whether you're just starting out or are an avid exerciser, this book will add new, incredible workouts to your repertoire. With *Step-Training Workout*, learn how to get fit fast and feel great!

**SOFIA SJÖSTRÖM STÅHL** operates one of the largest health blogs under the name of PT-Fia. In addition to hosting her own podcast and teaching online courses on health, she has previously published the *PT-Fia's Top Ten* in her native Swedish.

**\$12.99 paperback original (Can. \$19.99)**

World English (W) • CQ 36

ISBN 978-1-5107-3019-9

7 5/8" x 8 3/4" • 96 pages

Health & Fitness

ebook ISBN 978-1-5107-3024-3

JANUARY

Abigail R. Gehring and Teatulia Organic Teas

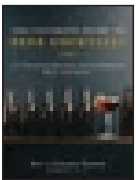
## TEA COCKTAILS

75 Unique Tea-Infused Cocktails

Creative and refreshing cocktails made with Teatulia Organic Teas!



- Targeted promotion to cocktail connoisseurs
- Co-op available
- Also available:



The Ultimate Guide to Beer Cocktails

\$16.99 paperback  
978-1-5107-2921-6

In classy bars and cocktail lounges across America, tea is making a big splash. Absolut has launched a line of tea-infused vodka, companies such as Owl's Brew are springing up with teas crafted specifically as cocktail mixers, and foodie magazines such as *Savueur* and *Food & Wine* are featuring hot chai toddies and gin-spiked iced teas. Here organic tea company Teatulia Organic Teas partners with Gehring to provide a stunning collection of hot and cold tea cocktail recipes sure to impress any mixologist or tea lover. Learn how to balance the unique flavors of herbal and black teas with just the right spirits to create drinks such as:

- Rooibos berry daiquiri
- Spiked lemonade with thyme
- Dark and stormy with ginger tea
- Lemongrass mojito
- Chai white Russian
- Peppermint cosmo
- Jasmine green tea julep
- Yerba mate smoky martini
- Riesling jasmine hot toddy
- And many more!

With beautiful photographs and easy-to-follow instructions, this is the perfect gift for the bartender, budding mixologist, or tea enthusiast in your life.

**ABIGAIL R. GEHRING** is the author of several cookbooks including *Healthy Gluten-Free Diet* and *The Complete Juicer*. Her love of tea started early in life and was cemented after a stint living in England. She lives in Marlboro, Vermont.

**TEATULIA ORGANIC TEAS** are grown in a single USDA-certified organic garden in northern Bangladesh and sold across the United States and Canada.

**\$14.99 paperback reprint (Can. \$22.99)**

World (W) • CQ 30  
ISBN 978-1-5107-3796-9

7" x 9" • 176 pages  
75 color photographs

Cooking  
ebook ISBN 978-1-63220-760-9

**JANUARY**

Previous edition: 978-1-63220-449-3

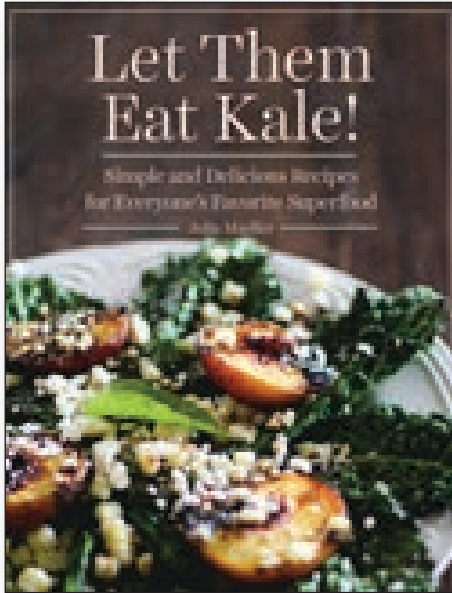


Julia Mueller

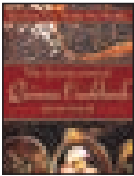
## LET THEM EAT KALE!

Simple and Delicious Recipes for Everyone's Favorite Superfood

75 delicious, nutrient-packed recipes to incorporate kale into every meal.



- Targeted promotion to the healthy living community
- Co-op available
- Also available:



The Quintessential Quinoa Cookbook

\$14.99 paperback  
978-1-5107-2223-1

Kale is considered one of the world's most powerful superfoods for very good reasons. It's packed with antioxidants, which help neutralize free radicals in the body, which, in turn, helps to prevent many kinds of cancer. Just one cup provides more than 100 percent of the daily value of vitamins A, C, and K, and it's low calorie, high in fiber, and fat free. Furthermore, kale is high in iron and has a good dose of omega-3 fatty acids, which work as an anti-inflammatory and help fight arthritis, asthma, and autoimmune disorders. And to top all that off, author Julia Mueller proves that it can be delicious. With seventy-five recipes for breakfast, lunch, dinner, snack time, and even dessert, your whole family will quickly fall in love with kale. Here's a sampling of the recipes included:

- Blackened salmon with garlicky Cajun kale
- Butternut squash and kale chili
- Cauliflower and kale yellow curry
- Grilled kale, peach, and corn salad with basil honey balsamic vinaigrette
- Indian chickpea stew with kale
- And more!

Whether you're an experienced chef, or just trying it out for the first time, *Let Them Eat Kale!* is an invaluable resource for a delicious, healthy kitchen.

**JULIA MUELLER** is the author of *Delicious Probiotic Drinks* and the creator of *The Roasted Root*, a blog dedicated to providing nutrient-rich, healthy recipes that are fun, easy to make, and tasty. She lives, works, and cooks in Incline Village, Nevada.

**\$14.99 paperback reprint (Can. \$22.99)**

World (W) • CQ 36

ISBN 978-1-5107-3816-4

6 1/2" x 8 1/2" • 208 pages

75 color photographs

Cooking

ebook ISBN 978-1-62914-261-6

**JANUARY**

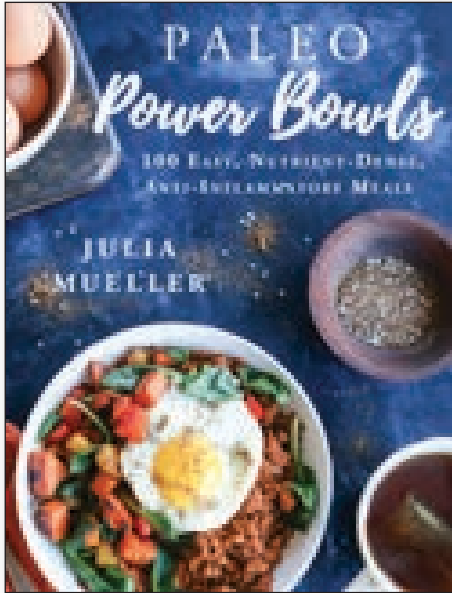
*Previous edition: 978-1-62914-189-3*

Julia Mueller

# PALEO POWER BOWLS

100 Easy, Nutrient-Dense, Anti-Inflammatory Meals

Eat your way to health and healing with a packed, wholesome paleo bowl.



Quick, healthful, and comfortingly delicious, the bowl food trend is the busy person's answer to jump-starting the ultimate paleo lifestyle! Build your own bowl with unprocessed whole foods, and nourish your body with a hundred grain-free and refined-sugar-free bowl recipes for a hearty breakfast, lunch, and dinner.

A tremendous holistic resource, *Paleo Power Bowls* includes a thirty-day elimination diet and meal plan; a tutorial on how to sprout seeds, nuts, and rice; and an essential guide to the paleo diet that teaches you to use anti-inflammatory foods to heal autoimmune disease. As a firm believer in personalized nutrition, Mueller also shows you how to build a well-balanced meal tailored to specific diets and restrictions based on your personal nutritional needs and gut biome.

*Paleo Power Bowls* features vegan, vegetarian, one-pot, slow cooker, and thirty-minute meals—including sides, desserts, and condiments—that can be assembled any night of the week. Prepare:

- Targeted promotion to the healthy living community
- Co-op available
- Also available:



[The Paleo Cookbook](#)

\$17.95 hardcover  
978-1-62636-394-6

- Spaghetti Squash with Broccoli & Pumpkin Seed Pesto
- Chicken Tikka Masala with Cauliflower Rice
- Quick-and-Easy Turkey Meatballs with Zoodles
- All-the-Good-Veggies Detox Salad with Lemon-Parsley Dressing
- Lamb & Parsnip Curry with Spinach
- And more!

**JULIA MUELLER** is the author of *Delicious Probiotic Drinks* and *Let Them Eat Kale!* She writes the food blog [TheRoastedRoot.com](#), where she posts nutrient-dense gluten-free recipes centered on whole foods. She is a freelance recipe developer, food photographer, and lover of nature. Passionate about nutrition and committed to the concept that mealtime should be easy, Julia engineers her recipes to be quick, simple, and delicious. Julia is a Lake Tahoe native living in Reno, Nevada.

**\$24.99 hardcover (Can. \$38.99)**

World (W) • CQ 20

ISBN 978-1-5107-3578-1

6 1/2" x 8 1/2" • 240 pages

100 color photographs

Cooking

ebook ISBN 978-1-5107-3579-8

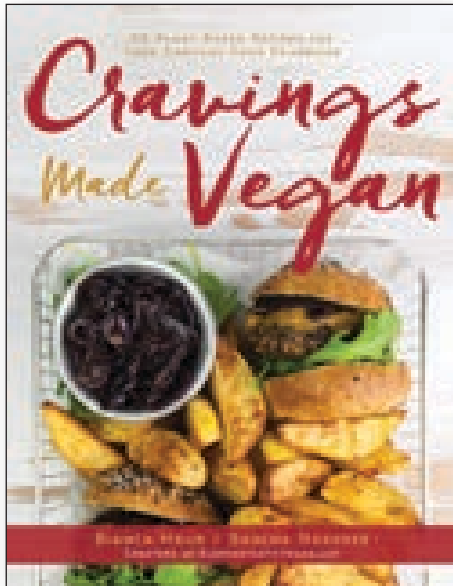
JANUARY

Bianca Haun and Sascha Naderer

# CRAVINGS MADE VEGAN

50 Plant-Based Recipes for Your Comfort Food Favorites

Have your cake (and veganize it, too)!



- Targeted promotion to the vegan community
- Co-op available
- Also available:



**The 40-Year-Old Vegan**

\$24.99 hardcover  
978-1-5107-1850-0

**\$22.99 hardcover (Can. \$35.99)**

World (W) • CQ 30  
ISBN 978-1-5107-3932-1  
7 3/4" x 10" • 160 pages  
50 color photographs

Cooking  
ebook ISBN 978-1-5107-3933-8

JANUARY

Bianca and Sascha, bloggers and foodie couple behind *Elephantastic Vegan* and *The Veginner's Cookbook* believe that any reason to adopt a vegan lifestyle is a great reason, and your decision to stop eating animal products will be one of the best of your life.

