

Update on the MMPI-3 Minneapolis, MN May 2026

In October 2020, the University of Minnesota Press published the Minnesota Multiphasic Personality Inventory-3 (MMPI-3) and continues to support ongoing enhancements to the test, including the addition of new comparison groups and updates to report references. An August 2022 release introduced the MMPI-3 Correctional Candidate Interpretive Report (CCIR), the MMPI-3 Dispatcher Candidate Interpretive Report (DCIR), and the MMPI-3 Firefighter Candidate Interpretive Report (FCIR). These reports join the widely used MMPI-3 Police Candidate Interpretive Report (PCIR) to create an expanded suite of reports for assessing public safety candidates. In November 2024, the Press released the MMPI-3 Spinal Procedure Candidate Interpretive Report (SPCIR), developed to assist psychologists in presurgical evaluations of patients being considered for spine surgery and spinal cord stimulator procedures. In partnership with Pearson, platform enhancements have been developed to support remote online administration of the MMPI instruments and efforts have been made to ensure that users have a strong customer service experience.

Diversity considerations remain an important focus for the MMPI-3, with priorities being added to annual R&D proposals that focus on enrollment of people/persons of color or communities of color and lesbian, gay, bisexual, transgender, intersex, queer/questioning, and asexual (LGBTIQA+) individuals toward the goal of increasing generalization of results and improving assessment of diverse individuals and/or groups. MMPI-3 English- and Spanish-language comparison groups are released with male, female, and combined-gender options and gender-neutral reports have been developed to support inclusive language for all test takers.

The Press continues to seek international publishing partners to develop translations of the MMPI-3 and to date has signed 20 publication agreements for the following languages: Arabic, Armenian, Chinese, Danish, Dutch/Flemish (published Fall 2024), French, German, Greek/Cyprus (published Summer 2025), Hebrew, Hindi, Italian (published Summer 2025), Japanese (published Fall 2022), Korean, Malay (available for research purposes), Norwegian, Polish, Portuguese, Spanish for Spain and South America, Spanish for Mexico, and Swedish.

There are no plans at this time to discontinue the MMPI-2 or MMPI-2-RF, but the MMPI-3 is intended to be a replacement version of the test. As the publisher of the MMPI, the University of Minnesota Press strongly encourages all users to transition to the new version of the test owing to its up-to-date normative samples and enhanced coverage of clinically-relevant content. Current sales indicate that adult MMPI usage is 73% MMPI-3, 13% MMPI-2-RF, and 14% MMPI-2.

The Press supports test users in the transition to the MMPI-3 with live and recorded webinars, self-paced online learning, resources for instructors who teach assessment courses, live and on-demand workshops for in-depth professional development, and author Q&As that provide customized training for specific settings.

Overview and history of the MMPI-3:

The MMPI-3 builds on the history, research base, and strengths of the original MMPI (1942), the MMPI-2 (1989), and the MMPI-2-RF (2008) to create a well-validated, psychometrically up-to-date instrument for use in a broad range of settings. The primary goals for the MMPI-3 were to enhance the item pool, update the test norms, optimize existing scales,

and introduce new scales where warranted. The MMPI-3 features a new, nationally representative normative sample, selected to match the 2020 U.S. census projections for race and ethnicity, education, and age. Additionally, for the first time, Spanish-language norms are available for use with the U.S. Spanish translation of the MMPI-3. New scales assess disordered eating, compulsivity, impulsivity, and self-importance, and several existing scales have been enhanced.

MMPI-3 development was led by coauthors Yossef Ben-Porath and Auke Tellegen, with editorial guidance of the Press and its Advisory Board. Data for developing, norming, and validating the MMPI-3 were obtained from over 28,000 individuals. Field data were collected for mental health, medical, forensic, and public safety settings. The *MMPI-3 Technical Manual* includes extensive empirical correlate data for these settings and analyses indicating that the MMPI-2-RF literature can guide MMPI-3 interpretation.

The University of Minnesota Press sponsored development of the MMPI-3 under the auspices of the Press's Research and Product Development program, which is overseen by the University's Office of the Vice President for Research and the external Advisory Board. The Board, composed of five members who are researchers and/or clinical practitioners credentialed in personality assessment and knowledgeable in the application and interpretation of personality instruments, including the MMPI tests, is responsible for working with the Test Division in setting R&D priorities; advising on the preparation and dissemination of requests for R&D proposals; reviewing R&D proposals submitted annually for Press funding; and reviewing all proposed publications of the Test Division.

MMPI-3 Resources:

- Ben-Porath, Y. S., & Tellegen, A. (2020). *Minnesota Multiphasic Personality Inventory-3 (MMPI-3): Manual for administration, scoring, and interpretation*. University of Minnesota Press.
- Ben-Porath, Y. S., & Tellegen, A. (2020). *Minnesota Multiphasic Personality Inventory-3 (MMPI-3): Technical manual*. University of Minnesota Press.
- Ben-Porath, Y. S., & Tellegen, A. (2020). *Minnesota Multiphasic Personality Inventory-3 (MMPI-3): User's guide for the score and clinical interpretive reports*. University of Minnesota Press.
- Ben-Porath, Y. S., Tellegen, A., & Puente, A. E. (2020). *Minnesota Multiphasic Personality Inventory-3 (MMPI-3): Manual supplement for the U.S. Spanish translation*. University of Minnesota Press.
- Block, A. R., Marek, R. J., & Ben-Porath, Y. S. (2024). *Minnesota Multiphasic Personality Inventory-3 (MMPI-3): User's guide for the spinal procedure candidate interpretive report*. University of Minnesota Press.
- Corey, D. M., & Ben-Porath, Y. S. (2022). *Minnesota Multiphasic Personality Inventory-3 (MMPI-3): User's guide for the public safety candidate interpretive reports*. University of Minnesota Press.
- Sellbom, M. (2022). *Minnesota Multiphasic Personality Inventory-3 (MMPI-3): Manual supplement for the Australia and New Zealand community comparison groups*. University of Minnesota Press.