

This journal is for you to write down what God says to you each day during the next 13 weeks. Set aside time to listen to God each day. Write in this journal what you hear from God. Reflect on these things:

- God, what are you saying to me/us at this time? (listen)
- God, help us to perceive what you are saying. (listen)
- God, help us to receive what you say to each of us; help us to share what you give through one another. (describe)

As you listen, pay attention to the ways your being responds to what God says to you. What are you hearing about grace, about being a neighbor, and about suffering? Notice and describe when and how grace emerges in your family, with your neighbors, and as you and they suffer. Describe how you receive God's words and God's grace. Describe how you resist and even reject God's words and God's grace. Plan to share honestly with one another.

Instructions for daily anticipation of God. Write two or more sentences for each item.

- Describe how you practiced receiving from God in the last 24 hours and what happened.
- Describe a current challenge you face, either in your thinking, attitudes, marriage, family, congregation, neighborhood, or nation.
- Document what you received from God today.
- As you prayerfully prepare for the next Bible study, ask God, "What can I share with my sisters and brothers when we meet next time?"

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