*But what about bacon?*

Vegans still love breakfast sandwiches. And popcorn chicken. And mac & cheese. And all the other comforting, delicious foods we grew up with. Don't worry, having these cravings is completely normal and part of every vegan's life. *Cravings Made Vegan* offers plant-based resources and guides for every meat eater, cheese lover, and milk drinker followed by a unique collection of fifty detailed recipes to create surprisingly delicious alternatives for all those non-vegan dishes you still hold dear.

Recipes include melted cheese sandwiches, hearty sausages, baked almond feta, and a steaming hot chocolate fudge pudding that will make you forget about your pre-vegan life. Bianca and Sascha offer easy vegan swapping alternatives for all your favorite meat and dairy products and answers to every vegan's most-asked questions: how to make food taste and look like it has eggs in it, how to make tofu not boring, and how to satisfy that bacon craving.

**BIANCA HAUN** is the food blogger behind *Elephantastic Vegan*, where she shares her favorite plant-based recipes and spreads the word about veganism without being too preachy about it. Together with her boyfriend, Sascha, they are a foodie couple that, after adopting a plant-based diet, fell in love with food all over again.

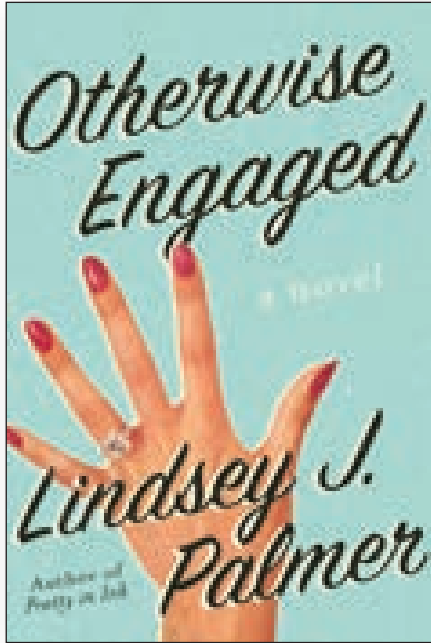
**SASCHA NADERER** is the stew-cooking, breadstick-eating, avocado-craving side of this book. To him, cooking is about creativity, spontaneity, and tons of garlic, and he sees decadent vegan food as the perfect way to enjoy great food without having to compromise his ethics. He and Bianca currently reside in Linz, Austria.

Lindsey J. Palmer

**OTHERWISE ENGAGED**

A Novel

Perfect for fans of Liane Moriarty and Jennifer Weiner, this upmarket women's fiction novel explores the life we seek when the life we have . . . suddenly goes down the drain.



- Advance Reading Copies
- Comprehensive coverage in traditional media
- Co-op available

Life is sweet for New Yorkers Molly and Gabe: they're young, successful, and newly engaged.

But when Gabe sells his first novel—a thinly veiled retelling of his wild love affair with ex-girlfriend Talia—and it becomes a national sensation, Molly can't help but feel like the third wheel. To make matters worse, Talia reappears in Gabe's life, eager to capitalize on the book's success and—it seems to Molly—rekindle what she had with Gabe. But even more concerning? Gabe doesn't seem concerned at all. Instead, he's delighting in his newfound fame and success.

Jealous, paranoid, and increasingly desperate, Molly starts to spin out of control: a dramatic office display gets her fired, a drunken shopping spree maxes out her credit cards, and a trip with her girlfriends leads her into the arms of her first love, who's everything Gabe is not. As fact and fiction—and past and present—begin to blur together, Molly realizes the only way out of this downward spiral is to claw her way back up. But what—if anything—will be left of her life and relationship when the dust settles?

**LINDSEY J. PALMER** is a writer, editor, and educator. She worked as a features editor at *Self*, and previously at *Redbook* and *Glamour*. A graduate of the University of Pennsylvania, she earned a master of arts in English education from Teachers College, Columbia University, and taught high school English for several years. Nowadays she's a scriptwriter at BrainPOP, an animated educational site for kids. Lindsey lives in Brooklyn, New York, with her husband and newborn daughter.

Praise for Lindsey J. Palmer's previous novel, *Pretty in Ink*:

"Filled with juicy gossip and outrageous office politics . . . Palmer writes this side of womanhood brilliantly." —*Publishers Weekly*

"A lighthearted gambol through the ever-changing world of women's magazine publishing . . . a deliciously delectable read." —*Booklist*

**\$24.99 hardcover (Can. \$38.99)**

World (W) • CQ 28

ISBN 978-1-5107-3239-1

6" x 9" • 304 pages

Fiction

ebook ISBN 978-1-5107-3242-1

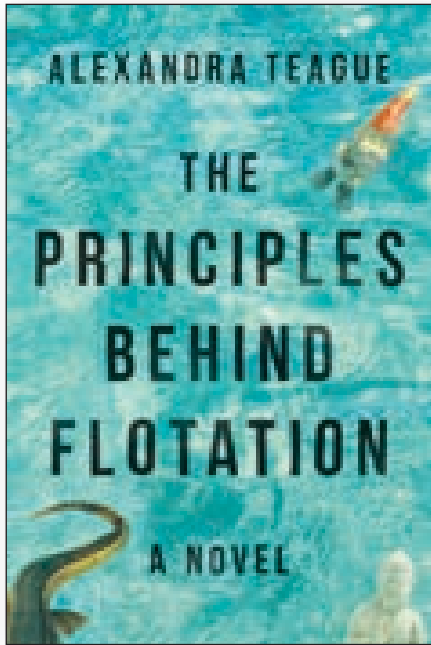
JANUARY

Alexandra Teague

# THE PRINCIPLES BEHIND FLOTATION

A Novel

From an award-winning poet, an imaginative debut novel about a young woman on the shores of greatness—in search of a boat.



- Co-op available

When the Sea of Santiago appeared overnight in a cow pasture in Arkansas, it seemed, to some, a religious miracle. But to high school sophomore A.Z. McKinney, it's marked her chance to make history—as its first oceanographer. All she needs is to get out on the water.

Her plan is easier said than done, considering the Sea's eccentric owner is only interested in its use as a tourist destination for beachgoers and devout pilgrims. Still, A.Z. is determined to uncover the secrets of the Sea—even if it means smuggling saline samples in her bathing suit.

Yet when a cute, conceptual artist named Kristoff moves to town, A.Z. realizes she may have found a first mate. Together, they make a plan to build a boat and study the Sea in secret. But from fighting with her best friend to searching for a tourist-terrorizing alligator (that may or may not be a crocodile), distractions are everywhere. Soon, A.Z.'s dreams are in danger of being dashed upon the shore of Mud Beach.

With her self-determined oceanic destiny on the line, A.Z. finds herself at odds with everything she thought she knew about life, love, and the Sea. To get what she wants, she'll have to decide whether to sink or float . . . But which one comes first?

Inventive, playful, and compulsively readable, *The Principles Behind Flotation* is a surreal coming-of-age story for fans of Carol Rifka Brunt's *Tell the Wolves I'm Home* and Karen Russell's *Swamplandia!*

ALEXANDRA TEAGUE is the award-winning author of two books of poetry: *Mortal Geography* and *The Wise and Foolish Builders*. Recipient of the 2010 California Book Award, a 2006–2008 Stegner Fellowship, and a 2011 National Endowment for the Arts Fellowship, Alexandra is an associate professor of poetry at the University of Idaho and lives in Moscow, Idaho.

“Teague’s debut novel masterfully chronicles the friction, contradictions, and emotional tsunamis of being an intelligent fourteen-year-old girl. . . . Teague’s ear for dialogue and natural poetic narrative shine. . . . Teague is a strong feminist penman to watch.” —*Booklist* (starred review)

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World (W) • CQ 36

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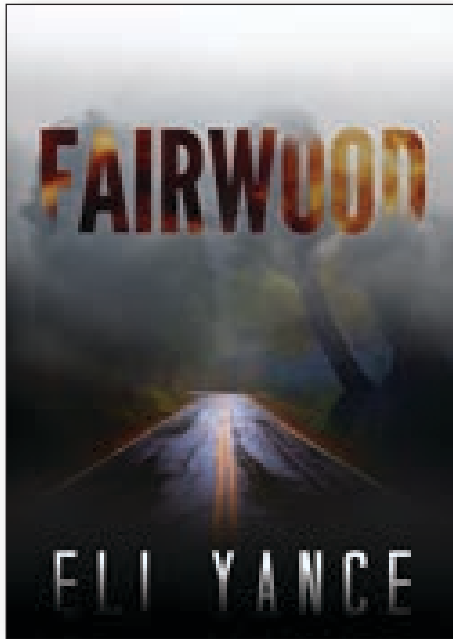
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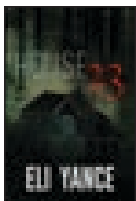
Eli Yance

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The fugitives were sure that they had found a safe haven, but they begin to suspect that the perfect country town they escaped to may be worse than the life of crime they left behind.

ELI YANCE lives in Northumberland, England, with his wife and dogs. He doesn't spend nearly enough time with the former and spends far too much time with the latter. Eli started writing at a very young age, penning his first complete novel when he was just eleven and publishing his first short story at eighteen. He is also the author of *House 23* and *Consequence*.

"A taut psychological thriller that will keep the reader engrossed until the explosive conclusion." —Vaughn C. Hardacker, author of *Black Orchid* on *House 23*

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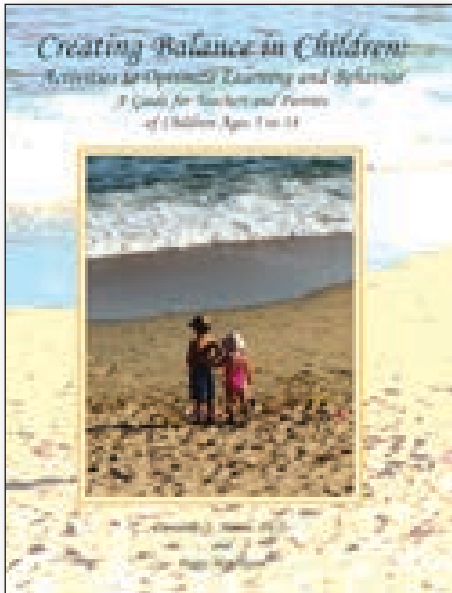


Lorraine O. Moore

# CREATING BALANCE IN CHILDREN: ACTIVITIES TO OPTIMIZE LEARNING AND BEHAVIOR

A Guide for Teachers and Parents of Children Ages 5 to 14

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Using the authors' flexible guidelines, teachers can help children develop attributes such as kindness and courage, love and joy, and a sense of meaning and interconnectedness.

*Creating Balance in Children: Activities to Optimize Learning and Behavior* takes the lessons learned from *Creating Balance in Children's Lives* and transforms them into easy-to-use activities for use in the home and the classroom.

