


A white silhouette of a person sitting on a couch is centered in the image. The person is facing forward, with their legs crossed at the ankles. The text "I OWE MYSELF AN APOLOGY." is written in a black, hand-drawn, sans-serif font across the person's torso. The background is a photograph of a room with a patterned sofa and a wall with peeling wallpaper.

I OWE
MYSELF
AN
APOLOGY.

A photograph of a hand held up in a dimly lit room. The hand is the central focus, with the text 'WHAT IF IT DOESNT GET EASIER LIKE EVERYBODY SAYS?' written on it in black marker. The background shows a dining table with a white tablecloth, a window with sheer curtains and red and white pom-poms, and a round mirror reflecting a bright light source. A date stamp '4 18 2 16' is visible in the bottom right corner of the photo.

WHAT IF
IT DOESNT
GET EASIER
LIKE EVERYBODY
SAYS?


4 18 2 16



I JUST
WANT
TO HEAL
FROM
THE
THINGS
THAT
I DON'T
SPEAK OF

It was all real.



A photograph of a city sidewalk with a white silhouette of a person standing on it. The silhouette has handwritten text on its back. To the right of the silhouette is a grey utility pole with a parking meter. In the background, there is a crosswalk and a building with large windows.

I have
no idea
how I
made
it this
far.