**LORRAINE O. MOORE** has taught at the elementary and middle school levels, was a counselor in a middle school and high school, and was a school psychologist at all levels in both public and private schools. She earned her doctorate in educational psychology.

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6 1/8" x 9 1/4" • 180 pages

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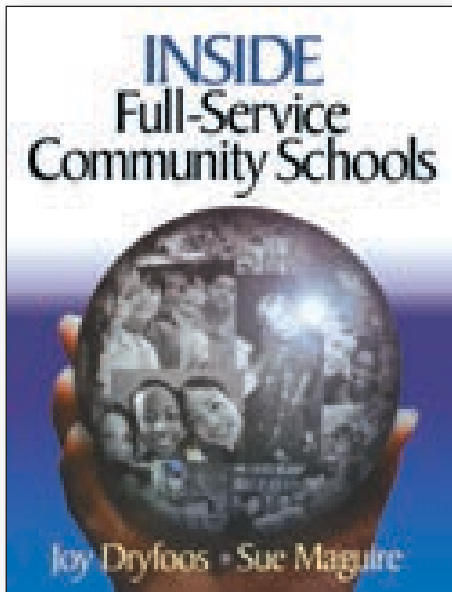
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*Inside Full-Service Community Schools* combines the on-site knowledge of school principal Sue Maguire, who has created a model full-service community school, with the deep experience and understanding of research advocate Joy Dryfoos, who has tracked the development of these school transformation models across the country. The result is a highly practical, real-world guide with a unique local-national perspective. Topics include:

- Getting started
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In this groundbreaking work, experts Dryfoos and Maguire share both personal and comparative models, examining the full spectrum of community schools in urban, suburban, and rural settings. The book is ideal for reformers, administrators, and anyone interested in the future of education in America.

**JOY G. DRYFOOS** is an independent consultant and writer. She is a founding member of the Coalition for Community Schools and a senior consultant to the Public Education Network's Schools and Community Initiative. She resides in Hastings-on-Hudson, New York.

**SUE MAGUIRE** has been an educator since 1977, a teacher for fifteen years, and an administrator for ten years. She is currently the principal at Molly Stark School in Bennington, Vermont, and is an adjunct instructor in graduate administration courses at Massachusetts College of Liberal Arts in North Adams. She resides in North Bennington, Vermont.

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Education

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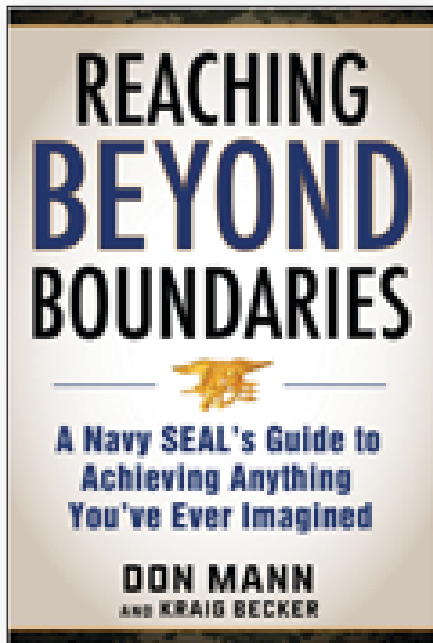
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Don Mann and Kraig Becker

# REACHING BEYOND BOUNDARIES

A Navy SEAL's Guide to Achieving Anything You've Ever Imagined

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U.S. Navy SEAL Survival Handbook

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For the past decade, decorated Navy SEAL, accomplished athlete, and bestselling author Don Mann has been traveling across the country giving motivational talks and in the process inspiring hundreds with the secrets behind his awe-inspiring achievements. In *Reaching beyond Boundaries*, Mann brings his much sought-after wisdom to the page.

As an elite Navy SEAL, Mann performed seemingly impossible tasks on a regular basis. Here he details the lessons he learned from his training and shows how the rest of us can apply those teachings to our daily lives in terms of learning to push beyond our internal borders and achieve the goals we've set for ourselves, both professionally and personally. *Reaching beyond Boundaries* teaches how to set and conquer both micro- and macro-goals through removing excuses, having the right mindset, and learning from successes and failures.

Making your dreams a reality is possible. With *Reaching beyond Boundaries* you can begin to realize your fullest potential today.

**DON MANN**, a bestselling author and accomplished endurance athlete and mountaineer, played a crucial role in some of America's most daring military missions for more than two decades. A former member of Navy SEAL Team Six who was twice captured by enemy forces, he now focuses his attention on inspiring others to achieve goals they never thought they could. As a sought-after motivational speaker and trainer, Mann addresses a wide range of audiences around the country—from major corporations to universities to professional sports teams—with a message that is equal parts inspiration and strategy. Mann's other books include *Inside Seal Team Six*, *The Modern Day Gunslinger*, *The U.S. Navy SEAL Survival Handbook*, and the Thomas Crocker thrillers. He lives in Virginia Beach, Virginia.

**KRAIG BECKER** is a freelance writer who specializes in adventure travel, extreme outdoor sports, and gear. His work has appeared in *Digital Trends*, *Muck Rack*, *Popular Mechanics*, and dozens of other magazines and websites. Becker lives in Nashville, Tennessee.

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World (W) • CQ 32

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Self-Help

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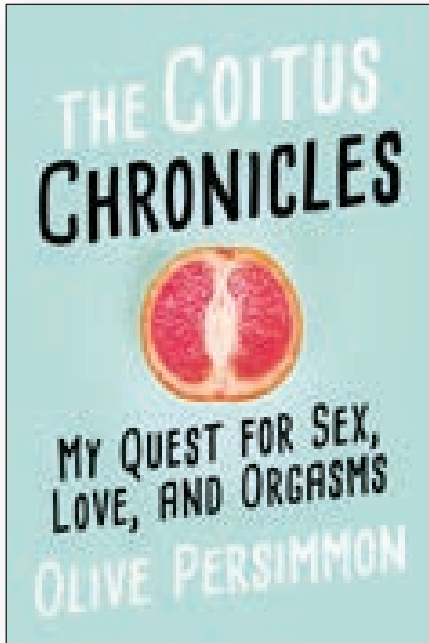
FEBRUARY

Olive Persimmon

# THE COITUS CHRONICLES

How I Went from Unintentionally Celibate to Bringing Sexy Back

A funny, irreverent true story of one woman's journey to reclaim her sexuality on the fringes of New York City's sex and dating world.



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- Also available:



**Do You Dare?**  
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Growing up, Olive Persimmon looked exactly like George Costanza and, rather than playing with other kids, she spent most days reading in an inflatable chair in her front yard. Not surprisingly, her love life started out slower than most. Miraculously, she grew into an attractive-ish, well-adjusted woman living in New York City—with one notable exception: she hasn't had sex in five years, one month, three days, two-point-five hours . . . and counting.

Faced with a bona fide sex rut, Olive decides it's high time to jumpstart her love life. Determined to confront her insecurities around sex, she bravely begins saying yes to experiences that she might normally shy away from. From BDSM classes and cuddlers-for-hire, to orgasmic meditation sessions, "furry" parties, platonic tickling, and more, each awkward, funny, and sometimes downright embarrassing encounter brings Olive closer to discovering the power of saying yes—to herself, others, and life itself.

Along the way, readers will wonder: Will Olive ever have sex again? Will her disgusting toe fungus come back? Does she ever find her mojo—and where was it hiding? Weaving together the awkwardness of Mindy Kaling, the candor of Chelsea Handler, and Olive's own hilarious vulnerability, *The Coitus Chronicles* will encourage readers to explore their own sexuality and consider what surprises they may discover if they, too, just say yes.

**OLIVE PERSIMMON** (a nom de plume) has been developing a fan base on the internet with her observational and quirky humor everywhere from *Elite Daily* to *SheKnows Media* to Reddit. She hosts a weekly Facebook Live show on Spoiled Media NYC and has performed with The World Champion of Beat Boxing, emceed a TEDx conference, and spoken at the NYC Salon.

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World (W) • CQ 32

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Self Help/Relationships

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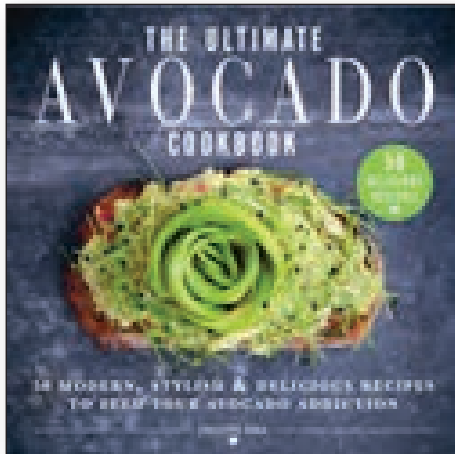
FEBRUARY

Colette Dike

# THE ULTIMATE AVOCADO COOKBOOK

50 Modern, Stylish & Delicious Recipes to Feed Your Avocado Addiction

One of the world's favorite superfoods presented with style and substance.



- Targeted promotion to the healthy living community
- Co-op available
- Also available:



The Healthy Matcha Cookbook

\$16.99 hardcover  
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Avocados are naturally delicious and healthy, but they are also incredibly photogenic. In *The Ultimate Avocado Cookbook* you will discover that food can look professionally plated without you having to put a lot of effort into it. Founder of internationally recognized food blog *Food Deco*, Colette Dike makes the most original and beautifully designed dishes with everyone's favorite superfood and offers more than fifty recipes for every occasion from breakfast, lunch, and dinner to savory and sweet snacks. Avocado recipes include:

- Whipped Avocado & Feta Spread
- Watermelon Pizza
- Fresh Avocado & Scallop Tartlet
- Wasabi Guacamole
- Avocado Brownies
- And more!

With Colette's avocado plating tips and techniques, you'll discover how to make avocado ribbons, smashed avocado, even avocado polka dots. Learn the secret behind shaved avocado and how to make the perfect avocado rose. The beautiful green color and structure of avocados offers endless inspiration to plate every dish to perfection.

**COLETTE DIKE** is the founder and editor in chief of *Food Deco*, a website dedicated to all things food and style. She worked for some of the biggest home decorating magazines in the Netherlands before fulfilling her dream of starting her own food company. She hopes to give you inspiration to cook but also to style your food. Colette resides in the Netherlands.

**\$16.99 hardcover (Can. \$25.99)**

North America (NA) • CQ 36

ISBN 978-1-5107-3818-8

7 1/2" x 7 1/2" • 96 pages

50 color photographs

Cooking

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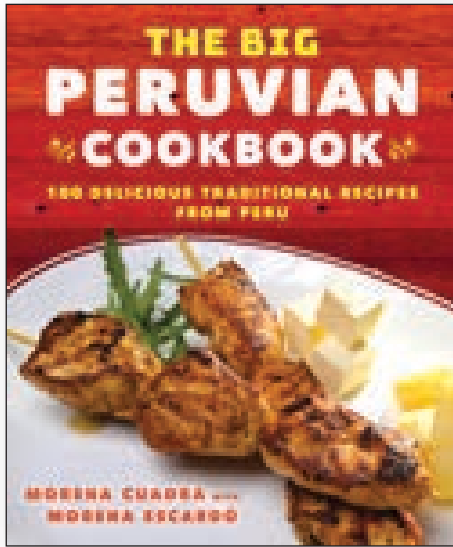
FEBRUARY

Morena Cuadra with Morena Escardó

# THE BIG PERUVIAN COOKBOOK

100 Delicious Traditional Recipes from Peru

Cook up the bold, unique flavors of this multicultural culinary destination.



- Targeted promotion to the cooking community
- Co-op available

Peruvian cuisine, described by food critic Eric Asimov as one of the world's most important cuisines and a model of fusion cuisine, is the new lip-smacking trend worthy of every American table. *The Big Peruvian Cookbook* is a journey through the diverse gastronomy of the multicultural South American country, from its Andean peaks to its coastal towns and tropical jungles.

Become intimately acquainted with Peru's universe of flavors, techniques, and traditions. Peruvian food is a fusion of its Incan roots, mixed with Spanish, Arab, African, Chinese, Italian, Japanese, and French influences, and the result is a vast and colorful range of dishes, each telling a distinct story, such as:

- Traditional Ceviche (or "Cebiche")
- Causa (Layered Mashed Potato)
- Arroz Chaufa (Fish Stir-Fried Rice)
- Papa a la Huancaína (Potatoes in Cheese Sauce)
- Lomo Saltado (Stir-Fried Sliced Beef with French Fries)
- Ají de Gallina (Creamy Chicken)
- Anticuchos de Corazón (Grilled Heart Skewers)
- And more!

Your go-to guide for mastering this famous cuisine, *The Big Peruvian Cookbook* will show you how to whip up cebiches, piqueos, soups, and traditional sweets like a local, creating a real Peruvian culinary experience at home.

**MORENA CUADRA** was born in El Salvador, raised in Nicaragua, and adopted by Peru. A trained chef and wine expert, she directs a culinary school in Lima and writes a Peruvian food blog called *Peru Delights*. She is the coauthor of *Detox Juicing*. Cuadra resides in Leesburg, Virginia.

**MORENA ESCARDÓ** is a writer and a vegetarian home cook from Lima, Peru, with a fascination for holistic eating and turning any dish vegetarian, vegan, and gluten-free. Together with her mother, Morena Cuadra, she writes the Peruvian food blog *Peru Delights*. She is the coauthor of *Detox Juicing*. Escardó resides in New York City.

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World (W) • CQ 30

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272 color photographs

Cooking

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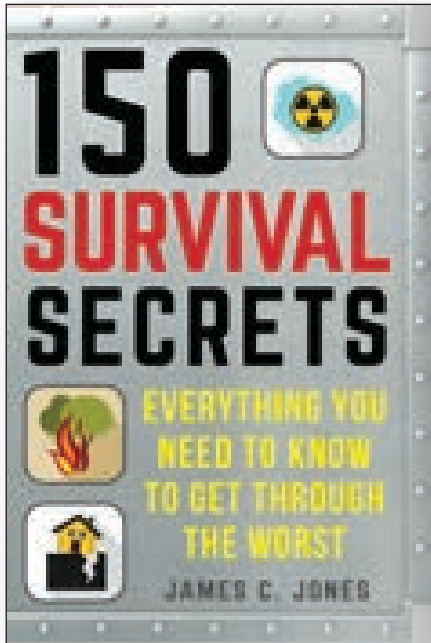


James C. Jones

# 150 SURVIVAL SECRETS

Everything You Need to Know to Get through the Worst

Essential advice from a veteran survivalist.



- Advance Reading Copies
- Targeted promotion to the prepper community
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Survival Prepping

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World (W) • CQ 30

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100 color photographs

Reference

ebook ISBN 978-1-5107-3779-2

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As the world gets more dangerous, you have to be prepared for anything, even the worst. In *150 Survival Secrets*, seasoned survivalist James C. Jones provides insider tips to help you and your family survive any catastrophe.

Divided into two practical sections, *150 Survival Secrets* answers every question you've ever had about disaster preparedness. The first comprehensive section lists the practical details of making it through any kind of emergency situation. Some topics include:

- How to survive extreme winter conditions
- How to put together a homemade survival kit in the case of an emergency
- How to safely evacuate from an urban area during a disaster
- How much and what type of food to store at home for long-term emergencies
- How to survive an active shooter situation
- How to treat common injuries

A second section answers everything you've ever wondered about disaster prepping, including what being a survivalist entails, how to equip your home for survival situations, what gear is essential for a survivalist to own, what elements are essential in a good emergency plan, what types of disasters you can expect to face in your lifetime, and more.

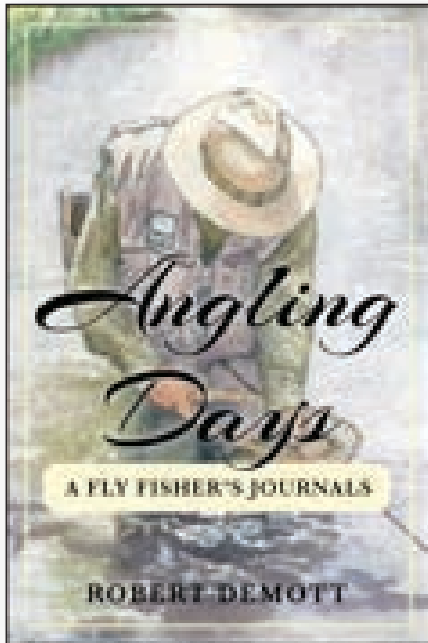
**JAMES C. JONES** is the cofounder of Live Free USA, a national survival club and self-reliance organization. He has developed and conducted hundreds of survival training events and seminars over the past forty years and has written hundreds of articles for Live Free's newsletter, *American Survivor*. He currently writes articles for several national preparedness and survival-related publications while continuing to teach a variety of survival courses and make presentations at major preparedness expositions. His books include *Beyond Survival: An Introduction to the Self-Reliance Revolution* and *The Live Free Book of Total Survival*. He lives in the Midwest.

Robert DeMott

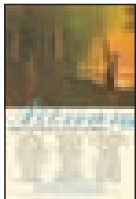
**ANGLING DAYS**

A Fly Fisher's Journals

**"Any trout fisherman who can read will want to pick up a copy."  
—Jim Harrison, author of *Dead Man's Float***



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**Astream**

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Spanning more than forty-five years, *Angling Days* is a collection of Robert DeMott's numerous journal entries, each a small essay in itself, jotted down during the placid moments of fishing in and along the streams and rivers of North America. Through his journaling, DeMott carries on the angling tradition of channeling the tranquility of fly fishing into creative endeavors, whether by painting, sketching, fly tying, or writing. For him, it was writing—something he did whenever he could, whether in the midst of fishing or during a break away from the water.

*Angling Days* is a lifetime of work, a chronicle of what it is to be an angler seeking the most pristine waters and the smartest fish. It is a collection of entries and musings in the vein of DeMott's literary hero, Henry David Thoreau, and it promises to shine a new light on the art and joy of fly fishing.

**ROBERT DEMOTT** is the Edwin and Ruth Kennedy Distinguished Professor of English at Ohio University and author or editor of many books, including *Steinbeck's Typewriter: Essays on His Art, Brief and Glorious Transit: Prose Poems*, and *Astream: American Writers on Fly Fishing*. A flyfisherman for more than half a century, he is a Federation of Fly Fishers—certified casting instructor and life member of Trout Unlimited. He lives in Athens, Ohio, with writer and editor Kate Fox.

**"Generous, erudite, and relentlessly readable, like sitting down with the author over burgers and beers to relive a fine shared day of obsessive fly fishing."  
—James R. Babb, editor emeritus, *Gray's Sporting Journal***

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Sports/Fishing

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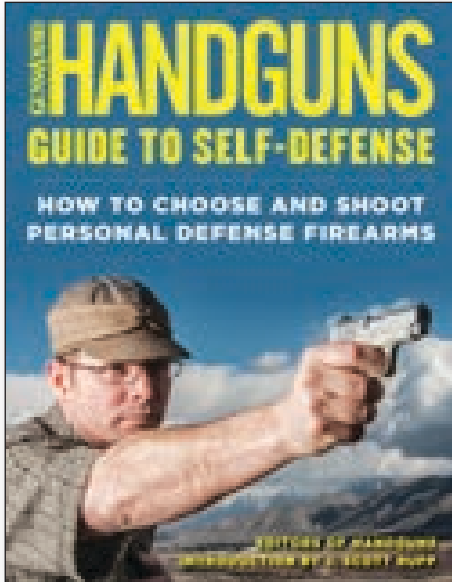
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Editors of *Handguns*  
Introduction by J. Scott Rupp

# HANDGUNS GUIDE TO SELF-DEFENSE

How to Choose and Shoot Personal Defense Firearms

Tips from the number-one handguns-only publication in the country.



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For the first time in a book, the top experts from *Guns & Ammo's Handguns* magazine share their thoughts on handguns, ammo, gear, tactics, and more for defensive situations. *Handguns Guide to Self-Defense* is packed with useful information specifically geared toward using small arms for personal defense. A vast range of topics are covered in these articles, including:

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- And much more!

Discover tried and true tips, tactics, and techniques from the pros along with advice on properly selecting firearms from experts including Walt Rauch, Richard Nance, James Tarr, and J. Scott Rupp. *Handguns Guide to Self-Defense* covers everything you need to know about effectively using small arms for self-defense.

**HANDGUNS** is America's only small-arms media property dedicated to the all-around handgun enthusiast. Its core mission is to emphasize the proper use and selection of handguns for self-defense and sport shooting. Handguns.com attracts more than 266,000 individual unique visitors every month. Its offices are located in Palm Coast, Florida.

**J. SCOTT RUPP** is a longtime hunter, competitive shooter, and magazine editor. A native Pennsylvanian, he was a member of the US Army Marksmanship Unit's International Rifle team. He is currently editor in chief for *RifleShooter* and *Handguns* magazines, as well as producer/cohost for Sportsman Channel's *Ruger Inside & Out*. He resides in Los Angeles, California.

**\$17.99 paperback original (Can. \$27.99)**

World (W) • CQ 30  
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Sports/Shooting  
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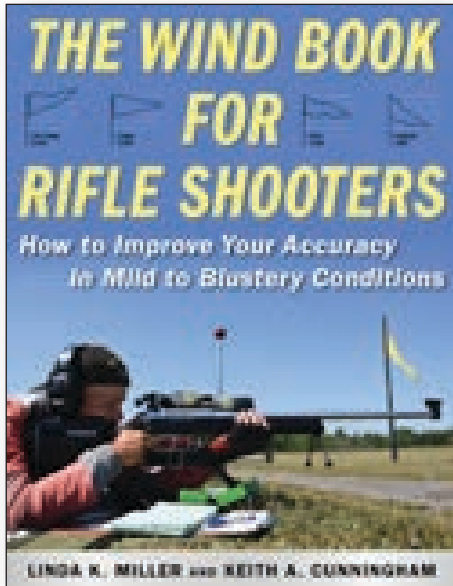
FEBRUARY

Linda K. Miller and Keith A. Cunningham

# THE WIND BOOK FOR RIFLE SHOOTERS

How to Improve Your Accuracy in Mild to Blustery Conditions

An update and expansion of the first ever guide to wind reading for target shooters.



The better you understand the behavior of the wind, the better you will understand the behavior of your bullet.

Now, champion shooters Linda K. Miller and Keith A. Cunningham reveal everything they wish they'd known about reading the wind before they started shooting in concise, easy-to-read terms and accompanied with ninety-five handy diagrams. *The Wind Book for Rifle Shooters* contains straightforward guidance on the simple thought process they use to read the wind, the techniques and tactics they use to win matches, and the underlying skills that support both.

Let these champions show you how to put together a simple wind-reading toolbox for calculating wind speed, direction, deflection, and drift. Then learn how to use these tools to read flags and mirage, record and interpret your observations, and time your shots to compensate for wind. Other topics covered include:

- Analyzing shot placement
- Recording and record keeping
- Confidence and following your hunches
- And much more!

The essential wind-reading basics taught in this book will absolutely improve your shooting skills, whether you're a target shooter, a plinker, a hunter, or a shooting professional.

**LINDA K. MILLER** is an internationally certified marksmanship coach. She is the editor of *CoachNet*, a designer of competitive and professional marksmanship courses, and an author of numerous articles on shooting skills. She was a medal-winning member of Canada's shooting team and became the first woman to win the Ontario Lieutenant Governor's Medal for fullbore shooting. She resides in Ontario, Canada.

**KEITH A. CUNNINGHAM** has more than twenty-five years of experience with the Canadian Forces and the US Army. An internationally certified shooting coach, he has successfully coached numerous teams to national and international excellence. He resides in Ontario, Canada.

- Co-op available
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Small-Bore Rimfire Rifles

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**\$21.99 hardcover (Can. \$33.99)**

World (W) • CQ 24

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8 1/2" x 11" • 152 pages

95 b/w illustrations

Sports/Shooting

ebook ISBN 978-1-5107-3974-1

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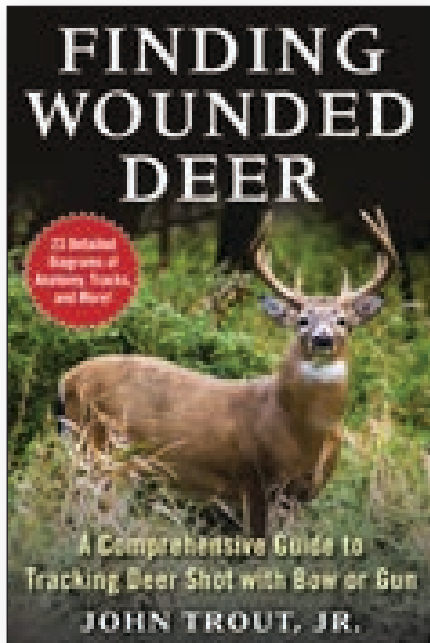
Previous edition: 978-1-58160-532-7

John Trout, Jr.

# FINDING WOUNDED DEER

A Comprehensive Guide to Tracking Deer Shot with Bow or Gun

Everything the conscientious hunter needs to know to track wounded deer.



- Targeted promotion to the hunting community
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Although all hunters strive to make clean kills, sometimes that doesn't happen. And when a deer has been hit and runs off, it's every hunter's obligation to do his best to find it. In this book, author John Trout gives hunters all the information and tools they will need to track down a wounded deer in any situation. Here you will find research and information on recognizing deer trails, identifying various types of wounds, reading sign in snow, mud, and hard ground, and understanding the behavior of wounded deer. With photographs, informational charts, and diagrams, hunters can learn about the intricacies of deer anatomy and wounds so they can become accomplished trackers. Accounts of real tracking events and a handy reference guide ensure that *Finding Wounded Deer* is a useful tool for all deer hunters.

Topics covered include:

- Wounded deer realities
- Deer hair identification
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- Last-ditch recovery tactics
- Analyzing the shot
- Deer anatomy
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**JOHN TROUT, JR.**, was an outdoor writer and photographer. An award-winning journalist and author, he wrote many successful books, including *Trailing Whitetails*, *Hunting Farmland Bucks*, *Hunting Rutting Bucks*, and *The Complete Book of Wild Turkey Hunting*. His articles appeared in regional and national publications more than nine hundred times. An enthusiastic hunter all his life, he hunted and traveled with his wife, Vikki. He lived in Fairfield, Illinois.

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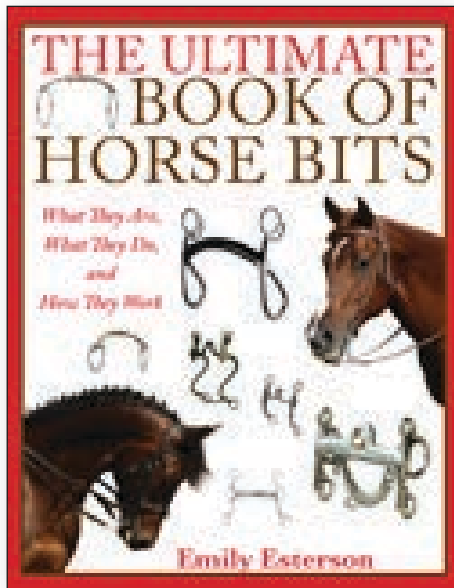
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Emily Esterson

# THE ULTIMATE BOOK OF HORSE BITS

What They Are, What They Do, and How They Work

Everything a rider needs to know about horse bits and how they work.



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As even a quick glance around a saddler shop or through a tack store catalog will show, the world of horse bits is both enormous and mystifying. The primary means of communicating with and controlling a horse, Western and English bits come in a bewildering assortment of materials, sizes, and shapes. Their descriptions—full-cheek snaffle, hackamore, high port, French link, Tom Thumb, spade, KK Ultra—are no less puzzling, and with new bits and refinements being produced every year, even the most experienced horseman must struggle to keep up with the state of the art.

*The Ultimate Book of Horse Bits* will answer all your questions on the subject—and then some. Not only does the author and horsewoman Emily Esterson go into detail about all kinds of equine mouthware and how each is constructed, but she also explains how and why each works in the context of what the rider wants the horse to accomplish. Does your horse have difficulty bending or flexing? Suggestions and solutions to these and myriad other horse-and-rider problems will be found throughout these authoritative yet user-friendly pages.

Whether a novice or expert horseman, every rider, trainer, or owner in any equestrian discipline will benefit from this book's wide-ranging and practical information for years to come.

EMILY ESTERSON has contributed articles to *Dressage Today*, *Equus*, *John Lyons' Perfect Horse*, *Equestrian*, and *Equine Veterinary Management*. She is the editor of *Covertside*, *EquiManagement: Business Solutions for Equine Practitioners*, and Equine Network's publication for veterinarians. An active dressage and three-day event competitor, she lives in Albuquerque, New Mexico.

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100 color photographs

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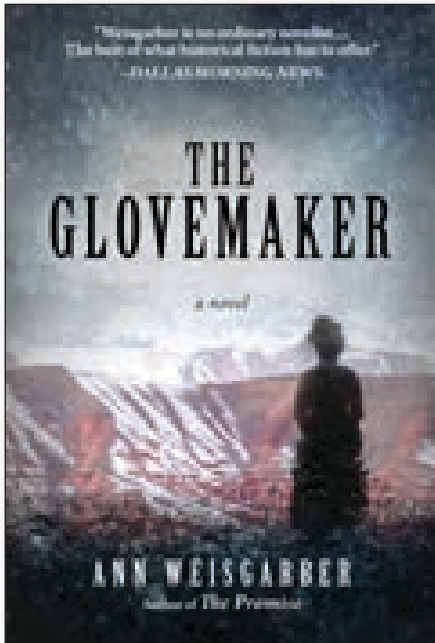


Ann Weisgarber

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A Novel

For fans of *Cold Mountain* comes the story of a woman in Mormon country, from the author of *The Promise* and *The Personal History of Rachel DuPree*.



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In the inhospitable lands of the Utah Territory, during the winter of 1888, thirty-seven-year-old Deborah Tyler waits for her husband, Samuel, to return home from his travels as a wheelwright. It is now the depths of winter, Samuel is weeks overdue, and Deborah is getting worried.

Deborah lives in Junction, a tiny town of seven Mormon families scattered along the floor of a canyon, and she earns her living by tending orchards and making work gloves. Isolated by the red-rock cliffs that surround the town, she and her neighbors live apart from the outside world, even regarded with suspicion by the Mormon faithful who question the depth of their belief.

When a desperate stranger who is pursued by a federal marshal shows up on her doorstep seeking refuge, it sets in motion a chain of events that will turn her life upside down. The man, a devout Mormon, is on the run from the US government, which has ruled the practice of polygamy to be a felony. Although Deborah is not devout and doesn't subscribe to polygamy, she is distrustful of non-Mormons with their long tradition of persecuting believers of her wider faith. But by helping the man, Deborah risks imprisonment, the confiscation of her home and property, and condemning the Junction townsfolk to the same fate for complicity.

But all is not what it seems, and when the marshal is critically injured, Deborah and her husband's best friend, Nels Anderson, are faced with life-and-death decisions that challenge their faith, their humanity, and both of their futures.

**ANN WEISGARBER** was born and raised in Kettering, Ohio. She has lived in Boston, Massachusetts, and Des Moines, Iowa. She is the author of *The Promise* and *The Personal History of Rachel DuPree*, which was longlisted for the Orange Prize and shortlisted for the Orange Prize for New Writers and is soon to be a major motion picture.

**A Herman Graf book**

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Fiction

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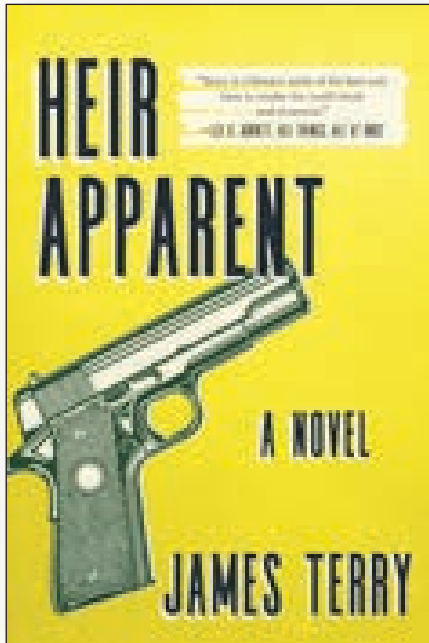
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**HEIR APPARENT**

A Novel

**A compelling and compulsively readable riff on the classic noir detective novel that follows a hard-drinking PI accused of a murder he didn't commit—or did he?**



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Eddie King wakes up one morning with a splitting headache to find two cops in his room, who begin questioning him about the murder of a man named Walter Morris, a writer of pulp detective novels. Thus begins this novel about a Chandler-esque detective accused of a murder he didn't commit. In the process of seeking answers, he is shocked to discover that all of the deceased writer's novels are based on his own cases. Further investigation leads him to the writer's widow, a sensual older woman with whom he begins an impassioned affair. Smartly disguised as a textured and playful homage to the hard-boiled American noir, *Heir Apparent* is also a sophisticated literary game with roots in Greek mythology. Its numerous levels and surprising twists will keep the reader guessing until the very end.

*Heir Apparent* takes the reader on a strange journey through cavernous libraries, sleazy hotels, and soulless suburbia with a detective who in the end may be nothing more than a figment of the dead writer's imagination. For fans of Jonathan Lethem's *Motherless Brooklyn*, *Heir Apparent* is a brilliantly original detective novel from a smart, talented voice.

**JAMES TERRY** grew up in a small New Mexico border town, earned his BA in English from the University of California, Berkeley, and worked in film and television production in the San Francisco Bay Area before moving to Dublin where he lived for six years, teaching English. He is the author of the novel *The Solitary Woman of Shakespeare* and *Kingdom of the Sun*, a collection of short stories. His work has appeared in numerous literary journals and has been nominated for the Pushcart and O. Henry prizes. He currently lives in Liverpool, England, with his wife and son.

"Terry is a literary artist of the best sort: keen to render the world whole and crosswise." —Lee K. Abbott, *All Things, All At Once*

"The author dazzles with his ability to develop flawed, oddball characters, his penchant for weaving in weather and the landscape as supporting characters, and his smart handling of metaphors." —*Albuquerque Journal*

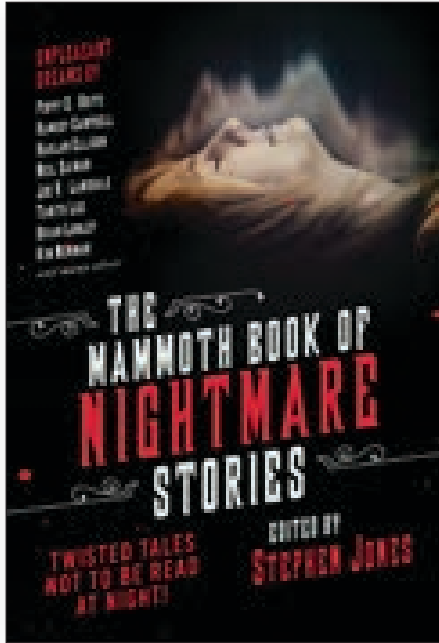
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Fiction

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To sleep, perchance to dream . . . of horrors! Here are the stories that gave their own authors nightmares—things that go *bump* at night, hauntings that lurk in the back of the mind, skin-crawling moments between the realms of wakefulness and sleep. In this somnambulist collection, award-winning editor Stephen Jones asks the biggest names in horror fiction to choose their own favorite stories that have been unjustly overlooked or ignored.

From Hugh B. Cave's 1930s "shudder pulp" tale to Ramsey Campbell's stunning novella of barely concealed hysteria and grim black humor, these are the "forgotten" stories ripe for rediscovery, by such acclaimed authors as Poppy Z. Brite, Basil Copper, Harlan Ellison, Neil Gaiman, Caitlín R. Kiernan, Joe R. Lansdale, Tim Lebbon, Tanith Lee, and Michael Marshall Smith.

Be warned: do not try to read this book at night because these superior horror stories—both supernatural and psychological—will leave a lasting chill down your spine long after you have put it down, shut off the lights, and ducked under the covers. As you try to get off to sleep, who knows what dreams may come?

**STEPHEN JONES** is a Hugo Award nominee, and the winner of four World Fantasy Awards, three International Horror Guild Awards, five Bram Stoker Awards, twenty-one British Fantasy Awards, and a Lifetime Achievement Award from the Horror Writers Association. One of Britain's most acclaimed horror and dark fantasy writers and editors, he has more than 145 books to his credit, including twenty-eight volumes of Best New Horror anthologies. Visit his website at [www.stephenjoneseditor.com](http://www.stephenjoneseditor.com) or follow him on Facebook at [stephen-jones-editor](https://www.facebook.com/stephen-jones-editor). He lives in London, England.

"A well-chosen selection [that] gives us a chance to read less celebrated or less available stories which may have been missed . . . More please!" —*All Hallows*

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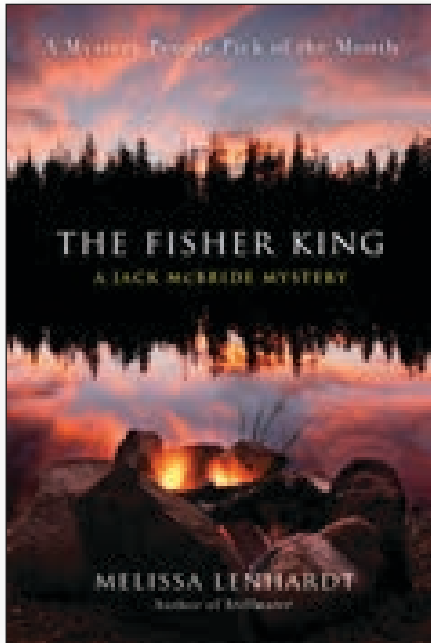
"Jones really manages to pull it off in high style . . . No small achievement." —*Realms of Fantasy*

Melissa Lenhardt

# THE FISHER KING

A Jack McBride Mystery

**“Lenhardt draws you so deep into Stillwater, Texas, you’ll think you live there and know everyone in town. . . . A very satisfying addition to the Texas crime fiction scene.” —Terry Shames, Macavity Award-winning author of *The Necessary Murder of Nonie Blake***



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*Stillwater*  
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It's been six weeks since Jack McBride's life went to hell: the resolution of his first case as chief sparked a county-wide drug war, his brother Eddie rode into town with a pocket full of cocaine and trouble on his mind, his estranged wife returned from her one-year sabbatical determined to win him back, and Ellie Martin ended their brief affair.

To the Stillwater natives, the increase in local crime can be traced directly back to the day outsider McBride took the job, and they're gunning to get rid of him. One particular group is led by Joe Doyle, a successful local businessman who's running for city council against Ellie and her plan to revitalize downtown. Now Jack has discovered proof Doyle is the biggest crime lord in the county, and, with murders piling up and the drug war intensifying, Jack suspects the crimes aren't business but personal—and he's the target.

The bitter election and Jack's investigation spark old rivalries and new jealousies, making Ellie and those who love Stillwater most wonder if it's even worth saving.

**MELISSA LENHARDT** writes mystery, historical fiction, and women's fiction. Her debut novel, *Stillwater*, was a finalist for the 2014 Whidbey Writers' MFA Alumni Emerging Writers Contest. She is also the author of the Sawbones novels. She is a board member of the DFW Writers' Workshop and vice president of the Sisters in Crime North Dallas Chapter. Melissa lives in Dallas, Texas, with her husband and two sons.

*“Melissa Lenhardt's Jack McBride is a complex and fallible protagonist you will root for. In *The Fisher King*, McBride takes on small-town greed and corruption to his own peril in this sexy, gritty, and gripping thriller. A terrific new series!” —Deborah Crombie, *New York Times* bestselling author of the Duncan Kincaid and Gemma Jones series*

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ISBN 978-1-5107-3747-1

6" x 9" • 272 pages

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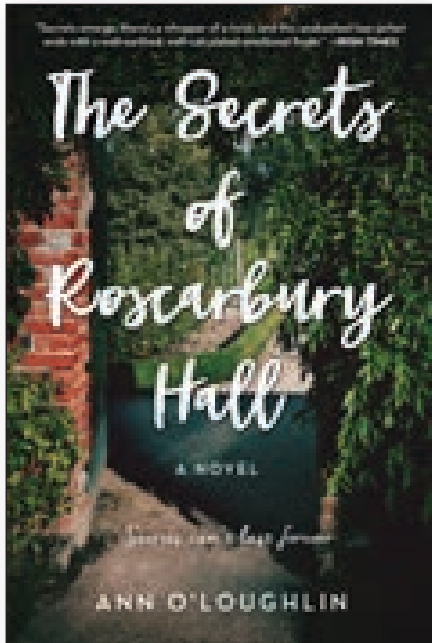
*Previous edition: 978-1-5107-0729-0*

Ann O'Loughlin

# THE SECRETS OF ROSCARBURY HALL

A Novel

Secrets can't last forever in this heartfelt debut novel, a UK bestseller and contemporary *Philomena* story.



- Co-op available

In a crumbling mansion in a small Irish village in County Wicklow, two elderly sisters, Ella and Roberta O'Callaghan, live alone in Roscarbury Hall with their secrets, memories, and mutual hatred. Long estranged by a dark family tragedy, the two communicate only by terse notes. But when the sisters are threatened with bankruptcy, Ella defies Roberta's wishes and takes matters into her own hands, putting her baking skills to good use and converting the mansion's old ballroom into a café.

Much to Roberta's displeasure, the café is a hit and the sisters are reluctantly drawn back into the village life they abandoned decades ago. But gossip has a long life, and Ella finds herself reliving painful memories when Debbie, an American woman searching for her birth mother, begins working at the café. As the local convent comes under scrutiny, the O'Callaghan sisters find themselves caught up in an adoption scandal that dates back to the 1960s and spreads all the way across the Atlantic Ocean. Only by overcoming their enmity and facing up to the past can they face the future together—but can they finally put their differences behind them? An emotionally rich story with flashes of humor, gossip, and tragedy, *The Secrets of Roscarbury Hall* is a moving debut novel of love both lost and found.

ANN O'LOUGHLIN is a leading journalist in Ireland and has covered all major news events of the past three decades, including the Irish adoption scandal. She was a security correspondent at the height of the Troubles and was a senior journalist at the *Irish Independent* and *Evening Herald*. She is currently a senior journalist with the *Irish Examiner* newspaper covering legal issues. She lives on the east coast of Ireland with her husband and two children.

"A lovely story of two women with the courage to confront the injustices of the past, bringing light to a dark corner of Ireland's recent history."  
—Kathleen MacMahon, bestselling author of *This Is How It Ends*

"Ann O'Loughlin has spun a masterful tale with *The Secrets of Roscarbury Hall*, a story full of secrets and dark memories. . . . Beautiful story."  
—*Manhattan Book Review* (5 stars)

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North America (NA) • CQ 36

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5 1/2" x 8 1/4" • 332 pages

Fiction

ebook ISBN 978-1-5107-1373-4

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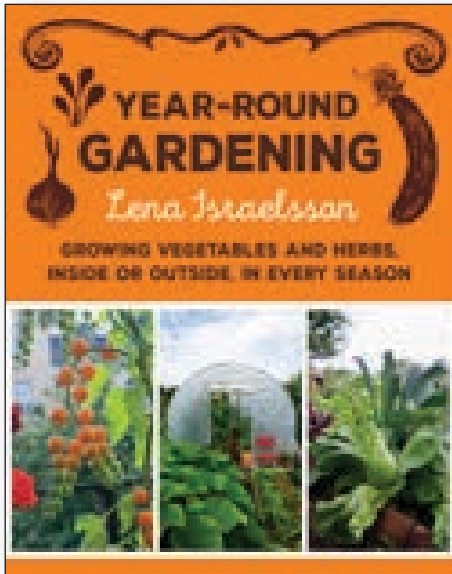
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Lena Israelsson

# YEAR-ROUND GARDENING

Growing Vegetables and Herbs, Inside or Outside, in Every Season

You can harvest vegetables and herbs during every season of the year by following these simple methods.



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- Co-op available
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The Grow Your Own Food Handbook

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Want to get home-grown spices in the middle of winter? Eat fresh vegetables in the spring? Sow in the summer to harvest in the fall? Lena Israelsson's book, *Year-Round Gardening*, is a practical guide for those who want to extend their growing season. And double, perhaps triple, their harvest. Growing year round is possible, and this book can teach you the best methods to do it the right way.

*Year-Round Gardening* includes inspiring and expert tips on which vegetables, herbs, and spices suit the different seasons. Certain plants can even be harvested in the middle of winter if handled correctly. Others, like microgreens, herbs, and hydroculture, can create the perfect indoor gardens.

This book will teach readers the difference between cold and hot weather plants, which growing methods are best suited for different plants, and when to plant and harvest. They'll learn about sowing; coverage with plastic, glass, or fiber weaves; and fertilization—creating a fruitful and fertile soil is the linchpin of all cultivation and one of the book's most important parts.

**LENA ISRAELSSON** is one of Sweden's most valued gardeners. She is a newspaper journalist and has published a series of books, including the *Handbok för köksträdgården* (Handbook for the Vegetable Garden), which is often described as a vegetable grower's bible. In 2004, she released the book *Cityodling* (Growing City). Lena Israelsson is of Norrbotten origin and has always had a strong interest in gardening. In a barren climate, she learned how important the foundation is to succeed in cultivation. The books she has written, and the knowledge she conveys, is thus based on deep personal experience. She currently resides in Sweden.

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World English (W) • CQ 30

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130 color photographs

Gardening

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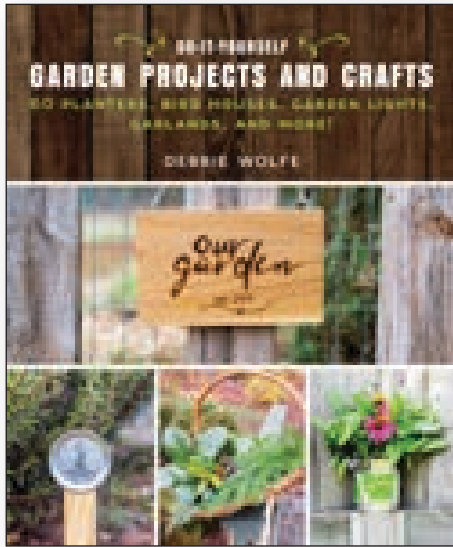


Debbie Wolfe

# DO-IT-YOURSELF GARDEN PROJECTS AND CRAFTS

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Improve your garden and home with easy DIY projects and beautiful botanical crafts.



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Create your dream garden with simple bird baths, solar hanging lanterns, and modern farmhouse raised planters. And bring the outdoors indoors with natural fabric dyes, pressed flower coasters, and herbal bouquets. *Do-It-Yourself Garden Projects and Crafts* relies on homegrown and foraged materials that will inspire creativity and capture the bounty of the seasons. The sixty practical and decorative projects for use in the garden and home include:

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- Macrame produce bag
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- Kirigami leather hanging planter
- Tomato cage plant stand
- Resin botanical paper weight
- Herbal lotion bars
- Gardener hand scrub
- All-purpose thyme cleaner
- And more!

*Do-It-Yourself Garden Projects and Crafts* features detailed, step-by-step instructions as well as simple crafting and gardening tips that will make your projects successful.

**DEBBIE WOLFE** is a freelance writer and coauthor and photographer behind the garden blog *The Prudent Garden*. She is a mom of two rambunctious boys, a wife, and an obsessive crafter, home chef, and gardener. When not writing or crafting, she is in the garden or hidden away reading. She is also a regular contributor of garden and crafting content to HGTV, DIYNetwork, and Great American Country. She lives in Powder Springs, Georgia.

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Gardening

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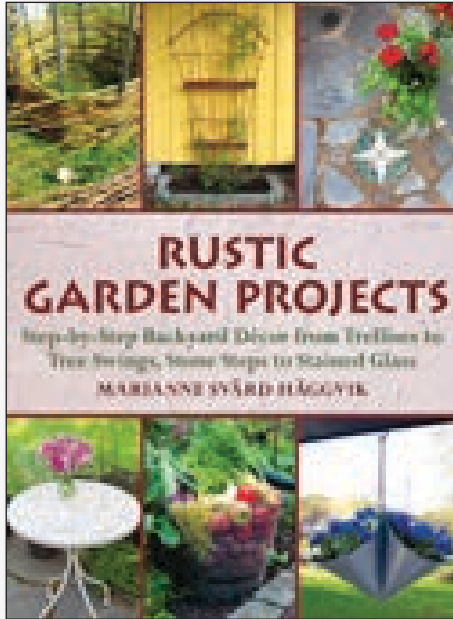
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Marianne Svärd Häggvik

## RUSTIC GARDEN PROJECTS

Step-by-Step Backyard Décor from Trellises to Tree Swings, Stone Steps to Stained Glass

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- Co-op available
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To many, the garden is a place for self-expression. The walkways, the flowers, and the décor that adorn the yard are as much a reflection of the homeowner's personality and creativity as anything placed indoors. Lifelong gardener and garden designer Marianne Svärd Häggvik knows this and shares her favorite ideas for creating unique, personalized spaces in *Rustic Garden Projects*.

Here are step-by-step instructions for making concrete vases, tree swings, fountains, stained glass plant supports, and so much more to make any lawn comfortable, decorative, and a delight to linger in. Plus, Svärd Häggvik recommends the types of plants and flowers that pair perfectly with the new garden creations. Projects include:

- Willow baskets
- Conical votives
- Personalized walkways
- Raised flowerbeds
- Lion's head fountains
- And more!

From the simple to the sophisticated, single-afternoon to weeklong projects, these crafts are elegant, functional, and ideal for any garden or patio. For crafters and gardeners alike, *Rustic Garden Projects* has everything needed to transform any yard into a flowering oasis.

**MARIANNE SVÄRD HÄGGVIK** is an engineer based in Stockholm. She had been puttering around in her garden for ages before she and her husband decided to compile a book of their beautiful and fun garden projects. She is the owner of Heliconia Garden, a garden design company in Sweden.

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ISBN 978-1-5107-3817-1

7 1/2" x 10 1/4" • 256 pages

70 color illustrations

953 color photographs

1 b/w photograph

Gardening

ebook ISBN 978-1-62914-008-7

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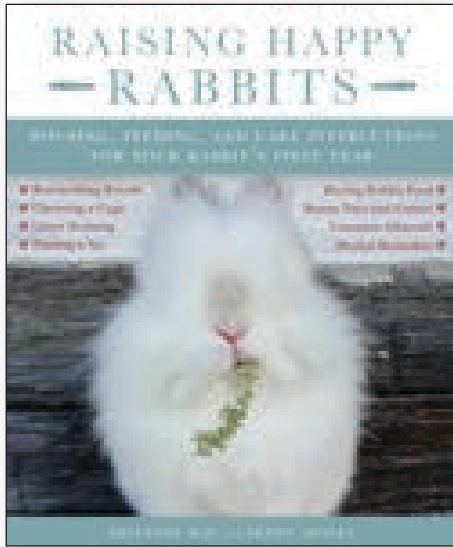
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Brittany May and Penny Ausley

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Housing, Feeding, and Care Instructions for Your Rabbit's First Year

A practical and information-packed guide for purchasing and raising pet rabbits.



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So, you're thinking about buying or adopting a pet rabbit. Wonderful! Or maybe you've already brought a fuzzy bundle of joy home and you're realizing you could use a little guidance. Rabbits are adorable and soft and fun, but they also require a fair amount of work and knowledge to make sure they're living a happy, healthy life. With time, attention, and patience, a deep bond can develop and you will be friends "forever."

*Raising Happy Rabbits* will help you choose the right kind of rabbit for your home (if you haven't already picked one) and answer your questions about housing, litter training, proper feeding, exercise, freedom, grooming, potential illnesses, playtime activities, what is normal/abnormal behavior, and much more.

Learn all about:

- Finding a vet
- Choosing an appropriate cage
- Pellets, hay, and fresh foods
- Growing herbs and lettuces for your bunny
- Toys to keep your rabbit engaged
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- And more!

Make your first year with your bunny a fun and fulfilling experience that will bond you and your new rabbit for life.

**BRITTANY MAY** and **PENNY AUSLEY** run an eight-acre hobby farm named Happy Days Farm with rabbits, chickens, turkeys, and guinea fowl. They have been raising rabbits for more than five years, and through trial and error have learned many natural methods that have helped keep their rabbits happy and healthy. Learn more at [www.happy-days-farm.com](http://www.happy-days-farm.com). They live in Mebane, North Carolina.

**\$17.99 paperback original (Can \$27.99)**

World (W) • CQ 30

ISBN 978-1-5107-3717-4

7 1/2" x 9" • 176 pages

150 color photographs

Pets

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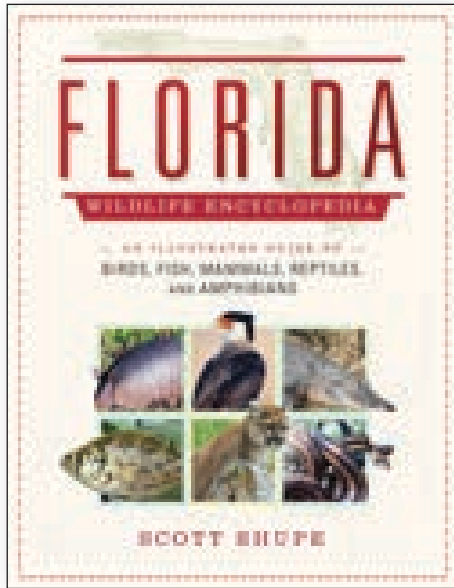
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Scott Shupe

# FLORIDA WILDLIFE ENCYCLOPEDIA

An Illustrated Guide to Birds, Fish, Mammals, Reptiles, and Amphibians

A comprehensive guide to the wildlife of Florida.



- Regional promotion in and around Florida
- Co-op available

Florida's wildlife has always played an important role in the history of human beings inhabiting the state. Native Americans depended on birds, mammals, and fish for sustenance. The state's first European explorers encountered new and intimidating species like the American alligator and the eastern diamondback rattlesnake. Although the state's wildlife is still an important resource for human consumption, wildlife is also increasingly important in today's culture for its intrinsic, aesthetic value. For many Floridians, the age-old traditions of hunting and fishing have been replaced by a desire simply to observe wildlife and experience nature. But most Floridians are largely unaware of the diversity of species inhabiting their state. This volume is intended to provide an introduction to the state's freshwater fishes, amphibians, reptiles, birds, and mammals.

In the *Florida Wildlife Encyclopedia*, nationally known naturalist Scott Shupe has collected information on all the native wildlife that reside in the Sunshine State. The fifth in a series of state wildlife encyclopedias, this book will be a handy, usable, layman's guide to Florida's native wildlife.

Included are more than seven hundred color photographs, depicting the different species of mammals, reptiles, amphibians, birds, and fish, and more than six hundred range maps to show their territory. Along with basic information on the biology of each animal, Shupe includes the size, habitat, and abundance of each species located in the state.

Whether you're a lover of the outdoors or photography or are looking to learn more about your state, this comprehensive guide will teach you about the wonderful wildlife that covers the water, earth, and skies of Florida.

**\$29.99 hardcover (Can. \$46.99)**

World (W) • CQ 24

ISBN 978-1-5107-2886-8

8 1/2" x 11" • 256 pages

800 color photographs

600 b/w illustrations

Nature

ebook ISBN 978-1-5107-2891-2

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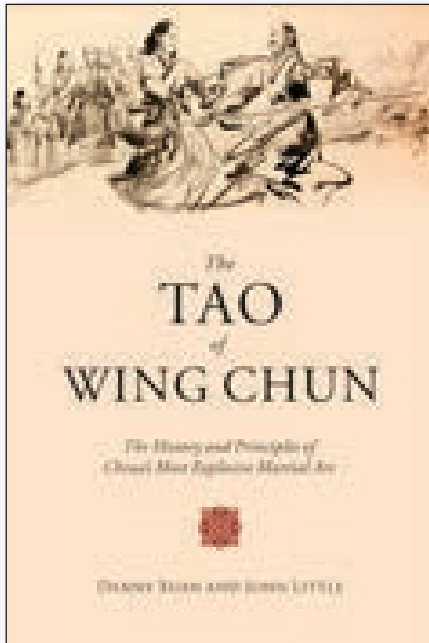
**SCOTT SHUPE** began his naturalist career in 1971 at the famed Ross Allen Reptile Institute in Silver Springs, Florida. He has also worked at Florida's St. Augustine Alligator Farm and at the Black Hills Reptile Gardens in Rapid City, South Dakota. Today he serves as the director of education for the Kentucky Reptile Zoo & Venom Laboratory and is the author of *U.S. Guide to Venomous Snakes and Their Mimics* and the editor for *Venomous Snakes of the World*.

Danny Xuan and John Little

# THE TAO OF WING CHUN

The History and Principles of China's Most Explosive Martial Art

A history of the influential Chinese Kung Fu.



- Targeted promotion to martial arts enthusiasts
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42 color photographs

Sports/Martial Arts

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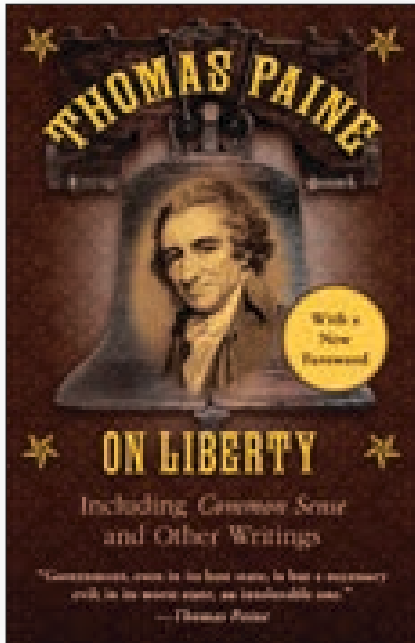
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# Index

## #

- 101 Tips and Tricks for Keeping Chickens, 44
- 150 Survival Secrets, 127

## A

- Advanced Survival, 108
- Affordable Interior Design, 105
- Angling Days, 128

## B

- Barbary Corsairs, The, 86
- Big Peruvian Cookbook, The, 126
- Björn Borg and the Super-Swedes, 59
- Breaking the Spartans, 29
- Bunny Boy and Me, 6
- Burnout to Breakthrough, 10

## C

- Cat Lover's Compendium, The, 14
- Charred & Smoked, 20
- Chief of Rally Tree, The, 77
- Churchill the Young Warrior, 87
- Classroom Record Keeping Made Simple, 36
- Clincher, The, 78
- Coitus Chronicles, The, 124
- Conflicts of Interest in Science, 9
- Cravings Made Vegan, 117
- Creating Balance in Children: Activities to Optimize Learning and Behavior, 121
- Creative Creations for Your Cat, 70
- Creative Creations for Your Dog, 69

## D

- Darn It!, 89
- Deep State Reality, 101
- Do-It-Yourself Garden Projects and Crafts, 139
- Do-It-Yourself Projects to Get You Off the Grid, 15
- Dog Lover's Digest, The, 13
- Dog Training Diaries, 71
- Dr. Jekyll and Mr. Seek, 55

## E

- Easy as Vegan Pie, 94
- Educator's Book of Quotes, The, 99
- Eight Essentials for Empowered Teaching and Learning, K–8, 100
- Escaping the Rabbit Hole, 3

## F

- Fairwood, 120

- Falling Softly, 79
- Family Homesteading, 43
- Family Survival Guide, 75
- FantasticLand, 56
- Fields of Honor, 37
- Finding the Magic in Mommyhood, 48
- Finding Wounded Deer, 131
- First Days of Class, The, 35
- Fisher King, The, 136
- Flat, 7
- Florida Wildlife Encyclopedia, 142
- Foraging for Survival, 109
- Frighteners, The, 5

## G

- Gingerbread Book, The, 58
- Girl on a Wire, 65
- Glovemaker, The, 133
- Golden Child, The, 25
- Great American Wit, 61
- Greatest Stories of Robert Louis Stevenson, The, 81
- Green Aisle's Healthy Juicing, The, 93
- Greenhouse Vegetable Gardening, 24
- Gun Trader's Guide, Fortieth Edition, 50
- Gunsmithing Modern Firearms, 76

## H

- Halloween Dog Costumes, 12
- Handguns for Self-Defense, 51
- Handguns* Guide to Self-Defense, 129
- Healthy Former Athlete, The, 96
- Heir Apparent, 134
- Horseman's Guide to the Meaning of Life, The, 18
- Hunting Rutting Bucks, 110
- Hydroponics for Houseplants, 68

## I

- Iconix, 66
- Illinois Wildlife Encyclopedia, 72
- Inside Full-Service Community Schools, 122
- Irish New York, 83
- Isadora Duncan's Neck, 30

## J

- Jabbed, 8
- Jihadi Next Door, The, 102

## K

- Kathleen Turner on Acting, 1

## L

- Launching LBJ, 39
- Let Them Eat Kale!, 115
- Life and Ideas of James Hillman, The, 98
- Life Lessons from the Oldest and Wisest, 91
- Literary Libations, 22

- Low-Oxalate Anti-Inflammatory Cookbook, The, 92

## M

- Mammoth Book of Halloween Stories, The, 26
- Mammoth Book of Nightmare Stories, The, 135
- Marcel's Letters, 88
- Mensa's® Brain Games, 60
- Mensa's® Mind Puzzles, 104
- Minimalist's Approach to Exercise, A, 112
- My Date My Story, 103
- My Dearest Sister, 28

## N

- Never Mind, We'll Do It Ourselves, 64
- New Debtors' Prison, The, 38

## O

- On Spice, 57
- One Minute to Zen, 97
- Other Custers, The, 40
- Otherwise Engaged, 118

## P

- Paleo Power Bowls, 116
- Pallbearer, The, 80
- Pan Am at War, 85
- Perfect Hostage, 41
- Pigs of Paradise, 45
- Politics of Pesticides, The, 63
- Principles Behind Flotation, The, 119

## R

- Rainforest Survivors, The, 62
- Raising Happy Rabbits, 141
- Reaching beyond Boundaries, 123
- Running Past Fifty, 52
- Rustic Garden Projects, 140

## S

- Saudi Terror Machine, The, 4
- Science of Science Fiction, The, 53
- Scouting Guide to First Aid: An Official Boy Scouts of America Handbook, The, 73
- Scouting Guide to Foraging: An Official Boy Scouts of America Handbook, The, 42
- Scouting Guide to Survival: An Official Boy Scouts of America Handbook, The, 74
- Scouting Guide to Tracking: An Official Boy Scouts of America Handbook, The, 106
- Screw It!, 90
- Secrets of Roscarbury Hall, The, 137

Shooter's Bible Guide to Concealed Carry, 2nd Edition, 17  
 Shooter's Bible Guide to Deer Hunting, 16  
 Shooter's Bible, 110th Edition, 49  
 Slothilda, 46  
 Small Space Living, 67  
 Step-Training Workout, 113  
 Still, in the City, 27  
 Swedish Christmas Table, The, 95

## T

Talkin' Big, 82  
 Tao of Wing Chun, The, 143  
 Tea Cocktails, 114  
 Texas Chainsaw Massacre and Its Terrifying Times, The, 54  
 "They Have Killed Papa Dead!," 32  
 Thomas Paine on Liberty, 144  
 Total Survival, 107  
 Trans Figured, 2

## U

Ultimate Avocado Cookbook, The, 125  
 Ultimate Book of Horse Bits, The, 132

## V

Venison Cookbook, The, 23  
 View from a Tall Hill, A, 111

## W

War of Atonement, The, 84  
 War's End, 33  
 WECK: Small-Batch Preserving, 19  
 What the Fuzz?, 11  
 Whole Pregnancy, The, 21  
 Wind Book for Rifle Shooters, The, 130  
 Wizard of Foz, The, 31  
 World Is Our Classroom, The, 34

## Y

Year-Round Gardening, 138  
 Yoga Wisdom, 47